

**FLU MYTHS
REVEALED**
HOW TO PROTECT
YOUR FAMILY AGAINST THE FLU AND
OTHER SUPER BUGS

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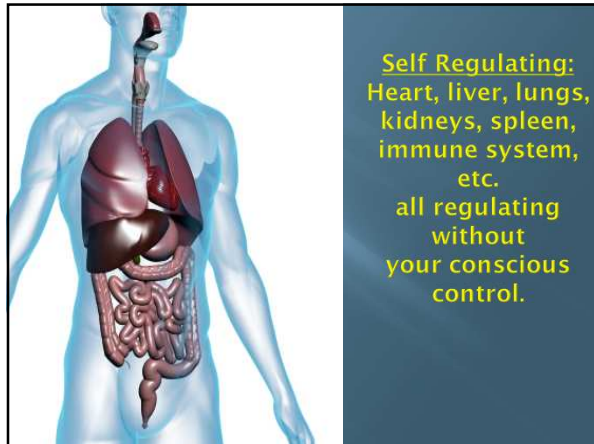
**Chiropractic Is Based On These
Simple Truths...**

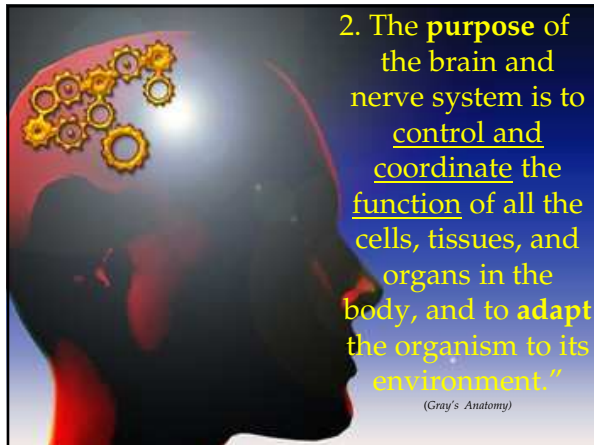
1. The body
is self-healing
and self-regulating.



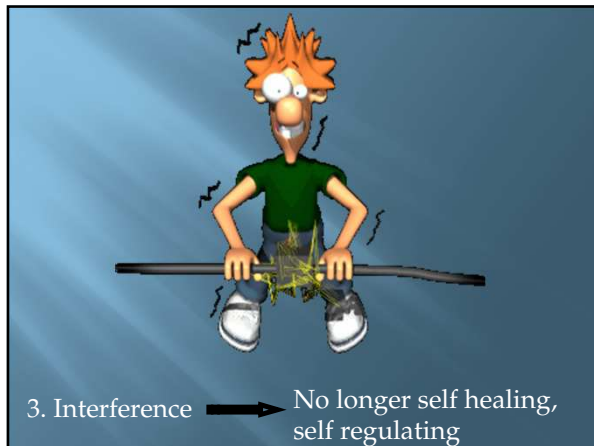
Self Healing:
What happens
when you
cut yourself
Vs.
Cutting a
dead body?



















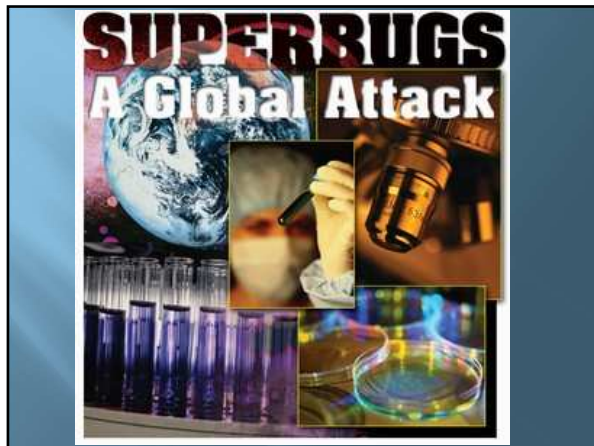


A SUBLUXATION IS:

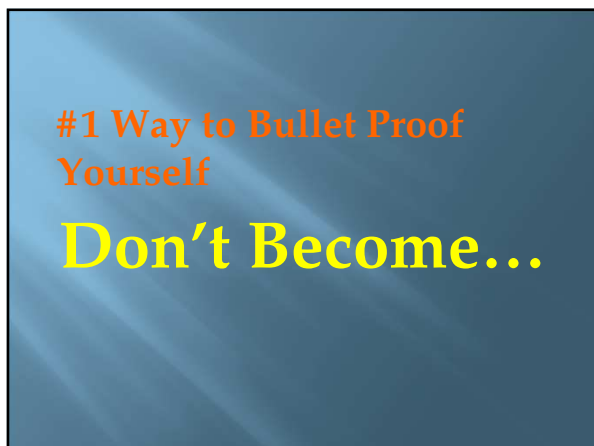
Caused by any stress your body cannot adapt to...

