



# 2013 HELLBENDER OMNIUM & MISSOURI STATE CHAMPIONSHIP ROAD RACE CASH PURSE OVER \$3,000



## Welcome!

The Rolla Multisport Club is proud to bring you the 2013 Hellbender Omnium. We are once again using the popular and technical criterium course near downtown Rolla. The road race will be the extended Hellbender loop which will serve this year as the state championship road race.

Both races are part of the Missouri Bicycle Racing Association, 2013 Missouri Best All-Around Rider competition.

**Saturday, June 1, Hellbender Criterium** – This closed course located in the City of Rolla is the same loop as in the past, once again starting and finishing at the high school parking lot. The criterium is held on the same day as Rolla's Summerfest celebration, ensuring a vibrant atmosphere and local spectators. It will be a great day for family and friends who attend with a variety of concessions and activities available in addition to the race itself. Also, there will be an intermission in the criterium schedule during which we will hold four sprint races for young children.

The course is a 0.6 mile counter-clockwise loop; predominately flat to rolling with minor elevation change. Course includes six 90-degree turns, two off camber.

**Sunday, June 2, Hellbender Road Race** - The road course includes the classic Hellbender Loop but for the second time the race will start and finish in Rolla rather than Newburg. The Rolla start/finish adds 15 miles and new hills to the already challenging course. The newer course features a wide, straight run to the finish. Race headquarters will be at [Columbia College](#) (550 Blues Lake Parkway, 37.937564, -91.801672), just down the street from our lodging sponsor, [Baymont Inn & Suites](#) (1801 Martin Springs Drive, 37.939558, -91.803249).

For those unfamiliar, the Hellbender loop is a 35 mile loop on scenic rural roads through the Mark Twain National Forest, traversing the Big and Little Piney River watersheds. It is one of the most scenic and challenging road courses in Missouri.

We would like to acknowledge our sponsors; Brewer Science, Inc., Kiwanis International, Forum Dental and Baymont Inn & Suites. They, along with our many other sponsors and numerous volunteers, have made this race possible.





# 2013 HELLBENDER CRITERIUM

## ROLLA, MISSOURI

### JUNE 1, 2013



**Registration:** USACYCLING.ORG

Online registration period begins May 15, 2012

Online registration closes midnight CST on May 28, 2012

Entry Fee 2013				
Event	Date	Category	Entry fee	
			Online	Race Day
Criterion Only	6/1/13	All	\$40	\$45
Road Race Only	6/2/13	Juniors	\$20	\$25
Road Race Only	6/2/13	All except Juniors	\$40	\$45
Omnium (Crit and Road)	6/1/13 and 6/2/13	All	\$70	\$80

Criterion (6/1/13)							
Category	Start	Time	Places	Field Limit	Payout (\$)		
					1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Men 5	9:00	35 minutes	3	50	medal	medal	medal
Women 3/4	9:45	35 minutes	3	75	medal	medal	medal
Men 4/5	10:30	35 minutes	3	75	30	20	10
Women Pro/1/2	11:15	35 minutes	3	100	50	30	20
Children's Street Sprints	12:00	Sponsored by the Rolla Noon Kiwanis Club During the intermission we will hold four children's sprint races. Details to be released at a later date at <a href="http://rollamultisportclub.org">rollamultisportclub.org</a> .					
Men 3	12:45	50 minutes	3	100	40	20	15
Men Master 40+	1:45	35 minutes	3	100	30	20	10
Man Master 50+	2:30	35 minutes	3	100	30	20	10
Pro/1/2	3:15	60 minutes	3	100	50	30	20

