

Just Today

PARENTING MANIFESTO



JUST TODAY, IN CHRIST, I WILL MAKE OUR HOME A HOUSE OF PRAYER. I WILL PRAY AT SET TIMES. AND I WILL INVITE OUR CHILDREN TO COME MOVE INTO AN INTERIOR SPACE THAT LIVES WITH GOD.

JUST TODAY, IN CHRIST, I WILL TRANSFIGURE ALL THINGS INTO BEAUTY, AND I WILL REFUSE TO SEE ANYTHING ELSE.

JUST TODAY, IN CHRIST, I WILL NOT HAVE ANY EMERGENCIES. THERE ARE NO EMERGENCIES! ONLY AMATEURS HURRY.

JUST TODAY, IN CHRIST, WHEN STRESS MOUNTS, I PRAY TO DISMOUNT IT WITH GRATITUDE.

MY STRESS MANAGEMENT PLAN WILL BE INTERVENTION WITH VERBAL THANKS. I CAN ONLY FEEL ONE FEELING AT A TIME, AND I CHOOSE TO GIVE THANKS AT ALL TIMES. FIGHT FEELING WITH FEELING!

JUST TODAY, IN CHRIST, I WILL PRAY TO SPEAK WORDS THAT ARE ONLY STRONG WORDS, WORDS THAT MAKE THESE CHILDREN FEEL STRONG. GRACE WORDS. GRACE IS THE ONLY NON-TOXIC AIR. ALL OTHER WORDS I BREATHE ARE DEATH WORDS.

JUST TODAY, IN CHRIST, I WILL PRAY TO BE CONSISTENTLY CONSISTENT. I WILL CREATE SAFE RHYTHMS THAT OUR CHILDREN CAN FIND SECURITY IN. I WILL CREATE DAILY CEREMONIES BECAUSE EVERYDAY WE ARE CELEBRATING THE GIFT OF NOW!

JUST TODAY, IN CHRIST, THE MOMENT WHEN I AM MOST REPELLED BY A CHILD'S BEHAVIOR, THAT IS MY SIGN TO DRAW THE VERY CLOSEST TO THAT CHILD.

JUST TODAY, IN CHRIST, I WILL FIND CREATIVE WAYS TO "HUG" EACH OF MY CHILDREN, NO MATTER WHERE THEY ARE, NEAR OR FAR—BECAUSE CHILDREN'S HEARTS FEED ON TOUCH. I'LL LOOK FOR AS MANY OPPORTUNITIES TO TOUCH MY CHILDREN TODAY AS POSSIBLE—THE MORE GROWN THEY ARE, THE MORE SO.

JUST TODAY, IN CHRIST, MY PRIORITIES WILL BE ALL THINGS UNSEEN.

JUST TODAY, IN CHRIST, I WILL LAUGH! AND I WILL LIVE IN WAY TO INVITE MY CHILDREN LAUGH! I WILL CREATE A CULTURE OF JOY!

