Effortless Abundance:
The Missing Pieces to Living An Abundant Life, Effortlessly

How Is This Product Different From Other "Abundance" Products?

In this report, I have attempted to share the "missing pieces" that keep most of us from living a life of *true abundance* - no matter how hard we try to chase success, how many products we buy, or how much information we consume.

Like many people, and maybe even you, I spent a lot of years searching for answers. Hoping that one of those answers and solutions would finally show me how to achieve lasting success, happiness, and true *abundance*.

And, as you can probably imagine, I spent a lot of time, money, and *effort* on studying and applying the various techniques, strategies, ideas, concepts, plans, and formulas that I came across.

Many of them produced *some* results. But, none of them were able to get me what I was really after. And, none of the results lasted for very long. So, I had to keep starting over.

The interesting thing is, during the past 10 years of my search, I felt I was already very happy, and even quite successful. More so than most people.

But something was still missing. I still wasn't experiencing *abundance*. Somehow, for some reason, it just didn't feel right or *complete*. So, I kept on searching.

Whatever solutions or formulas that I came across always seemed incomplete. It seemed like they were all offering bits and pieces of the puzzle. Good, useful pieces, mind you.

But, there were always a few missing pieces. (Oftentimes, more than a few.) The ideas and formulas always seemed to have some gaps, holes or inconsistencies in them. And, I almost always had at least a few unanswered questions. The picture I was being shown was never complete.

So, I kept going. I kept searching, learning, and taking action.

Finally, just a few years ago, it all came together. At last, I figured it out! All the missing pieces were revealed, the gaps and holes were filled. The big revelation happened and, for the very first time in my life, I was able to see the complete picture!

Where the answers came from is not important right now. (I may get into that later.) The important thing is that I had it, at last!
And, even before I started using all the pieces, somehow I knew that it was going to work this time. I knew that I had finally found the answer. (And yes, it did work. It has been working ever since.)

How is this report different from other products out there?

Simple. In this report, I am going to reveal the missing pieces of achieving "effortless abundance"... the process that took me almost 20 years to figure out.

And, I'm sharing it with you so that you too can learn it, put it to use, and start living a life of effortless abundance, starting now.

Who This Report Is For...

The information that I share in this report can work for anyone... whether you're religious, spiritual, atheist, agnostic, scientific, or something else.

Whatever your current beliefs may be right now, you can start to integrate the ideas revealed in this report into your life, starting today.

Some of the pieces can be applied immediately and produce positive results almost immediately.

Others may take a little more time - and practice - to get going. (Wait! But, didn't I promise "effortless" abundance? Yes, I did. And I will explain the "work" or "effort" that may be required in putting this stuff into practice.)

Here a Piece, There a Piece...

There is a lot of information/products out there on the subject of success, wealth, happiness and abundance.

Most of it is useless, as you may have already found out. But there is also some very good, useful and valuable bits and pieces floating around. (Some pieces are much bigger than others. And, a few products even have almost all of the pieces, i.e. almost all of the picture is showing.)

If you've spent at least 5 years searching for answers to happiness, success, and/or abundance, then some of the ideas I mention below may be familiar to you. If that happens to be the case, consider yourself more informed than the average person and keep reading. :-)

The important thing for you to understand is, without all of the pieces, we cannot see the entire picture for what it really is. And, even a few tiny missing pieces can dramatically change our perception - and interpretation - of the final picture, as well as the kind of results you can expect.
Here are some of the pieces of advice that I have learned and applied, over the years:

- Do what you love, and the money and success will follow
- Find and focus on your passions, or "follow your bliss"
- Take massive action! Fail faster. Don't ever stop paddling
- Never give up, keep fighting. Persist, persist, persist!
- Hard work is the key to success. Sheer will power and sweat.
- Use the Law of Attraction. Your thoughts can create things.
- Feel gratitude; be grateful for what you have and it will multiply.
- Realize that the world - and your life - are already filled with abundance.
- Visualize the future as you want it, and it will become real.
- Hypnotize the negative beliefs and habits out of your head
- Use NLP to re-wire your brain. Associate pleasure to money and success.
- Use mind power, psychic influence and energy to create and/or attract your ideal future.
- Use fluffy feelings, affirmations, emotional highs, hope, etc. to make it happen.
- ...and other stuff that I can't remember at the moment.

By the way, the above list only contains the pieces of advice that do work, on some level. (I won't waste your time with all of the other junk that I spent my time, money and effort on.)

And, I'm not knocking or ridiculing any of the stuff listed above. They all have their place in helping one achieve some level of success, wealth, and even happiness.

But, as I've mentioned earlier, all of them (at least in my experience) give us an incomplete picture. Many of them come very close to revealing the entire picture, but still have a few, very important pieces missing.

What I have done is taken the best of the working pieces from the methods and ideas above, and figured out the gaps, holes and missing pieces that can actually get you to experience true abundance.

And so, if you do see some pieces of advice below, that you may have heard before, just bear with me, and read through the entire report anyway... so that you can figure out what the missing pieces are, to making this stuff work.

You will find, as I did, that the whole picture will be much, much greater than the sum of the parts - including the parts that are missing from most of the above methods and ideas.

You will also find that many of the proverbs, sayings and phrases you've heard hundreds of times before will finally begin to make sense to you, fully. You will see them in a new light, and understand them on a new, deeper level.
What is "Effortless Abundance"

Before we attempt to achieve something, it's wise to become clear on exactly what that 'something' is.

So, let's quickly go over just what "effortless abundance" means. That way, we can both be on the same page, from the start...and we'll have a clear idea of where we're trying to go with all this.

Abundance

The dictionary defines abundance as... an ample quantity, profusion, affluence, wealth, relative degree of plentifulness, etc.

My definition of having abundance is to, first and foremost, be happy and content with all areas of your life, including your finances. Next is to have peace... to not live in fear, worry, doubt, nor regret, sadness (at least for most of your day - and life.) And, of course, to never feel lack...to always have enough money, time, and energy for all of your needs to be met.

