

LENT of MORE GOD

This Lent: Give up — whatever you need — to hear God speak.

LENT of MORE GOD

DAY 1



When our hearts have been crushed,
when we know we are but dust,
then everything is perfect to entrust
all into the hands of the Potter
so He can remake all to be more like Christ.

Note to Soul:

Give up perfectionism
and embrace being dust,
to embrace the Potter
and His perfect ways.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 2



Give up what is lesser
to get more of the Greater.
Less is more
God.

Note to Soul:

Declutter
what fills your mind,
fills your screens,
fills your heart.
Less is more
God.

Your loves alone limit how much of God you have.
You have as much of God as you actually want.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 3



Giving up something
for the love of Jesus
isn't really giving up anything
when He gave up everything
for the ones He loves.

Note to Soul:

Give up this season
to gain more of Him.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 4



Giving up the ways you've gone
for the ways He's calling
isn't impossible —
It's important.

Note to Soul:

Give up yesterday's ways
and trust He can still make new ways
and remake you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

*Giving up something for the love of Jesus —
isn't really giving up anything when He gave up everything for the ones He loves.*

Give up what is lesser — to get more of the Greater.

LENT of MORE GOD

DAY 5



The enemy plots our destruction
through distraction.

Distraction from God's Word,
God's voice, God's ways —
leads to our soul destruction.

Note to Soul:
Give up distractions
to keep your soul from destruction.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 6



Give up
trying to be enough
and simply give everything
to Him who makes little loaves,
little people, little hope
into more than enough.

Note to Soul:
Give up
everything to Him who can make
little things of little hope
into more than enough.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 7



Give up the shame
and claim your truest name.
You may be hurting,
You may be scarred,
but you are the brave who are still His
Beloved.

Note to Soul:
Only your Father gets to name you,
Not the father of lies,
Not the kids down the street,
Not the cynics in the stands,
Not the ghosts from the past.
The only One who gets to name you is
the One who wrote you on the palm of His hands.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 8



Give up addictions
which are only cheap substitutes
for connection.

Note to Soul:
Nothing comforts — like connection does.
Not food, not screens, not consumerism, not escapism.
Addictions are indicative of needing connection.
Feed addictions —
that are starved for comfort —
with authentic connection.
What we always really want — is real communion.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 9



Give up going over your failures
and be set ablaze
for Him who makes failures into a brighter future.
Failures don't finish you. Failures fire you up.
Fire you up to run your race with passion,
fire you up to begin again,
fire you up to grab hold of the Grace that comes down.
Failures fire your passion.

Note to Soul:

Let every failure make you burn with a holy passion
for Him who never gives up on you.
Let every failure make you an undying flame of thanks
for His Grace.
Failures are your fire.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 10



Because of the Cross
Wage Peace
wherever people are caught
in the crosshairs of prejudice.
Because of the Cross
Shake Fists Awake
& into the long reaching open hands of friendship
until we are the people Cross-shaped.
Because of the Cross
Set Aside Divisive Talk
and set dinner tables
so you can sit across from the Other
and look into their eyes until
you see Jesus.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 11



Fear of missing out
Can drive you into a life
that misses out on
what matters.

Let go of the
Fear of Missing Out
for the
Joy of Connecting Often

JOCO > FOMO

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 12



Give up
everyone else's incomplete story about you
and just completely embrace God's story for you:
You are made brave and strong
You are beloved and belong.

Note to Soul:

No one's story about you
gets to rewrite God's truth about you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 13



It's not about being good enough
It's about being willing enough
It's not about your heart being good enough,
It's about being willing enough to show up with
your whole heart.

Willing enough to keep on going,
keep on reaching out,
keep on surrendering,
keep on showing up,
keep on keeping on.

Note to Soul:
Willing enough matters more
than being good enough.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 14



Give up
Replaying the old tapes
And get in the game of now.
There are souls to win & lanes to run &
banners to be held high.

Note to Soul:
Stop replaying the old tapes
so you can start winning joy now.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 15



Hungering for novelty
starves you of intimacy.

Hunger for the novel
on screens
and in streams
and in feeds –
and you can end up starved for Living Bread
and the communion of God-intimacy.

