

THE PRESENTERS

Richard A. Sherman received his doctorate in psychobiology from New York University in 1973. He has over 30 years experience teaching and performing research and clinical work in behavioral medicine and related fields. Richard has taught at all levels of adult education, including undergraduate, graduate and medical residency. He has also developed and taught continuing education courses for clinical professionals in both on-site and distance-based formats.

Richard is best known for his work on elucidating mechanisms and treatments for phantom limb pain, temporal relationships between changes in muscle tension and pain, and environmental studies on mechanisms and behavioral treatments for urinary incontinence. He has written numerous articles on these subjects as well as authoring and co-authoring several books. His most recent book is Pain Assessment and Intervention From a Psychophysiological Perspective, AAPB, 2004.

Numerous private foundations, for-profit organizations, Dept. of Veterans Affairs, Dept. of Defense, and the National Institutes of Health have supported his research. He currently directs the Behavioral Medicine Research and Training Foundation (which provides distance-based courses in BF, A & P, pain, etc.) and is Dean of the Clinical Psychophysiology Doctoral Program at the University of Natural Medicine.

Richard is past President of the Association for Applied Psychophysiology and Biofeedback, has been on the AAPB's Board of Directors twice, and has chaired its research and program committees.

Linda Kendall has a Masters Degree in Education from NC State University and is currently in private practice as a Licensed Professional Counselor with Integrated Health Care, Raleigh, North Carolina. She is also a National Certified Information Consultation & Referral Specialist—Aging Services. Linda has been a facilitator of “Caregiver” and “Grief” Support Groups for the past 10 years within the Raleigh/Durham/Chapel Hill area.

She provides psychotherapy for adults, adolescents, couples, caregivers and older adults. Within the scope of her practice, she also offers Senior/Caregiver Consultation Services to identify current needs and resources and to make plans for future needs. She also provides counseling for the emotional needs of the caregiver.

Linda has been employed and deeply involved with resources for seniors on the Council on Aging of Wake County and the Cary Senior Center as the Western Wake Service Coordinator.

Elizabeth Stroebel received her Masters Degree in Educational Psychology and her PhD from the University of London. She is internationally recognized for her innovative work in stress management and biofeedback with children and adolescents as it relates to family, academics, and pain management of chronic and terminal illness.

She was a classroom teacher for 18 years concurrent with a university position. From the classroom, she pursued an

education in applied psychophysiology and biofeedback and obtained her BCIA-C. Allied with physicians, she began the first Stress Medicine Educational Programs for children and adolescents in Connecticut, which became a model for clinical work in the USA and abroad.

She authored the Kiddie Quieting Reflex: A Choice for Children and QR for Adolescents—translations of complex physiology of the mind/body connection into children's language, which is based on the adult QR work of physician and scientist, Charles F. Stroebel, MD, PhD.

While in London, she worked in private practice with Professor L. Rees, MD, past president of the British Medical Association. Elizabeth was a consultant for the Encyclopedia of Complementary Medicine, (Darling, Kindersley, 1997). She was also the senior editor on the Walt Disney Educational Film, “Expectations: Story of Stress.” Elizabeth also collaborated with Elizabeth Kubler-Ross, MD, on Children and Death (Simon & Schuster), as well as consulted with many educators and healthcare providers. By invitation, she has given over 900 presentations to parents, educators, and professional societies internationally.

Currently in private practice in the USA, she is a contributor to Springer textbook Biofeedback and Children (Vienna, 2006) and The Biofeedback Winter Issue (2006) “Teaching Children to Self-Regulate”. Presently she is revising “QR for Adolescents” and producing “KQR in Hospital Settings and After”, Fall 2006 (Kiddie QR for chronic pain and life threatening illness in children).

Elizabeth is an active member of the AAPB and Co-Chair of the Education Division. She is a member of the Biofeedback Society of Florida and other professional organizations.

Georgia Miles has been working in the mental health field for 20 years. She has a Masters Degree in Clinical Psychology and is a Licensed Professional Counselor in NC. She currently works with Benfield & Podger in Hickory, NC, and uses Cognitive Therapy, Neurofeedback, and Resonance Repatterning to help Traumatic Brain Injury clients.

