



**Real Training for Real
People in a Real World!**

Warrior Concepts International
Life Mastery & Black Belt Academy
 2346 N. Susquehanna Trail
 Selinsgrove, PA 17870
 (570) 884-1118 www.sunburymartialarts.com



Class Schedule

Effective: May 1, 2017

All Students are expected to:

- 🕒 Arrive **10 to 15 minutes** prior to scheduled class
- 🕒 Pull attendance card before changing into uniform
- 🕒 Keep uniform neat, clean, wrinkle and odor-free
- 🕒 Quietly prepare for class (stretch, review, etc.)
- 🕒 Memorize and apply the **Student Creed**
- 🕒 Show respect toward instructors, family, other students, & our tradition
- 🕒 Treat the academy with respect - remind your guests to do the same
- 🕒 Maintain good class attendance and promptly make up missed classes
- 🕒 Full uniform is required on all days (except "Street Clothes Days")
- 🕒 Show proper effort and spirit in the classroom
- 🕒 Practice and exercise at home for better results
- 🕒 Memorize & apply the **7 Home Rules** (Youth Students)
- 🕒 Memorize & apply the **Warrior Vows of Intention & Code of Action**
- 🕒 Do not disturb class in session
- 🕒 Bring and maintain your training notebook
- 🕒 Demonstrate a positive, well-disciplined attitude
- 🕒 **All students must bring req'd training gear to class**
- 🕒 Turn in all required reports and forms **NLT** the 20th of the month

| | MON | TUES | WED | THUR | FRI | SAT |
|--|----------|-------------------------|----------|---------------|-------------------------|------------|
| Lil' Dragon Basic Program (Tots: 3 - 6 year olds) | | 4 - 4:30 | | 5 - 5:30 | | |
| Lil' DragonMasters/Leadership (Tots: 3 - 6 year olds) | | 4 - 5 pm | | 5 - 6 pm | | |
| Basic Program Module 1 - White, Yellow, Yellow/Blk | 5 - 5:30 | 5 - 5:30 | 5 - 5:30 | 6 - 6:30 | 5 - 5:30 | |
| Basic Mastery/Leadership Module 1 - White, Yellow, Yellow/Blk | 5 - 6 pm | 5 - 6 pm 7:30 - 8:30 | 5 - 6 pm | 6 - 7 pm | 5 - 6 pm 7:30 - 8:30 | |
| Intermediate Belt Training Modules 2 - 4: Blue, Orange & Green Belts | 5 - 6 pm | 5 - 6 pm 7:30 - 8:30 | 5 - 6 pm | 6 - 7 pm | 5 - 6 pm 7:30 - 8:30 | |
| Adult All Ranks (Teens & Adults) (BBC/MC/LP) | | 10:30 - 11:30 | | 10:30 - 11:30 | | 9 - 10 am |
| Youth All Ranks (Tots & Youth) (BBC/MC/LP) | | | | | | 10 - 11 am |
| Advanced Mastery/Leadership Mod 5 & University Levels: Brown & Black Belts | | 6 - 7:30 | | | 6 - 7:30 | |
| SHINOBI-KAI * Historical Ninjutsu - Members Only | | 6 - 7:30* | | | 6 - 7:30* | |

ADD'L NOTES:

- EDR classes are for adults only. They are included in the LP and available to MC & BBC students for an add'l fee. They may be used by parents of youth students.
- *Shinobi-kai training is an add-on program focusing on traditional ninja skills. This program includes an application and review process. See Shidoshi Miller for details.
- **Mikkyo (and Shinobi-kai) is available as optional Sunday classes and scheduled based on student interest. There is an additional fee for these classes.

* Schedule is subject to change based on membership enrollment