Abundance is not just about having a lot of money; although, money can be one part of it. (In fact, abundance is the least about money. I'll explain more soon.)

And, it's not about having a big house, fancy cars, or a lavish lifestyle either. Although, once again, those things can all be a part of your abundant life.

The point is, the amount of money you want in your bank account, or the number of material possessions and emotional experiences you can afford varies greatly from person to person, depending on what their current definition of wealth and/or abundance is.

However, I think you'll agree that dollars, possessions and other measurements aside, being happy and content with all areas of your life, having peace of mind, and not living in fear, worry, or a sense of lack pretty much sums up the essence of abundance, doesn't it?

And, that's okay for now. We will clarify that more as we go through the rest of this report.

Effortless

The dictionary defines effortless as… showing or requiring little or no effort.

That sounds about right to me. I mean, if you're sitting on your couch doing nothing, and there's a guy pounding on your door wanting to give you a million dollars, you would have to get up and open the door, in order to get that money, wouldn't you?

And, maybe he would have had to call you on the phone first, to make sure that you'd be home when he came by to deliver the cash. In that case, you would have had to pick up the phone,
answer it, and then arrange a visiting time that would work for both of you, yes?

So, all of the above would require some effort. But, it would be very little effort. And, according to the dictionary - as well as most people, the overall process would be effortless.

Are we agreed on that? Okay, good.

Obviously, the above scenario is not exactly what I'm promising that you will experience. My point is simply that some action will still be required of you. But, most of that action will be quite effortless.

In fact, in this report, I will also show you an easy way to save up a whole lot of your energy, and even start to make most of your current tasks, duties, and jobs effortless.

Unleashing the Flow

In this case, making things effortless would require that you make small changes to allow the flow of abundance to come into your life unhindered, i.e. without interfering with, or restraining the natural flow in any way.

So, if you were to think of abundance itself as a vast, endless ocean, you could then think of a river connecting directly to that ocean... and the flow of that river would represent the abundance that's flowing into your life.

And, this metaphorical river is flowing inward, towards you. In other words, abundance is always flowing in your direction.

But, there's a problem...

You see, the effortlessness with which the river flows abundance into your life depends on how many blockages or obstacles exist in that river.

The blockages/obstacles could be in the form of huge rocks and boulders scattered along the river, fallen trees or logs/branches, and any other debris that somehow ended up in that river (tires, bottles, whatever. I'm sure you can use your imagination.)

So, think of the current state of abundance in your life as that river. Some rivers are cleaner or dirtier than others, obviously.

The point is, if you are not feeling and experiencing effortless abundance in your life right now, it simply means that your river (which is still connected directly to the entire ocean of endless abundance, and is still flowing inward) simply has some obstacles and blockages that are slowing down (or stopping) the abundance from reaching you.
This is nothing personal, by the way. We all have to deal with this. And, as we go through life, a lot of garbage and debris gets thrown into our river of abundance, despite our best intentions and attempts.

The important thing is, we can change that. We can start to clean out that river, so that more and more abundance can flow into your life... with less and less effort, until it reaches the point of effortless flow.

The question that remains for you is...

Is it worth a little bit of your time and effort, to start cleaning out that river so that it becomes permanently clean - once and for all...so that you can finally experience effortless and lasting abundance?

Is your life worth that? Is the life of those you care about worth that? (Because your life, and state of abundance, is already affecting everyone around you...and, will continue to do so.)

Now, please understand that the effort required will be little, especially when compared to the results and benefits you will experience in return.

And, each block that you remove will also create momentum. So, the river itself will start to help you in cleaning itself out more and more.

Also, the more things start to flow in your direction, the more momentum it will gain. And, each additional action that you take to remove a blockage will only make the overall flow - and process - easier as well as more efficient.

You're probably familiar with the phenomenon that those who have money are always the ones that are given more." (Just think of how bank loans are approved, especially these days.)

How are some of these rich folks able to continue getting richer?

And, they don't have to exert much effort, and often none at all. But the money just keeps pouring in...automatically.

What they did was remove the financial blockages from their river, long ago (either purposely or by accident.)

You can do the same. Not just in the financial area but in all areas of your life.

By the way, which particular blocks you choose to remove first is up to you.

Some people like to start by getting the major ones out first. That can require slightly more effort in the beginning, but it can also create bigger shifts in the overall flow of the river. And, that
increased flow can also assist you in removing the other blocks more easily, often without much effort from you at all...since you will be joining in with the force of the river, to get rid of some of the other blocks automatically.

Other people tend to start with the smaller blocks, so they can see some results (even though smaller) almost immediately. And the results can then inspire them to continue clearing out more and more blocks, and experience more and easier flow, while also harnessing the flow power of the river to make their future removals easier.

Whichever approach you decide to choose for the removal of blockages is up to you.

One of the things I would highly recommend is that you start with the block that are closest to the ocean, i.e. the source.

Because that block will impact the flow of the river in the biggest way. As such, it will also start to help you right away, in removing some of the other blocks just from the increased flow of the river.

Of course, as mentioned earlier, you may already be familiar with some of the blockages - and you may even have removed some of them already (or you may be fortunate enough to have never had those blocks in your river at all.)

Everyone is at a different level in their attainment of effortless abundance.

In the end, it doesn't really matter where you are right now. What's important for you to realize is, you can improve your situation with each passing day, as long as you follow the advice in this report and start removing those blockages, one by one.

I've had many friends, and even some clients, make just one simple change in their lives (which I call "effortless action") and experience substantial shifts and improvements starting to happen in their lives.

Imagine what it could do to your life, if you started applying just one of the ideas that I share in this report...

Regaining Wasted Energy & Effort

Another amazing thing that happens when you start aligning with the natural flow of abundance, as touched on earlier in the report, is that you also start to free up an incredible amount of energy from your body, mind, and life.

