



ROAD MODULE 8 – ASSISTANT REFEREE: TIME TRIAL



Purpose

The purpose of this module is to provide the Road Assistant Referee with the necessary information and experience needed for performing the duties of a Time Trial Assistant Referee. The module serves as part of the training necessary for Level C Road Officials for advancement to Level B Road Official.

Required Reading

1. 2013 USA Cycling Rulebook
 - a. **3E.** Individual Time Trial
 - b. **3F.** Team Time Trial
2. USA Cycling Race Officials Manual Part 2: Officiating Road Events
 - a. Chapter 7 Individual Time Trials
 - b. Chapter 10 Team Time Trials

Prerequisites

- Level C Official
- Shadow a time trial assistant referee at least once
- Complete Road Module 8
- Module Pre-Test (see next section)

Goals

After successful completion of this module the Level C Road Official will be able to do the following:

1. Start riders in correct starting order.
2. Make decisions regarding handling late-arriving riders.
3. Successfully deal with gaps in start order.
4. Successfully deal with mechanical problems at the start.

Tasks to be Completed

1. Start at least 50 riders during a time trial.
2. Successfully deal with late-arriving riders.
3. Successfully deal with at least 5 gaps in the starting sequence.
4. Successfully deal with at least 2 mechanical problems in the start vicinity.



Criteria for Successful Completion

1. **Start Riders:** As riders come to the line you should verify their number with your start list. Matching their team name or addressing them by name may also help to double-check to make sure that this rider is next. Every Starter is different, but you should give the rider one or two marks before the five-second countdown, e.g., "20 seconds . . . 10 seconds . . . 5, 4, 3, 2, 1, go."

Early Start: If the rider begins the race before "go" then let the rider go. Note the number of seconds the rider left early.

2. **Late Starts:** Riders who missed their start time are not entitled to a running start. They must report (hopefully through the whips first) to the Starter. You will start the rider at the earliest convenience – usually between riders and with their foot down. Note the rider and that they started. If you are on one-minute intervals, you may be able to have the late rider held, but that is not a priority. They will be eager to get going as soon as possible. It is important not to hinder the riders who did not make this mistake, or send the late rider out at a time when he will immediately interfere with a rider starting on time.
3. **Missing Riders:** If you have been informed or note that a rider is missing there is no need to yell for the rider. Inform the whips you are missing a rider. They will let you know the situation. Have the next rider keep away from the line and take the missing rider's place for the length of the countdown. Call the next rider up after the missing rider's start time has passed. Note the missing rider. Not keeping the same rhythm of starts, even with missing riders, is an easy place to make a mistake.
4. **Report:** After every page of your start sheet you should send it off to the judges so that they may change times if needed. The report will basically note which riders started, did not start, started early, or started late. When this is not easily accomplished (like in a point to point TT), communicating to the judges at the end of each category is crucial.



ROAD MODULE 8 – ASSISTANT REFEREE: TIME TRIAL Pre-Test



Prior to beginning the practical portion of this module, please complete the following pre-test and check your answers in the back of the document.

1. If you are the Starter and a rider shows up at the line wearing a helmet you suspect is not legal, what do you do?
 - (a) Immediately disqualify the rider and recommend them for suspension.
 - (b) Stop the rider ask them what helmet are they wearing. Research the helmet online, and make sure that it's legal.
 - (c) Let them ride, do they even make illegal helmets anymore?
 - (d) Ask the rider to show you the CPSC sticker in his helmet
 - (e) Don't check unless the rider crashes, at which point you should check the helmet once the emergency medical staff removes it.

2. If you are the Starter at a Junior State Championship TT and a rider arrives late and does not go through the pre-race rollout area, what do you do?
 - (a) Allow the rider to start, but disqualify the rider as they finish because they missed roll out.
 - (b) Do not allow the rider to start until they have done roll out. If they miss their start, then they start late. No restart will be allowed.
 - (c) Allow rider to start, but in your directions let the rider know that they must report to roll out immediately afterwards. If rider reports to roll out immediately afterwards, and passes, then no penalty needs to be assessed.
 - (d) Do not allow the rider to start at all. They missed roll out, so they'll be disqualified anyways.
 - (e) Do not allow the rider to start until they have done roll out. Allow rider to start at the end of their group. Inform the judges of the riders new start time.

3. If a rider comes to the line and you note he has an earpiece with a wire going to his pocket, what do you do?
 - (a) Rip the earpiece out of the rider's ear.
 - (b) Inform the rider that any sort of earpiece is not allowed in an event, and ask them to please remove their earpiece.
 - (c) Say and do nothing.
 - (d) Say nothing, but relegate/disqualify rider.
 - (e) Ask them what they're listening to.



ROAD MODULE 8 – ASSISTANT REFEREE: TIME TRIAL Pre-Test



4. You have just started a rider when he goes 5 feet and pulls his wheel over. He asks for a restart. What do you do?
 - (a) Allow the rider to restart at the end of his group. Inform the finish judges of the change as soon as possible.
 - (b) Allow the rider to restart in the next ghost rider position available. Inform the finish judges of the change as soon as possible.
 - (c) Point and laugh at the rider.
 - (d) Offer to help repair his mechanical and restart him once the mechanical has been repaired. Inform finish judges of the change and of any other changes you needed to make to slot the rider in.
 - (e) Inform the rider that unfortunately there are no restarts given, and that they need to fix his mechanical as soon as possible.

5. You note the rider being held has only one cog on the rear wheel and no derailleur. What should you look for?
 - (a) A freewheel
 - (b) A brake on both wheels
 - (c) A brake on just the front wheel
 - (d) A brake on just the rear wheel
 - (e) Aero-bars that meet UCI Bicycle regulations.



ROAD MODULE 8 – ASSISTANT REFEREE: TIME TRIAL Task Completion



The purpose of this document is to show proof that the Level C Road Official has successfully completed each task required for mastery of the position as required for partial fulfillment for upgrade to Level B Road Official.

TASK TO BE COMPLETED	CHIEF REFEREE	DATE
Start at Least 50 Riders		
# of Riders _____	_____	_____
# of Riders _____	_____	_____
# of Riders _____	_____	_____
# of Riders _____	_____	_____
Handle late riders	_____	_____
Handle 5 gaps in starting order	_____	_____
Handle 2 mechanical incidents	_____	_____

When complete, please return to the [National Technical Commission member from your region.](#)



ROAD MODULE 8 – ASSISTANT REFEREE: TIME TRIAL Pre-Test Answer Key



1. If you are the Starter and a rider shows up at the line wearing a helmet you suspect is not legal, what do you do?
 - (d) Ask the rider to provide proof that helmet meets USAC regulations

2. If you are the Starter at a Junior State Championship TT and a rider arrives late and does not go through the pre-race rollout area, what do you do?
 - (c) Allow rider to start, but in your directions let the rider know that they must report to roll out immediately afterwards. If rider reports to roll out immediately afterwards, and passes, then no penalty needs to be assessed.

3. If a rider comes to the line and you note he has an earpiece with a wire going to his pocket, what do you do?
 - (b) Inform the rider that any sort of earpiece is not allowed in an event, and ask them to please remove their earpiece.

4. You have just started a rider when he goes 5 feet and pulls his wheel over. He asks for a restart. What do you do?
 - (e) Inform the rider that unfortunately there are no restarts given, and that they need to fix his mechanical as soon as possible.

5. You note the rider being held has only one cog on the rear wheel and no derailleur. What should you look for?
 - (c) A brake on just the front wheel