

Sending a grounding cord down from the base of your spine to the center of the earth. Make the grounding cord nice and wide and set that grounding cord on release. And we're coming into the quantum field as we are doing a little Spiritual connection and clear out. I'd like you to open your feet to earth energy, bringing Earth energy of your feet, ankle, shins, calves, knees, thighs out the hips and down the grounding cord. And then bringing cosmic energy in to the back of the head 1 inch above with spine meets the skull. Down through your neck and shoulders, arms and elbows, forearms, through the hands, fingers and out the fingertips. Bringing more of that energy down into your back channels. Looping down through the belly, up through the chest, through the neck, through the head, fountaining out the top of the head like a beautiful Italian fountain bathing and cleansing your aura.

Going to the center of your head. Sitting in the center of your head on your throne. Maybe you're looking at a view screen now, a Star Trek Capt. Kirk screen. I'd like you to imagine the master cells in your body seven days after your parents conceived you. I'd like you to just focus in on one master cell, an original cell that held the blueprint for everything that you are. In that master cell is a nucleus little organelles. And in each of those cells is the DNA strand. I'd like you to imagine that that master cell can and will be restored to its 100% state. Bringing the quantum field into that master cell. And as you watch that master cell go into its perfected state. Breathe in gold energy, this is awe and wonder watching the master cell in your mind's eye go into its perfected state. It might actually even start pulsing blue like a blue orbe. And as it gets to its perfected state, you see the DNA repair itself if the DNA was damaged. And how that might look, it might look a little broken up. And it's all right if you are just imagining this and you can't see anything, imagination is enough.

And I'd like you to see those organelles, the elimination organelles. The absorption organelles, all the little organelles that do the body functions in the cell going to 100%. The nucleus, the little part of the brain of the cell. I know the membrane is also very helpful an intelligent part of the cell. We are watching everything go to 100%.

Now in this cell you're going to see little caterpillar-like thing on the outside membrane of the cell. This is a little fuel source, the fuel generator for the cell., it's called the Mitochondria. In this little caterpillar there is a program for regeneration. And when that cell goes to 100%, I'd like you to press on that regeneration program and start a cascade of new cell growth. Says that will be growing for perhaps days or weeks to come. And as you are growing the new cells, the old cells that lower function just fall away. You are activating your divine created self, your ability to heal.

Breathing in and out, I would like you to now imagine your spirit spreading back into the body. Fingers and toes legs and arms, torso neck and head. Breathe in and out, really being aware that you are in this quantum pleasure field, this field of regeneration and restoration. Then coming back into your body and into the room, opening your eyes.

And may it be with the blessings of the supreme being that this cell regeneration be complete and now fully in action in your body. So be it.