Most of us don't realize just how much effort and energy we are exerting on a daily basis, just to get through a "normal" day, of doing "normal" things...most of which is spent on rushing,
struggling, worrying, trying to "catch up" to life, regretting, correcting mistakes, putting out fires, and so on.

And, since it is so normal for us to exert so much energy, the boost (recovery) in energy that you may start to experience after removing some blockages will surprise you at first.

You may even think that this sudden burst of extra energy is unnatural. But, in fact, what most of us think of as our "normal" life is what's unnatural.

Our usual way of doing things tends to burn up a lot of energy, without producing much result.

As efficient and productive as we try to make our lives, the way most of us live our lives primarily comes down to things we picked up and/or stumbled upon habitually or randomly. Much of it is simply conditioned patterns and responses that we adopted long ago - often as children and/or as teenagers.

We simply learned from the people around us who most influenced our lives and our thinking: our parents, teachers, peers, friends, relatives, priests/pastors, or any other authority figures.

Most times, even the careers or businesses who have chosen were based on what others advised, suggested, exclaimed, told, or ordered us to do...whether directly or indirectly... whether honestly or for their own personal gain.

The bottom line is, when you change the way you normally do things, you regain a lot of energy...and end up exerting much less effort, to get just as much - or more - accomplished.

What Blocks the Flow

The blockages that need to be removed can come in many different shapes, sizes and forms.

There are mental blocks in the form of our predominant thoughts, conditioning, perceptions, perspectives, beliefs, and so on.

Then, there are the emotional blocks which are primarily in the form of negative emotions, many of which are triggered by the mental blocks listed above.

Next, we have egoic (ego-based) blocks which are simply the "self" trying to protect itself, but going about it in a very primitive, often childish manner.

And finally, there are blocks that affect your awareness, and a much deeper part of you than mental, emotional or ego.

Therefore, the blockage-removing tips - or the "abundance awakening" process - that I'll share in
this report will collectively address all of the above areas of blockage.

That means, some of the tips and advice I share will be more practical and hands-on than others. Some will focus on the mental, emotional, and/or egoic shifts and tweaks.

And, others will go much deeper...targeting the core or essence of who you are.

You may be more comfortable with some areas above than others. That's okay.

We have all been raised with different beliefs and perspectives. Some people are religious, others are not. Some are spiritual, others are not.

So, you can start wherever you want, with whatever you're most comfortable with. And, you can go as deep as you want to go.

However, you should know that in order to achieve maximum benefit from this report, and become fully aligned with the "effortless abundance" flow, you'll want to go as deep as you possibly can, in order to remove as many of the major blockages as you can.

You don't have to rush or force any part of the process. Each person will move forward at a different pace. And, that's just fine. This is not a competition.

Okay...let's start at the beginning...

**The Flaw in the "Abundance Mindset"**

For years, actually decades, I worked on cultivating the abundance mindset. I studied all the books, courses, and teachings...including the list of methods, ideas, and concepts that I shared earlier in this report.

Many of those products, ideas and teachings worked...on some level. I made money, and achieved success, and all of that stuff. But, I never fully experienced "effortless abundance."

See, there seemed to be a flaw in all of the teachings.

At any rate, here's the flaw I discovered in most of the "abundance mindset" teachings out there (at least all of the ones that I had personally gone through)...

Almost all of the abundance products tell us to believe that...

...if you think abundant thoughts, more abundance will flow into your life.
...if you recognize that the world is a place of abundance, you'll experience more of it.
That kind of advice may make sense on many levels. And it may even work on some level, to help you experience more abundance.

However, the major flaw in most of the above strategies/processes is that they all tend to start from a place inside your mind (or heart or soul) that is focused on "wanting" or desiring more.

In other words, you're always starting - and coming - from a place of lack.

So, every time that we start to think abundant thoughts, or remind ourselves of how much abundance is already out there in the world, we always have an unfulfilled wanting in the back of our minds and hearts.

At the core level, the primary message we're sending to ourselves - and to the world, is...

"I don't have abundance yet. And I want it. So, in order to get it, I'm going to think abundant thoughts today."

We are always being driven and inspired by a place inside of us that is dwelling on lack.

This is also one of the major flaws in most of the "Law of Attraction" teachings out there. They tell you what you should be doing. But, they don't explain what the essence of "feeling abundant" is really about.

Therefore, we're never really feeling abundant fully, because we are always partly stuck in the thought and feeling that "we are not abundant yet." That we don't have enough yet...and we are not abundant right now. That we will be abundant - sometime in the future - if we keep thinking, believing and doing this or that.

So, there's always that inner wanting and seeking, and reaching out for more... and, hence, always a sense of lack. (That is why things like "law of attraction," visualization, affirmations, and most of that stuff out there don't produce the desired results for so many people.)

Consequently, everything you do is surrounded by an energy of subtle (or sometimes intense) desperation and reaching out for more abundance...or more whatever. (The object of the desire doesn't really matter.)

It's a very subtle distinction and internal shift that keeps most of us stuck in a life of lack, never having enough, and always wanting more...even if we've been working on "feeling abundant" for many years.

But of course, you have to start somewhere, right? That inner desire to want and have more is probably what motivated you to get this report in the first place. (This may be the very first report on abundance you're getting. Or this may be one out of dozens of other products that you have already bought and used. It doesn't really matter.)
Okay... yes, we do have to start somewhere. And, as I said, it took me several decades to finally figure out what I was supposed to be doing and feeling...not just "knowing" about.

Sure, I knew about a lot of this stuff - on some level - for many years. But, it didn't help me fully. It didn't click till much later. I didn't figure out the missing pieces till just a few years ago.

So, how do we change this? How do we solve this flaw in the "abundance mindset" that we're told to adopt?

We can only do it by bringing about an abundance consciousness.