Three Types of NEGATIVE Stress

1. Physical	2. Chemical	3. Emotional
		
		









Flu is deadly

Vaccines are safe

If vaccinated will not get the flu

Can't get flu from shot

Doctors get shots

Pandemics

There is nothing you can do to prevent illnesses

Facts or Myths

Facts or Myths

2012 Flu Season

- ▣ More than 20 children from across the U.S., according to *FOX News*, have died in recent weeks due to flu complications.
- ▣ Many of these children and others **had been vaccinated for the flu**, illustrating its ineffectiveness.
- ▣ Flu vaccines have an effectiveness rate of only about 1.5 percent, according to the *Lancet*. When you take into account possible margins of error and other discrepancies, **the true effectiveness of the flu shot is negligible**, based on all available data.

Older people and 2012 Flu shot

- ▣ The vaccine proved only 9% effective in those 65 and older against the harsh strain of the flu that is predominant this season according to the Centers for Disease Control and Prevention.
- ▣ "Year in and year out, the vaccine is the best protection we have," said CDC flu expert Dr. Joseph Bresee.
- ▣ For those 65 and older, the vaccine was only 27 percent effective against the three strains it is designed to protect against, the worst level in about a decade. It did a particularly poor job against the tough strain that is causing more than three-quarters of the illnesses this year.



70%
Refused
the Flu
Vaccine



In Search
for
The Truth



Vijai Tiwari

According to the Centers for Disease Control and Prevention, between 5 and 20 percent of Americans get the flu each year, leading to 200,000 hospitalizations.

Reported Flu-related deaths vary each year and can range from 3,000 to 49,000.

For last decade reported flu deaths range from a few hundred to a little over a thousand!

Throwing Money Away



**80 Million
Vaccines
Thrown out**

\$1.6 Billion

Shots = \$\$\$

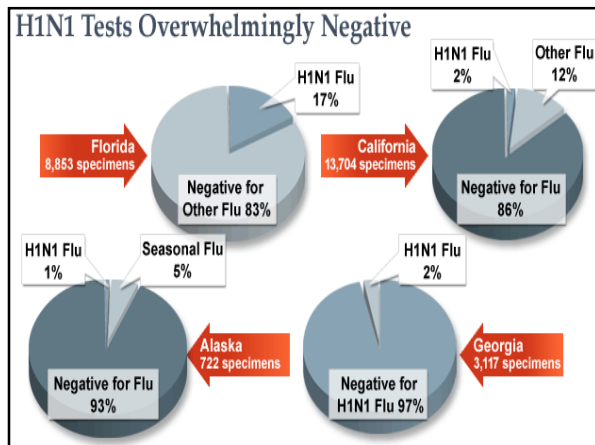
- ▣ Doctors purchase the vaccine at approximately \$10, the profit on these 1,000 patients will range from \$1,000 to \$2,500. Additionally, a vaccine administration fee of \$14 to \$30. This amounts to \$14,000 to \$30,000 for the 1,000 patients.
- ▣ Furthermore, most doctors, do not vaccinate if a patient has not received a well visit in the last 12 months. If 100 patients who call for a flu shot end up scheduling a well visit, that generates an additional \$10,000.
- ▣ Bottom line: \$25K - \$45K for every 1,000 patients



**80% of flu-like symptoms
are not the actual flu**

Flu ≠ influenza

- The cleverest aspect of the influenza marketing strategy surrounds the claim that 'flu' and 'influenza' are the same.
- Few people realize that most 'flu' appears to have nothing to do with influenza.
- Every year, hundreds of thousands of respiratory specimens are tested across the US. On average 16% are found to be influenza positive.



