



Old Town Bicycle Racing Presents: 2013 Longbranch Senior Road Race State Championships

USA CYCLING PERMIT 2012-1216

Date: June 22nd, 2013

Location: Longbranch, WA. Starting at [Longbranch Improvement Center](#)

Directions: Take I-5 to Tacoma and take the Highway 16 exit to Bremerton. Follow this over the Narrows Bridge for approximately 13 mile and take the Purdy/Hwy 302 exit. The race is 18 miles from this exit. Take Hwy 302 south towards Home. Hwy 302 will veer right...stay left and the road will turn into the Key Peninsula Hwy. Look for bike race signs. Registration and parking will be on your right.

Course Description: The start/finish is at the Longbranch Improvement Center. Course is rolling with one steep ½ mile climb and two gradual ¼ mile climbs.

Cost: \$32.50, day of race or pre-register at BikeReg.com. USAC license required to race. One day license for category 5 men and 4 women is \$10 and available at the race. To race in category 4 races and above you must have an USAC annual license (\$60) which can be purchased at www.usacycling.org only (not for sale at the race). Juniors race for \$26.50.

Pre-Register: Due to field size limits of 75 in each category, we are offering on-line registration this year:
<https://www.bikereg.com/Net/16283>

Prizes: Prizes and Medals 3 deep for each category and Washington State BARR Points. To learn more about BARR points visit the WSBA site: <http://www.wsbaracing.com/BARR> Prizes will be distributed over all categories.

Registration: Registration/parking will be located at the Start/Finish. Registration opens at 7:30 a.m. and closes 15 minutes before your race. Park only at Longbranch Improvement Club. Fire station parking is off limits.

Race Numbers: WSBA numbers are required! Numbers can be purchased at www.wsbaracing.com because numbers won't be for sale at the race. Rental numbers will be available at the race for a \$10 rental fee (of which \$5 is refundable). For out-of-state riders there is no fee to rent a number just a \$5 deposit.

Please use your frame numbers. Jersey number on your right side not on top of your back please.



Fircrest Dental
Stephen B. Kern Dentistry
Tucci and Sons
Dhane Orthodontics, PLLC
SolTerra Systems
Sefnco

Race Schedule:

Time	Category	Distance	Prizes
9:00 AM	Cat 4 Men	44 miles	Medals/Prizes 3 Deep
9:05 AM	Cat 1/2/3 Women (scored separately)	55 miles	Medals/Prizes 3 Deep
9:10 AM	Cat 5 Men	44 miles	Medals/Prizes 3 Deep
9:15 AM	Cat 4 Women	33 miles	Medals/Prizes 3 Deep
1:00 PM	Cat 1/2 Men	77 miles	Medals/Prizes 3 Deep
1:05 PM	Cat 3 Men	66 miles	Medals/Prizes 3 Deep
1:10 PM	Masters 40+ Cat 4/5	44 miles	Medals/Prizes 3 Deep
1:15 PM	Masters 40+ Cat 1/2/3	44 miles	Medals/Prizes 3 Deep

All USAC rules apply. Waivers and helmets are REQUIRED. Promoter reserves the right to cancel/combine races.

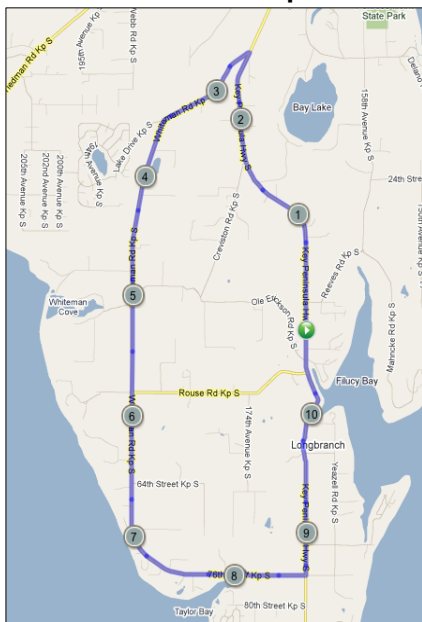
Feed Zone: Top of the hill after the bridge on 76th Street.

Race Hotel: The INN at Gig Harbor. The INN is the official hotel of the race. Complimentary continental breakfast, free parking and WiFi, and free in-room bottled water. 253.858.1111 x107 or www.innatgigharbor.com

Race Director: Matt Swanson at swaneeecycle@aol.com
Race-day phone: 253-359-4241

Warm Ups & Cool Downs: Bring your trainer...do not warm up/cool down on the course.

Course Map

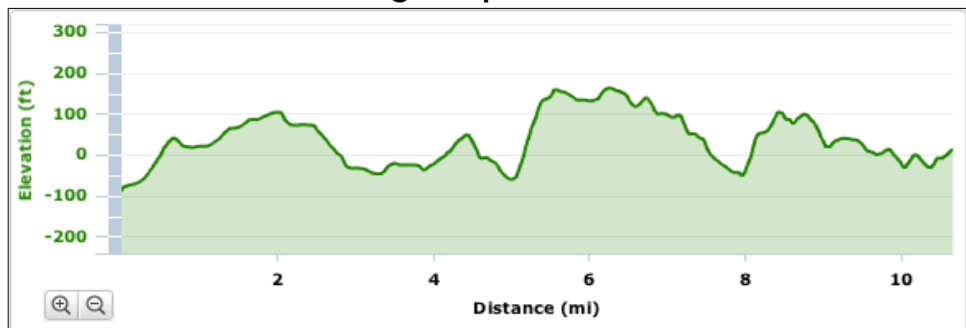


Map from MapMyRide.com

Course Map:

<http://www.mapmyride.com/routes/view/12629754>

Single-Lap Course Profile



Profile from Garminconnect.com

**ALL USAC RULES WILL BE ENFORCED! ALL RIDERS
MUST SIGN A WAIVER! ALL RIDERS MUST
WEAR AN APPROVED HELMET. PERMIT 2012-1216**