

Quick Marriage Turn Around

M O D U L E



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Review of the Quick Marriage Turn Around Module

Review

Let's begin by reviewing what you just learned and implemented.

The table below is a summary of the learnings in this module.

Take a minute or two and mentally check those items you have accomplished.

Yes	What I accomplished
	I have assessed the physical safety in my relationship.
	I have thought about the emotional safety in my relationship.
	I can identify 3 major fears that contribute to distance and mistrust in my relationship.
	I am able to use the Beginners Charging Neutral Tool.
	I can identify moments when the marriage was painful.
	I can identify my feelings and emotions at that time.
	I can identify my thinking at that time.
	I know what I typically do when the marriage is bad.
	I understand what it means that Charging Neutral is an oxymoron.
	I understand the major characteristics of Charging Neutral.
	I understand why Charging Neutral gets temporary results.
	I am aware of times when I pursue in the relationship.
	I understand the reasons why pursuing does not work.
	I am able to stop pursuing.

Quick Change

You have just entered a new world.

You have committed to giving your relationship or marriage the best shot at healing itself and moving to new depths of acceptance, calm and love.

The purpose of this module is to offer Tools that quickly get results and provide relief.

Charging neutral and stop pursuing have proven over and over again in my private and coaching practices to be iron clad Tools to turn your marriage around.

Change, and often drastic change, takes place in 85% of relationships.

I hope you were part of that 85%.

If so, you have a good start and will benefit greatly from the Intensive Marriage Modules, your next step.

No Change

If you experienced little or no change; if you were unable to illicit a different response from your spouse, don't panic.

I estimate that 15% do not get the hoped for results.

Charging neutral or stop pursuing is successful when your spouse has an emotional investment in your relationship. Please understand there may be an emotional investment if not obvious to you. (Anger and hostility, for example, indicate a huge emotional investment.)

So, charging neutral and stop pursuing may be an indicator of the level of emotional investment of your spouse.

But, please be careful.

Consider this:

1 The emotional investment may appear to be transferred to another person as in the case of an affair. But, keep in mind, this transfer of investment may be temporary. And, affairs have nothing to do with legitimate emotional connection but with personal need systems or unresolved coping patterns.

2 Your spouse may be terribly stuck in their hostility or fear. The hostility and/or fear may be so deeply engrained and appear so frequently that they, at this point at least, cannot remove themselves from their pain.

3 A step further: your spouse may be incapable of emotionally connecting. Also be careful here. I have encountered very very few people who are this emotionally detached. Beneath the exterior may exist a highly emotional person. You will need more help in determining the level of disconnect.

4 Finally, the relationship may truly be over. At some level, your spouse has decided to move away and move on. There may be no turning back. This is good to know. It becomes a turning point at which you prepare to resolve and complete the relationship giving the freedom to love again.

Consider This...

Many find personal coaching to accelerate the healing and keep on track.

I will provide a safe place for you (and perhaps your partner.) You will have an environment to be fearlessly YOU. This safe place will invite you to experience calm, peace, validation and personal confidence.

I will help you formulate words and phrases (in new, fresh and non confrontational ways) to share with your partner that bring about resolution and reconnection without ultimatums, drama or wimping out.

...and, much more, depending where you are in the change and healing process.

Right now, check out my packages at www.break-free-from-the-affair.com/coach.htm

Please Do This For Me

I am thrilled you are completing this Module. It is critical for me that you learn, that you get results and that you find relief.

I want to know how helpful the Module was for you.

Please take a couple minutes to fill out his short survey.

Go to: <https://www.surveymonkey.com/r/D3C58Z6>

What's Next

I'll say it again: the Quick Marriage Turn Around Module is just the beginning. It's purpose is to get results and find relief.

But, the good results will be temporary.

It is guaranteed the old feelings and old patterns will reassert themselves. (And, I explain the reasons for this in the "Intensive Marriage Building Modules.)

Upgrade, if you haven't already, to the Intensive Marriage Building Modules, to find a wealth of information and Tools.

Learn how to live by the 3 LOVE LAWS that bring the Love your heart truly desires.

Click here for more information and to Upgrade:

<http://www.saveamarriageforever.com/member-sp-up-intensive-127/>

It's been my pleasure working with you.

Let's continue.

Wishing you the best,

Bob

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