



# MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

JULY 2018 • SNOWSHOE, WV

**Updated: 3.16.18**

The 2018 USA Cycling Mountain Bike National Championships will crown national champions in both endurance and gravity mountain bike events. This document contains qualification requirements for both disciplines of events. Please note if a race has multiple categories listed, categories will be racing against each other and not separated out for awards. Scroll down or [click here for qualification requirements for ENDURANCE EVENTS](#). Scroll down or [click here for qualification requirements for GRAVITY EVENTS](#).

\*\*\*Individuals attempting to pre-ride the course prior to the event or scheduled practice day(s) or times, if any, may encounter hazards including incomplete course construction or obstructions. The course may also cross private property. **Athletes pre-riding the course do so entirely at their own risk.**\*\*\*

## USA CYCLING MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS (ENDURANCE EVENTS)

The USA Cycling Mountain Bike National Championships will determine the United States National Champions in the following age classes (category restrictions listed below): Junior 11-16, Junior 17-18, U23, senior/Masters 23-54, Masters 55+ , and Elite/Pro in the following disciplines: cross-country (XC), short-track cross-country (STXC) and singlespeed (SS).

Non-championship races will be offered for category 2 & 3 athletes in the cross-country (XC) discipline.

### DISCIPLINES

Cross-Country (XC)	A mass start competition held on a circuit course comprising forest roads, singletrack, or unpaved dirt or gravel roads.
Short-Track Cross-Country (STXC)	A shortened cross-country style race, designed to be spectator-friendly and easily televised. The course should be 3-4 mins. Per lap. Race times are 10/20 mins + 3 laps.

### CLASSES AND CATEGORIES/QUALIFICATION REQUIREMENTS

#### CROSS-COUNTRY (XC) NATIONAL CHAMPIONSHIP RACES

##### Male

Pro/Elite	Qualification not required
U23 (19-22) - (no category restrictions)	Qualification not required
Junior 11-14 (no category restrictions)	Qualification not required
Junior 15-18 (category 1 & 2)	Qualification not required
Masters 55+ (no category restrictions)	Qualification not required
Senior/Masters 19-54 (category 1 & 2)	Must qualify
Singlespeed	Qualification not required

##### Female

Pro/Elite	Qualification not required
U23 (19-22) (no category restriction)	Qualification not required
Junior (11- 14) (no category restrictions)	Qualification not required
Junior (15-18) (category 1 & 2)	Qualification not required
Masters 50+ (no category restrictions)	Qualification not required
Senior/Masters - 19-49 (category 1 & 2)	Must qualify
Singlespeed	Qualification not required

#### NON-CHAMPIONSHIP CROSS-COUNTRY (XC) (CATEGORY 2 & 3 ONLY)

Qualification not required

**SHORT-TRACK CROSS-COUNTRY (STXC) NATIONAL CHAMPIONSHIP RACES**

Qualification not required

**LICENSING/ CITIZENSHIP/RESIDENCY – REQUIREMENTS**

<b>Licensing</b>	<p><b>National Championships:</b> All riders must have a current USA Cycling annual license, or license from a recognized National Federation, with USA Nationality and in good standing with the issuing federation. Riders competing for national championships must provide a copy of a passport, birth certificate or resident alien card (where appropriate) to verify age and citizenship. This may be done before the race by contacting USA Cycling to confirm age and citizenship information.</p> <p><b>Non-Championships:</b> Riders may have a current and valid annual license from USA Cycling or another recognized federation or purchase a one-day license at race registration.</p>
<b>Citizenship</b>	<p><b>Junior 17-18, U23, Elite:</b> Must be a United States citizen with a USA racing nationality. <b>Juniors 16 and under, Senior/Masters:</b> May be a United States citizen with a USA racing nationality or permanent resident (green card) with a USAC annual license.</p>

**QUALIFICATION PERIOD**

For events with qualification requirements, the qualifying period will begin the first Saturday after the 2017 USA Cycling Mountain Bike National Championships and end the last Sunday before the 2018 USA Cycling Mountain Bike National Championships.

**Qualification Start Date: July 29, 2017****Qualification End Date: July 15, 2018****QUALIFYING EVENTS/QUALIFICATION STANDARDS**

<a href="#">USA Cycling Mountain Bike State or Regional Championship</a>	Top 15 riders in each category and age-group (class)
<a href="#">American Mountain Bike Calendar (AMBC)</a>	Top 15 riders in each category and age-group (class)
<a href="#">Pro Mountain Bike XC Tour (ProXCT)</a>	Top 15 riders in each category and age-group (class)
<a href="#">Defending USA Cycling Mountain Bike National Champions</a>	All defending national champions in XC are automatically qualified to register.
<a href="#">USA Cycling Sanctioned Cross Country (XC) Mountain Bike Events</a>	Riders competing in any three (3) USA Cycling sanctioned cross country (XC) mountain bike events will qualify.

