

## **Q5 - Accomplishment for Women**

Hello ladies, breathing in and out. Today is your day of accomplishment.

So sending a grounding cord down from the base of your spine to the center of the earth, make the grounding cord nice and wide, set the grounding cord on release and begin to release excess energy in the body.

And then popping up to the adrenals and let's go ahead and ground the adrenals with a line of energy as wide as your wrist, hollow in the center, down through the perineum and down to the center of the earth. Let's set the adrenals, the right and left adrenal on release. The adrenals sit at waist line, two inches off the spine and one inch up from the waist. And you're now releasing the fighter flight glands; the glands that get you all stressed out.

And while we're at it and still down in that area, let's go ahead and ground your ovaries, two egg-shaped glands at the bottom of your pelvic cradle. With a line of energy as wide as your wrist hollow in the center, down through the perineum and down to the center of the earth. And then let's make a triangle. Let's connect the two ovaries and so now we're right through the uterus and we're going to clear the uterus and the ovaries at the same time. The ovaries are the healing glands that we do all of our healing projects from so we really, really want to release the ovaries, and then we want to clear out our baby-making equipment too at the same time and really release all the energy that's collected in your female body.

And as this is releasing, let's go back to the adrenals and plug the nerves. The sciatic nerve runs right by the adrenals. Let's plug them into the adrenals and release the nervous system, and this is feeling so wonderful! It's so great to clear out the physical body. I think sometimes, accomplishment is just really challenged when we have stuff going on in the body, so to keep the body clean and operating well with good chemistry is so important to accomplishment.

Popping up to the center of the head, let's open a trap door out the back of the head and let's go ahead and wash out any worries or concerns, any stuff that's distracting us from finishing our goal. Let's just knock it out, so clean it up girls. Your center of head is really your kingdom; it's where you create from. You don't want a bunch of stuff collect from where you create from.

Popping out the top of the head, pulling your Aura into 18 inches around your body, and then let's go ahead and clean up the Aura. And you can just do that by tucking that into the grounding cord at the base of the spine, putting a little vacuum in the grounding cord and just having the vacuum suck out any dust bunnies or fuzz balls or anything that's in the Aura.

Now I'd like you to go back and sit in the center of the head and while you're doing that, go ahead and bring earth energy up through the feet, ankles, shins, calves, knees, thighs, and out the hips and down the grounding cord. Bring in cosmic energy into the back of the head one inch above where the spine meets the skull, bringing in cosmic energy down through your neck and shoulders, arms, elbows, forearms, out the wrists and fingertips. Bringing more of that energy down through your back channels, down into your hips, looping up through the belly, through the chest, through the neck, through the head, fountaining up the top of the head like a beautiful Italian fountain bathing and cleansing your Aura.

Sitting in the center of your head, looking at your view screen, bring what you want to accomplish to the view screen, what you want to see completed. Is it a book published? Is it a speech? Is it something with your child at school? Is it something important? Do you want to

start a charity? Bring what you want to accomplish, a global movement to the view screen now and see that fully blessed. See the angels surrounding you and supporting you and getting those accomplishment completed, getting very clear on its description, getting very clear on what it is you're up to in life, and beginning to see the components that will be necessary, the steps that you'll take, and see how easy in grace and ease you are able to complete all steps necessary for this accomplishment.

And now releasing that image to the Supreme Being, showing that to the Supreme Being, asking for blessings, feeling very supported by the angels and just releasing that into the universe and allowing that to become part of you, part of your essence. And breathing in and out, knowing that you are fully capable now of accomplishing anything.

May it be with the blessings of the Supreme Being that this healing is complete.

**[End of Transcript 00:05:55]**