She is a Certified Brain Injury Specialist and a Certified Practitioner and Teacher of Resonance Repatterning, which is a process for identifying and shifting unconscious limiting patterns that underlie our problems and keep people from making progress. This process allows clients (and the practitioners) to quickly make positive changes in their lives.

Gary Thiry received his degree from Loma Linda University in California and has over 31 years experience as a Licensed Physical Therapist. He has been in private practice for over 15 years.

He is a Certified Instructor for the Primal Reflex Release Technique (PRRT) and Pneumex Programs. PRRT is the latest technique for rapidly reducing pain through gentle tapping and tissue manipulation, which calms the reflexes. Through his expertise as a physical therapist, he has recently developed a successful golf performance enhancement program.

Peder Fagerholm holds a Bachelor of Science in Industrial Arts Education from Stout State University in Wisconsin and a Masters in Education/Guidance and Counseling from the University of Southern California. He obtained an EdS in Adult Education Program Management and a PhD in Vocational Leadership from Georgia State University.

He has retired from both IBM and the US Navy. During his 32-year tour of duty with the US Navy, he qualified as a Surface Warfare Officer aboard the USS CHICAGO (CG-11) and served as an Electronics Technician, Staff Electronics Warfare Officer, Training Officer, Collateral Duties Instructor, and Senior Officer Leadership instructor. Peder was an Account Customer Engineer for IBM Field Engineering, then a Staff Instructor and Staff Course Developer for IBM Service Education.

Presently he teaches college courses, i.e., human-computer interface, aviation psychology, human factors, psychology, sociology, and personality development for the Atlanta Extended Campus of Embry-Riddle Aeronautical University. Peder also teaches various education courses and classroom technology at Central Michigan University.

In private practice, he uses applied psychophysiology (neurofeedback and biofeedback) to help children and adults with attention difficulties, brain injuries, migraines, stress-related illnesses, strokes, etc. His staff development and team building seminars are based on personality type and learning style instruments. He uses those same skills as a staff member at Anchor Point Counseling Center and New Mind Neurofeedback Center.

Betty Wolfe holds a Masters Degree in Divinity Counseling and is a BCIA-C Senior Fellow. She has almost 30 years of clinical experience in biofeedback and stress regulation. She currently works in a private practice in Durham, NC, treating children, adolescents and adults with biofeedback-assisted technology utilizing EMG, HRV, skin temperature, and skin conductance biofeedback modalities.

In November 2006, Betty will complete a four-year training course in **The Feldenkrais Method®** of teaching and learning through movement. Betty offers public **Awareness Through Movement®** classes and will offer private classes in Functional Integration in the fall of 2006.

Richard Soutar is presently the Director of Neurofeedback Services for Synapse Neurofeedback Center in Atlanta, Georgia. Synapse integrates medical, psychological, and neurofeedback services for the surrounding community. In addition to developing the Neurofeedback Professional Center in Phoenix, Dr. Soutar served as adjunct professor at Arizona State University and the Maricopa County Community College System for over half a decade where he taught psychology and sociology. He was also co-director of neuropsychological and neurofeedback services for Health South Rehabilitation Hospital in Glendale Arizona.

Dr. Soutar co-authored a book [MindFitness Training: Neurofeedback and The Process](#) with the neurofeedback pioneer Adam Crane and authored one of the first textbooks for the field entitled [Doing Neurofeedback](#). He recently published a new book entitled the [Automatic Self](#) on the topic of brainwave training and transformation.

He received his PhD in Social Psychology from Oklahoma State University. His Masters Degree, which focused on Family Systems and Addictions, was from the University of Arkansas as was his Bachelors Degree in Psychology. He received his initial training in alpha-theta neurofeedback at the Arkansas Recovery Group in 1993.

Since that initial training, Dr. Soutar has worked with professional athletes, trainers, managers, medical practitioners, as well as psychologists to assist them in successfully achieving their performance goals. In addition, he trains medical doctors, counselors, and professional psychologists in neurofeedback and related technologies and holds regular workshops internationally for other professionals in his field in areas of human transformation technologies, neurofeedback, and audiovisual entrainment. Dr. Soutar is also the author of the only comprehensive web course for neurofeedback training that is BCIA certified for didactic hours.