<b>Course</b>	A challenging closed course located near downtown Rolla at the Rolla High School (37.949311, -91.7673391). The course is a 0.6 mile counter-clockwise loop; predominately flat to rolling with minor elevation change. There are six 90-degree turns, two of them off camber. More course information can be found at <a href="http://rollamultisportclub.org/">http://rollamultisportclub.org/</a> .
<b>Directions to Criterion Headquarters</b>	Take I-44 Exit #186 to North Walnut Street. From I-44 eastbound, simply go straight through the stoplight at the top the Exit #186 ramp. From I-44 westbound, turn left off the ramp, cross over I-44, and turn left onto N Walnut at the stoplight. Bear left on N Walnut St to cross the railroad tracks on East 18 <sup>th</sup> Street. Turn right onto Holloway Street. Turn right onto 10 <sup>th</sup> Street at stoplight. Turn left onto Cedar Street immediately after passing Rolla High School. Race Headquarters is in the Rolla High School parking lot on the left. <b>NOTE THAT THE CRITERIUM IS PART OF ROLLA'S SUMMERFEST CELEBRATION. MANY ROADS IN DOWNTOWN ROLLA WILL BE CLOSED ON JUNE 1, SO OTHER APPROACHES TO RACE HEADQUARTERS MAY NOT BE OPEN.</b>
	<ul style="list-style-type: none"> <li>• <b>Race day registration</b> opens at 8:00AM at Race Headquarters and will remain open until 30 min prior to each start.</li> <li>• ALL participants must check-in at the registration table. Participants will be issued their race number at registration.</li> <li>• Entry fee includes USAC insurance and MOBRA fee. Non-licensed riders must purchase a USAC one-day license.</li> <li>• <b>Free post-race showers</b> courtesy of the Rolla Recreation Centre (1200 N. Holloway Street, 37.953061, -91.759368) – drive home clean!</li> <li>• No refunds. There is no rain date. All schedules except date and first race start time are subject to change.</li> <li>• Race is held under USA Cycling Event Permit 2013 - 2206. Only the above listed races are permitted and sanctioned by USA Cycling. No other races or activities at the event are sanctioned by USA Cycling.</li> <li>• Awards ceremony will occur at race headquarters 15min after standings are official for each category. If you are not present for your awards ceremony, prize money will be mailed to you the address you supply at registration but any non-cash prize or medals will be forfeited.</li> <li>• There is a fee of \$20.00 to register for a second criterium registration.</li> </ul>



# 2013 HELLBENDER STATE CHAMPIONSHIP ROAD RACE ROLLA, MISSOURI JUNE 2, 2013



**Registration:** USACYCLING.ORG

Online registration period begins May 15, 2012

Online registration closes midnight CST on May 28, 2012

Entry Fee				
Event	Date	Category	Entry fee	
			Online	Race Day
criterium Only	6/1/13	All	\$40	\$45
Road Race Only	6/2/13	Juniors	\$20	\$25
Road Race Only	6/2/13	All except Juniors	\$40	\$45
Omnium (Crit and Road)	6/1/13 and 6/2/13	All except Juniors	\$70	\$80

Road Race (6/2/13)								
Category	Start	Distance (miles)	Places	Field Limit	Payout			
					1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	
***** WAVE 1 *****								
Men Master 40+, 50+, 60+	9:00	52	3	100	30	20	10	
Men 4/5	9:10	52	3	75	30	20	10	
Men 5	9:20	52	3	50	medal	medal	medal	
Junior Girls (17-18)*	9:30	52	3	50	medal	medal	medal	
Junior Boys (17-18)*	9:30	52	3	50	medal	medal	medal	
***** WAVE 2 *****								
Pro/1/2	11:30	87	3	100	50	30	20	
Men 3	11:40	87	3	100	40	20	15	
Women Pro/1/2	11:45	87	3	100	50	30	20	
Women Master 40+	12:00	52	3	100	30	20	10	
Women 3/4	12:00	52	3	100	medal	medal	medal	
***** REMOTE STARTS – Times Approximate – After Men 5 Come Through *****								
Junior Girls (15-16)**	10:30	24.8	3	50	medal	medal	medal	
Junior Boys (15-16)**	10:30	24.8	3	50	medal	medal	medal	
Junior Girls (13-14)**	11:00	16.5	3	50	medal	medal	medal	
Junior Boys (13-14)**	11:00	16.5	3	50	medal	medal	medal	
Junior Girls (10-12)**	11:15	11.6	3	50	medal	medal	medal	
Junior Boys (10-12)**	11:15	11.6	3	50	medal	medal	medal	

Junior gear restrictions apply. Juniors may be combined as deemed necessary by the USAC officials. \*Juniors (17-18) will start from Race HQ in Rolla and complete one full 52 mile loop. \*\*All other Juniors will use the same finish line and remote starting points: 10-12, P & Mill Creek turn off; 13-14, P & J; 15 – 16, M & J. Allow time to drive from HQ to remote starting line.

