

CONVO 2017 WORKSHOPS

#DEEP: CONVERSATIONS WITH THE SPEAKER

Join our speaker Chelsea Spyres for a deeper look into the theme of this year's CONVO.

BOFFING: FUN WITH FOAM...SWORDS

You have been cordially invited to join our melee, in which brave combatants shall battle with the finest foam swords we could make.

BOLDLY WENT: BOLD LEADERS IN THE BIBLE

Who in the bible recognized the threats to the basic needs, dignity, spirituality and freedom of mankind and how with God's help did they respond?

BREAKING DOWN STORIES ABOUT PEOPLE WHO CHANGE IN THE BIBLE

Step into bible times as we explore individuals who have exciting stories of change. We'll begin to crack the code to understanding one of the greatest books of all time, the Bible. How do we read, understand, and relate to it.

BULLYING: HOPE IN A HOPELESS WORLD

We'll explore reasons young people feel down and desperate. How we, youth, can help and offer hope.

CAPTURING THE STORY: VIDEOS AND PHOTOS

This hands-on workshop explores the critical balance of artistic and technical knowledge that results in a compelling visual story. And yes, there is a scientific explanation to the rule of thirds!

DOUBT: GROWING AND OVERCOMING OBSTACLES IN YOUR FAITH JOURNEY

In this workshop we will be discussing obstacles in your faith journey and learning to grow/overcome from them.

DRAMA, GAMES & IMPROV

Here you will learn through various improvisational games how to think on your feet, take direction and work well with others in a creative setting. All are welcome, beginner to experienced.

GIFTS OF IMPERFECTION

Join this workshop as we explore the idea that if we let go of who we think we are or should be it will help us better embrace who we really are.

HEALTHY RELATIONSHIPS

Come learn more about keys to healthy relationships that can apply to relationships with your friends, your family and your significant others.

LEARN TO BECOME A BETTER LEADER

Learn how to be a better leader in your church, in your school, in your community, and in the world.

MESSY CREATIVITY

Explore your artistic ability and bring your inner artist out at CONVO 2017!

MUSIC: JAM SESSION

Bring your guitar or your voice and join us as we jam on some familiar and new worship songs! If you love music this is the workshop for you.

POKÉMON: GOTTA CATCH 'EM ALL

This is a great active workshop where you will work as a team running around the UPS Campus to catch your favorite Pokémon as they hide and sprint away from you.

SERVICE AS A LIFESTYLE

Do you wonder how you can deepen their faith and make a difference in your communities and the world through mission and service?

TEEN PRAISE

Identify several ways that you can be a leader in worship, from lighting candles to shaping worship culture at your home church. Strategize your next steps toward encountering God in worship and taking others along with you.

ULTIMATE FRISBEE

Build team work and have a lot of fun playing Ultimate Frisbee with friends!

YOGA, BE INSPIRED!

Why yoga? Yoga is different for everyone. It can enhance every part of your life: physically, emotionally and spiritually. Yoga brings balance and awareness to self and those around you. We will learn about breath, daily meditation practices, and compassionate communication