



# RaceClean™ UPDATE

Dear Member:

I hope you have all had a great start to 2017!

We've moved to quarterly, instead of monthly, RaceClean Updates so it's been a few months since our last communication. We are now well into year two of our revitalized RaceClean program.

We recently published our [2016 RaceClean Year-End Report](#). In it you'll learn about funding sources, testing distribution, and results from last year, to give you a glimpse into how your member surcharges were spent.

We hope to continue refining and improving the RaceClean program year after year! You can help by taking our Anti-doping Committee's survey. The committee, who provides recommendations to USA Cycling, seeks your feedback on whether or not RaceClean is succeeding at deterring doping in your local communities. [Click here to take the survey now.](#)

In closing, many of you knew and raced with [Steve Tilford](#) and are aware of his passion for clean racing. At the request of his family, USA Cycling has created a Steve Tilford Memorial Fund to honor this passion. Donations to the fund will support USA Cycling's anti-doping efforts. [Click here to donate now.](#)

Thanks for reading,

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## APPLYING FOR A THERAPEUTIC USE EXEMPTION

A Therapeutic Use Exemption (TUE) is permission to use a prohibited substance for medical reasons.

To decide if you need a TUE, follow these steps:

- 1) Determine the prohibited status of your medication by searching for it on [GlobalDRO.com](http://GlobalDRO.com)
- 2) Determine [your competition level](#) as either International/ National OR Non-National level.
- 3) Visit the [Determine if you Need a TUE page](#) and follow the directions in Step 3 based on your competition level for the substance in question.