<b>Course</b>	The main course is a “lollipop” route proceeding from Rolla to Newburg, then looping through 35 miles of scenic rural highways before returning to Rolla. All courses use the same finish point in Rolla. Single loop, medium course (52 miles): <a href="http://www.mapmyride.com/routes/view/91933347/">http://www.mapmyride.com/routes/view/91933347/</a> Two loop, long course (87 miles): <a href="http://www.mapmyride.com/routes/view/91962361/">http://www.mapmyride.com/routes/view/91962361/</a> Junior Map: “Junior Start Locations” at <a href="http://rollamultisportclub.org/">http://rollamultisportclub.org/</a> 10-12, P & Mill Creek turn off; 13-14, P & J; 15-16, M & J; 17-18, Full Loop More course information can be found at <a href="http://rollamultisportclub.org/">http://rollamultisportclub.org/</a>
<b>Directions to Road Race Headquarters</b>	Take I-44 Exit #184 to I-44 Business Loop East. At round-about, turn right onto Martin Springs Drive and proceed 0.7 miles. Baymont Inn & Suites is at the corner of Martin Spring Drive and Blues Lake Pkwy. Road Race Headquarters is at Columbia College, 0.2 miles south of Baymont on Blues Lake Pkwy. Race finish is 0.2 miles south of HQ at Blues Lake Pkwy and Bridge School Road.

- **Race day registration** opens at 8:00AM at Race Headquarters and will close at 9:45. All participants should be at the start at 10:00.
- ALL participants must check-in at the registration table.
- Entry fee includes USAC insurance and MOBRA fee. Non-licensed riders must purchase a USAC one-day license.
- **Free post-race showers** courtesy of the Rolla Recreation Centre, (1200 N. Holloway Street, 37.953061,-91.759368) – drive home clean!
- No refunds. There is no rain date. All schedules except date and first race start time are subject to change.
- Race is held under USA Cycling Event Permit. Only the above listed races are permitted and sanctioned by USA Cycling.
- A single awards ceremony will occur at race headquarters 15min after standings are official for all categories. At that time, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places will be recognized for each category for the road race and then for the omnium awards. If you are not present for your awards ceremony, prize money will be mailed to you the address you supply at registration but any non-cash prize or medals will be forfeited.



## JUNIORS RACES ARE SUPPORTED BY THE ROLLA OPTIMIST CLUB





2013 HELLBENDER OMNIUM  
ROLLA, MISSOURI  
JUNE 1 & 2, 2013



Omnium Prizes 2013								
Place	Men PRO/1/2	Men 3	Men 4/5	Men 5	Men 40+	Men 50+	Women 1/2	Women 3/4
1	\$150.00	\$100.00	\$80.00	Medal	Medal	Medal	\$150.00	Medal
2	\$130.00	\$85.00	\$55.00	Medal	Medal	Medal	\$130.00	Medal
3	\$110.00	\$70.00	\$35.00	Medal	Medal	Medal	\$110.00	Medal
4	\$90.00	\$50.00	Medal	Medal	Medal	Medal	\$90.00	Medal
5	\$75.00	\$35.00	Medal	Medal	Medal	Medal	\$75.00	Medal
6	\$60.00	Medal	Medal	Medal	Medal	Medal	\$60.00	Medal
7	\$50.00	Medal	Medal	Medal	Medal	Medal	\$50.00	Medal
8	\$45.00	Medal	Medal	Medal	Medal	Medal	\$45.00	Medal
9	\$40.00	Medal	Medal	Medal	Medal	Medal	\$40.00	Medal
10	\$35.00	Medal	Medal	Medal	Medal	Medal	\$35.00	Medal

### Omnium Points:

- Omnium points are earned within a category by overall placing within each stage (criterium stage and road stage) and also by placing in primes. The road race contains King of the Mountain (KOM) points, and the criterium will contain primes that will be announced during the race.
- Riders must compete in the same category in both the criterium and the road race to be eligible for omnium points.
- You must start and complete both races to qualify for omnium points. If you default, crash or are disqualified in one stage and do not start in the next stage you will no longer qualify for the omnium and you will lose your accumulated points. You will qualify for your individual stage placing, should you place.
- In the event of a tie in points, USAC tie-break rules apply and the decision of the USAC officials is final.