The Abundance Consciousness

The abundance consciousness doesn't have much to do with your mindset. Actually, it doesn't have much to do with your mind at all. (You'll understand why soon.)

Consciousness goes much deeper than the mind, emotions, or even ego. It arises from your core, and it ripples through your entire being.

So, true abundance can only be experienced right now. Not in the future.

True abundance does not depend on getting something or someone in order to exist. It's always there. You're either connecting with it or you're not.

The very moment that you finally internalize this consciousness, a major shift happens - in everything that you have, know and are. A major blockage gets removed from your river of abundance when you finally embody the concept - the truth - that you don't need anything in order to feel abundance. And you certainly don't need to wait for the future to feel abundant.

It's a radical transformation that can change your whole life.

As far as blockages are concerned, this is it. This is the biggest one, and this is the one that resides in a part of your river that is closest to the ocean itself. It's right up there.

That means, by removing this one major blockage, you can increase the inward flow of abundance into your river in a major way...and...many of the other smaller blockages can get pushed out simply from the increased flow of the river.

In other words, many of the other blockages can get removed effortlessly, without any effort on your part.

So, if you were to ask me what the best place and blockage to start with is, I'd say this is the one.

Because, after you do this one, you will already be abundant. It’ll be done. And, you won’t feel
the need to do anything else in order to have more abundance. You’ll do it simply to align more with the natural flow of life – not because you desire more “stuff.”

(I realize that some of the languaging here sounds a bit new-agey and out there. And, I hope that it will not get in the way of your putting this powerful knowledge to use, and benefiting greatly from it.

I hope that you will put any biases or existing beliefs aside for just a little while, and use this knowledge, in order to create effortless abundance in your life.

It's kind of like learning to float on water. And, the only way to do so is to just relax and let go. And, once you get it, you can't unlearn it. You just keep on floating, without trying, and without any effort.)

Okay...so how do we do it? How do we remove this major blockage?

How do we start to bring about, and cultivate, the abundance consciousness?

**Becoming Aware**

The first step to achieving the abundance consciousness has already happened inside of you... simply by your reading and learning about this stuff.

Awareness is always the first step. And, with awareness alone, the shift can begin to happen inside you.

Because, contrary to what most of us believe, awareness does not come from the mind. It certainly does not come from your emotions. And, most definitely not from your ego.

And, as soon as someone becomes aware of these ideas and concepts that I share here, s/he can already start to "wake up."

Awareness is the beginning of the awakening process. And, it can already start to align you more with the natural flow of abundance. And so, that's the first "effortless" action.

You may already be aware of this. And you may already recognize that abundance is not something you can go out there and grab, pull or force into your life. (The more you force it, the more blockages you create.)

But rather, it's about allowing the already-existing and incoming flow, by removing the obstacles that stand between you and abundance.
Making the Internal Shift

Next... you can start with the little things, and continue to expand the energy by bringing in more and more of this new consciousness into your interaction with people, things, and situations.

It takes a little practice at first, especially since most of us have been conditioned to do things very differently, for so many years.

So...

The next time that you see something that you like...maybe in the window of your favorite store, or just out there somewhere...your first reaction may be to think, "Oooh, I want that!" or "I wish I had that" or "I really wish I could afford that..."

And, that's okay... that's your *conditioned response* which has been replaying in your head for many years.

But, now that you're *aware* of what true abundance and the abundance consciousness really is, you can catch yourself during that automatic reaction of "wanting"...

...and instead realize that...

... you don't *have* to "own" it in order to feel, or at least *acknowledge*, it's existence. There is already an abundance (of cars, mansions, the new clothing item, watch, cell phone, or whatever it is) out there. Many people have it, and many more of those things are being made.

The fact that you don't "own" one right now doesn't mean that an *abundance* of it doesn't *exist* out there.

This desire we have to “own” everything isn’t really our own either! That too is borrowed! We weren’t born with it. We simply stumbled upon the idea somewhere along the way, and learned to make it our own.

Some years back, Warren Buffet, one of the richest men in the world, was asked why he didn’t own a boat, like all the other super wealthy folks did.

His response was, “*Why? What for?*” He then added that if he bought a boat, he would then have to maintain it or even learn how to operate it. And it was just too much work.

He then said some of the most brilliant words, which were, “*I have friends who have boats.*” And, if he wants to ride in a boat, he’ll just borrow from one of them or ride *with* one of them.

So, wanting to “own” everything, or anything, is just our frail ego’s way of feeling better about itself, and about life. It has nothing to do with true abundance.
And, with this practice that I’ve shared above, you can gradually let go of the "wanting"...and the desire to have, and especially the need to "own" stuff. (A lot of that comes from the ego, which we may talk about more, soon.)

The craziest part of all this is, we already know - on some level - that getting or "owning" that new item is not going to really make us happy.

In fact, anything new that you get will only make you happy for a very short while. And, within a few months, weeks or even days, you'll want the next new thing.

Almost all of us who have already gone through the "making money" and "achieving success" game have realized that the "wanting" will not go away after you get what you're after. You will just want more.

Your mind - and your ego - will simply want the next bigger toy, or car or house... to "own" and play with...and especially to show/impress others. (There's that ego, again.) That inner wanting never ends. It never goes away. And it never will. (Not until you start practicing making the internal shift to true abundance consciousness.)

You can look at just about everything that you have right now...things that you bought, acquired, experienced...and you'll realize that you really wanted all of those things, at one point in your life.

But, after you got it, the excitement or fulfillment of those things lasted for a little while... and then slowly (or quickly) fizzled away. And, you moved on to wanting the next thing...or the next goal, or the next challenge. (All of those wants are coming from the same place inside you.)

This is the vicious cycle of "wanting" and "needing to own" that most of us are trapped in. And, it has gone on long enough.

It's time to break the pattern. It's time to rise above it. It's time to evolve and get to connect with true abundance.

