SHE'S SENDING YOU SIGNALS

UNLOCK HER LEGS
Having the correct frame of mind before you even start talking to a woman is very important. So important, in fact, that we need to discuss it first before moving on to learn to read a woman’s level of interest.

What needs to be on your mind when you are approaching a woman and when you are trying to figure out her level of interest.

1. Always Assume Interest
   It is a fact of life: women aren’t interested in guys who are overly insecure. If you are lacking self-confidence, a woman will probably be able to tell, and you’ll be at a disadvantage before you even start the conversation. You can avoid giving off
the wrong vibe by convincing yourself that the woman who you are approaching is already interested. This will put the odds in your favor every time you start a conversation with a girl.

This mindset can be especially effective when talking to women who have not yet decided if they like you. Women find confidence attractive and so a confident vibe could be the difference between going home with a girl or going back to your place alone to wonder what went wrong.

The same rule applies for a girl who you already know or have already started dating. Many guys, after they start dating a girl for a while, will start analyzing every conversation and may start feeling insecure about their future prospects. Often, this is a case of simply over-thinking things. However, if your insecurity starts to show, it may chase the girl away, especially if she was initially drawn to you because of your confidence.

So, even after you have scored those first dates, continue assuming that the girl is attracted to you. Always, always work from a place of confidence until you see signals that tell you otherwise.

2. Trust your instincts
I’ve found that most of the time, people are generally able to intuitively read a situation. Unless they are completely delusional or have worked themselves into a state of paranoia,
they can usually sense a vibe quite well. If you are talking to a girl and you feel a strong connection or a certain sense of romance, chances are she feels the same thing. If you’re dating a girl and you feel like everything’s really going good – that she really likes you - chances are it’s true.

Of course, this can work the other way as well. If you are not connecting or feeling some sort of chemistry with a girl, chances are she doesn’t either, and it’s better to cut and run than to try and force the conversation. If you’re dating a girl and you feel that she’s blowing you off or she’s just a tease and she doesn’t really want to be with you, chances are you’re right.

It can be difficult to trust your instincts, especially when they are telling you something that you don’t want to hear. But it is almost always the best policy.

3. Look at your situation from an outsider’s perspective
Another way you can get past your own hopes and get to the truth of a situation is to look at yourself from an outsider’s perspective. If you were looking at yourself, what would you say? What would you say if you saw a good friend doing what you are doing now? It could be positive: “Hey she’s into you.”

Or it could be the opposite: “She’s not worth it, come on! It’s time to move on.” A lot of times, when we take ourselves and
our emotions and insecurities out of the equation and pretend we are looking at someone else, it all becomes very clear.

It’s natural to make excuses about why you don’t want to give up, especially if you like a girl a lot. She might continuously blow you off and make excuses about why she can’t hang out with you. You could tell yourself all sorts of things to convince yourself that you’re still in the game. However, if you saw someone else in your situation, you’d simply say, “Sorry dude, it really looks like she’s not into you.”

The same idea can be applied to first meeting with a girl in a nightlife setting. Look at her from an outsider’s perspective. What is her body language? What is she doing and saying? You might have even already done this in a bar, maybe even subconsciously. You’ll glance at a girl and guy and know almost immediately what his prospects are just by watching her body language and the way she is reacting to him.

So take a second to step back and pretend like you are watching yourself from someone else’s point of view. You will take your ego out of the equation and get to the reality of the situation very quickly.

4. Never decide you really like a girl before sleeping with her

NEVER. I coach a lot of guys over the phone and over email.
Many want to talk about a girl that they’ve met and that they really, really, really like. They may have even told her how they feel. Perhaps she didn’t seem too excited to hear this, and now the guy wants to know how to pursue her.

Here’s the thing: when you decide that you really like a girl - maybe you’ll even think your in love with her - but you haven’t slept with her yet, you’ve already lost. The game’s over! Chances are you’re not going to get her. You’re not in the right frame of mind, because you’re already too emotionally invested. You’re not going to make good decisions. You’re going to be thinking with your emotions rather than using the type of cool logic that is necessary to get the girl.

What you want to do is make a commitment to yourself that you’re not going to let yourself get wrapped up in any girl until after you’ve slept with her. After that, you can let down your guard a little, but you’ve still got to play it cool. This can be hard for some guys to do, especially when they are romantics and are prone to getting obsessed with one girl. But you’ve got to keep a cool mindset. Just remember, very, very few guys get a girl that they become obsessed with.

