

# Performance Pathway Squad Selection Policy - WAG 2026

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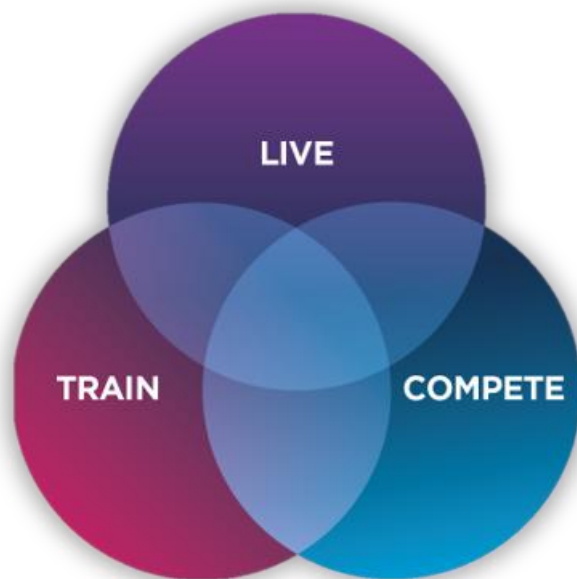
## Table of Contents

- Section 1.** Vision and Mission
- Section 2.** Performance Pathway Overview
- Section 3.** Eligibility Criteria
- Section 4.** Selection Process and Designated Selection Events
- Section 5.** Programme Details
  - a) World Class Performance Programme
  - b) Junior Programme
  - c) Development Programme
- Section 6.** Contact Details

# 1. VISION AND MISSION

The ultimate aim of the Performance Pathway is to ensure that in the future we have an even greater number of senior gymnasts competing for Great Britain that are capable of winning medals.

However, as a sport, gymnastics is about so much more than that. We recognise that we play a vital part in the development of a child, not just in terms of their gymnastic ability but in their physical, social, mental, and emotional well-being. Therefore, our primary aim is that every gymnast that is a part of our pathway feels enriched by the process having had the opportunity to develop skills that will help them throughout their life.



Our LIVE, TRAIN, COMPETE development model demonstrates the three key areas we aim to develop throughout performance pathway. These are not independent of one another, with each impacting the other and we therefore feel that skills should be developed in each of these to ensure the gymnast has the ability to fulfil their potential.

Our desire is that through our programmes, a gymnast will hone abilities in each of these areas that will not just prepare them as an elite gymnast, but for life outside of gymnastics and the challenges the world will provide for them. The three goals form the basis of our intended curriculum, and we therefore aim to create an environment that is able to develop each of these areas in equal measure.

## 2. PERFORMANCE PATHWAY OVERVIEW

The following diagram is an overview of the British Gymnastics Performance Pathway structure. Each programme is selected annually and aims to support the long-term development of a gymnast whilst working towards shorter term goals, as agreed with personal coaches and national coaching staff.

### WOMEN'S ARTISTIC PERFORMANCE PATHWAY



It is important to recognise that whilst this diagram is presented as a linear journey from the bottom of our pathway to the top, it is unlikely to be that. Gymnasts are likely to experience both selection and deselection on their journey and may be on a Home Nation programme that run alongside the British Gymnastics Performance Pathway. We aim to work closely with our Home Nation counterparts to ensure each gymnast achieves their potential.

### 3. ELIGIBILITY CRITERIA

Any gymnast wishing to be considered for selection must be a full member of British Gymnastics and be age eligible as outlined in each programme selection criteria within this document. In addition, upon selection they must sign a copy of the British Gymnastics Gymnast Agreement and abide by the rules and regulations applicable.

Gymnasts who do not hold a British passport must be released by their own National Federation and a British Passport obtained, to be considered for selection.

Gymnasts should be eligible to compete for GBR as a Senior and therefore possess a passport to be eligible for Senior Selection. Prior to this they may be eligible on residency grounds but will remain 'guest' members of the programme until a passport is obtained and therefore ineligible for representative events.

PROGRAMME	GUIDELINE AGES *
GBR Project LA165 Squad	Born 2012 or earlier
GBR Senior Performance Programme	16+
GBR Junior Performance Programme	13-15
GBR Development Programme	10-13

\* Age in year of competition. We reserve the right to adapt to the needs of each individual so there may be times when these age boundaries are adapted to accommodate specific individuals' development needs.

## 4. SELECTION PROCESS AND DESIGNATED SELECTION EVENTS

The selection panel will consist of National coaches and National Programme Staff. The key responsibilities of these individuals are:

- a) Proposing and agreeing the selection for all GBR programmes.
- b) Holding nomination meetings in accordance with the selection process.
- c) Communication of the selected and de-selected individuals (via the Performance Services Officer).

### Section 1: Consideration Events

The selection panel will take into consideration performances at the following events:

1. GBR International representative competitions 2025-2026
2. Home Nation Championships 2026
3. British Championships 2026
4. Performances at GBR Programme activity in 2025-2026
5. Women's Artistic Excel Grade 3 finals 2026 \*
6. Women's Artistic FIG Development 3 finals 2025 \*

*\* For GBR Development Programme only*

### Section 2: Selection Process

Following the designated selection event period, the selection panel will select the Gymnasts, who in the expert opinion of the National Coaching Team have the best capability of contributing to British Gymnastics long-term vision of World & Olympic success aligned to long term performance development.

