

## Q5 Amplify the Positive

So taking a deep breath in and letting it go. Breathing in and out. This is your time to bring in positive energy. Congratulations for taking some time out to get to your most magnificent place. Dropping a grounding cord from the base of your spine to the center of the earth. Settle that negativity on release, let go of all the things that aren't you out of your body; And then let's go ahead and pop up to the centre of the head and I would like you to imagine that you can just wash out the center of your head. So taking a spiritual fire hose and just washing, washing, washing all of the negativity out of your brain. Anything that is between your ears and just open a tractor out of the back of the head and just see the flood of refuse just go out the back of the head and drop down into the big grounding cord down to the center of the earth. And while you are at it lets go ahead and bring your earth energy up through your feet, angles, calves, knees and thighs up the hips and down the grounding cord and then bringing cosmic energy into the back of your head one inch above where the spine meets the skull bringing down into your neck, shoulders, arms, elbows, forearms through the wrist, hands through the fingers and now the finger tips. Then bringing more of that cosmic energy down through your back channels. Looking up through the valley, through the chest, through the neck, through the head \_\_\_\_\_ out the top of the head like a beautiful Italian fountain, bathing and cleansing your okra. Pull your okra into 18 inches around your body.

Wooow! Go ahead and set a golden vacuum cleaner at the top of your head and let that vacuum cleaner spiral around and clean up your okra. Zippedy two dots going very quickly, just making your okra on the inside sparkle. Imagine that you are now a part of your quantum field. This is different than the okra and it is part of the quantum field that we all have access to. But imagine that you are surround by this amazing field of quantum shift energy and as you see yourself and hold yourself surrounded in this quantum field, you begin to feel pleasure, you begin to feel happiness, you begin to see the positive, you see the light, you see the brightness, you see the joy, you feel your cells sparkling with the energy, vitality, momentum and you feel so optimistic. As a matter of fact gratitude flows from every cell of your body. You are so grateful, so connected, feeling at peace and enjoy in love with your life, noticing all the people around you who love and support you and feeling so grateful for all the support of your vision, your magnificent life and breathing in and out. I would like you to imagine bringing your spirit back fully into your body completely down to the tips of your toes. Bring that spirit into the tips of your fingers, filling out your arms and legs, torso, neck and head. And why don't we just sparkle you up see a flood of the quantum field coming in and just really filling all the cells of your body. You are now getting a reboot of positive quantum field energy in every single cell of your body. You are vibrating with beautiful, appreciative, positive energy.

Welcome back

➤ Unable to identify the word \_\_\_\_\_ - 2.08