### **Criterium** (points 10 deep) 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

- Point bonus to the first three finishers in each race will be 3, 2, and 1.
- Criterium Points Primes
  - Two Primes for Categories: PRO/1/2, Men 3/4
  - One Prime for Categories: Masters 40+ & 50+, Men 4/5, Women 1/2/3, Women-4 and Men 5
  - The Primes are worth 3, 2, and 1 points for the first three riders across the line in the announced point bonus primes in each race.

### **Road Race** (points 10 deep) 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

- **King of the Mountain** line is located 22 miles into the 35 mile loop. This hill is located two miles north on Highway J after corner three (3) at Highways M and J. This point was a KOM hill for Tour of Missouri in 2009.
- The climb is worth 3, 2, and 1 points for the first three riders across the line.
- The line will be marked with a 200M and 1K sign.
- Points will be awarded on every lap for all races.

*The Omnium Points Awards ceremonies will occur at race headquarters after standings are official for each category. The top three places will be recognized. If you are not present for the awards ceremony, prize money will be mailed to the address you supply at registration but any non-cash prizes and medals are forfeited.*

## General Information

<b>Rules and Information</b>	<ul style="list-style-type: none"> <li>• It is the responsibility of the participant to be familiar with the event course and agenda.</li> <li>• Hellbender Omnium is held under USAC permit #2013-2206. All USAC rules apply.</li> <li>• Promoter reserves the right to adjust start time/mileage, cancel/combine events, remove riders from events, and modify prize lists as necessary.</li> <li>• Valid and current USA Cycling license must be presented at check-in. All riders will be required to sign a rider release form.</li> <li>• Racers must successfully complete each stage in order to be eligible for omnium prizes. Riders who do not complete a stage will lose accumulated points.</li> <li>• Please respect property owners by using portable toilets provided. Public urination is subject to a \$50 fine for first offense and disqualification for second offense.</li> <li>• All race numbers provided by promoter must be used. No folding or cutting of numbers allowed.</li> <li>• Centerline rules will be strictly enforced.</li> <li>• The course includes a railroad crossing. In the event of a train crossing during the race, USAC rules apply.</li> </ul>
<b>Lodging</b>	<p>Baymont Inn &amp; Suites(Info: 1801 Martin Springs Drive, Rolla; 573-364-7000) is the official lodging sponsor of Hellbender 2013. The hotel is located down the street from road race headquarters. Take I-44 Exit #184 to Martin Springs Drive (south outer road) and proceed 0.7 miles. Mention Hellbender to receive a special rate.</p> <p><a href="http://www.baymontinns.com/hotels/missouri/rolla/baymont-inn-and-suites-rolla/hotel-overview">http://www.baymontinns.com/hotels/missouri/rolla/baymont-inn-and-suites-rolla/hotel-overview</a></p> <p>The Baymont is filling fast! If they are sold out, there are other hotels on Martin Spring Drive a short walk from road race HQ.</p>
<b>Weather Policy</b>	<ul style="list-style-type: none"> <li>• A safety assessment of the current weather at race time will be determined by the Hellbender staff and USA Cycling Officials. Delay of start will occur as needed until it is safe to resume.</li> <li>• In the event that the weather does not allow the event to start the race will then be shortened or canceled.</li> <li>• Upon the cancellation of the event it will not be rescheduled for that calendar year.</li> <li>• <b>Under no circumstances will refunds be offered due to an event being canceled because of weather.</b></li> </ul>
<b>Results and Protests</b>	<ul style="list-style-type: none"> <li>• Per USAC rules, protests must be made prior to the start of the next stage.</li> <li>• Stage results will be posted as promptly as possible.</li> <li>• All protests regarding results must be filed to the Chief Judge within 15 minutes of the results being posted.</li> <li>• It is the riders' responsibility to check results and bring any issues to the Chief Judge within the protest period.</li> <li>• Final results will be posted at <a href="http://www.usacycling.org">http://www.usacycling.org</a> and <a href="http://www.stlbiking.com/events/2013/hellbender-omnium">http://www.stlbiking.com/events/2013/hellbender-omnium</a></li> </ul>

