

A smiling woman with long dark hair, wearing a yellow straw hat and a yellow towel, is looking over her shoulder at the camera. She is on a beach with waves in the background under a bright blue sky with clouds and a sun flare.

BEACH PICKUP SECRETS

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Introduction

According to a poll of 2,257 women 9 out of 10 women are open to friendly overtures at the beach. They are mostly naked and willing to engage, which helps explain why 72 percent have had a summer fling.

Take my word for it if you're not approaching women on the beach right now then you're missing out BIG TIME.

In fact you should be slapping yourself over the lost opportunities that walk on by you in bikinis, sunnies and sunscreen.

You're missing out my friend...

If you had the skills to approach that ...would you?

Well today you're in very capable hands my friend so keep reading and I'll reveal several simple (yet widely unknown) tips that'll make approaching women on the beach extremely easy and fun.

It's time to sharpen your skills and learn how to pick up and seduce all those hot and beautiful women.

This is one of the more favourable and popular spots to meet single women for love, sex, and romance.

The beach provides a perfect setting for meeting hot single women. It's a casual and relaxed atmosphere and most of the women are friendly. It's just simply a matter of approaching them and talking to them. That's all there is to it.

In this book, I will describe some important techniques and strategies to use at the beach. Use them and you can't fail and you will have the summer of your life!

Mindset

I used to believe that it's creepy and not genuine to go to the beach for the sole purpose of approaching and picking up women. There is certainly a difference between going to the beach to meet chicks and going to catch a wave.

I was afraid of approaching in this environment for fear of being labelled as a pervert or a peeping tom.

If you feel that way, I would recommend going to the beach more often to feel more comfortable with it. What is your reason for going in the first place? If it has anything to do with the water, you have a real reason. You're more interested in the water than talking to strange girls.

But don't do the mistake of going to the beach and just stare at women and they stroll up and down the beach not even smiling or saying, "Hi" to women as they walk along. You should always stop to talk to a girl that catches your eye.

Understand one thing: these women are there to have a good time and attract the opposite sex. Why do you think they wear those skimpy bathing suits? It's to turn you on and show off their bodies.

So be bold and aggressive and you'll be surprised how easy it is to meet and pick up single women at the beach. The beach is literally PACKED with attractive women during the day who are begging to be spoken to by confident men.

You should always stop to talk to a girl that catches your eye

I don't know if you've listened to Swingcat audio course or not but here's some beliefs you should internalize:

Belief #1 "All these women spent time to look good in hopes to meet a guy like me".

Belief #2 "All women love sex, especially from me".

Belief #3 "No matter what a woman says, she's attracted to me".

Repeat this to yourself until you believe it. This isn't a lie...Women WANT to be approached by men who "get it".

They want to talk to guys who can walk up to them and start an interesting conversation. Most women dream of this in fact! A lot of women don't want to meet guys in bars.

I know women who go down to the beach just to look for guys to talk too. They sun bake all day and not a single guy has the guts to walk up and start a conversation.

See yourself as someone talkative who can create a great vibe with people, making them laugh and happy. You will always be welcome and tremendously impact your success.

So don't worry yourself with small things like this.

About Lack of Confidence

Your Confidence Is Very Important

No matter where you meet women your level of confidence is important, but at the beach it is maybe more important then anywhere else. Why? Because at the beach women will be wearing very little clothing and so will you.

Those two things could make you extremely nervous and insecure. If you feel you lack confidence, you need to keep a confident stride and smile the whole way during your approach.

Your friend don't have a clue about Game

If you have a un-game aware friend, it may be a good idea to make him aware before your trip. He'll still be fairly new so you'll still have an advantage, but he'll be immensely more effective as a wing then if he wasn't game-aware.

Nonetheless, always have a wingman that can help because nothing is more attractive then a few guys having fun and being social.

Pick your spot

Location is everything here. You want a place where you can scout the honeys, but still have some privacy when getting your game on. Choose a place in the middle of a large concentration of women. This allows you to rotate if one group is not receptive to your mingling. Also, stay near the back rather than right on the water. This will help you remain out of view when you're operating on a specific lady and allows you to fully scope out all the women.

Don't gawk & stare

If you must, wear dark sunglasses to pick your prey. But don't get caught staring at all the women. A quick checkout glance is fine. Drooling isn't.

Knowing the basic beach rules will keep you from making some boneheaded mistake that would make the ladies want to ignore you. Play it safe and the women of the coast will be yours to conquer.

As you can see meeting women at the beach is a great idea. Just make sure you aren't like most men who stair at women. If that's all you're going to do then there is no point in even going to the beach.

Clothing and Appearance

Since girls gauge you before you even approach them it helps to look nice. So if you have a nice body, that'll help immensely. It's also a boost in your confidence when you know you're being checked out.

But you don't want to be too self-conscious about your body. Get yourself a tan before you go to the beach. Try a good sunless tanning solution to get rid of that whiteness before you go to the beach. You may also want to work out a little bit so that you are not too soft. You don't need to be the biggest guy, but a little muscle will help.

Nonetheless, looks account for around 10-15% of a woman's interest of a man. She's looking more for personality, social proof, and confidence as well as self-respect and goals. So if your body isn't amazing, then don't sweat it.

Style still applies on the sand, so come prepared.

Shorts: Make sure they are unique: no plaid shorts, flower prints, basic designs, or solid colours. Swimwear should be stylish/eye-catching. Don't wear anything every other guy out there is wearing (flower printed board shorts). You can also wear a nice designer bathing suit like you see in Playboy or GQ magazines.

T-shirt: Having a nice t-shirt or other summer shirt will also help. I recommend that you approach women with your shirt on if you do have a nice body. It shows the woman that you are not trying to impress her.