**QUALIFICATION GUIDELINES AND RULES****COMPETITION RACING AGE**

Riders will compete in their respective age-group based on their official racing age determined on December 31, 2018.

**U23 RIDER ELIGIBILITY**

Any racer between the racing ages of 19-22 who wishes to race in the U23 race does not need to qualify for that race. The U23 XC race will take place on the pro course and within the designated UCI projected finish times.

**PRO RIDERS – MASTERS AGE GROUPS**

Pro riders must participate as a Pro/Elite and may not participate in age group championship events

**MASTERS QUALIFYING IN SAME CATEGORY/DIFFERENT AGE-GROUP**

Masters racers qualifying in a younger age group and with the same category are eligible to compete only in their official age group and category at the national championships.

**QUALIFIED RIDER LIST- RACE RESULTS SUBMISSION**

Qualified rider lists will be posted to the USA Cycling event webpage as they are determined. If results are not submitted to USA Cycling and posted on the USA Cycling website, riders will not appear on the qualified rider list. Please contact the race director if results are not posted to [www.usacycling.org](http://www.usacycling.org).

**QUALIFIED RIDER LIST – NOTIFICATION EMAIL**

An email notification of when a rider is qualified will be sent to USA Cycling licensed riders with a current license, an active USA Cycling online membership account, and have opted-in to receive emails from USA Cycling.

**XC AND STXC CALL-UP PROCEDURES**

<b>Racing Class</b>	<b>Total Number &amp; Order of Priority</b>
Pro/Elite	Defending national champion, UCI rankings, ProXCT rankings, USAC rankings
U23 / Juniors 17-18	Defending national champion, UCI rankings, ProXCT rankings, USAC rankings
15-16, 19-54 men/women	Defending national champion, aged-up national champion, previous year podium, + 15: USAC rankings in age group
Juniors 14 and under	Defending national champion, aged-up national champion, previous year podium, + 15: USAC rankings in age group
Masters 55+ men / 50+ women	Defending national champion, aged-up national champion, previous year podium, + 15: USAC rankings in age group

**SINGLE SPEED BIKE RESTRICTIONS**

Singlespeed is any type of bicycle possessing **only one rear cog and one front chain ring**. There is no means of altering the gear

ratio in any way for the duration of the race. "Blocked out" gears are not allowed at the national championships.

#### TEAM RELAY COMPOSITION

Teams of two to four riders will complete a total of four laps on a shortened cross country course. Team make up can be no more than two senior or master male riders, no more than one pro/elite male, and no more than one pro/elite female. If your team has junior riders we will assign a time bonus to equalize the playing field. Time bonuses will be determined once the course has been finalized.

## USA CYCLING MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS (GRAVITY EVENTS)

The USA Cycling Mountain Bike National Championships will determine the United States national champions in the following age classes (category restrictions listed below): Junior 11-16, Junior 17-18, U23, Senior/Masters 19-54, Masters 55+, and Elite/Pro in the following disciplines: downhill (DH), dual slalom (DS) and enduro. Non-championship races will be offered for category 2 & 3 athletes in the downhill (DH) and dual slalom (DS) disciplines.

#### DISCIPLINES

Downhill (DH)	A gravity time trial competition consisting of riders racing one at a time, against the clock, down a trail, jeep road, or fire road, or a combination of all three. Downhill races are generally technically challenging with courses often featuring a combination of high speeds, jumps, drop-offs, and other technical features.
Dual Slalom (DS)	A gated gravity competition where two competitors race head-to-head down two similar, but separate, courses. Following a qualification round, riders race against each other in an elimination format (heats) to determine a winner. Dual slalom courses often feature bermed corners, jumps, and other technical trail features.
Enduro	An extended timed descent or multiple timed descents in single or multiple stages over one or more days.