Am I saying that you should stop enjoying material things?

No, not at all. You can still enjoy things. In fact, this is about enjoying material things more fully than you ever have before.

Because, part of your attention and enjoyment will no longer be consumed/diverted by attachment, fear of loss, or desire to have more of it sometime in the future.

Your attention will be here...completely...on what's in front of you (in your life) right now.

All of the usual (and useless) emotional noise tends to just drop away. And you enjoy everything
(and everyone) in your life fully...probably for the first time in your life...or after a very long time (since back when you were still a child.)

Fear, attachment, and desire are some of the major culprits/blockages that slow down - or completely stop - the flow of abundance.

So, don't view this as giving up anything. Because you're not. You just letting go of the emotional attachment to those things.

And, that's actually about opening up the abundance flow more, so that more of it can flow into all areas of your life.

Finally, you should know that the only way to get in touch with the essence of true abundance and adopt the abundance consciousness is to do it right now.

You can only do it here and now. You can't wait for it to happen next year, next month, next week, tomorrow, or even in the next hour. It can only be done, touched, and experienced right now - in the present moment.

It's a practice, it's a new habit and perspective that you need to develop.

It's a new way of living.

And yes, a little effort is needed to get it started. But, only because you're not used to being and living this way.

So, it's not so much about effort...it's more about feeling a little uncomfortable or unfamiliar at first. But, that tends to happen anytime you try to learn something new (whether it's riding a bike, learning to type, swimming, or heck, even walking!)

It's normal. And it's definitely worth doing...considering what you are getting back: a life of true abundance...and freedom.

Or you could keep doing things the way you have been doing for years. If that way of life is working for you, then great.

If not, maybe now is the time to try it a different way.

Oh yeah… if the above “abundance consciousness” practice seems too far out of your comfort zone of current belief system, if you honestly don’t feel that you’re ready for this level of release just yet, that's okay.

Nothing that I advise in this report is about forcing something on yourself. (That takes too much effort…and rarely works in a positive way.)
You can simply start with one of the other process (and blockages) that I discuss in the rest of the report.

And, when you feel like you’re ready for this one, just come back for it then. (Of course, I would highly recommend that you start practicing this one – even if in tiny doses – while you work with the other processes shared below.

**Embracing Mortality**

One of the most powerful things you can do in your life is to look mortality right in the eyes, and make peace with it.

You want to fully accept the reality - the undeniable *truth* - that everything and everyone that is in your life right now will eventually die. They will all cease to exist on this planet...or at least in your life.

And then, you have to fully accept and come to terms with your own mortality, and make peace with the undeniable fact that you too will one day die. That could be within the next several decades, years, or it could be tomorrow.

When that happens, all the money that's in your bank account right now, all of your assets and material possessions, all of your successes and accomplishments, honors and praises, titles and social status...will mean nothing. Because you will be dead. And all of that stuff will be forgotten - much sooner than you think.

I'm not telling you this to make you sad or to scare you. Quite the opposite, actually.

When you fully accept your own mortality, and the mortality of all things (and beings) around you, you actually start to *let go* of **fear**.

(Fear is one of the biggest blockages to abundance, by the way.)

Many people who have near-death experiences, who come extremely close to edge of death, and somehow manage to *survive* undergo a radical transformation - either immediately after the experience or in the following days and weeks after the incident.

After the experience, the most important realization that stays with them forever is that they can **die at any moment**, on any given day.

Many of them become completely different people from that day forth. Because they looked death right in the eyes, and lived to tell.

They feel that they have been given a second chance at life. And, they start making every
moment of their "new" life count.

They become more passionate about life, they start taking more chances and risks (because they stop focusing on worry or regret,) they have/develop a zest for life.

In other words, they start living fearlessly. Because they realize that tomorrow is not guaranteed to anyone, so you might as well start living now.

And, somewhere during that process, they stop worrying or even caring about what others think of them, or whether others will view them as rich, successful, attractive, etc. And, oftentimes, they even let go of the need to acquire more things, whether it be more money, a bigger house, a shinier/newer car, or whatever.

The surprising thing is, when they start living that way...without being attached to labels, titles, material possessions, etc., they actually start attracting and experiencing more of those things in their life!

In other words, they start to experience more abundance flowing into their life instead of less.

So, embracing your own mortality - and the mortality of everything and everyone in your life, allows you to let go of fear.

The other thing that happens is, you let go of your attachment to everything as well as everyone. (Attachment is just another form of fear anyway. It's a fear of loss, where you only focus on the fact that you will one day lose what you have right now.)

Letting go of attachment - and fear of loss - does not mean that you would be loving your family and friends any less. Not at all. If anything, you will begin to love and appreciate their presence and existence in your life even more!

And you don't stop enjoying material possessions either. In fact, you start enjoying them more, and you're able to enjoy them more fully than most people out there do.

You realize that today may be all you have. So, you make today - and now - the most important part of your life.

And, once again, a major shift starts to happen in your life the moment you start living in the present moment.

Your sadness, anger and regrets of the past fall away. Your fears, worries and anticipations of the future don't exist any longer.

So, the popular phrase that states "Live everyday as if it were your last" does not have anything to do with living in fear that you may die tomorrow.

Instead, it's about making today the most important thing in your life. It's about living in the
present moment - fully - and enjoying every moment that follows, for the rest of the day.

Then, tomorrow, you would do the same thing all over again. Because it would once again be "today."

The above phrase is also not about rushing to check everything off your list either, being motivated by the thought that you may die tomorrow.

No, it's actually about slowing down. And, again, it's about making the present moment, and the present company your highest priority.

The moment you do that, you remove another major blockage, and you open up the flow once again. You expand energy.

Well, this all sounds great. But, "What about the future?" you may be asking.

What about making plans, and going after your goals and all that stuff that doesn't have to do with today?

Yes... for our practical purposes, we still have to plan for tomorrow, for next week, and maybe even for next year.

