



TRACK MODULE 4 – 200 Meter TT & Sprint



Purpose

The purpose of this module is to provide track referees with the necessary information and experience needed for general refereeing responsibilities and conduct. The module serves as part of the training necessary for Level C Track Officials for advancement to Level B Track Official.

Required Reading

1. USA Cycling Rulebook Section 2 Track Racing:
 - o 2B. General Rules,
 - o 2F. Sprint
 - o 2I. Time Trial (200 meter flying start)
2. USA Cycling Race Officials Manual Part 3: Officiating Track Events
 - o Chapters 17-19 Flying Start Time Trials
 - o Chapters 14-16 Sprints
3. UCI Practical Guide for Commissaires in Track Events
 - o Section 7.1 Individual Sprint

Prerequisites

- Module 0 – Customer Service (same for Road or Track)
- Module 1 – General Principles

Goals

After successful completion of this module the Level C Track Official will be able to:

1. Manage a flying 200 meter time trial event as Chief Referee or Chief Timer/Judge
2. Be a Chief Referee, Starter, or Chief Judge for Sprint events.
3. Understanding the basic principles of seeding riders for sprints.

Criteria for Successful Completion

1. Flying 200 M Time Trial: Know how to put the riders up on the track for the greatest efficiency of time. Know where to find the 200 M mark on any track. Know how many laps each rider is to take before beginning his or her effort. Understand the required equipment and placement of such on the track.
2. Sprints: Often sprint competitions at local tracks are 2-up, 3-up, or even 4- or 5-up sprints. Refereeing multiple rider sprints is different from the traditional 2-up sprint. Know what to look for, how riders advance through the various rounds, and how rounds might be composed differently for a given number of riders. Sprint regulations govern several track disciplines, so it is necessary for the track referee to become very familiar with these events and the basic maneuvers riders make during sprints.

Tasks to Be Completed:

Task	Supervising Official	Date
Starter for 200M	_____	_____
Timing for 200M	_____	_____
Laps & bells: 200M & Matched Sprints	_____	_____
Assist with seeding riders from 200M to Sprints	_____	_____
Assistant Referee: Matched Sprints	_____	_____
Assistant Referee: Matched Sprints	_____	_____
Assist with the draw: Matched Sprints	_____	_____

I have read all of the required materials and completed the exercises for this module.

NAME:

Signed _____ Date: _____