Understanding the Social Emotional Needs of Young Learners

Santa Clara County Office of Education

Presentation for Transitional Kindergarten Teachers, Kindergarten Teachers and Preschool Teachers November 5, 2013

Agenda



- Social Emotional Practices that Support Young Learners
- Preschool and Transitional Kindergarten (TK)
 Alignment
- Desired Results Developmental Profile: School Readiness (DRDP-SR)
- Social Emotional Resources
- Questions/Comments

Social Emotional Practices that Support Young Learners

- Building <u>Positive Relationships</u>
- Creating an <u>Effective Classroom Environment</u>
- Using <u>Social Emotional Strategies</u> to Support Young Learners

"Preventing Challenging Behavior in Young Children: Effective Practices" by P. Alter & M. Conroy, Center for Evidence-Based Practice: Young Children with Challenging Behavior

How do you develop relationships with young children?

- Be part of the child's <u>daily experiences</u> and activities
- <u>Talk with children</u> about their experiences at home and in the classroom, showing interest and asking questions
- Ensure that a special <u>teacher greets the child</u> at the beginning of the day, provides support as necessary, and <u>says good-bye</u> at the day's end
- Applaud the child's accomplishments and provide <u>specific feedback</u> about the child's efforts
- Develop relationships with the child's parents, and be friendly and respectful toward them in the child's presence
- Use a parent surveys to find out more about the child and his/her home life
- Show respect for and <u>interest in the child's culture</u>

Ross A. Thompson, 2008



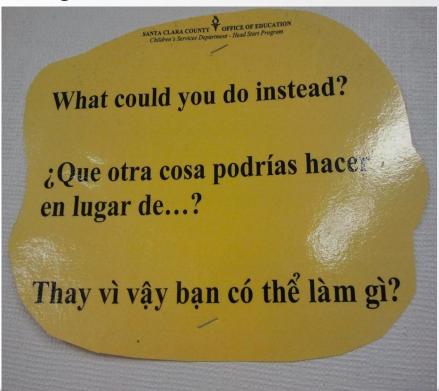


Providing Supports in the Home Language - Thematic Unit Sign



Providing Supports in Home Language - Center Information and Higher Order Thinking Questions





Coaching Parents on Writing, Math & Phonics – Parent Workshop



- Physical Environment
- Schedules
- Routines & Rituals
- Transitions
- Large/Small Group Activities
- Student Choice



- Limit the number of children in centers
- Organize materials wisely on shelves
- Make toys accessible
- Use materials that are appropriate for the age level & plentiful
- Monitor lighting, noise level and temperature

"Preventing Challenging Behavior in Young Children: Effective Practices" by P. Alter & M. Conroy, Center for Evidence-Based Practice: Young Children with Challenging Behavior



Visual Containers – Promoting Independence







Center Information – Limit the Number of Children







Class Schedule - Gives Children a Sense of Time & Routines/Rituals









Large Group Area & Small Group Instruction





Math Center & Literacy Center - Independent Student Choice





Block & Dramatic Play Area - Independent Student Choice





Sensory Area – Independent Student Choice

Sand Table



Moon Sand Table



Sensory Area – Independent Student Choice

Rice Table Water Table





- Have Clear Expectations for Behavior
- Teach About Feelings
- Teach Self Regulation
- Teach How to Problem Solve
- Support Each Students' Individual Social Emotional Needs

- Reinforce the behavior expectations
- Use stories to teach about emotions/feelings
- Visually monitor the children social emotional needs
- Give positive attention