But, that doesn't have to consume your entire day...not with the actual planning nor with the thoughts of worry or anticipation about what's going to happen in the future.

You can simply take an hour out of your day to work on "future planning." Work on your calendar or whatever. And, then move on. Get back to right now. Get back to living.

The above realization - and shift - is just one piece of the "effortless abundance" process. It addresses just a few of the emotional blockages that stop the flow of abundance - and of life.

It starts the process for many of us, and gets things flowing more. And the effects start to seep into other things, and other areas.

You will also feel incredibly lighter, stress-free and extremely relaxed, immediately after you go through the "embracing mortality" process (and in fact, any of the blockage-removing steps.) Most of the worries and cares of the world - that would have normally kept you up at night, or consumed your thoughts during the day - tend to just disappear.

**The Futility of Taking "Action"**

You may have noticed that certain pieces of advice come and go in cycles.
For the past several years, it seems that everybody has been talking more and more about the amazing power of taking "massive action."

It's certainly not a new concept. But, more and more people are learning, hearing about, and then regurgitating this information. (The last time that this "massive action" topic was being advocated so much was back in the early 1990's.)

I too was swept away long ago by the idea of taking "massive action" to get massive results. And, I soon became one of those people who had taken massive action to achieve financial success. And, for over 15 years, I too was advising others about taking lots of action, in order to achieve success.

It was an easy mistake to make. After all, how can you argue with phrases like these...

...knowledge is not enough. You must apply it, and take lots of action.
...you accomplish more through movement than meditation.
...to achieve massive success, you must take massive action.
...to succeed faster, you must double your failure rate.

Okay... I'm not saying that the above advice is necessarily wrong.

However, almost all such "take action" advice is certainly incomplete. (As I mentioned earlier, there's a lot of good advice out there. But, almost all of them have at least one or two important pieces missing from them.)

You see, there are actually two main types of action that people take...

1) action that is focused on fixing problems, or...
2) action that is focused on providing or creating solutions

To most people, the problem-fixing action may not seem all that different from the solution-creating one.

Here's another, more popularized view on the subject...

People are motivated into taking action by either inspiration ...or... desperation.

And, again, most of us think that action is action...and we don't care much, nor think twice, about whether it was caused by inspiration or desperation.

However, in reality, the difference between those two types of action is astounding!

Yes, it's true that people who take massive action do see results. Often, massive positive results.
But, most of those results almost never last. And, if they do last, most of them end up creating more (and new) problems for those people. (You may have experienced this happening in your own life, maybe more than once.)

Why is that? Shouldn't taking massive action improve your life instead of create more problems and make life even more complicated than before? Sure, that's what everybody tells us to believe.

But see, as we have learned earlier - in the "abundance consciousness" section of the report, most of us are motivated by our inner "wanting," which stems from a sense of lack inside us.

Consequently, every action that we take in order to bring more abundance into our lives is also primary motivated by - and fully immersed in the energy of - "wanting," desiring, and not having enough yet.

Therefore, most of our action eventually results in some form of problem or dysfunction.

Actions that are motivated by desperation, fear... even anger, revenge, or any other negative emotion... can only result in more dysfunction and problems in the future.

You may have perfectly good intentions behind your actions. But, if they arise out of a negative state of mind and heart, it will only create more problems for you, eventually.

(In some of the "law of attraction" products, they talk about the difference between starting an "anti-war" rally and a "peace" rally. That's a great example of our how our collective minds can keep creating more problems and suffering, even if we have good intentions...simply because we don't realize the importance of the energy and emotions fueling the actions.)

The simplest example of this phenomenon, that we're all familiar with, is when action arises out of anger.

Whenever we have done something while feeling angry, we have regretted our choices and action soon after, if not seconds later.

What we don't realize is that all negative emotions affect all action in the same way.

This is actually a fact of life. But, we don't always see the negative results immediately after taking action. Because, oftentimes, it shows up much later, in some form of a negative situation, person, or experience.

Unfortunately, most of us don't make the connection even then. So, most of us never realize how this stuff works. And, we never know to correct it for our future actions.

You're probably heard of popular phrases like... "Scared money always loses."
Or, maybe you've heard the flip side of it, which is... "The rich get richer." (And the poor get poorer.)

There's a very simple explanation for the above phenomena...

Rich people can usually afford to take their time, to comfortably and carefully analyze every situation (or opportunity) before taking action.

The poor and the desperate usually don't have that luxury. So, they almost always have to start from that awful place of wanting, needing, and an overall sense of lack. And, they are often forced into action out of desperation, and the worry and fear of what could happen if they don't take action immediately.

Consequently, all of their action - from the very first step - is saturated by fear, worry, desperation and a strong sense of lack.

And, each new step that they take is also tainted by the negative energy of the previous step.

Sadly, it's not just the poor and desperate that function this way. This is how most people in the world are - most of the time - when they take action.

The end result is always more dysfunction. And, for most of us, there is no escaping this vicious cycle because we have no idea how this stuff works.

We never realize that every action-step we take, no matter how small, is going to affect the next step that we will take...and each of those will eventually affect where we end up in the future, and what kind of final result we get.

So, most of our actions continue to create more (and new) problems for us - and for everyone around us.

The worst part is, when our actions don't work out - or result in causing more problems in the future, we don't know (and most of us never will know) that the energy/emotion driving and motivation the action is one of the main reasons for the negative results.

The only thing that most of us have learned to do is to look at the actual action-steps, tear them apart, and try to figure out what went wrong.

And, most times, we just keep scratching our heads, wondering what went wrong where.

I'm still somewhat active in the Internet Marketing (IM) community, and I see this phenomenon occurring over and over. It affects almost all newcomers to the IM scene as well as many marketers who have been around for years.
But, this epidemic of "massive action" causing "massive failure" and more problems continues - for most people.

You don't have to be one of those people anymore. You are aware of how this works now, and you can break that cycle.

