

## How do I listen to my CDs on an iPod or MP3 player?

1. Insert your Now You Know Media CDs one at a time into the disc drive of your computer.
2. Open your preferred audio player program (iTunes, Windows Media Player, etc.).
3. Within iTunes, your CD may come up automatically and prompt you to “Import CD.” If not, on a Mac select “iTunes,” or on a PC select “File,” in the top left corner and choose “Add file to library” from the drop-down menu.
4. This will open a window where you can select “Computer” from the left-hand sidebar and then the disc you have inserted will appear as an option. Select this disc, and click “Import CD” when prompted.
5. The green arrow will indicate when the CD is done importing. Click “Eject” to remove the first disc and repeat steps 1-4 to import the rest of your Now You Know Media program.

(If you are having trouble with the names of the lectures within iTunes, please see the FAQ: **Why are the titles of the lectures wrong in iTunes?**)

6. Once all of the CDs are successfully imported, connect your iPod or MP3 player to your computer using its dock or USB cord. Most Macs will automatically begin to sync your device with your library. If not, select “iTunes” on a Mac, or “File” on a PC, and choose “Sync iPod.”

For more information regarding iTunes, visit: <http://www.apple.com/itunes/>.

For more information regarding Window Media Player, visit:  
<http://www.microsoft.com/windows/windowsmedia/player/default.aspx>.

If you have any other questions, please contact us at **1-800-955-3904**.