#1 Way to Bullet Proof Yourself

How Effective are Vaccines?





2013 Flu Shots

- ▣ A/California (H1N1)-like virus
- ▣ A/Victoria (H3N2)-like virus
- ▣ B/Wisconsin-like virus

▣ "There is always a possibility of a less than optimal match between the virus strains predicted to circulate and the virus strains that end up causing the most illness," the FDA said.

A close-up of a medical syringe with a needle, containing a blue liquid, likely a vaccine.



New Flu Shots for 2013

- The Food and Drug Administration says it has approved the first seasonal flu vaccine made using animal cell technology, rather than the half-century egg method.
- The new method has been promoted by U.S. health officials **because it is faster** than egg-based production and could speed up manufacturing in the event of a pandemic.



- With cell technology, small amounts of virus are put in fermenting tanks with nutrients and **cells derived from dog kidney**. The virus is then inactivated, purified and put into vaccine vials.

Mad Science???

- To speed up flu vaccine production, the US FDA has approved a new insect-based, genetically engineered flu vaccine.
- Flublok, is produced by programming insect cells to produce hemagglutinin, a flu virus protein essential for entry of the virus into your body's cells. Flublok is "the first trivalent influenza vaccine made using an insect virus (baculovirus). **TESTING???**"



More Mad Science

- According to Reuters, another flu shot, created by Novavax, will use "bits of genetic material grown in caterpillar cells called "virus-like particles" that mimic a flu virus."



How Effective are Vaccines?



Why Do You Get a Shot?????



- Most of the **flu victims** each year are precisely the **same people who took the flu shots.**
- According to the CDC "**flu vaccines stop working** after several months."

- ▣ For every 100 people vaccinated against the winter flu, **99** of them will experience **no difference whatsoever in their flu outcomes.**

- Using the industry's best evidence, flu vaccines are no more than **one percent effective** at actually preventing the flu -- and that's only during the first few months before they "fade out."



- ▣ Three studies suggest that during the 2011-12 flu season, the vaccine provided **modest protection at first, but its effectiveness dropped sharply after 3 or 4 months.**
- ▣ A multicenter study by researchers in eight European countries indicated that **overall vaccine effectiveness (VE) against influenza A/H3N2 in the first months of the season was 38%, but after mid-February it dropped to - 1%.**
- ▣ When is it recommended to get flu shots?

Dr. Oz Backfire

- ▣ Last year, Piers Morgan got the flu vaccine on the Dr. Oz show, "and within 10 days I've been struck down," he now reports. "Don't ever take a flu shot again,"
- ▣ While health agencies deny the possibility of getting the flu from the flu vaccine, **many still do experience flu-like symptoms and/or get ill to some degree or another after getting the vaccine.**



Majority of Children Respond POORLY to Flu Vaccine

- children below the age of 2 years received **no protection at all** from the seasonal flu vaccine.
- 65% of children between the ages of 3 years and 9 years received **no protection** from the vaccine.