And, the moment you do, another major blockage from your river of abundance gets pushed away.

Okay... this all sounds great... but what do we do when "bad things" happen that require our immediate attention and action?

Yes, negative situations, problems, or challenges can arise in your life. And, they probably will in the near future.

And, at the moment, most of us are conditioned to simply react in the same way we always have... by experiencing a negative emotion, and then immediately taking action while we're consumed with that negative emotion.

That has been our conditioning up to this point. But, now you know better. And, you are aware of just how powerfully your actions can affect the future outcomes.

So, the new way of doing things...the new way of taking action...is to practice bringing that new awareness into everything you do.

And so, the next time you are faced with a situation that requires taking some form of action, you can use that as an opportunity to practice taking inspired action instead of desperate action.

All it takes is one small moment... to pause, take a quick breath, and then shift yourself internally so that you're coming from a more positive place rather than reacting from a negative place (of anger, fear, frustration, etc.)

We already know that we shouldn't take any action - nor make any decisions while we're feeling angry...and, that we should take a moment - or more...and come back when we're calmer.

Well, that's excellent advice for all situations that initially cause a negative reaction inside you.

You should never take action out of that negative emotional or mental state. And, even during those situations that require immediate action, you can still take a moment to allow yourself to come from a better mental and emotional state.

As, I stated above, this is a practice. You have been doing things one way for most of your life. So, it will take a few attempts before you start doing things the new way. That's normal. And, you know that it's worth doing.
Personally, I still have moments where I slip up, where I'm not able to catch myself before taking action...or while I'm right in the middle of taking action.

*And, when you first start practicing this new way of acting and responding, your ego won't like it very much.*

*Because, the ego loves to create more problems and drama. And, by practicing this new "conscious action" process, you are taking the power away from your ego.*

*So, it will try really hard to sneak into your actions, to jump out screw you up. It won't happen often, or at all. But, if it does happen to you, you will now be aware of that too, because I've tipped you off.*

I know this because I distinctly remember my ego doing this to me.

When I first figured this stuff out and started practicing this, I remember certain situations where I snapped at, or became very defensive toward a few friends - either in person or over the phone... when all they were trying to do was help me resolve a situation or fix a problem.

The ego likes to take everything personally. It loves to be right, to prove others wrong, to become defensive when approached, and lots of other "fun" stuff. (Not!)

Now remember, that here too, you have to take a moment - after you realize that your ego is trying to take control - and take a breath so you can approach even your ego in a non-reactive and negative manner.

It doesn't help matters much if you decide to become angry at your ego - or at yourself - for becoming angry! (That's what you ego would want you to do, by the way.)

So, remember that even when you ego sneaks in there temporarily and messes you up, you don't have to curse yourself (or your ego) for it.

Because that to is okay.

Remember, this is a practice. And, you'll slip up sometimes - especially when you're first starting out with this. (And, your ego may try to mess with you sometimes.)

For me, it doesn't happen very often anymore. That's because, each time that you practice acting *consciously*, you will get better at it. And, pretty soon, almost all of your actions will be inspired by - and surrounded with - the *right* energy, instead of the negative and reactive energy. (And your ego will become quite powerless.)

*But, the really cool thing is, you don't have to wait for a negative situation to arise, in order to practice this new way of taking inspired action.*
You can do this with *every* action that you take. Even with activities that seem to be tedious or boring.

You can pause for a moment before every action, take a breather...or even sleep on it if the situation allows it...and then, act from a better place inside. (Maybe even from a solution-based place instead of a "problem-fixing" or *reactionary* place, if it applies.)

The difference between the two ways of taking action may seem subtle right now, especially when you're first starting out with this practice. But, the outcome that will echo well into the future will be quite substantial.

But, the only way to experience that is to start right now...from the present moment.

And, since this report is about "abundance," I would highly recommend that you practice taking every action from that place within you that is connected to the feeling of abundance... so that you can bring in as much of the abundance *consciousness* into every action that you take.

Then, you will really start to notice and feel things shifting in your life in some pretty amazing ways.

Plus...since this report is specifically about "effortless" abundance, you will also find that taking action in the way that I suggest above will also make most of your actions quite *effortless*.

Because, negative emotions can really cause a lot of struggle and stress inside of you. And, every action that you take while feeling a negative emotion can take a lot more effort than the action would otherwise require.

So, once again, you will free up a lot of wasted energy and effort by doing things in this new way instead of the old, conditioned way.

And, instead of struggling and fighting with life during every action you take, you will allow life to support you. You will start to go with the flow rather than try to swim upstream.

That's the essence of *effortless abundance*.

**Integrating the Consciousness Into Your Daily Life**

As you may already know, the world is already *full* of opportunities, money-making ideas, products, teachers, and investment vehicles, and so on.

But, once again, we run into the same problem... we get bombarded by dozens of ideas, opportunities, product offers, investment advice, etc. etc.
And we have been conditioned to desperately chase them… one after another…
With the abundance consciousness, you can let go of all of those ideas, offers, and thoughts that are cluttering your mind…and blinding you from recognizing opportunities that are right for you.

The only way to do that is to start using the processes discussed earlier in this report, and to focus mainly on removing the major blockages… one by one. (I’ll tell you how, shortly.)

When you do that, you stop the endless “chasing” of stuff that are out there… and you open up the path for the right ones to come to you.

Then, just be aware of what’s going on around you. Don’t try to force things to happen. Don’t try to pull them or chase after them. Don’t even hope for things to happen, or even wonder when they will come in.

Remember, you have to start cultivating the abundance consciousness first. And when you do, you won’t have any interest in chasing things (or people) down anyway. They will start coming to you… only if they are a right fit for where you are in your life right now.

This also means that the things, situations, and people that are not right for you will start to drift away. (Don’t try to force those things into staying either. That’s just creating more attachment.)

