



MILLBURN
MEDICAL
IMAGING, P.A.

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Ultrasound-Guided Breast Biopsy

How To Prepare

Please obtain a prescription from your referring doctor prior to the procedure!

1. Aspirin and anticoagulants increase the risk of bleeding and bruising. Anticoagulants include: Coumadin, heparin, penicillin, aspirin, Advil or Motrin.
 - a. Patients taking anticoagulants (blood-thinners) or aspirin prescribed by a physician should contact the doctor managing those medications to see if they can safely stop those 5 days prior to the biopsy.
 - b. Do not use aspirin, Advil or Motrin for at least 5 days prior to procedure.
2. Advise our scheduler of allergies to latex, lidocaine, as well as any history of anticoagulants, prior to appointment.
3. There are no diet restrictions, eat and drink as usual.
4. Other than those mentioned above, take usual medications on exam day.
5. Wear a two-piece outfit and a supportive bra.

What To Expect During The Procedure

After the normal check-in with the front desk, you will be asked to change into a gown.

The skin in the area to be biopsied is cleaned with betadine. A local "numbing" anesthetic, usually lidocaine, is administered, which will numb the area of the breast to be biopsied. A special "core" needle is inserted into the breast and tissue is removed. The process will be explained to the patient before and throughout the procedure. Some women report a sensation of pressure. If discomfort is experienced, the radiologist can administer additional anesthetic. After adequate sampling, a clip may or may not be placed inside so the site of the biopsy can be identified in future mammograms.

What To Expect After The Procedure

Tissue samples are then sent to a pathology laboratory for processing, interpretation and reporting. Results are usually available in 2-3 business days. Millburn Medical Imaging sends all samples to the Pathology Department at Newark Beth Israel Medical Center. The pathologist will bill your insurance separately for their services, so please confirm with your insurance carrier that laboratory services are covered and if there will be any additional expense.