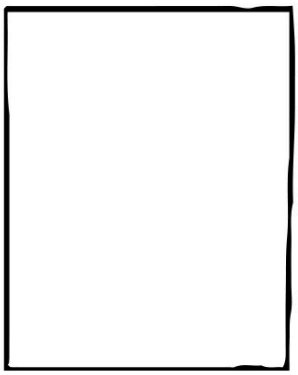
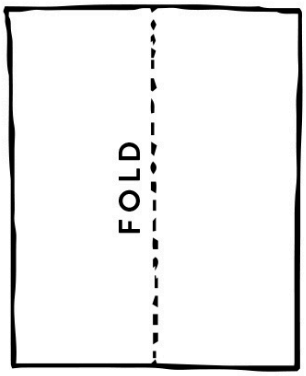
how to fold

your prayer booklets

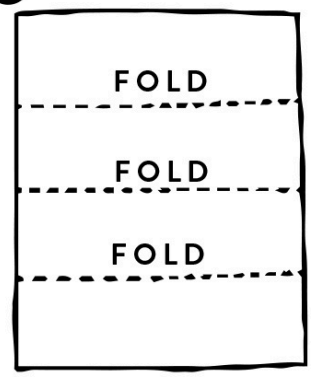
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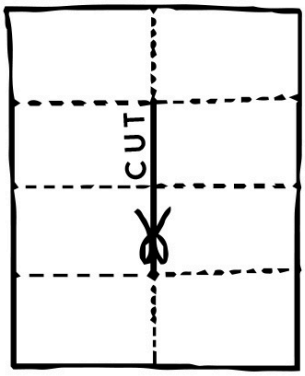
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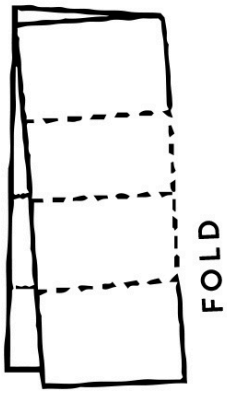
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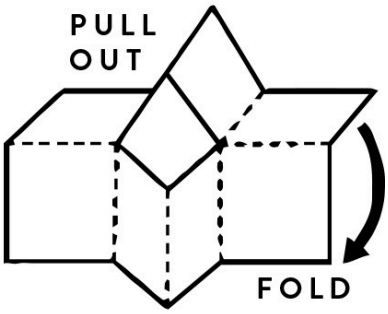
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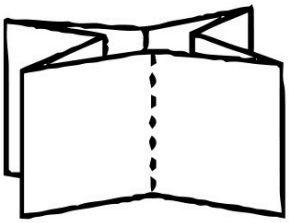
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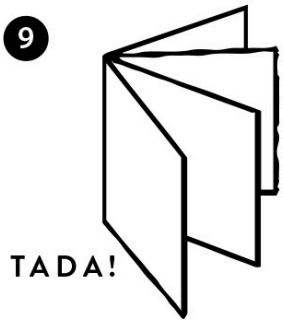
7



8



9



watch the video!

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In the morning, when I rise, I give
all of me to You, Jesus,
whose love sacrifice at the Cross,
opened up the heart of God and
eternal Joy to me,
I open myself now to You.
God, who is here, right here,
I am here, right here,
presenting myself to You.
This present moment right here
now is the intimacy of communion.
Wake my will to Your will.
Wake my spirit to The Holy Spirit.
Wake my person to the person and
presence of God enfolding round
me now.

In a heartbreaking world that keeps
breaking us – in this moment, I
recollect who I am in You,
re-collecting all the far-flung parts of
me, for Your grace to collect me into
Yourself and whisper my truest
identity in You and who I actually am:

I am soul-safe:

I am, in Christ, rescued and made right.
I am, through Christ, a wanted
child of God.
I am in Christ, and Christ is in me,
and Christ is in God.
I am the very home of Christ.
I can't be separated, no matter what,
from the infinite love of God.

I am seen:

I am seen by God (Gen 16)
I am fully known, fully wanted, and fully
loved by God (Ps. 139)
I am strengthened, helped and upheld
by God (Isa 41:10)
Because all of me is seen by God, God
will see to all the things for me.