5. Never chase a loss
When it comes to women, a lot of us let our egos get involved. When a girl starts slipping away, guys want to recapture that “high” that they felt when they knew that a girl was really into them (or at least when they thought that she was really into
them). In gambling, the terminology for pursuing something that does not have a positive expected return is called “chasing the loss”. The gambler keeps pursuing the “winning high” even though it’s obvious that the odds are less and less in his favor. The same idea can be applied to dating. A lot of guys chase a woman after they have obviously lost her. They can chase her for months or even longer. They are not really trying to get her back, they are trying to recapture that feeling that they had when they knew she liked them.

When they are chasing a loss, guys are usually oblivious to the fact that their social life is in shambles. They haven’t met any other girls. They focused all their energy on a pursuit that isn’t going to have a happy ending. So the rule is: never chase, instead erase. Erase her from your mind and move on.

Now that we have the right mindset, we can move on to learn the signs that can tell you that a girl is into you. These signs will be evident regardless of the setting. If you are talking to a girl in a club or bar, you should be looking for the same signs as you would if you were talking to a girl in a coffee shop, in a classroom or even just on the sidewalk.

These are the signs that you will see if a girl is into you. These signs might not mean that a girl wants to jump into bed with you or that she even wants to date you, but they are signs that you should continue the conversation because, chances are, something good is going to happen.
Do you know the easiest way to get good at approaching women? You learn to spot the ones that are sending you the signals that they want you to approach them.

Yes, whether you realize it or not, every day, every time you go out, there are women who are trying their damnest to get your attention and to get you to approach them. I’ve talked in depth about this with a lot of extremely hot girls. And girls will tell me how the most frustrating thing in the world for them is when they hear a guy say “oh you’re a girl you can get laid anytime you want…”

And the girl is like “Sure, if I put a sign up that said I’m looking to go with someone…” But short of that, these women go
out all the time... sometimes they’re looking for some male affection, sometimes its that time of the month and they’re just freaken horny, sometimes they’ve just been dumped and their looking for a revenge lay...

Yes, they send all the signals and guys just don’t pickup what they’re putting down. I think you’ll agree, that there is no easier girl to approach then one that is actively trying to get your attention and hinting that she wants to talk to you,

So let’s look at a few of the signs:

The most obvious is that she makes her way over towards you, and for no reason stands in your general area. Here’s what I mean. If you’re at a large un-crowded bar and you and you friend are talking in one corner. And you notice two girls on the other side of the bar. And then twenty minutes later for apparently no reason, they are now on your side of the bar. And then twenty minutes later for apparently no reason, they are now on your side of the bar.

There is a reason for that.

Now if she’s with a group, and she might also accidentally separates herself from the group. Or might just keep finding excuses to walk past you. If she’s already close to you, she might shift her body language to be more open to you to show you that she’s available to approach.

Or maybe you’ve had a girl accidentally bump into you; did you take advantage of it? Or did you just let her apologize and
keep walking? (If so you missed an opportunity)

One of the most obvious things a woman will do when she wants to talk to you is she’ll eavesdrop on your conversation. She’ll noticeably laugh at one of your jokes she’s overheard, or even throw her own opinion in to try to get your attention. Maybe she’ll even drop something near you hoping that you’ll pick it up.

Now, women are not stupid, and they know you need an opener, so they’ll try their damnest to give you one. If she’s reading a book or looking at something she’ll try to let you see so that you can ask her about it. If she’s looking at something or someone she’ll talk out loud to herself so that you realize she wants you to comment on it too. She’s handing you an opener on a silver platter.

Now those are the obvious ones.

Of course there are some girls who are more subtle and with those girls, you’ll have to pay closer attention to body language.

If she catches you looking she might push her hair out of the way so you can see her face better or she adjusts her clothes after looking at you.

The fact is; the signs are there.
1. She laughs at your jokes, even the unfunny ones.

Laughing isn’t necessarily something people do when they find something funny. It can also be a sign of approval. This can be seen in many speeches: The speaker makes some bad joke and the audience laughs. It’s not because the joke was funny; it’s the audience’s way of saying “Yeah, we like you; we’re enjoying this.”

When a girl laughs at your jokes, it is the same phenomenon. Her chuckle is a way of saying “Hey, I like you. Keep talking.” When she’s laughing at your jokes, she’s trying to tell you she gets you and that she enjoys your company.
2. She asks you if you have a girlfriend.

This can be a tough one to catch, because a lot of times girls will try to find this out indirectly. Maybe you say that you went to a concert or movie, and she’ll ask “Oh, who did you go with?”