Sunglasses: Some nice looking sunglasses should also help improve your look. Invest in some nice attractive sunglasses (not the cheap kind). Try on several different styles and select the one that makes you look unique and different. DON'T wear them when talking to people. It's rude and makes people uneasy...

Shoes: Don't wear shoes with socks. Do wear nice sandals.

Beach towel: Use an appropriate beach towel (i.e. no flowers or Superman prints).

Accessories: You can lightly accessorize with a necklace and a bracelet that won't fall off when you swim.

Other Stuff to Bring: You should bring just about anything you can think of that would get a woman to interact and socialize with you.

- A Frisbee
- A volleyball
- Beach ball
- A football
- Surfboard (If you know how to surf)
- Sunscreen lotion or oil (Don't use an opaque sunscreen that will leave you looking like a mime)
- A blanket
- A deck of cards
- Ice and drinks:
- Snack and food

Now, you'll be all decked out for the beach and you'll stand out from the rest of the ordinary guys. What this means is that you'll attract the attention of all the hot & sexy beautiful women and that's exactly what you are striving for.

Beach Openers and Approach

The beach is definitely a great place to meet women over the summer months.

I am going to give you some tips to help you approach and open women at the beach.

If you don't already have a default conversation starter then you are going to be happy. This is a **MUST HAVE** and it's crucial you practice it so it comes out well with good tonality.

Look for women showing signs that they want attention; women walking along the beach, whether checking others out or simply letting the guys keel over from their hotness are ripe.

The cocktail bar is also a prime locale to meet women. Don't approach women in the company of large men, facing down, or simply don't want to be bothered.

Try these surf and sand tactics and you might end up with a phone number.

The Opinion Opener

Try to make it sound like you actually genuinely interested in knowing the answer (this will help it sound better)

You can use: "Hey guys I need a quick females perspective on this... I can't stay long as I'm meeting a friend soon... who do you think cheat more out of men and women?"

Make good eye contact and hold it for as long as possible. Make her look away first. Holding eye contact also shows your comfort level around women and your confidence.

Beach Game Opener

Use Frisbee, volleyball, beach ball or football. With these you can approach a girl and ask, *"Want to play?"* If they accept, exchange names and while the game is going screen her and use playful insult like "you look like a Jersey girl" and stuff like that.

Keep in mind that they will be at the beach to get a tan so it may prove difficult to get them to join you unless it's late afternoon. Football might be a bit full on for some girls that are in their bikinis and in the heat, but if it works, go for it.

The most important part is to take a break after 5 minutes (bring a drink), sit down on the sand next to her and connect with her, keep your composure.

WARNING

Don't pull the obvious stunt of throwing your ball in their direction and then going to retrieve it while making small talk. This is as obvious as it gets. It may have worked in *American Pie 2*, but you know better than to take cues from movies.

The Radio Opener

What to do is lay near a girl or group of single girls and turn on your radio. Then you ask, "What station would you like to hear?" This opens the door for further conversation and opportunities to get to know a girl and make your moves.

The Body Surfing Board Opener

These are known as boogie boards. They are inexpensive and made of Styrofoam. Buy two of them. Approach a girl and ask if she'd like to do some body surfing. You can buy these at Toys R' Us.

The Buddies Approach

That's what you came to the beach for, and laughing it up with your mates is the best way to attract positive attention -- crack some jokes, and let others see you're having a good time. Ladies will then want to join the

conversation -- all you have to do is extend an invitation.

However, avoid commenting about other women on the beach, as they might overhear you. Having fun means not being obnoxiously loud to the point of being annoying to others.

Approaching Group Of Women

Women are rarely alone at the beach. Approaching a trio is your best bet -- there's enough company so they won't feel threatened, but they're open to newcomers.

To disguise your pickup as a simple gesture of goodwill and socialization, approach a group of women. Befriend them all, get a good chat going, and eventually zero in on your target lady. You may even find out that the group hottie is a complete bore, and you can move on to her interesting friends or even potentially hook them up with your friends.

The Suntan Oil Opener

It's a great one. Approach a girl you are attracted to and ask her, "Would you rub some suntan oil on my back?" You'll never get turned down (as a general rule) and it really feels good having a girl rubbing your back.

The Simplest Opener Ever

While walking on the beach, when a girl catches your eye, give her a warm smile and say, "Hi." If she responds, whatever you do don't keep walking by. Stop immediately and start talking to her. Invite her over to your blanket and offer her something to drink or you can invite her to go in the water. Also, you can ask her if she wants to play some beach sports such as Frisbee, volleyball, beach ball, body surfing, etc.

The Cosmo Magazine Opener

If you pass a girl that you're interested in and she has her eyes closed, just approach her and say, "Weren't you on the cover of Cosmo?" She will be flattered and this opens up a conversation.

The Picture Opener

Ask women to take pictures of you & your friends. Picture taking can get a conversation going, and some women may even be open to your taking pictures of them.

Activities Approach

Many resorts organize group activities designed to better acquaint guests. Drinking events, dancing contests and pool games are the perfect way to meet outgoing women.

The Surfboard Opener

If you do surf this can be an advantage in meeting single women. Some girls are very attracted to surfers. Most girls don't know how to surf and have never even been on a surfboard. If you do surf, all you have to do is approach a girl and ask her, "Would you like to learn how to surf?" If you don't know how to surf, you can always fake it. It will be a lot of fun trying anyway.

The Nonsexual Compliment Opener

Eight out of 10 women said they'd like a compliment about their body. Just not too specific. Best move: Try a nonsexual compliment during a volleyball game.