2 shots = 2 x poison

Pediatric Flu Deaths Made WORSE by Flu Vaccine



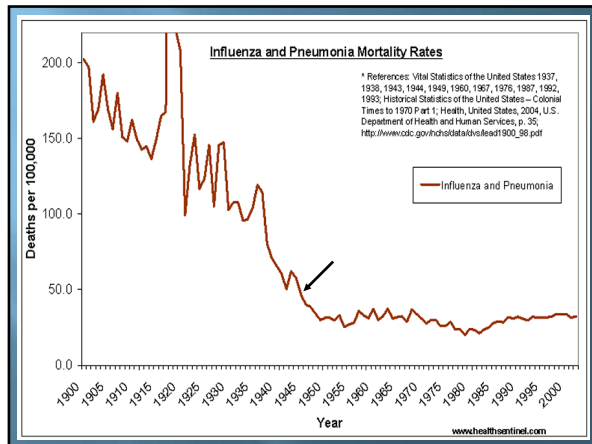
Flu shots don't save lives in elderly

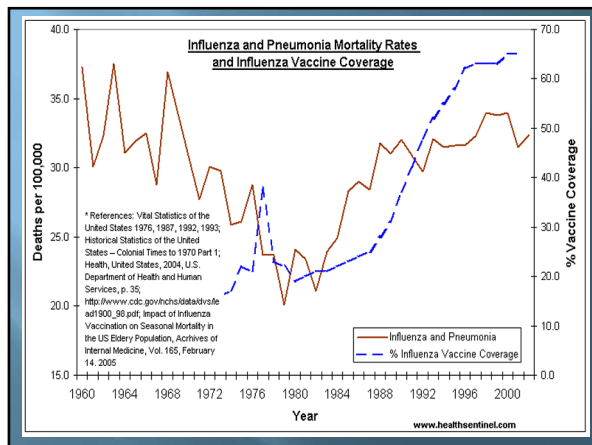
Flu shot has little or no effect

Flu shots don't work well for people over 70



Quadshots
4 x
antigens





YOU FAIL!

The vaccine protected from

zero to 14

percent of study participants.

Cochrane Collaboration

- ❑ "The [Center for Disease Control] is making policy based on weak evidence and it is refusing to answer questions. There is no evidence that coverage can prevent deaths or prevent person-to-person spread of infection."
- ❑ According to these independent research reviewers:
- ❑ "At best, vaccines might be effective against only influenza A and B, which represent about 10 percent of all circulating viruses. In average conditions (partially matching vaccine) 100 people need to be vaccinated to avoid one set of influenza symptoms."
- ❑ Vaccine use did not affect the number of people hospitalized or working days lost but caused one case of Guillian-Barré syndrome (a major neurological condition leading to paralysis) for every one million vaccinations.
- ❑ Fifteen of the 36 trials were funded by vaccine companies and four had no funding declaration. Our results may be an optimistic estimate because company-sponsored influenza vaccines trials tend to produce results favorable to their products and some of the evidence comes from trials carried out in ideal viral circulation and matching conditions and because the harms evidence base is limited."



Tamiflu Makers Sued for Fraud

- ❑ A leading British medical journal is asking the drug maker Roche to release all its data on Tamiflu, claiming there is no evidence the drug can actually stop the flu.
- ❑ Governments should take legal action against Roche to get the money back that was "needlessly" spent on stockpiling Tamiflu.



#1 Way to Bullet Proof Yourself

What are the Risks of Vaccines

Side Effects Worse Than the Disease

- ▣ Recently Several Nations Ban Flu Shots after numerous deaths and neurological disorders
 - Australia
 - More than 1,000 adverse reactions
 - Finland
 - More 750 adverse reactions
 - Sweden
 - United Kingdom



Flu Drugs/Shot banned in Italy & Germany

- ▣ Last winter, Italy's health ministry **banned** the sale of four Novartis flu drugs for possible side-effects. They also suspended deliveries of flu vaccines from Novartis as a preventive measure against possible contamination.
- ▣ German authorities ordered a recall of some batches of Novartis flu vaccine as a precautionary measure after the company reported the appearance of small particles in the manufacturing process.

Flu Jab Causes Narcolepsy

- ▣ A single dose of the 2009-2010 H1N1 flu vaccine licensed in Europe caused some **800+ cases of narcolepsy** in Sweden and other European countries.
- ▣ According to *British Medical Journal*, the swine flu vaccine Pandemrix, which contained an oil in water adjuvant, AS03, resulted in a 10-fold increased risk of the sleep disorder.



Flu Vaccine Causes 5.5 Times More Respiratory Infections

- ▣ The seasonal trivalent flu vaccine results in **5.5 times more incidents of respiratory illness**, according to a study published in *Clinical Infectious Diseases*.
- ▣ While the government in the U.S. continues to resist doing a true study on vaccinated vs. unvaccinated children or adults, stating that such a study would be “unethical”, researchers in Hong Kong have conducted a **true vaccinated vs. unvaccinated study on the influenza vaccine**.

Measles Vaccine Likely Caused Death of Four Infants

- ▣ **Nepal Authorities Suspend Vaccinations**
- ▣ A quick search of the Vaccine Adverse Event Reporting System (VAERS)² for the United States reveal nearly **5,100** vaccine-related deaths have been reported between 1990 and August 2012.
- ▣ 60% of deaths occurred in children under the age of three.

#1 Way to Bullet Proof Yourself

What are in Vaccines???

