





# Seize-the-Last-of-Summer-Plan

14 Simple Memories to Make Anywhere in the Last Week of Summer

JUST TWO A DAY:

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1. MAKE A FRUIT PIE
  2. **EAT UNDER STARS**
  3. WALK THROUGH THE WOODS, SOME TREES, LONG GRASS
  4. **DIP BOTH FEET IN WATER**
  5. SING HYMNS AROUND FLAME (CHOICE: CANDLES OR CAMPFIRE)
  6. **LICK DRIPPY ICE CREAM**
  7. FIND A SWING AND SWING HIGH
  8. **PICK A BOUQUET OF WILDFLOWERS: SET IN SILL. OR BE THE G.I.F.T. AND GIVE IT AWAY.**
  9. PLAY ONE GAME OF ANYTHING OUT ON GRASS (FRISBEE, BASEBALL, SOCCER, CROQUET, VOLLEYBALL)
  10. **EAT SOMETHING FRESH (FROM THE GARDEN OR THE MARKET OR YOUR MOTHER'S)**
  11. LAY DOWN ON GRASS, LOOK UP AND WATCH CLOUDS FOR FIVE MINUTES
  12. **DANCE. DANCE ON THE BEACH, ON A PORCH, ON YOUR TOES, DANCE ON UNTIL SOMETHING IN YOU FEELS LIGHTER.**
  13. OPEN A WINDOW. LISTEN TO THE WORLD. SLOW. STILL. PRAY BEFORE THAT OPEN WINDOW.
  14. **SIT WITH SOMEONE YOU LOVE AND WATCH THE SUNSET. SAY IT OUT LOUD:  
T H A N K   Y O U.**