The Little Brother Opener

A classic. Kick your soccer ball over there and have your little brother talk to them for a while. Pick up the ball and then say "[Your brother name] stop bothering these ladies". If you don't like canned openers this one can be bent and stretched to however your style

The Dolphin Opener

You: *"OMG! Did you just see these dolphins (pointing a few yards back), they are so beautiful. You know most people are so caught up in life that.... they don't stop.... and appreciate the beauty of nature"*

Guarantee to create instant connection and attraction

Where is the Beach Opener

If they have a sense of humour, say you're lost and ask where the beach is (only for women who have a sense of humour).

The Situational Opener

The idea is to ask a question because women will naturally stop and answer the question to be helpful...

Try:

"We just got to the beach and we're meeting some friends later for drinks -- any suggestions on where to go?"

"We just got down here and we're looking for a place to (fill in the blank) later -- any recommendations?"

The Novel Opener (Indirect)

Read a novel for the first 15 minutes. Women love it. It can make a girl come up and ask you what you are reading.

The Phone Approach

If you are by yourself, purposely act like you are talking on your cell phone and stand in the way to block the sun from the women tanning, and when they say "uhh, excuse me" say "Hold on one second, I'm on the phone, jeez you are so rude". Remember to smile and to introduce yourself after that. Only for very confident guy.

Approaching Walking Women

Objects in motion stay in motion, girls walking towards you are hard to stop however if you stick your arm out and they buy it, they will grab on and talk to you.

Just say:

You: *"Oh my gosh.. I know you!"*

Her: *"uhh... From where?"*

Think about it for a second and say:

You: *"I can't remember, but I definitely know you from somewhere. do you do (Funny activity here)*

She should laughs: *"ha-ha no!"*

You: *"Hmm I just can't seem to remember... Let's go have a swim while I think about it."*

The AFC Opener

Approach her with a cocky funny smile on your face and tell her:

"My friends wanted me to hit on you and watch you reject me, because he (pointing at my friend) was too scared to talk to you".

She will laugh and may want to talk with you. Tell her that you will have to go back to your chair in a couple of minutes.

Then make fun of her:

"I just saw that same bikini earlier"

Direct Water Approach

Sometimes the best thing to do for beach game is to go swimming and go direct with the women also chilling in the water. A lot of girls will open you up too when you pass by them.

The Direct Approach

You: *"hey I saw you sitting here and you had a cool look/energy. What's your name?"*

The Strawberries Opener

Lay your stuff down, asked the woman to watch it as you go for a swim. Came back, and eat some strawberries and offer her some. It's pretty safe and allows starting a conversation.

Can You Watch My Stuff My Opener

Just comb the area and find a set of 2 women that don't have a guy around. Once you find that set, a great but bold manoeuvre is to walk up and say:

You: *"hey can you watch my towel while I go for a swim? You better not steal anything!"*

And actually go for a swim (make sure you don't leave anything too valuable, say your keys and your shirt) and come back. Then start a conversation right there. You can start teasing her about why she is not in the water, or why she didn't steal your stuff because you made it so easy for her.

GENERAL RULES ABOUT BEACH APPROACH

- * Be more conversational and ask questions that promote conversation. Don't ask questions that can be answered with a "yes" or "no"

- * Keep it low key and don't try to be too high energy

- * Say "People at the beach are relaxed and so laid back I noticed" as this will set a frame for her/the group to follow

Remember it's not a nightclub so girls are more friendly and you can be more direct. Such openers depend on your personality and you can adapt them to your style.

Transitioning

Once the opener has passed just be social and carry on with typical conversation.

Bring a cooler with refreshments and offer some to the women next to you. This could be anything from soda to beer. Water may be a better alternative, so that the women don't think you're trying to get them drunk.

After 15 minutes, try to get an instant date. You can suggest a coffee date then and there "Hey, I'm just about to grab a quick coffee over the road...would you like to join me?" if she says no ... "That's cool, I think it'll be fun if we caught up sometime here enter your digits I'll sms you"

Remember that the whole point of the beach is to meet new people and be social.

One of the most important things you should know is the surrounded neighborhood by the beach (secret tide pools, caves, or good burger joints, etc...) something most tourists or locals will know about...and tell her about it then move her there.

If there are clubs and bars near the beach, just get her to head out that night if she is living locally. Try to get a kiss on the beach if she is alone when you're confident of your abilities. The girls that are tourists will be up for one night stand if you go to the hotspots.

Mistakes To Avoid At The Beach

By David Wygant DavidWygant.com

Men are starting to think: God, so many women at the beach, at pools, at lakes. Here's the biggest thing that you need to do: Stop staring at them.

I repeat: Don't stare at them. You'll make them self-conscious and uncomfortable. One of the best exercises to do is go to a pool, go to a lake, go to the beach, and find some guys that are just staring women down all day long. Take a look at that energy in what they're doing. Women get repelled by that. Women don't want to see that.

Women want to go to the beach and have fun. They don't go some men can ogle at their bodies all day long.

So, you've got to develop the proper mindset. You've got to realize: Okay, they're there—they look hot. Take your glance, and then look away. Don't act like you've never seen a woman in a bathing suit in your whole life. Act like they're your neighbors you see everyday. Don't elbow your friends. Don't make comments. Don't point. Be really cool about it because the cooler you are about it, the easier it's going to be to talk to her. Let me tell you something guys, women notice guys that are staring at them, drooling at them the entire day.

And the reason why men get blown off so much by women is because they stared so long they make a woman feel uncomfortable. So, when they finally did approach, the woman was so uncomfortable that they didn't really want to talk to that guy.

So, here's what I want you to do. I want you to have that mindset that you've seen a woman 1,000 times before in bikinis. I want you to have a mindset that women are abundant in bikinis. That you could go out and meet hundreds of women in bikinis, and I want you to be the fun guy.