Known Vaccine Ingredients

- Formaldehyde
- Thimerosal (a mercury preservative)
- Aluminum
- Phenol (carbolic acid)
- Borax (ant killer)
- Ethylene glycol (antifreeze)
- Disinfectant
- Dye
- Acetone (nail polish remover)
- Latex
- MSG
- Glycerol
- Polysorbate 80/20
- Neomycin and Streptomycin (antibiotics)
- Blood or Cells from Monkey, Cow, Chick embryo, Pig, Sheep and Dog.




250 X More
Hazardous
Than Toxic
Waste



Flu Shot Adverse Reactions

"list of flu vaccine reactions as reported in medical journals"

- ▣ Neurological disorders including paralysis
- ▣ Guillain-Barre Syndrome)
- ▣ Meningitis
- ▣ Trigeminal neuralgia
- ▣ Multiple sclerosis
- ▣ Ataxia, Headache
- ▣ Disorientation about places
- ▣ Unconsciousness
- ▣ Bronchitis\Bronchopneumonia
- ▣ Impotence\Infertility
- ▣ Vertigo
- ▣ Death\ Crib Death
- ▣ Ear Infections
- ▣ Allergies, Eczema, Hay Fever
- ▣ Asthma
- ▣ Bowel Problems
- ▣ Autism, ADD, ADHD, Asperger's, Dyslexia, Learning Difficulties




Flu Shot Adverse Reactions

"list of flu vaccine reactions as reported in medical journals"

- ▣ Noises in the ears
- ▣ Collapse
- ▣ Fatigue
- ▣ Lupus
- ▣ Diabetes
- ▣ Arthritis
- ▣ Cancers such as Leukemia, Lung, Brain and Bone Tumors

From the CDC Web Site:
What are the side effects that could occur from getting the flu shot?

- ▣ Soreness, redness, or swelling where the shot was given
- ▣ Fever (low grade)
- ▣ Aches



Mercury linked to Autism



- ▣ One in 3,000
- ▣ Now 1 in 100
- ▣ 80 dosages of vaccines our children receive

Australian Study Reveals Strategic PR Plan

- ▣ 43 percent of all parents that responded to an Australian survey said that at least **one of their children had experienced an adverse event following immunization**. Parents of children who had previous events were more concerned about vaccine safety.
- ▣ Vaccinologists in charge of the US public health system are looking for ways to convince parents, of two things:
 1. When your child suffers a health problem after vaccination, it **really isn't caused by the vaccine**
 2. Certain side effects, some of which may be severe and/or life threatening, are "**normal**". Meaning, they want you to view side effects like convulsion and anaphylaxis as "expected events" rather than "adverse events," which in and of itself would make vaccinations *appear* to be far safer than they are

#1 Way to Bullet Proof Yourself

What About Super Bugs

Pneumonia Shots

- ▣ Pneumonia vaccinations for people over 65 are to be **halted** by the UK government, on the grounds that the injections **do not save lives**.
- Millions of people were injected with the vaccine, which was supposed to offer ten-year protection against an infection that causes pneumonia. But it has had '**no discernible impact**' on rates of pneumococcal disease.



Chickenpox/Shingles Vaccine



In a recent review of the US chickenpox vaccination program published in May in the journal *Vaccine* concluded the vaccine has:

- Not proven to be cost-effective
- Increased the incidence of shingles
- Failed to provide long-term protection from the disease it targets
- Is less effective than the natural immunity that existed in the general population before the vaccine

Antibiotics make fighting flu harder



Drugs hit beneficial bacteria that keep immune system alert

#1 Way to Bullet Proof Yourself

Understand the Effects of vaccines on your Immune System

Who Gets the Flu?

- ▣ Only 1/2 of people infected by flu virus get sick
- ▣ Everyone has an immune response
- ▣ Difference?
 - Symptomatic people: had an antiviral and inflammatory response
 - Asymptomatic people: no inflammatory response but an antioxidant and cell-mediated response

