

The Wolff Couple's **7 Steps to Role Control**

Name _____ Date _____

1. **Role Identification** – Identify Role to Accept or Reject, Need for Role

2. **Role Definition** – Create Clear Vision, Complete “*Role Definition Chart*”

3. **Role Acceptance & Commitment** – Embrace the Role, Sign R.D.C.

4. **Schedule** Time Frames – Anticipate Appointments/Opportunities for Role

5. **Inhabit Role** – “Click Into” and Focus on Role when Needed

6. **Immerse in Role** – Go Further into Role for Peak Performance

7. **Heed “Role Governor Me”** – When It’s Time, Pass Control to Next Role

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