When you go to the beach, I want you to bring a pail with a shovel and a little sand sifter. I want you to bring a Frisbee. I want you to

bring a ball. When you go to a pool, you can bring the Frisbee, and bring the ball. I want you to go down at the shore, and I want you to start building a sand castle at the beach. And when a woman walks by you I want you to look at her and say: “You know, I really need some finishing touches here. This place needs a woman's touch. I'm just not quite sure if the master bedroom is really the way I want it. Can you come and take a peek at my sand castle?” And smile and be playful. I used to do this exercise at boot camps all the time, and we had the hottest women on the beach coming over to build sand castles with us.

Another thing to do at the beach is to get a Frisbee or a ball, but don't throw it at their blanket. That's been done 1,000 times before. As they're walking down the beach, and you're walking down the beach, have a ball, throw it up in the air, look at a woman, and go, “Catch!” And toss it to her. Once you say “catch” and she will look at you, and she will catch it. And toss it to her real gently. If she drops it, you go, “Oh, such a girl. You can't even catch.” And then all the sudden, you'll challenge her. If she catches it, look at her and go, “Alright, let's see you throw like a girl.” Tease her a little bit. Bait her a little bit: “Let's see you throw the ball like a girl. Come on. Let's see the girl throw. Right.” Tease her. Have some fun.

Another thing I like to do is: When a woman is standing at the edge of the water – I don't care if it's a pool, I don't care if it's a lake or a beach, I don't care where it is—I want you to look at her and go: “Stop being such a girl. Come on! Let's go: I'll race you in.” Have fun. It's all about having fun. They're there to have fun. They're there to have a good time with you. And it's all about attitude. When you use these words, convey them with strength—convey them with conviction. Be strong in the way you say it.

Practice this in the mirror. It's all about having a good time. Smile! Here are some of my favorite things to do at the beach (keeping it simple). If you keep it simple, you'll be able to meet women at the beach, at pools, at lakes. Maybe swim over when you're at a pool. Another fun thing that I like to do is when you're in a pool go swim over to her, come up out of the water, look at her, and go “I bet I can hold my breath longer than you can” and then go into a

story. Whatever you say, own those words, like, “Remember when we were kids? We always used to say who can hold their breath longer. I said are you ready? Are you ready to have fun like a kid again?”

Make it fun, guys. Be that fun person. If you're that fun person, you'll attract women. If you're that fun person, you're going to create a moment with them. Women are all about creating a moment, creating a moment in time. They want to create a moment in time where they met you so it's unique and different—it's like a romantic comedy to them. So be that romantic comedy. Have fun. Keep it simple. Don't think outside the box, don't even think about anything else.

Work on these. Maybe work on these approaches in June and then add some different ones in July. Let me tell you something, by the time the summer is over you're going to be meeting tons of women, and you can use this as you go on vacation anywhere in the future or next summer. Gentleman, be cool, be fun, and your summer will change.

5 Things I Learned From Beach Game

By Eric Edgement from [Sensual Power Words](#).

When Carlos asked me to throw in a chapter about “Beach Game”, I told him I’d be happy to do it and soon after started rifling through my mental rolodex for “Beach Game” stories I could tell.

The beginning of my beach game adventures started during a spring break while I was in college. On this particular day, my friends and I woke up early (11:30 AM) and had a light breakfast (3 shots of tequila each), then left for the beach.

One of my buddies (Larry) had brought his girlfriend on spring break with us and needless to say he was miserable the entire vacation. He kind of reminded me of a caged lion in the middle of a steakhouse... poor guy.

With Larry out of the game, that left my buddy Sam and I on our own to meet girls on the beach. Between the liquor and the game we thought we had, we figured we’d be unstoppable.

Before embarking on our adventure, Larry was ragging on us with: “You can’t pick-up girls on the beach! You’re interrupting them. Talking to girls on the beach is weird... it’s creepy. They’re practically in their underwear and they just want to tan. Do you really think they want some guy hitting on them when they’re vulnerable like that?”

I was trying my best to ignore him, although some of the things he was saying were second-thoughts I was having about approaching girls on the beach. This was a new experience for me and while I had some success under my belt (and at that moment some tequila too), I wasn’t exactly brimming with confidence that this beach experiment would be a success.

Meanwhile, Larry’s girlfriend was nodding along with Larry’s disapproving message. I was trying to block it out. I knew that if Larry was single, he would be right there with us meeting women and loving it. And I knew that Larry’s girlfriend was nodding in approval that she had her man “locked down”, not because she was listening to any of what he was actually saying.

Sam and I start walking. At this point, I'm in my head trying to get my "state" right (Note in hindsight: If only I knew back then that my head was the last place I'd want to be to get my state right...)

My inner dialog looked like this, "Girls like me. Girls want me. I love girls and I love meeting them. Women find me irresistibly attractive... um... ugh... well, they would if I was tan and ripped. God, I'm so scrawny – I wish I had some muscle on me. I wish I had a tan and a six-pack... I'm like a pale stick figure... wait – I mean... Women love me."

And before I could continue my tragic attempt at positive affirmations, I looked over to see an angry gentleman, much larger than Sam, acting more and more aggressive and intimidating.

Sam had approached the girls and started talking to them, completely ignoring the guys they were with. The guys tolerated him talking to the girls for a bit, but Sam's attempt at being cocky and funny with the girls was interpreted by the guys as a sign of disrespect toward all of them.

"Dude, what is your problem? What's wrong with you," he was saying, his words growing more and more agitated. "Umm," Sam was stammering, his confident persona shattering into timidity and then into outright fear.