Achieving the criteria places a gymnast into consideration. The first 12 places (Senior and Junior) will be selected on Criteria 1-4, in priority order, with the remaining places selected on Criteria 5, where applicable, at the discretion of the selection panel.

Performance Pathway Programme (PPP) selections are not subject to an appeal process, and all selection decisions are final.

The criteria are as follows:

Selection Criteria – GBR Senior Programme	
Criteria 1	APA Gymnasts
Criteria 2	Top 6 at British Championships with minimum score 51.50 points
Criteria 3	*2 or 3 event scores at British Championships 2 app score: 26.60 3 app score: 39.60

Criteria 4	Scores from Criteria 2 or 3 at identified DSEs
Criteria 5	Additional Senior gymnasts may be selected to the National Teams based on the following discretionary factors: <ul style="list-style-type: none"> <li>• Potential to contribute to national team performance strategy</li> <li>• D Score performances aligned with potential finals / podium finishes at benchmark events</li> <li>• International performances</li> <li>• Specific needs of the National Team</li> </ul>
	*If the athlete utilizes Vault as part of her 2 or 3-event qualification score, she must perform two (2) vaults from different families The average of the two vault scores will count toward the total 2 or 3-event qualification score *2 or 3 event scores only count when only 2 or 3 events have been competed
	The qualification scores applied will be re-evaluated at the conclusion of the British Championship, and adjustments will be made if necessary.

Selection Criteria – GBR Junior Programme	
Criteria 1	APA Gymnasts
Criteria 2	Top 6 at British Championship with minimum score 48.50 points
Criteria 3	Scores from Criteria 2 or 3 at identified DSEs
Criteria 4	Additional Junior gymnasts may be selected to the National Team based on the following discretionary factors: <ul style="list-style-type: none"> <li>• Potential to contribute to national team performance strategy</li> <li>• D Score performances aligned with potential finals / podium finishes at benchmark events</li> <li>• International performances</li> <li>• Specific needs of the National Team</li> </ul>
	The qualification scores applied will be re-evaluated at the conclusion of the British Championship, and adjustments will be made if necessary.

Selection Criteria – GBR Development Programme	
2013 Year of birth	Gymnasts will be ranked by their best performance at the 2026 Home Nations Championships and British Championships with the top 8 selected
2014 Year of birth	Gymnasts will be ranked by their best performance at the 2026 Home Nations Championships and British Championships with the top 8 selected
2013 – 2015 Year of Birth	Additional gymnasts may be selected to the Development squad based on performances at the Designated Selection Events. Injury and illness will also be considered. Any remaining places may be used to invite gymnast and coaches into named camps but will not be named on squad.

## 5. PROGRAMME DETAILS

- Final dates of each squad throughout the year shall be confirmed upon selection.
- Programme selection period is 9 months (April 2025 -December 2026)
- All Gymnasts and Parents of gymnasts under 18 years will be invited to attend an induction talk at the beginning of the selection period.
- Programme gymnasts may be considered for selection to minor internationals.
- Programme gymnasts must agree to observe all obligations outlined within the British Gymnastics' Performance Gymnast Agreement and any subsequent Codes of Behaviour adopted by British Gymnastics.
- Participation in any of the Performance Programmes is optional. Gymnasts may decline the invitation, however once a gymnast has accepted the offer, there is an expectation that the gymnast will fully commit to all the requirements of the programme including the associated policies, procedures and agreed training, competition goals within the Gymnast Plan (GP).

### **GBR Senior Programme**

British Gymnastics is allocated places by UK Sport to fund gymnasts on the British Gymnastics World Class Programme (WCP) with an Athlete Performance Award (APA) to support their training and competition programme.

For the LA Cycle (April 2025 – March 2029) there will be two types of offers made to gymnasts to join the GBR Senior Programme:

- I. Funded via UK Sport Athlete Performance Awards (APA)
- II. Programme Only (Non-Funded) supported through Talented Athlete Support Scheme (TASS)

### **GBR Junior Programme**

The Junior Programme is for gymnasts eligible for junior competition with the key emphasis of supporting their ongoing development to enable them to contend for senior international competition in the future.

The squad programme is funded via UK Sport grant funding. On occasion gymnasts may be required to self-fund some international competition/training opportunities.

Coaches are invited to attend Junior Programme activity in order to support their long-term development as coaches and to build rapport with the programme.

Typically, programme activity will be over approximately 4-6 camps annually.

### **Development Programme**

The Development programme is the entry point of our Performance Pathway, aimed at supporting the development of both gymnast and coach. Subsequently, it is recommended that coaches attend all Performance Pathway activity with the gymnast that they coach, where possible.

The programme is funded by Sport England Funding, however, presently, a contribution of £100 per 3-day camp will be required from each gymnast. This may be subject to change due to future budget constraints.

In 2026, programme activity will be over approximately 2 weekends annually plus a 5-day summer camp with a £200 contribution for the summer camp.

GBR will compete in the annual U13 4-way match, and this event will be self-funded.

## KEY CONTACTS

### Coaching Team

Martine George, Head National Coach ([martine.george@british-gymnastics.org](mailto:martine.george@british-gymnastics.org))

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