#### CLASSES AND CATEGORIES QUALIFICATION REQUIREMENTS

##### DOWNHILL (DH) NATIONAL CHAMPIONSHIP RACES

###### Male

Pro	Qualification not required
Junior 11-14 (no category restrictions)	Qualification not required
Junior 15-18 (category 1)	Qualification not required
Masters 55+ (no category restrictions)	Qualification not required
Senior/Masters 19-54 (category 1)	Must qualify

###### Female

Pro	Qualification not required
Junior 11-14 (no category restrictions)	Qualification not required
Junior 15-18 (category 1)	Qualification not required
Masters 50+ (no category restrictions)	Qualification not required
Senior/Masters 19-49 (category 1)	Must qualify

##### NON-CHAMPIONSHIP DOWNHILL (DH) (CATEGORY 2 & 3 ONLY)

Qualification not required

##### CHAMPIONSHIP and NON-CHAMPIONSHIP DUAL SLALOM (DS)

Qualification not required

##### ENDURO NATIONAL CHAMPIONSHIP RACES

Qualification not required

#### CITIZENSHIP/RESIDENCY/LICENSING REQUIREMENTS

Licensing	<p><b>National Championships:</b> All riders must have a current USA Cycling annual license, or license from a recognized National Federation, with USA Nationality and in good standing with the issuing federation. Riders competing for national championships must provide a copy of a passport, birth certificate or resident alien card (where appropriate) to verify age and citizenship. This may be done before the race by contacting USA Cycling to confirm age and citizenship information.</p> <p><b>Non-Championships:</b> Riders may have a current and valid annual license from USA Cycling or another recognized federation or purchase a one-day license at race registration.</p>
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<b>Citizenship</b>	<b>Junior 17-18, U23, Elite:</b> Must be a United States citizen with a USA racing nationality. <b>Juniors 16 and under, Senior/Masters:</b> May be a United States citizen with a USA racing nationality or permanent resident (green card) with a USAC annual license.
<b>QUALIFICATION PERIOD</b>	
The qualifying period will begin the first Saturday after the 2017 USA Cycling Mountain Bike National Championships and end the last Sunday before the 2018 USA Cycling Mountain Bike National Championships.	
<b>Qualification Start Date: July 29, 2017</b>	<b>Qualification End Date: July 15, 2018</b>
<b>QUALIFYING EVENTS</b>	
<a href="#"><u>USA Cycling Mountain Bike State or Regional Championship</u></a>	Top 15 riders in each category and age-group/class
<a href="#"><u>Pro Mountain Bike Gravity Tour (ProGRT)</u></a>	Top 15 riders in each category and age-group/class
<a href="#"><u>Defending USA Cycling Mountain Bike National Champions</u></a>	All defending national champions in DH are automatically qualified to register.
<a href="#"><u>USA Cycling sanctioned Downhill (DH) Mountain Bike Events</u></a>	Riders competing in any three (3) USA Cycling sanctioned downhill (DH) mountain bike events will qualify.
<b>QUALIFICATION GUIDELINES AND RULES</b>	
<b>COMPETITION RACING AGE</b>	
Riders will compete in their respective age-group based on their official racing age determined on December 31, 2018.	
<b>PRO RIDERS – MASTERS AGE GROUPS</b>	
Pro riders must participate as a pro/elite and may not participate in age group championship events.	
<b>MASTERS QUALIFYING IN SAME CATEGORY/DIFFERENT AGE-GROUP</b>	
Masters racers qualifying in a younger age group and within the same category are eligible to compete only in their official age group and category at the national championships.	
<b>QUALIFIED RIDER LIST</b>	
Qualified rider lists will be posted to the USA Cycling event webpage as they are determined. If results are not submitted to USA Cycling and posted on the USA Cycling website, riders will not appear on the qualified rider list. Please contact the race director if results are not posted to <a href="http://www.usacycling.org">www.usacycling.org</a> .	
<b>QUALIFIED RIDER LIST – NOTIFICATION EMAIL</b>	
An email notification of when a rider is qualified will be sent to USA Cycling licensed riders with a current license, an active USA Cycling online membership account, and have opted-in to receive emails from USA Cycling.	
<b>DH SEEDING &amp; FINALS PROCEDURES</b>	
Amateur downhill seeding will consider the returning national champion, aged up national champion and then USA Cycling rankings. For the Elite/Pro events, the returning national champion, UCI rankings, Pro GRT and then USA Cycling rankings will be used for seeding.	
Riders must start their seeding run in order to advance to finals. Finals will be run based on slowest to fastest seeding.	
The rider's race clock starts at his or her assigned start time and will not be adjusted, and no new start time will be assigned. Because of the Racers who miss their assigned start will not be allowed to start their run until the last rider of either their own category or the very end of the competition, depending on available time gaps between categories, this is at the discretion of race management and officials. Decisions regarding this regulation, in cases of force majeure, may be taken by the officials in consultation with the Race Director.	