



Lost Valley Luau

Sunday March 24th, 2013



USAC Event Permit # 1019

UNITED FEDERATION OF DIRT



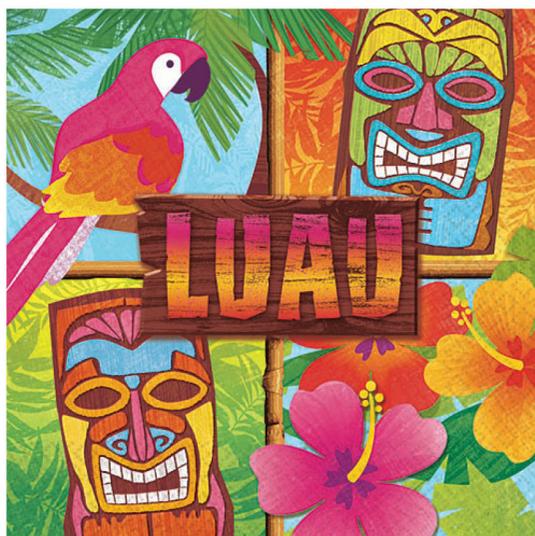
Lost Valley Trail - Weldon Springs, MO

The 411

The name comes from the bootleggers who once made use of the area, getting lost among the numerous hollows. It was also near the site of an ammunition works and uranium processing plant which necessitated the cleanup that lies under the large mound on Hwy. 94. Now, the trail is a 10.5 mile loop with a mixture of double and singletrack punctuated with old homesteads, rock formations, natural springs, and a waterfall crossing. The gravel/doubletrack sections are fairly flat, with the exception of 2 big climbs. The singletrack sections are super flowy and will reward you with great views and better riding.

Trail surface varies from dirt to rock throughout the trail, and drains very well, except in the flats of the lower creek bottom.

From the Highway 40/94 interchange: Take Highway 94 South approximately 1 mile on Right at the Mound.



The Rules

Events are subject to weather. See Weather policy at unitedindirt.com
Annual USAC License required for Cat 1 and Pro only, optional for cat 2 and 3.
Helmets must be worn at all times while on a bike at UFD events
Promoter reserves the right to cancel / combine events and prize lists as necessary
Promoter reserves the right to adjust start times and mileage
Have Fun. This isn't the World Championships. You're outside, enjoy it. Help each other. Look out for each other. Enjoy life. Get dirty. No Whining. No explanation needed.

Start Time/& Fees

Class	Start Time	Payout	Fees
Junior	9:30 AM	Merchandise	\$10
Category 3	9:30 AM	Merchandise	\$25
Marathon	9:30 AM	Cash Payout	\$30
Category 1	11:00 AM	Cash Payout	\$30
Category 2	11:00 AM	Merchandise	\$25
Single Speed	11:00 AM	Merchandise	\$25

\$3 rider Insurance surcharge is included in entry fee.

PRIZE LIST

Cat 1/Pro: CASH. 70% Payout 1/3 Deep
Cash payout to Marathon \$30 entry
Merchandise to top three Cat 2 and Singlespeed
Merchandise to Cat 3 and Junior.

The Classes

CAT 1, 2 & 3----->
Male (19-29)
Male (30-39)
Male (40-49)
Male (50+)
Female
CAT 2 ----->
Male (19-29)
Male (30-39)
Male (40-49)
Male (50+)
Female
CAT 3 ----->
Male (19-29)
Male (30-39)
Male (40-49)
Male (50+)
Female

MARATHON ---->
Male Open
Female Open
JUNIORS ----->
Male (15-18)
Female (15-18)

SCORING: Cross Country (XC) races are scored according to category (Cat 1, 2, 3, Junior) and class (age). Race length is determined by estimating how many laps can be completed in the following time frames:
CAT 1: Estimated race time: 105-120 minutes
CAT 2: Estimated race time: 75-90+ minutes
CAT 3: Estimated race time: 45-60 minutes
Marathon races are scored by the number of completed laps within a 3 hour time frame.

Online registraion at usacycling.org

Web: www.unitedindirt.com / Facebook: United Federation of Dirt / Twitter: www.twitter.com/unitedindirt