Okay… all of this may sound great “in theory”… but how do you put it into practice right now?

When I first started sharing this with other people, one of my friends had just gone through an extremely nasty divorce.

He had lost his wife, who he was still “in love” with, and strongly attached to… he was losing more and more time-share with his two beautiful daughters (both under the ages of 5)… and he was losing almost all the money he had worked hard to save, for the past 7+ years.

It’s not easy to try to listen to – let alone use - this “magical thinking” sounding advice… even if it’s coming from a long-time friend of yours. Believe me, I understand that. And, I did my best to see things from where he was standing at that moment in his life.

So, the blockage that I advised him to start with was the “inspired action” process.

I told him to start his day, every morning, by becoming aware of the fact that his “reactive” actions – toward his wife, the divorce lawyers, and towards all the things that seemed chaotic in his life – was only going to create more chaos and dysfunction for him.

So, that’s where he started. (And, today he is an entirely different, much happier person.)

Remember, again, that this is a practice. It’s a new way of looking at things, and also a new way of living and being. So, it may seem uncomfortable at first, just like any new change does.
Where can you start?

That’s entirely up to you. However, here are a few suggestions…

You can start by focusing on – and practicing - one “blockage removal” process per day…

For example, you can start today with the “abundance consciousness” practice. And just become aware of gently bringing that into your life – for the entire day.

Then, tomorrow, you could spend all day on the “inspired action” process. And, the next day, you could focus on embracing mortality.

Remember… awareness is the first step. This is not about forcing yourself to change. It’s more about allowing this new consciousness to flow through you.

You’re simply clearing that river of abundance so that more and more can keep flowing into your life. But, you’re not doing it in the hopes that things will flow in, because hope is simply another attachment to the outcome.

You’re simply changing the way you perceive the world – and how you actually live in it. That is all. Let the rest of it fall into place – or flow into place - on its own.

Remember, the key phrase in all of this is effortless abundance.

Where Does It All End...

So… I don’t know where it all ends. My guess is that this (life on earth) will end when we die. (I know, very perceptive of me, huh?)

When will that happen?

Again… don’t know. And, don’t care. I’ve got more important things to focus on… which mainly involves living. ;-) 

So, where am I now, in my life? How am I living? How has (finally) figuring this stuff out changed my life?

Well, I work less, that's for sure. In fact, most of it doesn't even feel like work, especially since I do the projects of my own choosing - and I put time into them when I'm most inspired to do them. (I take inspired action as much as possible.)

And, I don't do the projects because I have to anymore. I create and work on projects that inspire me or seem fun to put together.
I don't even try to sell too hard. I've spent many years of my life studying (and using) marketing and business strategies. So, I'm sure some of that will still seep into my offers, sales page, and maybe even my products, occasionally... at least in the near future.

But, for the most part, I create products just to share my ideas (through my products) if I feel I have something worth sharing.

And, if one of them ends up helping someone see things differently, that's cool.

Most of my recent products don't even have my name on it, even though I feel they represent some of my best work to date.

And, that's fine by me. If it's reaching the people that are searching for it, it's all good. I don't have to be the one to get credit nor praise for the knowledge that my products share. Nor do I have the desire for praise, name recognition, or to impress anyone, anymore.

There are a few small things that I'm still doing for other people...either to help them, or because it's a mutually-beneficial arrangement. But, that probably accounts for less than 5 percent of my average week. And, I'm fine with that.

And, what about that pesky inner wanting for more money, more success, more stuff, or even more/new experiences?

That stuff is non-existent. Sure, little bits of it still pop up once in a while. But, it happens mostly for very little, everyday things.

I’ve sold off a lot of my assets, including houses and many other expensive “stuff” that was just sitting around most of the time, anyway. Someone who really needs that stuff can put it to better use.

I’ve done the same with many of my business interests (which, once again, got rid of a lot of the ‘work’ and ‘headaches’ that came along with ‘em.)

I can't even remember the last time I went out and actually made a big purchase... well, for something over $500, that is. ;)

And… I'm still happier, more passionate about life, and more at peace than I have ever been.

I'm just enjoying what flows in automatically. Quite simple, and quite effortless. (And, I feel I'm enjoying everything in my life a lot more than before.)

And, yes, more and more abundance seems to be flowing in all the time. From the strangest sources, too. (And, when I do want or need something that didn’t automatically flow in, I go out and get it. Simple, really.)
And, that's cool, and always fun to watch when those synchronous shifts happen. I feel it's only going to get better. (Is that even possible?? I don't know. And, it doesn't matter.)

That's what I consider to be true abundance.

How is this life different from the life I used to live and experience?

Well, the old life wasn't much different from what most people were doing.

I mean, sure, if you'd like to go the "massive action" route, you can.

Try it out if you like. Work hard, strain yourself, outsmart your competition, learn the best persuasion and sales strategies, and get to where you will feel successful.

And, after you get there, if you still don't feel that you're truly living in abundance, especially 'effortless abundance,' then you're welcome to come back to this report, and start doing things in this new way.

The world is a place of choices, my friend. Feel free to make - or change - yours at any time. :-)

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Recommended Resources

**How to Become an Advanced Early Riser**
Become an advanced early riser and gain an extra 45.5 days per year to work on your dreams, and goals in life.

**Mind Alchemy**
In this 20 module course you can finally discover what you want in life and take action to get you there quicker than you thought possible.

**TheReAwakening.net**
Live your life to the fullest and really make a difference with the power of guided meditation.

**Law of Attraction Series**
Discover the real truth about the law of attraction with this set of 30 ebooks.

**Time Leverage Series**
A set of 5 ebooks to help you get off your backside and finally take action to live the life you want.

**IsoMind**
Discover the sound technology that has the ability to improve your cognitive abilities within 9 days.

**Manifestation Intelligence**
At Last! A Step By Step Guide With Real Manifestation Secrets That Actually Work: Using The Laws Of Mind!