

# Mental Health Support for College Students

At Eating Recovery Center and Pathlight Mood & Anxiety Center your students will find:

- All levels of care for eating disorders and mood and anxiety disorders
- Free student support groups, events and resources
- Coordination with their outpatient team every step of the way

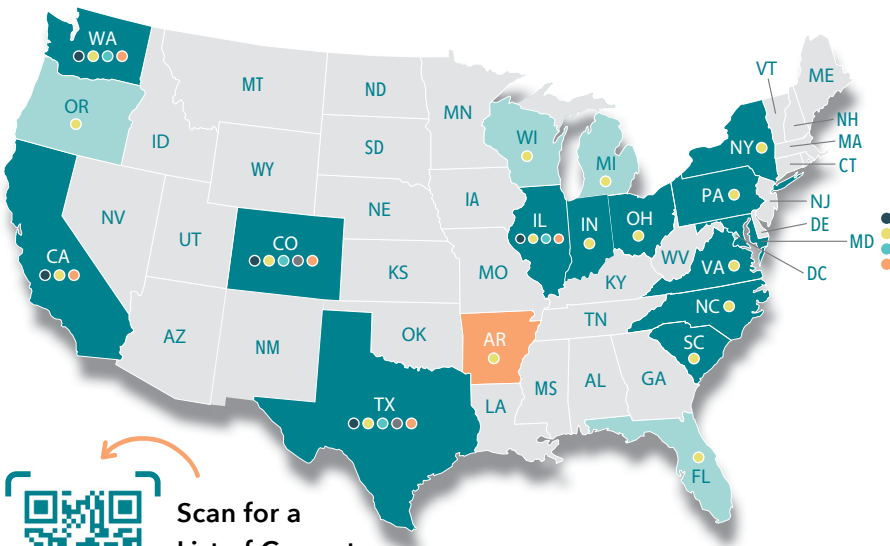
## The Right Care at the Right Time

When you refer your student to ERC Pathlight, they'll get matched with the exact support they need. Our unique continuum of care starts with an assessment, includes different levels of care to meet each student where they are, and extends through aftercare support. It just takes one referral to get started.



## Why Virtual Care is Ideal for Students

Students get convenient, proven treatment that is tailored to meet their needs – without leaving campus. They connect with peers who can relate to what they are going through while gaining helpful, practical skills they can practice right away in their day-to-day college lives.



Scan for a List of Current Programming

## Levels of Care:

- Intensive Outpatient (IOP)
- Virtual IOP
- Partial Hospitalization
- Residential
- Inpatient

## Treatment Centers:

- Eating Recovery Center and Pathlight Mood & Anxiety Center
- Eating Recovery Center
- Pathlight Mood & Anxiety Center

## Free Resources for College Professionals



### Monthly Virtual Collegiate Consultation Group

Join collegiate professionals from across the country and our clinicians experienced in campus-based care to discuss your students presenting with eating disorders and mood and anxiety disorders.



### Educational Opportunities

Access over 150 free on-demand courses tailored to the unique challenges, complexities and opportunities faced by campus professionals, and earn CE credits.



### Say It Brave on Campus

Register to host a live or on-demand Say It Brave on Campus event and receive a free kit with all the information you need to host a watch party. Topics include combating diet culture, addressing loneliness on college campuses and more.



## Free Support Groups for Students

Students can access a variety of free support groups. We offer specialized groups for college students, BIPOC and LGBTQ+ community members.



Scan here for access to these resources.

For more information, connect with Dr. Casey Tallent, our director of collegiate and telehealth partnerships, at [casey.tallent@ERCPATHLIGHT.COM](mailto:casey.tallent@ERCPATHLIGHT.COM).

Call [1-877-825-8584](tel:1-877-825-8584) to make a referral or schedule a free consultation with a master's-level mental health professional. Most commercial insurance accepted.

[EatingRecovery.com](https://EatingRecovery.com)  
[PathlightBH.com](https://PathlightBH.com)