"Hey!!! Dude!" I said to the angry guy in a happy tone. He and Sam are now looking at me, puzzled. "Is that your girlfriend," I asked angry-dude, still in a positive, friendly voice. "Yeah, and..." he began and I interrupted, "Oh cool, that's great man. You're a lucky dude – good for you, that's awesome. No offense, but if you were single, you'd hit on her too, right?"

He stopped and looked calm, then smiled a bit, "Yeah... I would." "No hard feelings man," and I shook his hand, then Sam and I walked onward.

Sam went into verbal diarrhea mode at this point, "I was just trying to get warmed up. I didn't want him to 'alpha' me. I was trying to be..." and he trailed off into a series of defenses and explanations.

"It's all good man," I said, "you meant well and as long as you mean well you can feel good about what you're doing... no reason to explain or justify, it's all good."

He relaxed. Truth be told, it shook me up – confrontation isn't my "style" and sometimes a situation like that would knock me into my shell.

We spent the rest of the afternoon talking to girls on the beach. We greeted every girl and tried to get into a conversation with every girl we passed.

From noon to 1 PM nothing was hooking. At the time, I thought it was because my "game" was off, or because I was in a bad "state", but in this case it was neither.

It turns out that noon to 1 is considered the peak tanning hour by girls (since the sun is directly overhead) and therefore talking to girls during the peak tanning time is typically felt as an interruption. I violated the primary beach commandment: Thou shalt not interrupt peak tanning time.

When I learned about peak tanning time, it was a good lesson for me since it showed me one occasion that I was taking something personally when it really wasn't personal. In fact, over the years, the more I learned not to take things personally in every circumstance, the better my results got with women across the board. But that's beside the point...

Despite the crappy first hour, Sam and I kept going. I certainly had a lot to learn back then about picking up women, but I at least knew that great interactions don't happen "cold". Your social interactions are only as good as your social "state".

And at that time, the best (and only) way I knew to get into a social state was to be positive and be social for as long as possible. Things get easier, but until pick-up skills are internalized, warm-up is everything.

Easy to read in a book, harder to face the reality that some warm-ups can make you feel like you just crawled out of a leper colony. Despite my best attempt at being positive, pleasant and attractive, that first hour was a string of icy cold looks, disgusted sneers and being outright ignored.

Part of the game though. "If you want success, you need to be willing and able to receive all faces of failure as well. That's the deal," I said to myself, albeit grimly.

A little after 1, Sam and I could see two topless girls laying face-up about 40 feet in front of us.

“You ready,” I asked Sam. “No dude. C’mon,” he pleaded, “you can’t seriously think approaching topless girls is going to work.”

“I have no idea,” I said, “I’ve never done it.” Now, as I think back on the approach, I could tell you that I didn’t feel afraid. I had probably talked to 30 girls in the past hour, so even an outright cold rejection wouldn’t have upset me.

I could tell you that I wouldn’t have taken any response from the girls personally because I was warmed up.

At the same time, I wasn’t brimming with super-alpha, radioactive, mega confidence. In a weird way, I guess you could say I wasn’t thinking anything... I was just clear, present and OK with being in the moment. I didn’t have a plan or even anything canned to say.

As I approached, I noticed they had a Frisbee and said, “Oh my God! You guys have a Frisbee!!” I had the tone of an exuberant child. “Yeah,” one of the girls said, “It’s a really good Frisbee too,” she said pleasantly.

“Oh man, then you have to play Frisbee with us.” “OK,” she said, stood up and smiled at me. Holy moly, this girl was hot... a fit brunette with a gorgeous smile.

Now I could play it up as I’m telling the story about how hot she was, but honestly I wasn’t thinking about how hot she was or her naked breasts on display. I was purely in a state of having fun being with her, her friend and my buddy Sam.

We started throwing the Frisbee around. She was standing about 5 feet away from me and we were all enjoying throwing it around and poking fun whenever someone dropped it.

Sam was talking to the brunette’s friend and I was talking to the brunette.

The conversation was nothing fantastic. I wasn’t using super ninja, manipulative language tricks or running game. I was just enjoying her company, listening to her when she spoke and telling her stories about

myself and my Spring Break so far. And occasionally poking fun at her about her Frisbee abilities. “OK wait... wait... you’re not on the varsity Frisbee team at your school, are you?” “Oh my God, I am,” she said jokingly, “how did you know?”

Turned out the girl lived in Boston, which is where I lived at the time too. “Oh awesome,” I said and started talking to her about my favorite places in Boston.

I mentioned a bar by my house that I really liked. She had never been, “OK... you live in Boston and you’ve never been to <place>? That’s not right... we have to go immediately when you get back to Boston.”

I bring up the key moments of that first beach pick-up, but what really made things work was the energy and mindset (or lack of mindset) I had that made the pick-up successful. It was just a good plain positive meeting – describing it as a “pick-up” sounds dirty to me, but essentially that’s what it was.

Funny thing about the interaction... we had already set up a date in Boston and continued talking for a good couple of hours. I didn’t learn her name until Sam and I were leaving.

I said, “You know, this is going to sound like a funny question, but what’s your name?” “Jill [real name changed for this chapter],” she said. “Cool, I’ll put you in my phone.”

Now to any particularly jaded folks reading this story, no I didn’t “bang her” immediately after the interaction or even while I was on Spring Break. We got together when we were back in Boston and had a lot of fun together for a good few months.

This story stood out in my mind as one of my favorite beach game stories because it was my first beach game experience and despite not having confidence that it would work at that time, I pushed through and learned a lot.

My key takeaways from the experience:

- The best time range to approach women on the beach is 1 – 4 PM. Most girls have been there long enough to be bored, but not long enough to want to leave yet. Not every girl is

up for talking to someone, but a lot would love for a guy to meet them and relieve their boredom.

