



MOUNTAIN BIKE MODULE 6 – DOWNHILL & TIME TRIALS



Purpose

The purpose of this module is to provide the assistant referee with the necessary information and experience needed for performing the duties of a Time Trial/Gravity Events Assistant Referee or Starter. The module serves as part of the training necessary for Level C Officials for advancement to Level A Mountain Bike Official.

Required reading

1. Current *USA Cycling Rulebook*
 - a) 1I. Bicycles
 - b) 1J. Rider's Uniform
 - c) 3E. Time Trial
 - d) 5E Gravity Events
2. *USA Cycling Race Officials Manual Part 4 - Officiating Mountain Bike Events - Chapter 7 Individual Time Trial or Downhill*
3. *UCI Practical Guide for Commissaires in MTB Events – Downhill sections.*

Prerequisites

1. Level C Official
2. Assist a time trial judge (road or mountain bike) at least once
3. Assist a time trial starter (road or mountain bike) at least once
4. Module Pre-Test (see workbook)
5. Course Symbols Test (see workbook)

Goals

After successful completion of this module the Level C Official will demonstrate these abilities:

1. Starting riders in correct starting order.
2. Whipping and staging riders at a timed event
3. Holding riders during a timed event
4. Serving as a course referee or gate judge for an event
5. Dealing with a late arriving rider
6. Correctly managing gaps in the start order
7. Correctly handling a mechanical problem in the start vicinity

Criteria for Successful Completion

1. Understand the three different types of time trial courses
2. Whip and stage riders
3. Start riders. Display an understanding of how to correctly handle early starts, late starts, re-starts, and missing riders.
4. Course referee: Display an understanding of the responsibilities of the turn-around referee or race official assigned elsewhere on the course.



MOUNTAIN BIKE MODULE 6 – DOWNHILL AND TIME TRIALS Task Completion



This document is to exhibit proof that the Level C Mountain Bike Official has successfully completed each task required and demonstrates understanding of the position. These tasks are required to upgrade to Level A Mountain Bike Official.

I. Perform the role of Starter for 4 different categories of riders at two separate events. Road Time Trial experience may be applied to any of these tasks.

1. Category: _____ Event: _____ Chief Referee: _____

CR Signature: _____ Date: _____

2. Category: _____ Event: _____ Chief Referee: _____

CR Signature: _____ Date: _____

3. Category: _____ Event: _____ Chief Referee: _____

CR Signature: _____ Date: _____

4. Category: _____ Event: _____ Chief Referee: _____

CR Signature: _____ Date: _____

II. Handling incidents - Please complete all information.

1. SELECT From List _____ Event Name: _____
 Position: Whip Holder Starter Assistant Referee
 Type of event: Downhill Dual Slalom 4 Cross Super D Other
 Chief Referee name: _____

Signature: _____ Date: _____

2. SELECT From List _____ Event Name: _____
 Position: Whip Holder Starter Assistant Referee
 Type of event: Downhill Dual Slalom 4 Cross Super D Other
 Chief Referee name: _____

Signature: _____ Date: _____

3. SELECT From List _____ Event Name: _____
 Position: Whip Holder Starter Assistant Referee
 Type of event: Downhill Dual Slalom 4 Cross Super D Other
 Chief Referee name: _____

Signature: _____ Date: _____

When completed, return this document to your local administrator officials' coordinator.