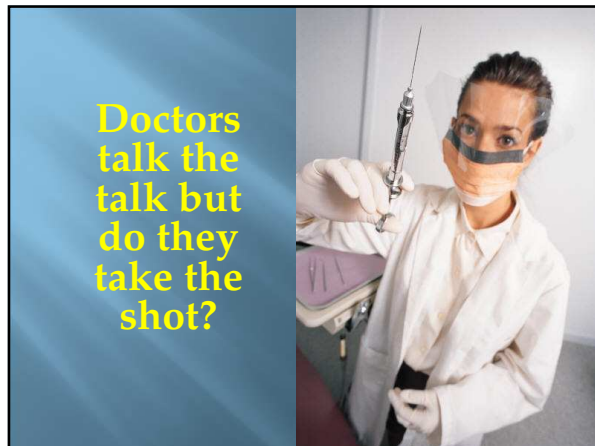


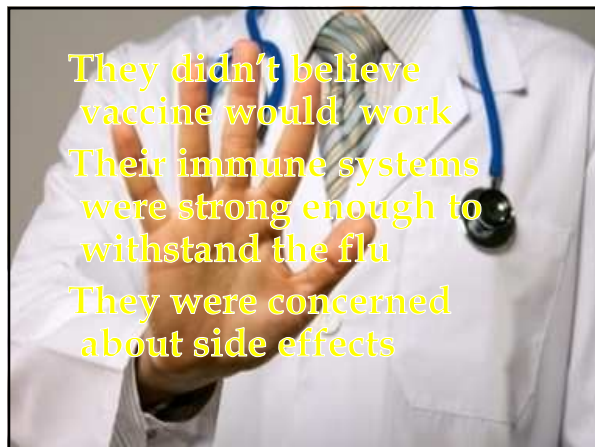
The Real Effects of Vaccines on Your Immune System

- ▣ Components are **neurotoxic and depress your immune and brain function**, such as mercury preservatives and aluminum adjuvants
- ▣ The lab-altered vaccine viruses themselves further **impair your immune response**
- ▣ Foreign **DNA/RNA from animal tissues** wreak havoc in your body and **trigger autoimmunity**
- ▣ Vaccines alter your t-cell function and make you **more susceptible to chronic immune dysfunction and chronic illness**
- ▣ **Vaccines trigger allergies** by introducing large foreign protein molecules into your body that have not been properly broken down by your digestive tract (since they are injected). Your body can respond to these foreign particles in the form of an allergic reaction

#1 Way to Bullet Proof Yourself

Do what your doctor does
NOT what they say







#2 Way to Bullet Proof Yourself

Understand Illness

Why do people get sick?

Why do some people always get sick and others are never ill?

If germs cause illness how do doctors, nurses, and teachers survive?

Why is the flu season only from December to March?

What do we do different during flu season that we don't the rest of the year?









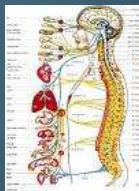


#3 Way to Bullet Proof Yourself

Understand where Health Comes From

Wellness Model

Disease is not the presence of something Evil,
it is the *absence* of something Essential



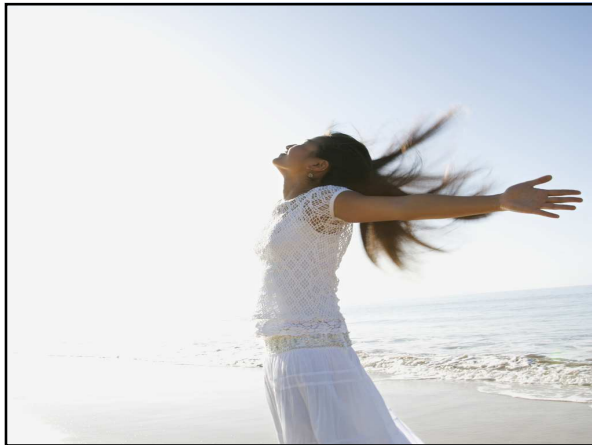
#4 Way to Bullet Proof Yourself

Take Proactive Steps to Improve you Health and Immunity

Natural Ways to Stay Healthy all Year Long

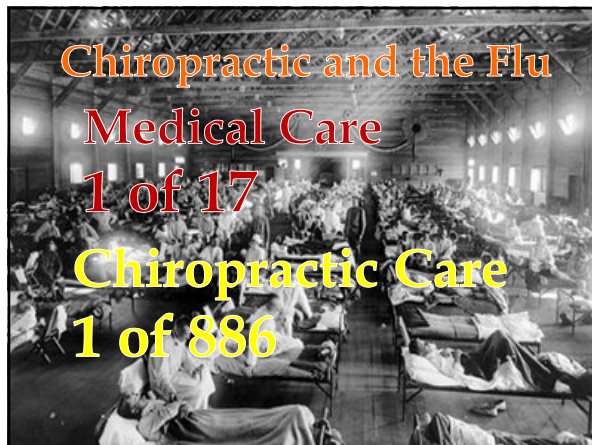
Proven Ways to Strengthen Your Immune System

- Cleanliness
- Improve Diet
 - Vitamin D (sunlight or supplement)
- Increase Activity Level
- Fresh Air
- Get Adequate Sleep
- Reduce Stress and Effects on Health
 - **Chiropractic**











Chiropractic and Immunity

How does Chiropractic increase immunity?