Or if you say you have a roommate, or if you talk about your apartment, she’ll ask you who you live with. If you notice any of these types of questions, she’s probably interested in knowing if you have a girlfriend. Of course, some girls will just ask directly, in which case you don’t need to try and pick up the subtler cues. When a girl asks this question, it means that she is sizing you up and measuring your relationship potential.

3. She calls you a player, a jerk or, an asshole.

This one might seem counter-intuitive, but if a woman makes this type of statement in a playful way, it can actually be a sign that you are making good progress with your flirtation. This kind of teasing is a form of flirting. Calling you a player is her way of testing you. She wants to see what you’re going to say.

It also means you are making progress. If someone is insecure or isn’t scoring points with their flirtatious remarks, she isn’t
going to call them a player. She’s calling you a player because she finds herself attracted to you and she wants to know if you are really a player or if you are genuinely into her.

4. **She takes a sip of your drink.**
You’ll be at party, a bar, or some sort of social situation where drinking is involved, and a girl will ask to take a sip of your drink. Or she’ll simply take a sip without asking when you put your drink down. This is a very strong indication that she feels comfortable - comfortable enough to put her mouth where your mouth has just been.

This type signal can also take other forms. She might offer you her drink. Or perhaps offer you something that she is eating. She’s showing you that she has a high level of comfort with you. Sometimes the signs aren’t as subtle. A girl might lean into you or get your attention by touching your hand or arm lightly. These are all signs of intimacy and are a sure signal that it is time to start escalating your pursuit of the girl.

5. **She actively tries to keep the conversation going.**
When your conversation hits an inevitable lull, she’s the one keeping it going. She might ask you questions or make remarks. This is because she doesn’t want you to leave. If she asks, directly or indirectly, personal questions, that’s an even
stronger indication of serious interest.

6. She teases you.
I mentioned earlier that if she calls you a jerk or a player, it’s a good sign. Any type of teasing is a good sign. Teasing is something people do with people that they like and are comfortable with.

When it takes place in the context of a male-female conversation, teasing is usually a form of flirting. She may give you a nickname, or she may just tease you about something you said or something you’ve done. It’s her way of saying “hey, I get you, we have a connection, I feel like I can tease you”. Any form of teasing is definitely a good sign.

7. She introduces you to her friends.
This can also be a bad sign if she introduces you and then moves into the background (that means she wants to get rid of you or trying to pawn you off on one of her less attractive friends).

However, if she introduces you and then continues communicating with you, it is a very positive sign. It means that she wants to show you off or wants to get her friends’ opinion of you later because she likes you. Either way, it’s a positive step.
8. She leaves her friends to continue talking to you.

The opposite type of situation could also be a good sign. I’ve slept with several girls very quickly, and this was always the biggest indication. Perhaps the girl’s friends would be leaving, and she’d say, “I’m going to stay.” If a girl is staying with you in such a situation, you know there’s a very good possibility that she is going home with you right away. She can easily ask for your number and leave with her friends.

If she stays, she’s in the mood for something more. This usually happens in a bar or club, but it could also happen elsewhere too. Perhaps it’s a party and there are multiple rooms and her friends go into a different room while she stays behind with you.

In this specific situation, her staying might not mean that she is ready to sleep with you (she can still leave with her friends later), but it is definitely a positive sign and a signal that it’s time to escalate the conversation to more intimate subjects and more heavy flirting.
Unfortunately, any guy who actively pursues women is going to have to be on the lookout for bad signs as well as good signs. Here are some actions that you need to be on the lookout for.

You don’t have to see these signs as negative and let you ego be damaged by them. They are simply cues to change your mindset to one that says, “This girl isn’t worth my time”.

1. **She complains that she’s tired.**
   When a girl is in to you, she’ll have enough energy to continue a conversation no matter what time it is. You probably know this feeling: when you are into someone and you are with them, you seem to have unlimited energy. Time isn’t even a
part of the equation. Perhaps, a girl doesn’t vocalize her tiredness, but she keeps yawning or something. This is major cue that she is not interested. She is bored, and it’s time for you to move on.

2. She never asks you your name.
Exchanging names might not be the first part of your conversation, but if you’ve been talking for a while and it doesn’t come up you might want to start questioning her level of interest.

It’s even worse if you ask her name and she doesn’t reciprocate by asking yours.

This means that most likely she doesn’t want the conversation to get personal and that you’d be better off wrapping things up and moving on to somewhere else.

