

*On the Voice*

ever prodigious may be the gifts of nature to her elect, they can only be developed and brought to their extreme perfection by labour and study.' Think of Michelangelo working for a week without taking off his clothes, and Handel hollowing out every key of his harpsichord, like a spoon, by incessant practice. Gentlemen, after this, never talk of difficulty or weariness. It is almost impossible to see the utility of Demosthenes' method of speaking with stones in his mouth, but any one can perceive the usefulness of his pleading with the boisterous billows, that he might know how to command a hearing amidst the uproarious assemblies of his countrymen; and in his speaking as he ran up hill that his lungs might gather force from laborious use the reason is as obvious as the self-denial is commendable. We are bound to use every possible means to perfect the voice by which we are to tell forth the glorious gospel of the blessed God.

Take great care of the consonants, enunciate every one of them clearly; they are the features and expression of the words. Practise indefatigably till you give every one of the consonants its due; the vowels have a voice of their own, and therefore they can speak for themselves. In all other matters exercise a rigid discipline until you have mastered your voice, and have it in hand like a well-trained steed. Gentlemen with narrow chests are advised to use the dumb-bells every morning, or better still, those clubs which the College has provided for you. You need broad chests, and must do your best to get them. Do not speak with your hands in your waistcoat pockets so as to contract your lungs, but throw the shoulders back as public singers do. Do not lean over a desk while speaking, and never hold the head down on the breast while preaching. Upward rather than downward let the body bend. Off with all tight cravats and button-up waistcoats; leave room for the full play of the bellows and the pipes. Observe the statues of the Roman or Greek orators, look at Raphael's picture of Paul and, without affectation, fall naturally into the graceful and appropriate attitudes there depicted, for these are best for the voice. Get a friend to tell you your faults, or better still, welcome an enemy who will watch you keenly and sting you savagely. What a blessing such an irritating critic will be to a wise man, what an intolerable nuisance to a fool! Correct yourself diligently and frequently, or you will fall into errors unawares, false tones will grow, and slovenly