Numerous studies have shown

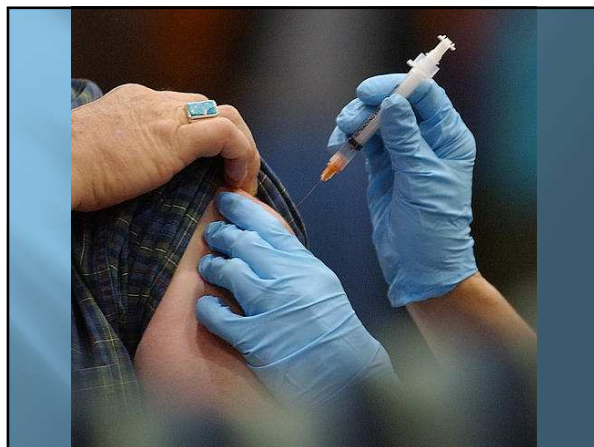
Chiropractic:

- Better coordinate immune response
- Boost T1 immune cell response
- Decrease inflammation
- Increase glutathione levels (free radicals)

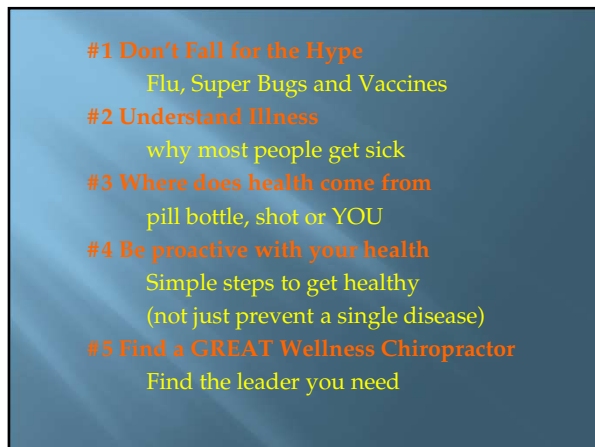



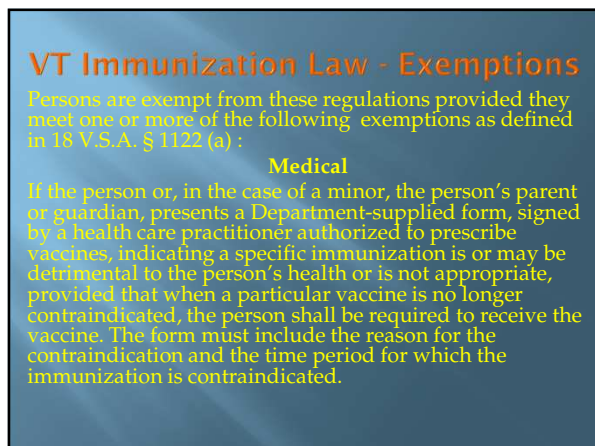












VT Immunization Law - Exemptions

Philosophical

If the person or, in the case of a minor, the person's parent or guardian, annually provides a signed statement to the school or child care facility on a Department-supplied form, indicating that the person, parent, or guardian:

(i) holds religious beliefs or philosophical convictions opposed to immunizations; and

(ii) has reviewed the evidence-based educational material provided by the department of health regarding immunizations, including:

- a) the information about the risks of adverse reactions to immunization;
- b) the information that failure to complete the required vaccination schedule increases risk to the person and others of contracting or carrying a vaccine-preventable infectious disease; and
- c) the information that there are persons with special health needs attending schools and child care facilities who are unable to be vaccinated or who are at heightened risk of contracting a vaccine-preventable communicable disease and for whom such a disease could be life-threatening.
