

Q5Momentum_2

And breathing in, and out. Send a grounding cord down from the base of your spine to the center of the earth. Make the grounding cord nice and wide, set the grounding cord on release, and release the excess energy in the body. I'd like you to open your feet to earth energy, bringing earth energy up through the feet, ankles, shins, calves, knees, thighs, out the hips, and down the grounding cord. And then bringing cosmic energy into the back of your head, 1 inch above where the spine meets the skull. Bringing that cosmic energy down through your neck, shoulders, arms, elbows, through the forearms, wrists, hands, and out of the fingertips. And bringing more of that cosmic energy down through the back channels, all the way down through the back, looping up through the pelvic cradle up through the hips, through the chest, through the neck, out the top of the head, and fountaining out like a beautiful Italian fountain bathing and cleansing your aura.

I want you to cleanse yourself from the inside every day. When we're going for momentum, we don't want any sluggishness in the body. And remember, that your legs, keeping your legs grounded and clear, hooking up with planet earth, is so important. Your legs, your right leg, your ability to take your next steps in business. Your left leg, your ability to take your next steps in your receptive, your relationship, your receptive life, your creative life. Your right foot, you're so understanding in the outer world, the left you're so understanding in the inner world. Your right knee, your left knee, I kneel at the altar of myself. You want to keep these parts of you clean, sparkly, so that you can move forward in your world. And then I want you to pop up now to the top of the head, and in this actual center of your head, let's open a trap door out the back, and let's wash out the center of the head. And keeping the head nice and clean, keeping that golden temple of silence crystal clear is so important for this kind of momentum that we're bringing in. Focus, and clarity. You now have perfect focus. You now have the clarity you need to move forward. And now we're energizing this experience of momentum, by activating will, our third shocker. 1 inch above the belly button in front, and at the waistline in the back. These chakras are shaped like cones, like ice cream cones. And they move out the front about 6 inches, and out the back about 6 inches. And let's get that will, really rocking and rolling.

And then as you get the chakra, the third chakra really moving at 100%, both in front and in back, allow that energy of will to be part of the third layer of the aura, which is associated with will. It's associated with you getting it done. And let's brighten up that. Maybe we add green to the third layer. Or red, a color of action, or a color of growth and wealth. Green is the color of growth and wealth, red is the color of action. We want to bring vibrancy into the third layer of the aura, and you can allow the quantum field if your imagination isn't doing it for you, allow the quantum field to bring this into reality for you. Because you are worth it. You have the confidence, and you have the mission. You have the gift, and you need to get it out in the world. And now is your time, momentum, a kind of quantum momentum. A kind of force, a kind of power, that you haven't experienced yet but you are now experiencing. And as you feel this quantum pleasure field permeating yourselves, improving your will, improving your aura, improving your chakras, the center of your brain, begin to affirm, I am powerful beyond measure. I am powerful beyond measure. I am powerful beyond measure. And see that power lift you, uplift you and bring you to a kind of momentum and force that you only

dreamed possible. And now you are standing in power beyond measure, peace, and love.