- Feedback is only relevant to that moment. A bad reaction from a woman isn't a life sentence or something to take "personally".
- On that same theme, you can't control other people's reactions (and nor would it be constructive to desire to...) You can only control your actions and train yourself to choose reactions that serve you (versus crash your state into the ground).
- Beach game is an experiment. You're just observing what happens in the real world when you try meeting women on the beach.
- If you can give up your "ego", rejections, insults and bad reactions won't hurt you. In fact, the less ego you bring into a situation, the more positively your interactions will be and the more desirable you will appear to women, contrary to the images most media portrays. (I would love to go into how to achieve this, but that would be a book in it of itself!) For now I could throw out a quick recommendation to read "A New Earth" by Eckhart Tolle if you're interested in getting out of your head and being emotionally unaffected by rejection.

Anyway, I hope my story helps you on your path to get all the beach game success you've been wanting. Good luck!

Eric

P.S. If you're interesting in improving your ability to approach women, check out the information at my site now: [Sensual Power Words](#) . My method isn't for everyone (for example, if you believe that the only stuff that works must be bizarre, manipulative or complicated, then this book isn't for you.) But if you are looking to make meeting the women you desire a regular and natural part of your everyday life, then you owe it to yourself to take a look and upgrade your current results.

So You Want To Pickup Hot Latinas?

By Esteban Lara creator of [Seducing Latin Women](#)

The way to treat Latinas differs from treating women from other nationalities. In Latin America is well seen to be a gentleman.

I know it's a little weird, if you have good manners an American woman would think you are dump. It's not like that for Latin women, it's a plus.

So the best way to be a gentleman is to be it from a position of power, having good manners without looking submissive.

It is actually good to open the door for her, move the chair so she seats, and offer your hand to cross the street. It's like a fairy tale; it is part of the Latin culture. So don't be afraid to do it, it will make you seem like a Gringo that understands the culture and she would see you more familiar.

Do not think that you are losing your value for doing so, instead, do it without looking in love, do it from a position of power. You can do a lot of things from that position without losing your value. For example, you can say something like "you are pretty" using some gestures and body language that make you look as someone who isn't so romantically interested in her; that's what I mean with "the position of power".

The same you can do while being a gentleman, remembering always to touch her smoothly, grabbing her hand, identifying her interest every time more, growing the sexual tension at the same time.

Latin women love sex, as all women from any country do, the difference is that they hide that appetite more during the courtship. For example, it's OK to say some dirty words to an American girl you just met and she would feel good with it. On the other hand it's not OK to say dirty words to a Latina if you haven't slept with her yet, she would be likely to be offended. Unless you do it when you are just about to have sex with her and you both are in the seduction location.

Latin women seem to be more offended when a man grabs their ass in a place that is not meant for sex, they feel they are going to get raped. While an American girl would be OK with it if doing it discretely even in a public place.

So, resuming it; be a gentleman from a position of power.

Great Spanish phrases to know, and when to use them

Here are some phrases you should learn in Spanish. Some of them may sound stupid while translating to English, but in Spanish they sound really nice and help to reach an objective:

- *Tienes una sonrisa maliciosa, eso me parece sexy.*

Translation: You have a naughty smile, it seems sexy to me.

How to use it: You can use it at any time to make her feel sexy, even when you just meet her, or during a date.

Objective: Reward her and stimulate her to become sexy with you.

- *Me encanta eso que hiciste.*

Translation: I'm so charmed by what you just did.

How to use it: The word "Me encanta" is very powerful in Spanish, it helps to make them realize that they are sexy. You can use that word in many situations to compensate her for doing a thing you liked. It could be after she bites her lips, or after she smiles with a naughty attitude, or after she licks her finger, or after she tells a good joke. It's also a good way to make her see you as a potential lover while you whisper that word at her ear.

Objective: Reward her for being nice and make her feel she's investing to charm you.

- *Eres demasiado sexy*

Translation: You are too sexy.

How to use it: The word “too” in Spanish doesn’t have the same negative connotation it has in English. That word is sometimes used to describe something that is extremely great or extremely bad. You can say that phrase to reward her for something she did fine. For example, if she dresses the way you told her to dress, or after she gives you a naughty kiss. Nevertheless you should only use something like this once you are already dating her, after you had already at least made out with her, or after you had sex already with her.

Objective: Reward her for being so awesome with you and keep her behaving sexually.

- *Pinta un bosque y piérdete en él.*

Translation: Draw a forest and get lost on it.

How to use it: It’s a funny phrase and it implies that she said something stupid. Say it playfully when she tells you a joke. It’s a phrase that little Latin kids say very much to their moms when they want to stay alone. Be careful with the way you say it, if you say it playfully enough it will make her laugh.

Objective: Tease her and show her feel she has to work hard to make you smile for her jokes.

- *Multiplícate por 0*

Translation: Multiply by 0.

How to use it: As the one of the forest it’s a playful way to say that something wasn’t funny to you. So, say it only when she tries to be funny but doesn’t succeed.

Objective: Tease her for being such a bad humorist.

- *Súbete al Titanic y húndete*

Translation: Get on the Titanic and sink with it.

How to use it: It's another funny phrase to use after she says a bad joke.

Objective: Tease her for her bad sense of humor.

- *Te aprovechas de mi nobleza.*

Translation: You take advantage of my nobility.

How to use it: It's a really funny phrase to use only when she's making fun of you for something. That phrase is originally from a very popular comedy show from Mexico called "El Chapulín Colorado". That show was the most popular in all Latin countries for decades. That phrase makes you seem innocent in a funny way.

Objective: Make her feel she can make fun of you without upsetting you.

