



The Vino Fondo - Saturday May 4th, 2013

The Vino Fondo- Big Shark Bicycle Company, Trailnet and Mount Pleasant Winery are bringing the European cycling tradition of the Grand Fondo cycling experience back to Missouri's hilliest wine country.

The Vino Fondo is a traditional pairing of challenging riding and a tour of some of Missouri's best and oldest vineyards. Experience the same roads and towns visited by the internationally acclaimed Tour of Missouri Professional Cycling Race and challenge yourself to complete one of four formidable routes of the 4th annual Missouri Vino Fondo.

The Vino Fondo is a fully supported, timed ride. Although not a race, all participants will receive two measures of their achievement: overall ride time AND their climbing time over the penultimate beast, the Schleusberg. We are offering four distance options, each tuned to maximize scenery and include as many of the regions "topographic features" as we can find.

The Beneficiary. A portion of the proceeds for the Vino Fondo will be donated to Trailnet. Trailnet is a St. Louis based non-profit organization with a 20-year history of *Promoting Active Living** - a way of life that encourages people to integrate physical activity into their daily routines.

The Rides. We have four different routes. All of these will start and finish at the same point and include the majestic Schlesberg.

- **The Mondo Fondo-** 132 miles, snaking from Augusta, Missouri to Hermann, Missouri and back. With 11,000 feet of climbing the grapes won't be the only thing whining.
- **The Midi Fondo-** 89 miles, 6700 feet of climbing. From Augusta, past Daniel Boone's home, and up and over the historic route of the Missouri State Championship Road Race.
- **The Double Mini-** 56 miles, 5,200 feet of climbing. Shorter. Super Burly. For those looking for a shorter ride with TWO ascents of the Schleusberg Climb.
- **The Mini Fondo-** 28 miles, 2,600 feet of climbing. For those looking for a less intense day with a few challenging climbs.

Rest Stops: Rest stops will be spaced every 15 to 20 miles. Unlike a charity ride or other recreational rides the frequency of each rest stop is less than in a non-competitive event. Riders are encouraged to carry enough nutrition to manage themselves on route. We will make sure that there are several opportunities to take on enough nutrition to manage the day comfortably. Rest stops are located at:

- Washington, Missouri- Riverfront. (out and back, Mondo and Midi)
- New Haven, Missouri (out and back, Mondo and Midi)
- Hermann, Missouri (Mondo only)
- Femme Osage, Missouri (Mondo, Midi, Double Mini, Mini)

Registration:

Pre-registration for the Vino Fondo is \$85 for individuals and \$150 for tandems. Race day registration will be \$100 for individuals and \$165 for tandems. There are no refunds, however ride bibs are transferable. While there is no maximum age limit, participants must be over 13 years of age. There will be a surcharge for Online Registration.

register online @



Each athlete will receive:

- Vino Fondo Bib Number
- Cue Sheets with turn-by-turn directions and map.
- Pre-Race Energy Gels, Bars, Mix and Fruit.
- Vino Fondo Fashion, signature event shirt
- Pre-event Breakfast. Served at the Appellation Cafe from 6:30am-7:30am. Menu will include a breakfast Buffet of cheesy scrambled eggs, sausage patties, hash browns and french toast sticks with maple syrup. Coffee, hot tea and bottled beverages will be available.
- Coffee station in the AM and beverage cooler.
- Rest Stop Support- Gels, Mix, Bars, Fruit, Water, PB and J, Pretzels.
- Mechanical Support and Sag
- Chip Timing
- Post Event Festival and Meal: Lunch buffet will be in the Crush Lounge from 11am-6pm. Menu: Baked Ziti, Vegetarian Stir Fry, Garden Salad and Cookies and Brownies. Yum.
- Stragglers: Riders finishing between 6:00pm and 7:00pm will receive a bagged lunch.

- Note: We will not guarantee support or food after 7:00pm. Sorry.
- Bib Numbers and Registration on Ride Day. Registrations post April 25th may not be provided with Event Shirt, Breakfast and Lunch. Sign up early.

Chip Timing and Start Order

Riders will start in the order of registration. Each rider will be chip timed. We will record rider times at the start, base of the Schleusberg and Summit of the Schleusberg. Chips will be worn on the non-drive side ankle and must be returned post event. (Chip replacement is \$100.)

Route Description:

- **The Mondo Fondo** 132 miles of some of the most beautiful riding in America. This route is punctuated by some of the biggest and baddest climbs we can find. With over 11,000 feet of climbing and taking in many of the King of the Mountains points featured in the Tour of Missouri Professional Cycling Race, the Mondo Fondo route will be similar in difficulty to a true Tour stage. We recommend showing up prepared. This route is as challenging as it is scenic. Visiting some of the great towns of Augusta, Washington, New Haven and Hermann. The return trip to Augusta will feature a rest stop and turn-around at the Hermannoff Winery in Hermann.
- **The Midi Fondo** 89 miles, 6,600 feet of climbing, taking in several of the same KOM points as the Mondo route, this route follows the Mondo route to New Haven Missouri and then finishes back at Mt. Pleasant Winery after summiting the Schleusberg. The last 30 miles incorporates some of the best paved scenic roadways in Missouri.
- **The Double Mini** 56 miles. Back by popular demand. Too long? Too short? Just right! For those looking to shred their legs and stay close to the Mount Pleasant Winery- the double mini is arguably harder than the Midi Fondo. Six giant climbs and two loops of the Mini Fondo. Sadistic? Yes.
- **The Mini Fondo** 28 miles, 2,500 feet of climbing. Unlike many shorter ride options that can dilute the days challenge, this route cuts to the chase and provides each participant with several of the biggest and best climbs in the State. The Midi takes in the same roads and climbs along the historic Missouri State Road Race course and Tour of Missouri.

Event Schedule:

November 1st	12:00 am	Registration Opens	
Sat., May 4th	6:00 am	Pre-registration Pick Up Open	Mount Pleasant Winery
Sat., May 4th	6:30-7:30am	Pre Ride Meal and Ride Supplies	Mount Pleasant Winery
Sat., May 4th	8:00 am	Rider Staging	Augusta, Missouri
Sat., May 4th	8:20 am	Pre-Ride Comments/Instructions	Augusta, Missouri
Sat., May 4th	8:30 am	Start- Vino Fondo	Augusta, Missouri
Sat., May 4th	11:00- 2:00 pm	Mini Fondo and Midi Fondo Buffet	Augusta, Missouri
Sat., May 4th	2:00 pm	Mandatory Sag Cut-Off	Hermann, Missouri
Sat., May 4th	6:00 pm	Mandatory Sag Cut-Off	All routes.
Sat., May 4th	4:00- 7:00pm	Mondotory Post Ride Celebration	Augusta, Missouri

Fondo Categories:

- Men: 18 and Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+
 - Women: 18 and Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+
- Winners of each category receive a bottle of wine from the Mt. Pleasant Winery.

Parking and Direction:

The Ride Start will be at Mount Pleasant Winery. All of the rides will start at the same time. Please note riders will be staged according to distance and sequence of registration. ALL Parking and Pre-Fondo activities will be held on their campus. Adequate, convenient parking and facilities will be on site. From Highway 70 (from the East or West) take Highway 94 west for 20 miles to Augusta and follow signs to the winery.

On the Web: Important Race Day Instructions, Specific Ride Information, Course Alerts and Start and Finish Line Procedure Can be found on www.bigshark.com For More information please email mike@bigshark.com

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