3. She quickly brings up her boyfriend.
Sometimes a girl will bring up her boyfriend later on in her conversation. Anytime a significant other comes up, it is not a good sign, but if she brings him up after you’ve already been flirting and talking, you may still have a chance.

However, if she quickly brings him up, it’s because she’s try-
ing to send you a non-subtle hint that says “Hey, I have a boyfriend” or “I want you to think I have a boyfriend so that you leave me alone.” Obviously, when you get this sign, it is time to move on.

4. **She avoids eye contact.**
   If you’re trying to talk to a girl and she’s kind of looking away, it’s not a positive sign. You might recognize this same type of gaze in people who are trying to avoid a salesman at the mall.

   Obviously if you are in the same category as a salesman, it’s not a good sign. She’s looking for an opening so that she can leave. If she avoids eye contact, it’s time to move on.

5. **She has closed off body language.**
   This is the subtlest cue I’m going to mention. Many times, it is not obvious. Perhaps you get the feeling that she just doesn’t feel comfortable around you. This means that she probably isn’t.

   That doesn’t mean you can’t break through with a little more effort. Some girls just might be nervous or shy. But if you see this signal, you might want to start looking for other signs that she is not into you.
6. She gives you short, one word answers.

If she’s giving you short, one word answers, that’s the complete opposite of trying to keep a conversation going. Brief answers usually mean she’s thinking: “I want this to end so I’m making it as difficult as I can for you to continue.”

The shorter the answers, the quicker you should be looking for a chance to exit gracefully so that you can try to find flirtation somewhere else.

7. You notice that she’s giving her friends the “help me” eye.

If a girl looks at her friends, you’ve got to be aware of her expression. Some guys don’t get this signal at all. These guys are so wrapped up in what they’re saying that they’re not in tune to what she’s doing.

You’ve got to really be in tune to the vibes she’s sending you. If you notice her looking out the corner of her eye at somebody else, she’s trying to get that person to save her.
If you aren’t getting any readable signs from a girl, you can do some things to try and evoke a readable response from her. Here are four sure-fire ways to get such a response.

1. Go in for a kiss.
This is an obvious one, but it can actually be subtler than it seems. You can give a kind of light peck on the cheek or on the lips and just see how she responds.

A lot of guys might not have the balls to do this during a first conversation, but, if the night continues and you’re not sure where you stand, it is the most straightforward way to find out. When you go for the kiss, you’ll know.
But be aware. Even if she turns away or puts up a hand, it might not be a bad sign. If she kind of turns her cheek but keeps talking and flirting with you, you’re still alright.

If she turns away and gives you a clear indication that “hey you got that totally wrong idea, I was just being nice to you,” then you’ve got a clear cut answer as well. If you don’t want to wonder where you stand, a kiss is the way to go.

2. Make an offhand comment like “we should hang out sometime.”
   Make the comment and then see how she responds. You may not even have an actual plan for a date, but you can learn a lot from her response. A quick, “oh, yeah, definitely” is a very good sign.

On the other hand, if she kind of ignores it, or acts weird when you say it, it means you probably haven’t built enough attraction and you’ve got to either continue building attraction or you’ve got to cut your losses and move on.

3. Try the High Five Test.
   Sometimes, I like to stop a conversation and just say something like “Oh, you’re cool” and then give a girl a high five and
grip her hand lightly. (Not in a creepy, weird way, just very lightly.) Then, I’ll see how long she lets her hand stand there. If she lets her hand linger in your hand, it means there’s some chemistry that she is feeling.

If she pulls her hand back right away, it means there’s not enough attraction there or she doesn’t feel comfortable enough with you yet.

4. Make a joke about your wife and kids.
I sometimes do this as well. I’ll just say “I gotta get back to my wife and kids” and then I’ll judge her reaction. If you say something like this and a girl really likes you, she’s going to say “WHAT! What do you mean your wife and kids?” Then you can say “I’m just kidding.”

She has shown that she is into you and that your comment caught her off guard. On the other hand, if you say “I’ve got to get back to my wife and kids,” and you get no reaction out of her, then it probably wasn’t going as well as you thought it was.
Some guys have been dating a girl for a little while and they don’t know what her interest level is. This is actually one of the most common questions that I have gotten in my coaching career.

Or perhaps you are not even dating a girl, but you have exchanged numbers or met on a dating site and you want to know if you should pursue a romantic relationship with her.