How to obtain a kiss with a Latin woman

Initial attraction is directly related to the confidence, the power and the status that you seem to have. That attraction must be maintained at all times.

There's something you must know now: Latin women care a lot about kissing. They really love it, and it's something that they are going to care about much more than many girls from other parts of the world. That's why you'll find out that, for many of them, it's such a big deal!

The status you have so far is going to help to you to generate enough attraction with Latin women. Surely now you ask yourself "But when she's showing interest, what do I do?" Now it's time to escalate in Kino, which is to start touching her every time more. It's not about touching her ass or breasts; it's about touching her shoulders, knees, hugging her, etc.

Latin women are more used to the physical contacts. Most of them love to be hugged and grabbed. Escalating in Kino gradually is going to allow you to make her more comfortable with you and thus the kiss is going to be easier.

So, the first step to start Kino escalating is to **bring her** close to you.

An easy way to bring her closer is by showing her a video you have on your cell phone or some pictures from your camera. It's important that you are not the one who makes the move to get closer. Make her be the one who moves next to you so she can see what you are about to show her. Then you start Kino escalating slowly.

Do not ever say to a Latin girl something like "Do you want me to kiss you?" or "May I kiss you?" It will kill the attraction, besides it's something that many Latin guys do, so it won't help to differentiate you from the others.

Latin women hate it when a guy asks for a kiss instead of going for it.

There's something that I highly recommend with Latin women, and it is to start with a kiss in the cheek without explanation. Trust me; this is going to be really helpful for you. I call it "The sudden innocent kiss."

It's extremely useful because it will help you do five things at the same time:

- Kino escalating.
- Let her know you won't be "just a friend."
- Make guys around you know that she's with you.
- Make sure she's interested in you.
- Notice if she's ready for the first kiss.

The sudden innocent kiss should be made right when her conscious mind is concentrated on something that you are talking about. It doesn't have to be a romantic topic. A good way to do it is by just telling a story. It could be

a funny story or just something that happened to you a few days ago. It could be anything. The important thing is to give her a kiss without explanation while you tell the story. It doesn't matter if it's the beginning of it or the end. Just give her one or even a few kisses on the cheek while you tell the story and then keep telling the story without stopping.

Giving her this "Sudden Innocent kiss" will help you determine how much she likes you. You can analyse her reaction right after doing this. If she seems uncomfortable, it means she's not ready yet. Sometimes she's going to give you a shit test after you do this, saying something like "Why did you do that?". It's a shit test that you can bypass showing some humour saying something like "You had something in the cheek and I wanted to get it with my mouth =)" Then, keep telling the story as if nothing happened.

Relax and keep showing value with your style, your humour, confidence and topics of conversation.

Later, when you identify she's more interested, repeat the process. Keep escalating in Kino, touch her hair and give her a small kiss, this time on the mouth.

You'll find that there are a lot of Latin women that aren't as open minded as women from other cultures, sometimes they have strange beliefs like never kissing a guy on a first date. If you are with a Latina and she's showing interest but doesn't allow you to make out don't worry, she'll do it the second date.

When you come across a girl like this, don't get discouraged. It's part of the culture. Girls that behave this way are just too scared of being labelled as whores and think that you will value the fact that she's making you wait.

At the same time she will fear the fact that you may not call her again. That's why she would give you at least a small demonstration of interest by giving you a small kiss near your mouth when saying goodbye.

Esteban Lara

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Chick Watching At The Beach

By Joe Bovino Fieldguidetochicks.com

One of the best places to spot and meet American chicks during the summer is at or near the beach.

If you've got a decent beach body and a little time for some fun and relaxation, you're good to go. But even if you're pasty white, overweight, or average looking, you can use the beach to your advantage in the field. There are more than enough chickwatching opportunities to go around. All you have to do is show up, dry off, and seize them.

Habitat for Humanity

The natural beach environment offers several key advantages to chickwatching enthusiasts, including:

- **Ease of Location**: Most American chicks love going to the beach, especially young, hot ones. If that's what you're looking for, go there too.
- **Ease of Identification**: Chicks at the beach wear a lot less clothing than usual, which makes it easier to distinguish between the species and find the ones of special interest to you. You'll rarely get a better look at physical clues (also known as "field marks") like shape, size, and color than you get at the beach. Is she a Colombian American "Spice Rack" or some other Latin American species? Well, there's her rack, hips, butt, skin tone, and all the rest, right there on display for all to see. You can probably even tell if her breasts are real, especially when she lies down. (They don't roll to the side if they're fake, in case you didn't know).
- **No Bait and Switch**: A guy often doesn't really know what kind of body a chick has until he's taken her out on a few dates and peeled away some of her clothes, especially in cold weather states. This can lead to disappointment when she turns out not to have the body you expected or thought she had. Meeting the same chick at or

near the beach reduces the likelihood of this kind of (mostly innocent) bait and switch. Bikinis these days don't leave much to the imagination, and in some places – like South Beach – she might even be topless. The dating market – like every other market – works best when consumers make informed decisions.

— **Plan B – Beach Joints:** If you don't have 6-pack abs, burn easily, or just don't enjoy spending time on the beach, no worries. It's often *easier* to meet chicks at bars, restaurants, coffee shops and other joints near the beach anyway. She may be a little more covered up, but so what? She's also likely to be less guarded when you approach ... and maybe less sober. Bingo.

Three Abundant Species

You can find almost any American chick species on the beach. In my research for “The Joe Bovino Field Guide to Chicks of the United States” (www.fieldguidetochicks.com), it was rare to interview a chick who didn't say she liked to hang out by the ocean, but some species clearly love the beach more than others, intentionally live close to it, and are far more likely to be found there.

Here are three conspicuous examples.

