

2025 Rhythmic GBR Performance Programme

Aims of the Programme

The aims of the Rhythmic Performance Programme in 2025 will focus on the development of the high performance programme as we move into the LA Cycle. Although there will be no Great Britain Espoir activity, the Lead Coach will work closely with the Home Nations to provide support for this age group, as we continue to develop the programme to best support gymnasts of all ages.

Additionally, there will be an emphasis on building a collaborative team environment whilst also continuing to focus on the technical requirements for the world stage.

Gymnasts who are part of the Rhythmic Performance Programme for 2025 will be eligible for selection for World Challenge Cups, World Cups, European Championships and World Championships as per the selection policies for these competitions. As we move forwards with Rhythmic in Great Britain, both individually and with groups, the aim for these competitions will be to focus on the pursuit of qualification to finals.

Gymnasts included in the programme will also be eligible for selection to other international competitions, which may be used as development opportunities. Decisions on selection to the other international competitions are not open to appeal.

As part of being on the Rhythmic Programme, the Lead Coach will aim to provide 2-4 club visits across 2025 for the selected gymnasts and it is expected that both gymnasts and coaches will fully engage with the programme.

Eligibility for inclusion

Gymnasts wishing to be included in the Performance Programme must meet the below criteria.

- a. are a British Citizen holding a British passport, or in the process of applying for a British passport

- b. were born in 2009 or earlier (if senior), or born in 2010-2012 (if junior or U13 age category),
- c. have current British Gymnastics membership (minimum Competitive),
- d. are in possession of a current Gymnast Licence held with FIG and with no membership or doping violations at the time of inclusion,
- e. gymnasts competing as individuals must have been Level 5 in 2024,
- f. have submitted an expression of interest for inclusion, as below

Gymnasts who wish to be part of the programme must submit an expression of interest at the below link.

<https://form.jotform.com/243053433024343>

The expression of interest must include tariff sheets for all routines planned for 2025. The deadline to submit the expression of interest is midday on Wednesday 20th November.

Selection Criteria

The selection panel will consider results from the following competitions.

- a. 2024 All-Around British Championships
- b. 2024 All-Around Home Nations Championships
- c. 2024 World Challenge Cups, World Cups, and European Championships

The panel will also consider the following performance factors;

- a. A gymnast's/group's potential to contend for medals at international competitions
- b. Previous engagement with the national programme
- c. Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider at its discretion
- d. The content of the tariff sheets submitted as part of the expression of interest. It is the coaches responsibility to ensure the tariff sheets submitted are as accurate as possible

Selection Panel

The selection panel will consist of:

- a. Performance Manager (chair and non-voting)
- b. Lead National Coach (voting)
- c. Technical Committee Chair (voting)
- d. Appointed judging representative (voting)
- e. Data Analyst (non-voting)
- f. Performance Services Officer (note taker and non-voting)

Prior to the commencement of the meeting panel members must declare any conflicts of interest to the chair. In the event of a conflict of interest a panel member will be excused from voting and a BG Performance staff member will take their place.

The selection meeting will take place on Wednesday 27th November, with selections communicated in the week commencing 2nd December.

Appeals

There are no appeals permitted for gymnasts not selected for the British Gymnastics Performance Programme. Should you feel that your deselection/selection is unjust you must formally write to the Performance Manager.

General Information

Once programme selections have been confirmed all selected gymnasts should not withhold any information on training fitness, injury status, illness or wellbeing that could affect training or competition preparedness.

A gymnast may be deselected from the programme in the event of a failure to engage with the programme as both an individual and as a member of the team, lack of performance progression or a violation of the Codes of Behaviour adopted by the programme. Prior to removal the gymnast will be presented with the opportunity to attend a removal interview with the Lead National Coach (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Lead

National Coach. Decisions on these matters are not open to appeal. If a gymnast is under 18 years of age, she is permitted to bring a representative to the removal meeting.

Anti-Doping

Gymnasts must be always compliant with the British Gymnastics anti-doping policy. The selection panel reserve the right to nominate, select and / or deselect any gymnast from any of the identified programmes and competitions based on failure to comply with the British Gymnastics anti-doping policy.