Here are the most common signs that a girl who you already know is into you...
1. **She sends you random text messages.**

   If she is sending you messages out of the blue, it means she’s checking up on you and doesn’t want you to forget about her. This is her way of testing your level of interest. She wouldn’t be concerned about your level of interest if she wasn’t interested herself.

2. **She wants to introduce you to her friends.**

   If one of her friends is having a party and she wants you to come and meet all her friends, it means she sees some sort of potential with you. She’s not going to introduce you to her friends if she’s embarrassed by you or if she plans to end things with you soon thereafter.

3. **She makes future plans with you.**

   If she regularly says things like, “oh, we’ve got to go here together” or “we gotta do this,” it’s a good sign. Even if it seems like an offhand comment (as opposed to a definitive date plan), it is still a good sign. It means she’s dreaming about the future and you are in it. She wouldn’t be doing that if she was trying to find a reason to get rid of you.
4. **She instigates intimacy.**
   If a girl starts kissing you and doing intimate things without taking a cue from you, you can be comfortable with her level of interest. Of course, this could also be a sign that you are not being intimate enough with her.

   So this can be a tough sign to interpret. However, if she gives you cues that are not overtly sexual (sitting close to you, holding your hand, kissing you on the cheek), you can be pretty sure that she is into you.

5. **She always makes herself available.**
   When a girl is into you, she makes herself available no matter what. She will come over at 2:00 in the morning when she gets off work. She may even cancel plans with her mother or father. She’ll rearrange her social schedule so that she can hang out with you.

   Pay attention, because she might not directly say “I canceled my plans with my friends so that I could hang out with you.” However, if she mentions some cancelled plans, she is giving you an opening to say: “come hang out with me.” Anytime she cancels plans with friends of family to hang out with you, it’s a great sign.
6. **She got a second wind.**
Earlier, I talked about when you’re first seeing a girl, when you’re really attracted to her, that attraction gives you large reserves of energy. If you’ve been dating for a while and you see that kind of energy in girl, it is a good sign.

It means she’s still enjoying your company or she has gotten to know you more and is even more attracted than she was initially.

If she wants to stay out late and then still has energy when she gets back to your place, things are probably going very well for you.

7. **She continues to fix herself up when she knows she’s going to be seeing you.**
If every time she comes to hang out with you, she looks really good, it is a sign that she still has a high level of interest. It means she cares what you think about her.

If she didn’t care, she would come over as is. If you see make-up and fresh clothes, and smell perfume, it’s a good indication that you are still winning the game.
8. She paying more attention to you than others while at a social event.
If you go to a party together or a club where she knows lots of people and she’s staying with you and talking with you and not mingling with other people, it means she is definitely into you.

She might stop by to say high to friends, but if she does this, she’ll either come back quickly or else call you over so that she can introduce you.
Of course, you have to keep an eye out for bad signs as well. These are the signs that she’s NOT into you. Remember, you have to keep the right frame of mind and accept the situation when these signs start popping up. If you’re seeing more than one of them, it is probably time to take a step back and decide if it is time to cut your losses and leave.

1. She says she’s not ready for a relationship.

If a girl goes out of her way to stress that she’s not looking for a relationship, it means she’s not looking for a relationship with you. Even the most independent girl wouldn’t go out of
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her way to say that to a guy that she had any interest in. If she likes him, she is going to put herself in a position to be as close to him as possible. If she mentions not wanting a boyfriend, it is a non-subtle cue that you are not in her future plans.

2. She never calls you and avoids your calls.
I’ve dated girls who were really into me, but never called. However, when I called them, they answered on the first ring and they were always available to hang out. They just had the idea that a guy should always be the one to call.

However, this is not always the case. If a girl never calls you but then when you call her she doesn’t answer or she doesn’t call you back right away, it’s a bad sign. If you’re calling her and she’s unavailable to even talk to you on the phone, it is definitely, definitely not a good sign.

If this happens more than once, you’ll have to face the fact that she is not into you.

3. She cancels plans and is always busy.
As I said before, if a girl likes you, she will come over your house at 2:00 in the morning after the bar or after the party or after
she gets out of work if she works a late job. She will stop by your house in the middle of the day if she doesn’t have time later on. She’ll break plans with friends.

But if she’s canceling plans with you routinely or if every time you ask her to hang out, she says she’s busy, you should be hearing warning bells in your head. Some girls are very busy, but, like I said, if they truly like you, they’ll make time to see you.

4. **She avoids intimacy.**
If every time you try to hold her hand, try to kiss her, or touch her, she pulls away, she is not into you. Early on in a relationship, there should be complete sexual attraction. The early days are when the fire is burning the strongest and that’s when she should be the most into intimate behavior.