I am secure:

I am complete in Christ.
I am being completed for
God's good work.
I am weak yet I can do all things
through Christ who strengthens me.
I am united in a covenantal union
between my soul and God.

God, all my doing today,
is only through You
and in You, and with You,
and for You.
I can do nothing alone,
because apart from You,
nothing real can be done.
Wherever I am getting my identity
apart from You –
tear down that idol and set me
apart for You.
Cause me not to make decisions
today from my false guilt
but from Your true Love,
not from any sense of shame,
but a deep assurance of Your
Presence calling me Beloved.

Morning Prayer of Intention

Where I am hiding from You, this is
me here now being honest with You...

Because You gave me my first heart,
and at the Cross You gave me a new
heart,
here is what is happening right now in
my heart...

Here is my honest, truth-telling
about...

Shine Your light into the darkest
chambers of my heart, and I surrender
to You:

I receive Your touch about.....

Lest I deceive myself,
destroy my idols – and restore my
identity in You.
Turn my eyes from watching screens,
watching others' ladders or others'
losses or others' sins, and turn me to
watch for the works of God, the
work of the Spirit, and not just the
work of my own hands and life.
Turn me to consider the work of You,
God,
instead of comparing my work to
anyone else's work.
My day and my life, in Christ alone, is
never about working alone. Waiting
and watching for God's work, more
than obsessing over our work, is the
prayerful work of a lifetime.

Move me to cooperate with the Spirit,
and operate in Christ.
Where are You working... where do
You want me to join You today in
Your work?
What does it look like today for me to
do Your will?
Today, through You, Lord,
I am to be still,
I am to live in Christ,
I am to do hard and holy things,
I am to live gently and lowly,
I am to love others more than myself
I am to enter into the sufferings of
Christ,
I am to live cruciform,
I am to surrender all that I am,
to You, the Great I AM.

At day's end, we find Your withness
and witness unending, Lord.
Whatever pain is within,
You are with us in it.
Our Father, who is here, right here,
Your will be our will,
Your Way become all of our ways,
turning the world and our world,
to the Only true way.
Do Your good work,
As in heaven, do around us,
within us, through us.
Keep us giving thanks for
what You give,
Keep us giving grace like
we've been given,
Keep us giving ourselves to You
and not giving into distractions,
despair or the devil.

You get us – You get why we feel
this way, You get who we are,
You get what it's like to be us.

You get us – You get us through this
valley, You get us in the darkest pits,
You get and rescue us in this storm,
You get us because there is nowhere
that Your long arm of love can't
reach.

You get us – You get our allegiance,
You get our loyalty, You get our
whole heart, You get our heart and
soul and mind, You get all of us.

Into Your hands we commit all of us!
Yes. Yes. Yes.

Because we long to reflect You, we
reflect on gifts You gave today that
brought us real inner joy, on words
and moments and happenings that
we felt Your grace, and we give You
thanks for these gifts now...

Because we long to reflect You, we
reflect on the moments that broke
our hearts today and we give You
these tender griefs now ...

Because we long to reflect You, we
reflect on the moments that we fell
short in what we did and what we
didn't do, and that fall hurts Your
heart and ours, so, knowing that
because of You, there is now no
condemnation, only deep conviction,
we honestly give You our confession
and repentance now for...

Because we long to reflect You, we
reflect on when we experienced Your
living Spirit today, when we felt
deeply alive as we encountered You
and cooperated with You, and we
give You glory now for...

Nightly Prayer

Because we long to reflect You,
we reflect on where our hearts
feel tender or anxious about
tomorrow, where fears lurk and
where we're struggling to relax,
and we give these things into
Your hands now...

Because we long to reflect You,
we reflect on how You spoke to
us today and are speaking to us
now, and we give You our full
attention now...

All our hearts, all our lives, all our
loves now entrusted into the
hands of the only One who has
ever loved us to the death and
back to the realest life,

Amen.

Though we may forget You
through the hours of the day,
You moved all of heaven and
earth to get to be with us.
Come what may have happened
today, You smile that we simply
come now to You. We rest and
relax now in the rest of God.