— **SOUTH BEEOTCH (Miami Beach, FL)**



You can't spend any time at or near the beach in Miami Beach, FL without encountering the "South Beeotch". She's everywhere you go, especially if you go to the best places in town.

If an ethnic chick species like the Ecuadoran American "Ecuadorable" is fully assimilated and partied-out, she can easily double as an Ecuadorable/South Beeotch combo, but the quintessential South Beeotch is white, (overly) tan, and slender or athletic and toned. She often installs a rack but may not bother if she's already smoking hot – Miami is teeming with models - or thinks she is. Either way, she usually looks great in a skimpy bikini and oversized designer sunglasses on the beach. You can also find her in the trendiest restaurants and clubs at night dressed to kill in the sexiest outfit she has.

The South Beeotch is shamelessly promiscuous and instinctively performs an elaborate courtship dance in response to trendy house music in clubs. She also tends to be capable of detaching intimacy from sex, like a guy. But there's a catch. Sex often occurs at 4 or 5 a.m. on weeknights (on the beach, in a club bathroom, or wherever) in exchange for a night of freebies. In other words, if you're not down for plenty of sleep deprivation after partying all night and overpaying for bottle service in the most exclusive clubs (assuming you can even get in), the South Beeotch may not be for you.

Fortunately, South Beeotch is only one of many beautiful chick species in Miami Beach and the surrounding area, including a large number of Latin American species and horny tourists who treat South Beach like Vegas with a beach. You have options. Plenty of them. Now go get her another drink.

PREPPY SLUT (South Bay, CA)

This chick from the beach cities of the South Bay in Los Angeles tries to look cute and seductively innocent at all times – even when practically naked at the beach – but strategically placed tattoos and piercings are increasingly common. Her outfit tends to include stylish (cutoff) jeans or a preppy pleated skirt, a cute (bikini) top or t-shirt, optional headband, (pearl) earrings, (proverbial pearl) necklace, and other clothing with a (USC, UCLA

or Loyola Marymount) university logo on it. She's normally attractive, tan, and toned but occasionally carries a few extra pounds from all the tequila shots.

Warning: Don't be fooled by that preppy veneer because there's a little American slut just beneath the surface. (Okay, that's an exaggeration, but she does get passed around like a hot potato and probably dated at least one of your friends if you live in the area). She's restless, fickle, and easily distracted – the South Bay is teeming with tall, young, super-fit guys on the hunt – but open to the occasional one-night stand. And, while she may be difficult to approach during the day without a cocktail, flirtatious invitation, or friendly introduction, she's easy prey in the bars at night if you've got some game and persistence. Private beach parties, karaoke bars, art fairs, volleyball tournaments, and the "Strand" (a bike and running path along the beach) also present excellent opportunities to hook up.

Beach cities of the South Bay abound with Preppy Sluts, especially Hermosa Beach (for the 20s version), Manhattan Beach (for the 30s and 40s version), and Redondo Beach (for potluck). She's also common to somewhat common in other California beach communities, including Malibu (especially Zuma Beach), Huntington Beach, Laguna Beach, Santa Barbara, Santa Monica, Venice, Marina del Rey, and San Diego.

JERSEY SCORE (New Jersey)



By now, everyone knows about the over-the-top “Guidette” chick featured in MTV’s popular “Jersey Shore” television show. She’s part of a real subculture and you can’t miss her in parts of (mostly northern) New Jersey, especially at the beach. But she’s not the norm in Jersey. Fortunately, another species – the “Jersey Score” suburbanite – is far more commonly seen and encountered.

The Jersey Score tends to be Italian, Irish, Jewish, and/or Polish, with piercing eyes; a (slightly) long or big nose; Mediterranean-tinged skin; brown or bleached blonde hair; ample breasts; and at least some degree of style. During the summer, her attire often includes short shorts, a tank top over a bikini, sandals or ugg boots, a big handbag, funky bracelets and necklaces, and sunglasses.

She’s generally attractive – exceptionally so at times - but big hair, heavy makeup, tattoos, flashy clothes, or poor grooming habits can ruin the affect. Add some (open-mouthed) bubble gum chewing, cursing, or chain smoking, and it can be a real disaster.

Not surprisingly, this chick loves to go “down the Shore” – where she regularly clashes with the Guidette – hang out with friends, shop at the mall, eat pizza, and drive around in the coolest car she can get. She also tends to be charismatic, playful – with lots of unpretentious flirting and partying – and selectively promiscuous. And, despite some attitude and swagger, she’s usually a warm-hearted, family-oriented chick at heart.

Spotting a Jersey Score on any beach or “boardwalk” in Jersey is simple, but she’s just as easy to find and meet at local nightclubs, bars, casinos, hotels, gyms, and local restaurants, as well as synagogues and churches.

Footprints in the Sand

Chick watchers spend a lot of time at the beach because it’s relatively easy to find, identify, check-out, and approach chicks on and near it. That’s reason enough for you to do it too, even if you’re not sure how you’re actually going to meet one or what you’re going to say.

Ninety percent of what it takes to succeed at chickwatching – like most things in life – is just showing up. (If you don't show up, somebody else will). The other 10% will work itself out if you get off your butt and connect with others, especially if you have some user-friendly information about the different species (ethnic or regional subcultures) from my Field Guide to Chicks of the United States, a little confidence, and a commitment to keep trying until you find and get the chick – or chicks - of your dreams.

Best,

Joe Bovino

Author, Fitness Advocate,

Chickwatching Expert

www.fieldguidetochicks.com

P.S.: Don't walk up to a topless chick on the beach in Miami and expect to be well-received unless you're selling something she wants.

P.S.S.: Get your ass in shape. It helps.

P.S.S.S.: Follow me at <http://twitter.com/joebovino>

