



MOUNTAIN BIKE MODULE 3 – ASSISTANT TIMER



Purpose

The purpose of this module is to provide the mountain bike assistant timer with the necessary information and experience needed for timing time trial & Gravity events. The module serves as part of the training necessary for Level C Mountain Bike Officials for advancement to Level A Mountain Bike Official.

Required reading

1. Current *USA Cycling Rulebook*
5E Gravity Events
USA Cycling Officials Manual Part 4 - Scoring and Timing
2. *UCI Practical Guide for Commissaires in MTB Events*

Prerequisites

1. Level C Official
2. Assist a timer at least once

Goals: After successful completion of this module the Level C Official will be able to do the following:

1. Understand the concepts and terminology for timing races, cross country, gravity, and short track events, individual time trials, and team relays.
2. Successfully time an individual time trial in regards to start time, penalties, finishing times, and place.
3. Successfully time a team relay, in regards to start time, penalties, finish time, and place. (Optional)

Tasks to be Completed

1. Module 3 Test (workbook)
2. Time the following events:
 - a. Individual time trial
 - b. Gravity event
 - c. Individual Cross Country
 - d. Short Track

Criteria for Successful Completion: Upon completion, the candidate will be able to successfully demonstrate the ability to accurately time gravity events, time trials, and team relays (optional) indicating the following:

- a. Start time
- b. Penalties
- c. Finish time
- d. Place



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The purpose of this document is to show proof that the Level C Official has successfully completed each task required for mastery of the position as required for partial fulfillment for upgrade to Level A Mountain Bike Official.

TASK TO BE COMPLETED	CHIEF REFEREE	DATE
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If there are no applicable mountain bike gravity events available in the region, corresponding road events (Time Trial) can be substituted.

Time an Individual Time Trial/Gravity event

Time Sheets with Correct Start Time	_____	_____
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Assess Penalties	_____	_____
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Calculate Finish Times	_____	_____
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Provide an order of Finish	_____	_____
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If there are no applicable mountain bike cross country events available in the region, timed stage race road events can be substituted to demonstrate these abilities.

Time an Individual Cross Country Race

Laps	_____	_____
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Gaps Between Different Fields	_____	_____
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Gaps Between Riders	_____	_____
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If there are no applicable mountain bike short track events available in the region, timed stage race criterium events can be substituted to demonstrate these abilities.

Time a Short Track

List and Time of pulled riders	_____	_____
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Gaps Between Riders off the Front and Back	_____	_____
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Finishing Order & Time of Riders	_____	_____
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When completed, return this document to your local administrator officials' coordinator.