



## Drum Circle Facilitation 101 with Christine Stevens, MSW, MT-BC

*Each of Christine's lessons has helped me to become a musical instrument and a singer of my own song. -- Bernie Siegel, MC, author Love Medicine and Miracles*

*Christine is a master at building energy and unifying audiences through rhythm. -- T. Harv Eker, Author of #1 NY Times Bestseller Secrets of the Millionaire Mind*

*Christine has such a wonderful presence and ease which makes the information easy to digest and empowering. -- Elizabeth Durrett, MA, MT-BC*

*Christine is brilliant, eloquent, warm, incredibly talented and inspiring. -- Pam Axler, MT-BC*

**Description:** Drumming has become a very popular strategy among music therapists. Yet percussion, world music, and drum circles facilitation are still not core requirements of our studies. In addition, one of the most well attended events at every AMTA national conference is the drum circle.

Drum circle facilitation skills are essential for music therapists. In this course, you will learn from 10 segments on how to start a drum circle, how to set up the circle and prepare, how to use cues, when to use the cues, how to create a natural flow, and more. The course includes live footage from a training. Additionally, you will view video coverage of drum circle facilitation all over the world, working with people with special needs, corporation, and the general public.

Our Drum Circle Facilitation 101 course includes an active forum where you can meet others in the learning community as you evolve throughout the training.

### **Board Certification Domains:**

1. Participants will identify, describe, and share with the forum how to use at least 3 drum circle facilitation cues throughout the course. (BCD IV.A.6)

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2. Based upon the needs of the populations with whom the participant works, the participant will deduce at least one special adaptation of drum circle facilitation and share with the forum. (BCD II.B.5)

**Prerequisites:** Facebook profile is recommended, not required. The course forum is held in a Facebook group. Participants may submit insights via email in lieu of the Facebook forum.

**Instructor Qualifications:** Christine Stevens, MSW, MT-BC, is the author of Music Medicine, The Healing Drum Kit and The Art and Heart of Drum Circles. She is the founder of UpBeat Drum Circles.

**Video Course Format:**

Segment I: Introduction and Getting Started (37 minutes)

Segment 2: Choosing Instruments, setting the space (20 minutes)

Segment 3. Learning top 10 Cues to Conduct the Drum Circle (43 minutes)

Segment 4: Clinical Application (17 minutes)

Segment 5: Honing your skills (20 minutes)

Segment 6: Voice and Guitar in a Drum Circles (14 minutes)

Segment 7: Innovations and Flow (24 minutes)

Segment 8: How to Create the Magic of Empowerment (19 minutes)

Segment 9: Sound Shape Facilitation - BONUS (21 minutes)

Segment 10: Drum Circles in Various Settings - BONUS (15 minutes)

Post Test (20 minutes)

**Number of CMTEs:** 5

**Price:** \$135

**Typical Access Period:** 2 Months

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**CBMT Relationship:** Drum Circle Facilitation 101 is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Sound Health Music, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.

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