Note to Soul:
Crave the next fix of the novel,
can break your heart and God's.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 16



Make prayer your
absolute non-negotiable
to make your life
absolutely navigable.

Note to Soul:
The soul needs prayer or it suffocates.
Prayer is oxygen for the soul.

Life stabilizes
when prayer is prioritized.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 17



It's not about you making time for God
because He's already made Time for you,
And is just waiting for you to come be with Him.
He loves being with us so much that He carved your
name into His hand and named Himself
God with us.

Note to Soul:

His commitment to you is more than
written in stone —
He wrote it into Himself.
Spend time with Him.
He spent everything for you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 18



Others may not understand you,
But you have One who stands with you, for you,
and laid down His life for you because
He *wanted, needed, had* to be with you.

Others may not really get you,
But you have One who left *everything*
to get to you.

Others may think you're too much,
But you have One who could *never* have
too much of you —
and only wants more of you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 19



You get to read His Word,
not out of duty,
but to gaze on His beauty.

Note to Soul:

You never have to read His Word
out of obligation —
you get to
out of a heart
of adoration.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD

DAY 20



You may want to give up
on your mountain,
but God has not given up on you
and He moves mountains.

Note to Soul:

Give everything
to the One
Who never gives up on you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 21



It's not that things aren't going to go sideways,
It's how you go His ways afterward.

Note to Soul:
Repentance is a rerouting toward Home.
It's never too late to turn around toward Him and Home.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 22



If our moments aren't sparking joy,
shift perspective to focus on the One who blazes with Glory.

Note to Soul:
If you let something steal your joy—
you let something steal your strength.
Fight for joyfulness by choosing the lens of thankfulness.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 23



Before any day is over:

Open the Word,
look God straight in the eye—
& let Him speak straight to your heart.

Open the Word,
look God in the eye—
& you can stare down anything threatening your heart.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 24



Turn to food
only for fuel.

Turn to God
always for comfort.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 25



When shame bullies you,
Grace shields you.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 26



When you walk through the fire,
lean on the Supplier
who is all you require.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 27



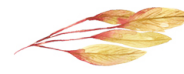
The battles you're brought to,
God's already fought through.

Note to Soul:
I get to be still & rest in God
because He's still God
& will do the rest.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 28



What doesn't kill your idols
makes you weaker.

And what kills your idols
makes you stronger.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 29



Our prayers
make us slayers.

She who commits to pray,
goes the narrow way:
Her prayers circle demons & slay.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 30



The only way to scale
STEEP MOUNTAINS
is to
STEEP YOURSELF IN GOD.

“Steep yourself in God-reality,
God-initiative, God-provisions.
You’ll find all your everyday human
concerns will be met.”

Luke 12:30 (MSG)

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 31



Give your life away to
the *hidden* & the *children*
& the *forgotten* –
& know this will be
REMEMBERED BY GOD.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 32



A tragic life is a life driven
by social media likes
instead of
CHRIST-MOTIVATED LOVES.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 33



Live for the things
most meaningful—
and your life will be
the most beautiful.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 34



God doesn't call us to a
convenient life—
He calls us to an
important life.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 35



You are meant for
greatness—
and greatness is about
SERVING GREATLY.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 36



Accept that you will
make mistakes,
and you can accept ownership
for those mistakes —

and you can trust that
you will still be accepted.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 37



Give the *lavish forgiveness*
you have been *lavishly* given.

Forgiveness is the heartbeat
of the holy & happy.

Note to Soul:
Forgive for your own *freedom*.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 38



No matter your story—
what's in store for you now
is
RESTORATION.

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 39



*On the Eve of Palm Sunday
& our journey to Golgotha this week:*

Repentance is more than a gate
to walk through occasionally—

Repentance is the way
to always walk *faithfully*.

Note to Soul:
“Our Lord and Master, Jesus Christ,
willed the entire life of believers
to be one of repentance.”
-Martin Luther

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM

LENT of MORE GOD
DAY 40



Raise your palms of praise
every day of the week:

Palms of praise are your shield.

Note to Soul:
**Raising palms in praise
shields your heart
& cuts down the dark.**

#GiveUpToGetMoreGod #LentofMoreGod #LessIsMoreGod
#40DaysGodSpeaking #LentofListening #GODSWORDSPOKENHERE

ANNVOSKAMP.COM