



# The Nation's Leading Mental Health Care System for the Treatment of Eating Disorders

## There Is No Substitute When It Comes to Higher-Level Care for Eating Disorders

At Eating Recovery Center (ERC), the foremost experts in the field specialize in treating the most complex eating disorders and co-occurring conditions. By offering all levels of program-based care, from our Inpatient Intensive Treatment Unit to our Intensive Outpatient Program, we provide patients and their families with a seamless transition as they progress through treatment, ensuring a successful transition back to outpatient care.

Our innovative model of care integrates medical, psychiatric and psychological treatment with unmatched family support to provide patients with the best-in-class, comprehensive care needed to sustain long-lasting recovery.

## WHY CHOOSE EATING RECOVERY CENTER



### Vertically Integrated Clinical Model

Provides for seamless transitions through levels of care needed for patient progression through treatment and helps ensure a successful transition back to outpatient care.



### Industry-Leading Clinical Leadership

With the foremost experts in psychiatry, psychology, and medicine and more full-time doctors on staff than most other treatment centers, we can treat the most medically severe and psychiatrically complex cases.



### Comprehensive Care with Evidence-Based Treatment

Evidence-based treatment model was designed by renowned experts in the eating disorders treatment field. Psychotherapy modalities including Emotion-Focused Family Therapy (EFFT) and Family-Based Treatment (FBT) are personalized to patient needs for optimal outcomes.



### Caring, Multidisciplinary Teams

Expert, compassionate care team includes a therapist, skilled in individual and family therapy, a psychiatrist, primary care physician, nurse and dietitian who collaborate to provide individualized treatment plans.



### Robust Family Programming

Programming for families and caregivers includes therapy sessions, support groups, education, webinars and resources to empower each patient's support system.



### Strong Alumni and Community Liaisons

Clinician-led team provides ongoing support for patients who have transitioned to outpatient care via ongoing alumni events, support groups, social recovery communities and resources.

Call [1-877-825-8584](tel:1-877-825-8584) to schedule a free consultation with a master's-level clinician.

[EatingRecovery.com](https://www.EatingRecovery.com)

Email [Resources@ERCPATHLIGHT.COM](mailto:Resources@ERCPATHLIGHT.COM) for free community resources.



## Professional Collaboration Throughout Your Patient's Admission, Treatment and Discharge

- Responsive, efficient referral and admission process
- Comprehensive pre-admission assessment by a master's-level clinician
- Fast-track admissions available in most cases for patients admitting directly from a hospital setting
- Regular updates provided to outpatient team regarding patient's progress while in our care
- Transition of care to ensure smooth patient transition back to outpatient care

## Eating Recovery Center Offers Expert Voluntary Treatment for:

- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder
- Atypical Anorexia Nervosa
- Avoidant Restrictive Food Intake Disorder (ARFID)
- ED - Diabetes Mellitus Type 1
- Other Specified Feeding and Eating Disorder (OSFED)
- Co-Occurring Mood and Anxiety Disorders
- Co-Occurring Substance Use
- Exercise Addiction

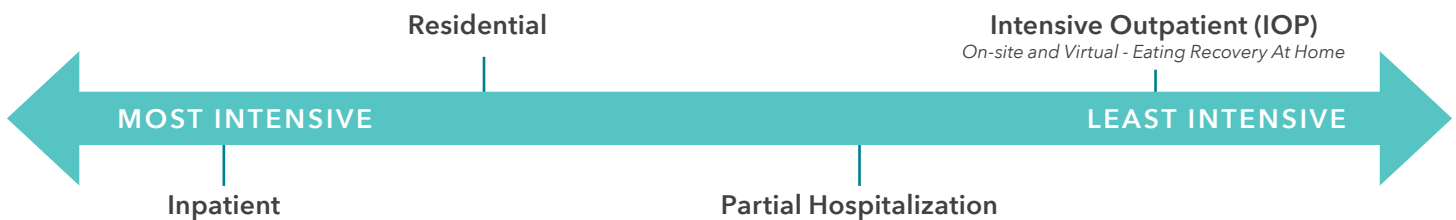
**Inclusive care for all ages, body shapes and sizes, races, ethnicities, religions, sexual identities, gender identities and expressions**

> Children and Adolescents (ages 8-17)\*

> Adults ages 18 and older

## LEVELS OF CARE

**Fully Integrated Continuum of Care to Treat Full Spectrum of Patient Acuity**



### TREATMENT CENTER LOCATIONS

California • Colorado • Illinois • Maryland • Ohio • Texas • Washington

\*Programming for ages 10 and under varies by treatment program and location.

### EATING RECOVERY AT HOME - VIRTUAL IOP

For a list of current programs and states, visit

[EatingRecovery.com/AtHome](https://EatingRecovery.com/AtHome)

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**EatingRecovery.com**