

## Connected Wisdom

Take a nice deep breath in and maybe let out a sigh. We are going to connect you with your inner wisdom and the guidance of the quantum mind. Dropping a grounding cord from the base of your spine to the center of the earth and allow all the excess energy, the energy that been blocking you up until now from connecting. Let's drop that and let that go so maybe imagining a world wind or a tornado in that big grounding cord that you are sitting on and it is just sucking out all the blockages, all the things that have prevented you from being deeply connected to your divined self. Maybe sigh and really sigh out loud and just feel the body relax. As you sigh you signal to your body to go into the parasympathetic system, the system of regeneration and the system that is the place where you connect with the divine. In your mind I want you to see all that you are grateful for and in this way we began to make the connection, we began to open up divine connection so list in your mind's eye the many things you are grateful for a body that works a mind that works, the eyes that see. Maybe you have wonderful legs that run or hands that provide for you, joy and pleasure and maybe you have wonderful food, wonderful friends or a wonderful career and continue to look at what the divine has given you and now may extend out and really see what you have been gifted in nature and begin to see the beautiful trees, the birds, the flowers, the forest, the water, the ocean and in that great gratitude we begin to experience the connection of the divine and you can see that divine connection opening up as your 7 **shocker**. Your 7 **shocker** is receiving an healing and any dark energy or regress energy is going down that big grounding cord. It is going down right though the back and down through the grounding unto the center of the earth.

We are using the quantum field, the pleasure field now to bring up the 7 shocker to 100% function and you can see that that shocker is really kicking in. The 6<sup>th</sup> **shocker** also is kicking in with both the 7<sup>th</sup> and 6<sup>th</sup>. The seat of the Soul is the 6<sup>th</sup> **shocker**, the 7<sup>th</sup> **shocker** divine connection. Let's go ahead and connect you into the divine. Imagining now that you have golden rings extending out above and beyond the **shocker** above and beyond the 6<sup>th</sup> and 7<sup>th</sup> **shocker**. You see that in paintings a halo but you indeed have golden rings also and they begin to extend and expand out into the universe and into the divine mind and you began to really as you breathe in and feel inspiration, feel connection, feel deep profound love, blast, joy and as that quantum pleasure field supports the expansion of the golden rings imagine yourself in direct communication with the devine.

You are here you are present, you are loved and cherished seeing yourself sitting in a golden beam of light. Feeling very connected, feeling very loved, feeling pleasure beyond measure and peace that surpasses all understanding. Connecting with your high self and connecting with that which is all divine, all powerful connecting with your true nature, your nature, the nature of the spirit. See intense light, the beautiful light in front of you with clarify and focus, you are now connected to divine wisdom and divine mind. Breathing in and out bringing in that great wisdom, the wisdom from quantum mind. I encourage you now to allow yourself to fully relax, feel your spirit in every cell of your body and feel the wisdom permeating every cell of your body becoming a wise elder with love wisdom with profound human wisdom, with profound divine wisdom. Wiggling your fingers and toes, breathing in and out with a few cleansing breaths and coming back into the room **to toss to** so be it.