

# Athlete's Foot & Nail Fungus REGIMEN



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1. Once a day, dilute **All Stop™ Medicated Body Wash** 4 oz to a gallon of very warm water and soak your feet for about 20 minutes. For more severe cases, apply **Medicated Body Wash** full-strength to feet and let soak for 15 minutes. Use a soft foot brush to brush your feet and specifically under and around your toe nails or finger nails.
2. Immediately following, towel dry and apply **All Stop™ Healing Gel** to entire feet, paying close attention to the active areas. This will assure a sterile environment for your feet. Allow to air dry – do not rinse.
3. Approximately 12 hours later apply **All Stop™ Medicated Skin Cream** to your feet and toes.
4. Spray the insides of your shoes with **PuraCleenRx™ Disinfectant Spray** and allow to dry before wearing them. Doing this will help to disinfect your shoes from potential remaining spores.
5. **Athlete's Foot fungus** can thrive in your environment even off of your body and reinfect you or others if not treated promptly. Use **Disinfectant Spray** on areas feet may come into contact with such as floors, bath tubs, shower stalls, sheets, etc. in order to treat the fungus in these areas.
6. For more severe cases of Athlete's Foot, continue treatment by using both the **Healing Gel** and the **Medicated Skin Cream** twice a day. Make sure to alternate use of the products and allow 4-6 hours between applications. EXAMPLE: (using 4 hour rotations) 8:00am - **Healing Gel** / 12:00pm - **Medicated Skin Cream** / 4:00pm - **Healing Gel** / 8:00pm **Medicated Skin Cream** (or visa versa)

\*If you do not experience major results within 4 to 5 days, contact one of our Customer Service Representatives in order to customize a regimen especially for you. These products work, and they work quickly! Our guarantee is contingent upon calling one of our Customer Service Representatives within 4 to 5 days to customize a regimen that works for you.

## **\*\*About All Stop™ Medicated Skin Cream**

We are aware the All Stop™ Medicated Skin Cream, in its current and most efficacious formula, does not produce a “pretty”, smooth cream. The current formula was intentionally designed with the gritty feel because it does not contain fillers - only the main ingredients. The chunks are actually the MSM crystallizing because it is so plentiful in the cream. Testing showed this formula to be the most effective and work in the shortest period of time.

## Athlete's Foot & Nail Fungus SYMPTOMS

Athlete's Foot can cause:

- Intense Itching
- Flaking & Cracking
- Bleeding
- Stinging & Burning
- Crusty Patches of Skin
- Blisters
- Oozing

Toe Nails can turn yellowish and become brittle and thick.

Athlete's Foot fungus can potentially spread to other areas of the body such as the armpits, knees, elbows, and even the groin (which is known as Jock Itch). This fungus thrives in dark, warm, moist environments, such as your shoes and in your environment in places such as locker rooms, showers, etc.

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**For Questions or Comments or to Order Additional Products:**

337.937.8800 (Customer Service)

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