

Angela Connolly Profile

Join me on Facebook here: www.facebook/alltogetherkids

Tel:

E-mail: angelaconnolly79@live.co.uk

I run a variety of classes for babies and children. baby yoga and baby massage being my passion.

Classes start from 6 weeks old as I like babies to have had their routine checks before attending a class. My classes are fun, informative and you will actually see real results quickly.

Baby yoga and massage are fantastic for relieving colic, wind and constipation. It helps the bonding process and promotes closeness with your baby, allows you to meet new people and share experiences and much more.

I have worked with children for 9 yrs and have a foundation degree in supporting teaching and learning. This gives me a deep knowledge of how children learn and how to plan my sessions so that children can develop and reach their potential.

I have also studied a variety of holistic therapies such as aromatherapy, crystal healing, colour therapy, reflexology, reiki, shamanic healing, baby massage and baby yoga.

Finally as a mum of 2 I have gained a lot of knowledge about issues that arise within babies and children and how to deal with them effectively. With all my knowledge combined I feel that I offer an excellent service to parents, not just to learn new skills but to feel supported through their child's early stages.

Classes run throughout the Wigan Borough and all times, venues and phone numbers are available through looking at my Facebook site.

Angela x