



## TRACK MODULE 3 – TIME TRIALS



### Purpose

The purpose of this module is to provide track referees with the necessary information and experience needed for managing and timing the timed events on the track. This module serves as part of the training necessary for Level C Track Officials for advancement to Level B Track Official.

### Required Reading

1. USA Cycling Rulebook
  - 2B9, 2B10
  - 2I. Time Trial (overview of standing vs. flying start, general rules)
  - 2J. Individual Pursuit
  - 2K. Team Pursuit
  - 2L. Team Sprint
2. USA Cycling Race Officials Manual Part 3: Officiating Track Events:
  - Chapters 2-4 Kilometer Time Trial (standing start events)
  - Chapters 5-7 Individual Pursuit
  - Chapters 8-10 Team Pursuit
  - Chapters 11-13 Team Sprint
  - Chapter 17-19 Flying Start TT
3. UCI Practical Guide for Commissaires in Track Events
  - Section 7.2 – 7.5 (timed events)
4. UCI Practical Guide for Timekeepers
  - Section 1 General
  - Section 3 Track

### Prerequisites

- Track Module 0 – Customer Service (same for Road or Track)
- Track Module 1 – General Principles

### Goals

After successful completion of this module the Level C Track Official will be able to:

1. Understand the types of and differences between time trial events on the track.
2. Understand the role of race referees (starter, laps & bells, assistant starter) at the timed events.
3. Understand the function of the timers and how to achieve a final time.
4. Perform the role of Chief Referee, Starter, or Chief Timer/Judge at timed local track events.

### Criteria for Successful Completion - Experience in each of the following:

5. Demonstrate an understanding of the different disciplines of timed track events.
6. Know the positions of the referees during timed track events.
7. Demonstrate a beginner's proficiency at timing events.
8. Demonstrate an understanding of the exercises in this module.



# TRACK MODULE 3 – TIME TRIALS



The purpose of this document is to show proof that the Regional C Track Official has successfully completed each task required for mastery of the position as required for partial fulfillment for upgrade to Regional B Track Official.

TASK TO BE COMPLETED	Chief Ref / Judge	Date
Perform the role of laps & bells for at least one full category of riders for the following: <input type="checkbox"/> Flying time trial (200M/flying lap) <input type="checkbox"/> 500M/Kilo <input type="checkbox"/> Individual Pursuit (IP) or Team Pursuit	_____	_____
Officiate at an event as an Assistant Starter where at least 3 of the 5 timed events were held one of which is the IP. (Check 3 or more events that apply.) <input type="checkbox"/> Flying time trial (200M/flying lap) <input type="checkbox"/> 500M/Kilo <input type="checkbox"/> Individual Pursuit (IP) <input type="checkbox"/> Team Pursuit <input type="checkbox"/> Team Sprint	_____	_____
Officiate at an event as an Assistant Starter where at least 3 of the 5 timed events were held one of which is the IP. (Check 3 or more events that apply.) <input type="checkbox"/> Flying time trial (200M/flying lap) <input type="checkbox"/> 500M/Kilo <input type="checkbox"/> Individual Pursuit (IP) <input type="checkbox"/> Team Pursuit <input type="checkbox"/> Team Sprint	_____	_____
Officiate at an event as an Assistant Starter where at least 3 of the 5 timed events were held one of which is the IP. (Check 3 or more events that apply.) <input type="checkbox"/> Flying time trial (200M/flying lap) <input type="checkbox"/> 500M/Kilo <input type="checkbox"/> Individual Pursuit (IP) <input type="checkbox"/> Team Pursuit <input type="checkbox"/> Team Sprint	_____	_____
Officiate at an event as a Timer for each of the following for at least one full category of riders. Assist in resolving the final time of the riders and in establishing final order of classification. <input type="checkbox"/> Flying time trial (200M/flying lap) <input type="checkbox"/> 500M/Kilo <input type="checkbox"/> Individual Pursuit (IP) or Team Pursuit <input type="checkbox"/> Team Sprint	_____	_____
	_____	_____
	_____	_____
	_____	_____