Your mouth "talks" to your body…
and your body "talks" to your mouth!

Cavities are caused by a germ that spreads while kissing & sharing food.

—American Academy for Oral Systemic Health

Gum disease increases the risk of **head & neck cancer.**

—American Academy for Oral Systemic Health

Bacteria in your mouth travel to other parts of your body in your bloodstream.

—American Academy for Oral Systemic Health

Diabetes & bleeding gums increases your risk of **premature death** by 400–700 percent.

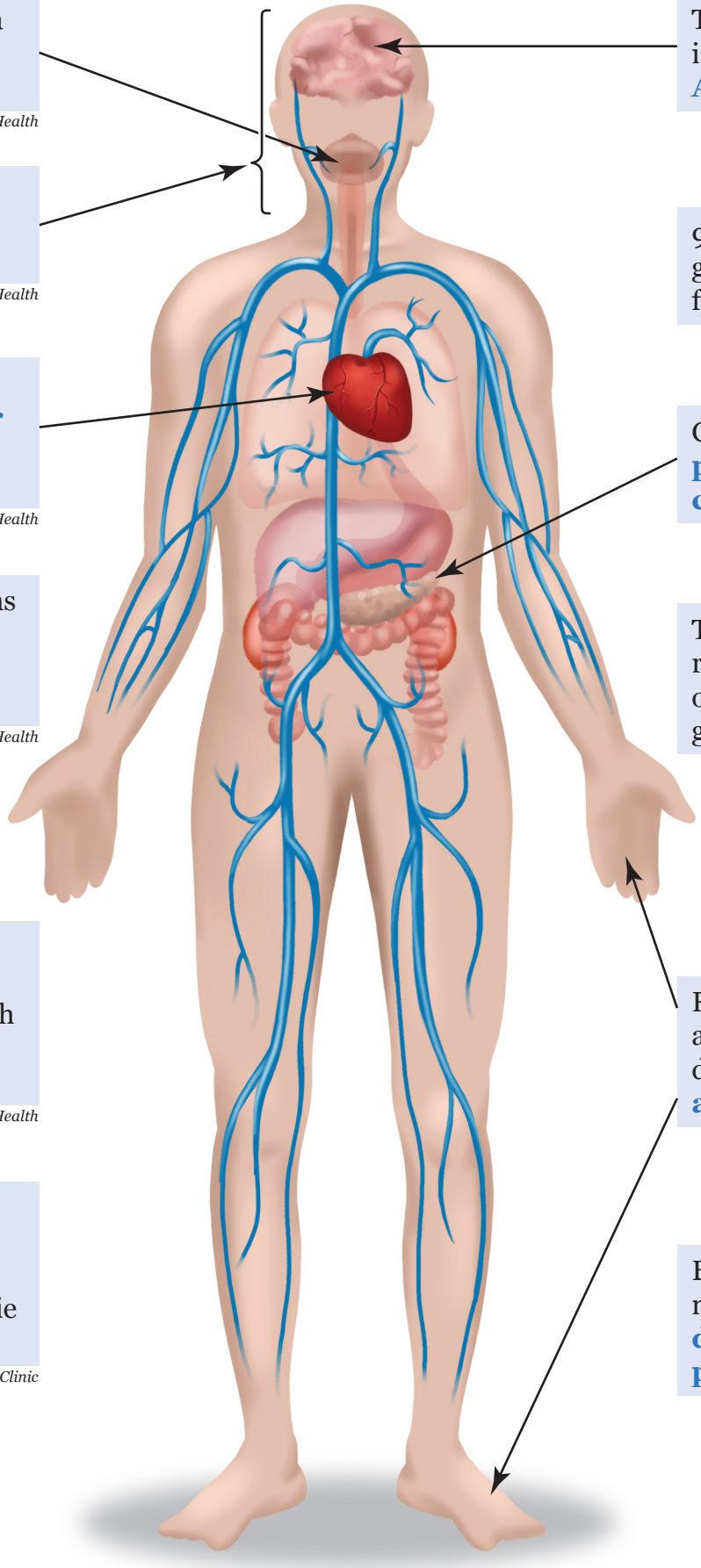
—American Academy for Oral Systemic Health

Pregnant women with gum disease have only 1 in 7 chance of giving birth to a healthy child of normal size.

—American Academy for Oral Systemic Health

People with gum disease are twice as likely to die from **heart disease** & three times as likely to die from **stroke.**

—Mayo Clinic



Tooth loss & gum disease increase the risk of **Alzheimer's** disease.

—Mayo Clinic

93% of people with gum disease are at risk for diabetes.

—American Academy for Oral Systemic Health

Gum disease increases **pancreatic & kidney cancer** risk by 62%.

—Harvard

The Surgeon General reports that at least 80% of American adults have gum disease.

—American Academy for Oral Systemic Health

Research has found as association between gum disease and **rheumatoid arthritis.**

—American Academy of Family Physicians

Bacteria that live in your mouth can cause **heart disease, high blood pressure & stroke.**

—Mayo Clinic

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