If she turns away from even non-sexual contact (putting your arm around her, touching her hand, kissing not on the lips), you need to seriously consider cutting your losses.

5. **She avoids any sort of public displays of affection.**
Maybe you’ve slept with her already, but when you’re out in front of her friends or other people, she avoids any sort of public display of affection.
Chances are it’s because she doesn’t really see a future with you and she doesn’t want people to see you with her because she doesn’t see you as boyfriend material. She doesn’t want people to get the wrong idea about what’s going on between you. This type of behavior is a good cue to cut and run.

6. She’s sketchy or secretive.
You might just get a gut feeling that something is wrong. She might be giving off a sketchy vibe. One girl that I dated on and off for a long time came over for dinner one night and I got a very weird vibe from her. She just wasn’t acting right. She wound up leaving early. She told me she was going to study but I just didn’t believe her.

Now, I’m not going to recommend the next thing that I did, but I drove to her house to see if her car was there. Sure enough, it wasn’t. Then I called her phone and she didn’t answer.

Turns out that she was out with another guy that night. The moral of the story is that my intuition told me that something was wrong, and I should have trusted my gut and cut my losses.

I’m not a super jealous guy. I’m the kind of guy who very rarely suspects something. But when I do, I’m usually right. If a girl is acting sketchy or secretive, unless you’re a paranoid person who is always wrong and always delusional about things, you’re probably right.
7. She tries to push you off or suggests you’d be good for one of her friend.

If she’s actively telling you that you’d be good for this girl, or trying to hook you up with her friend, it’s because she’s not into you. If she brings it up more than once and you’re sure it’s not teasing or testing you, you can be sure that her level of interest has gone down.

Or perhaps you thought there was some sort of chemistry, but the girl only thought of you as a friend. Either way, it’s not a good sign if she is consistently trying to push you off.

8. At social events, she’s mingling and talking to everybody else and leaving you alone.

If you’ve been dating a girl for 2 years, this type of behavior is, more or less, normal. You’re both comfortable with each other and know you’ll be seeing each other at the end of the night. But early on in a relationship you should be the center of her attention.

In a new romance, each person’s mind and energy is completely on the other person. If her attention isn’t on you at a social
event, it could mean that she is bored and on the lookout for someone else.

If you start seeing more than one of these signs, it is time to start thinking about moving on. At the same time, don’t get paranoid. If you only see one of these signs, but everything else seems to be going well, don’t panic.

Generally, if something is not going well with a girl, you’ll get multiple signals, so it will be pretty obvious, if you keep the right mindset, when it is time to cut and run.
Now that we’ve gone over all the signs and covered the correct mindset, you should have a good idea about how to read a woman’s interest level.

Some of the ideas I’ve shared with you in this book are very important and you need to decide right now that you are going to do the following three things.

1. You’re not going to have feelings for a girl
You’re not going to convince yourself that you’re in love with a girl - until you’ve at least had heavy foreplay with her. Preferably sex, but if you’ve been doing everything but sex with
her, you still should be OK.

2. **Make a vow to yourself that you’re going to cut your losses if things don’t work out**

You’re not going to chase the loss. If a girl is giving you multiple negative signs, even if at one point she seemed really into you, you need to move on. One thing that I tell guys all the time is that a good looking girl has a million guys in her life. If all the sudden a girl that was really hot towards you goes cold, it’s probably because another guy came into the picture.

Usually that guy is a guy that was from her past, maybe a guy she had really liked at some point and now wants back in her life. Maybe he’s an ex-boyfriend or a guy she had a crush on. It is what it is. Whenever a girl goes from calling you all the time to all the sudden not calling you, it’s not because of something you did. It’s not because you pissed her off by saying something or not saying something. It’s because another guy came into the picture.

90% of the time I’ve been right about this. I hate telling guys this. It’s one of the worst things to hear. I feel terrible when I have to tell a guy on a coaching call that “she’s probably with somebody else.”
But it’s a fact. I’ve noticed it over and over again. So make a vow that when a girl goes cold, when a girl isn’t into you, you’re going to erase her from your mind and move on.

3. Be ready to step it up
On the other hand, when you’re talking to a girl and you see some of the positive signs I’ve mentioned in this book, you’ve got to promise yourself that you are going to really step up your efforts and escalate the conversation to more-intimate, more-flirtatious levels. Decide right now that if the signs are there, you are going to go for the kiss. You’re going to get her number. You’re going to close the deal.