



30 Questions to Ponder to Help You Unlock The Power of Your Testimony

1. When has been the most difficult time in your life?
2. Has anything happened in your past that made you feel God couldn't love you or forgive you? If so, what was it?
3. What might have happened that filled you with insecurities, shame, hurt, or regret?
4. How did you feel during that time?
5. What emotions seemed to have a stronghold over your life then?
6. What habits or addictions did you struggle with and wonder if you could ever overcome?
7. How did God show up for you in that time of need? Or how did He help you overcome the weight of those emotions?
8. In what ways did He make His Presence known to you - through people, thoughts, dreams, circumstances, etc.?
9. What encounters with God did you have that opened your eyes to your need for a Savior, and/or the need to recommit your life to Him?
10. Since then, how has God empowered you to overcome your hardships, oppressions, and strongholds?
11. What lessons—life lessons or faith lessons—have you learned through your experiences in life, and your experiences with God?
12. What has God done to change your life?
13. What has He done with your failed dreams, heartaches, pain, or other disappointments?
14. How has God healed you or given you special grace in a time of sickness?
15. If you suffer with an illness, condition, or injury of some sort, and haven't received physical healing, how might God have done healing wonders in other ways?

- 16.** How has God changed your perceptions of the church, of other people, of life's adversities, or of Himself?
- 17.** How did God meet you in times of grief, sorrow, or confusion?
- 18.** When did you experience an epiphany, or an eye-opening experience, that resulted in a paradigm shift in your life?
- 19.** How has God given you the strength to overcome life-controlling issues?
- 20.** How have you received direction or redirection from God?
- 21.** Has He somehow made it clear to you that you are to pursue a certain purpose for your life because of the things you've experienced? If so, ponder all the details.
- 22.** What ways might your past experiences have equipped you to minister to others in a unique way?
- 23.** How have you come to depend on Christ in your everyday life, and how does that play out in your daily activities and choices?
- 24.** How has God blessed you since you turned your life over to Him, or chose to follow Him, or said yes to His call on your life?
- 25.** How has your life been enriched since choosing to follow Christ with your whole heart, soul, and mind?
- 26.** What spiritual gifts have you discovered since surrendering your life to Christ, and how did that change your willingness to serve Him?
- 27.** Is there a unique way you can minister to others because of what you've experienced in life?
- 28.** If God comforted you during a difficult experience or season of life, how do you feel that equips you to comfort and encourage others who are going through a similar situation?
- 29.** Has God placed a dream or nudging on your heart that you finally trusted Him to take a chance on pursuing? Think about the best way to tell this story.
- 30.** How did God give you a new perspective on your past and help you overcome the fear of judgment and transparency so you could help others see how powerful and life-changing His love can be?