Classroom Expectations – Teach Behavior Expectations





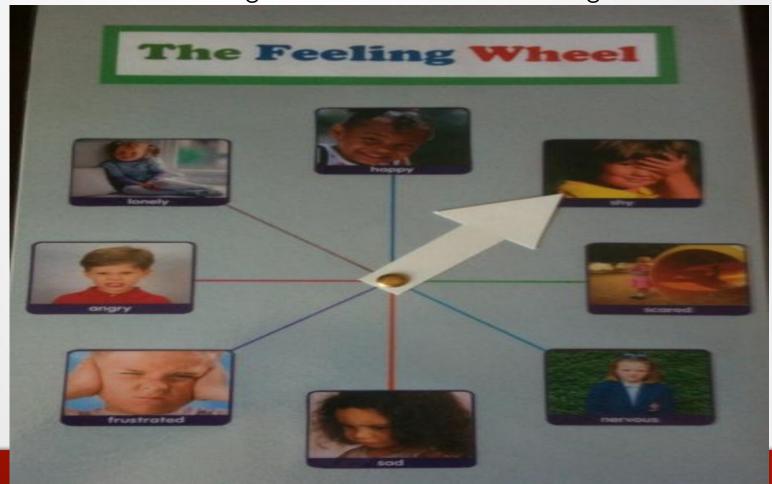


Feeling Chart-Teach About Feelings

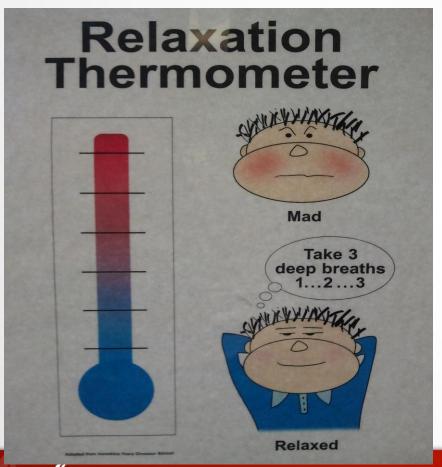


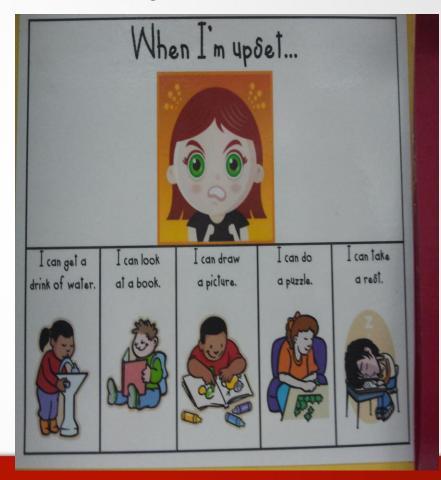


Feeling Wheel– Teach About Feelings



Cooling Off Chart – Teach Self Regulation





Private Space – Teach Self-Regulation

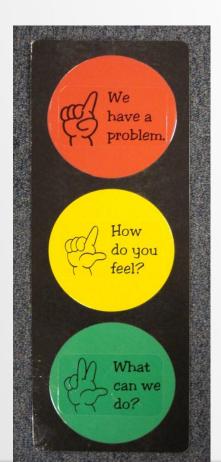




Private Space – Teach Self-Regulation



Solution Kit Choice Board – Teach How to Problem Solve



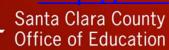




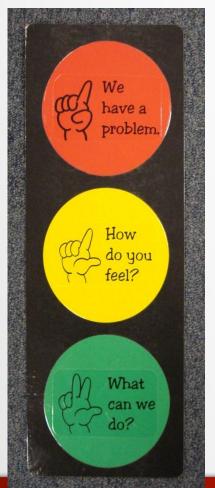




http://www.vanderbilt.edu/csefel/resources/strategies.html



Conflict Resolution Activities - Teach How to Problem Solve







What Do Children Do When They Don't Develop These Skills?

 When children do not have healthy social and emotional skills, they often exhibit challenging behaviors

 We must focus on *TEACHING* the skills!



We Need to Teach!

"If a child doesn't know how to read, we teach.

If a child doesn't know how to swim, we teach.

If a child doesn't know how to spell, we teach.

If a child doesn't know how to write, we teach.

If a child doesn't know how to behave, we......

.....teach?punish?

Why can't we finish the last sentence as automatically as we do the others?"

Preschool and Transitional Kindergarten Alignment

The Alignment of

the California Preschool Learning Foundations with Key Early Education Resources



California Infant/Toddler Learning and Development Foundations
California Content Standards
Common Core State Standards
Head Start Child Development and Early Learning Framework



Overview of TK Alignment

1	California Preschool Learning Foundations	California Kindergarten Content Standards	Common Core State Standards
	Social-Emotional Development	Health, Education Mental, Emotional, and Social Health	
	Language and Literacy	English-Language Arts	English-Language Arts
	English-Language Development	English-Language Development	
	Mathematics	Mathematics	Mathematics
	Visual and Performing Arts	Visual and Performing Arts	The Alignment of the California Preschool Learning Foundations with Key Early Education Resources
	Physical Development	Physical Education	
	Health	Health Education	California Intant/Toddler Learning and Development Foundations Cullifornia Context Standards Common Confi State Standards Common Confi State Standards Common Confi State Standards Common Confi State Standards Common Conf
	History-Social Science	History-Social Science	and Ently Agenting Framework

9 Content Areas

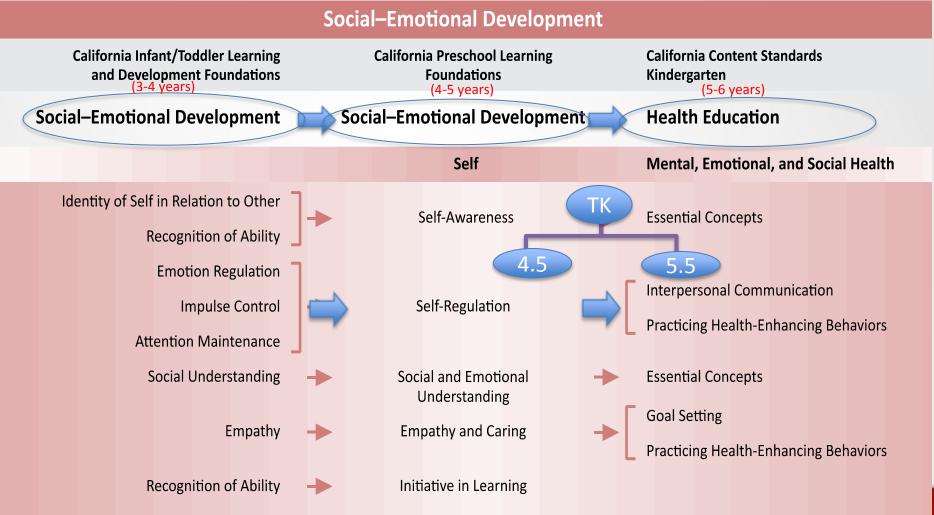


Science

Science

Table 1.1

Overview of the Alignment Between the Social–Emotional Development Domain and the California Content Standards



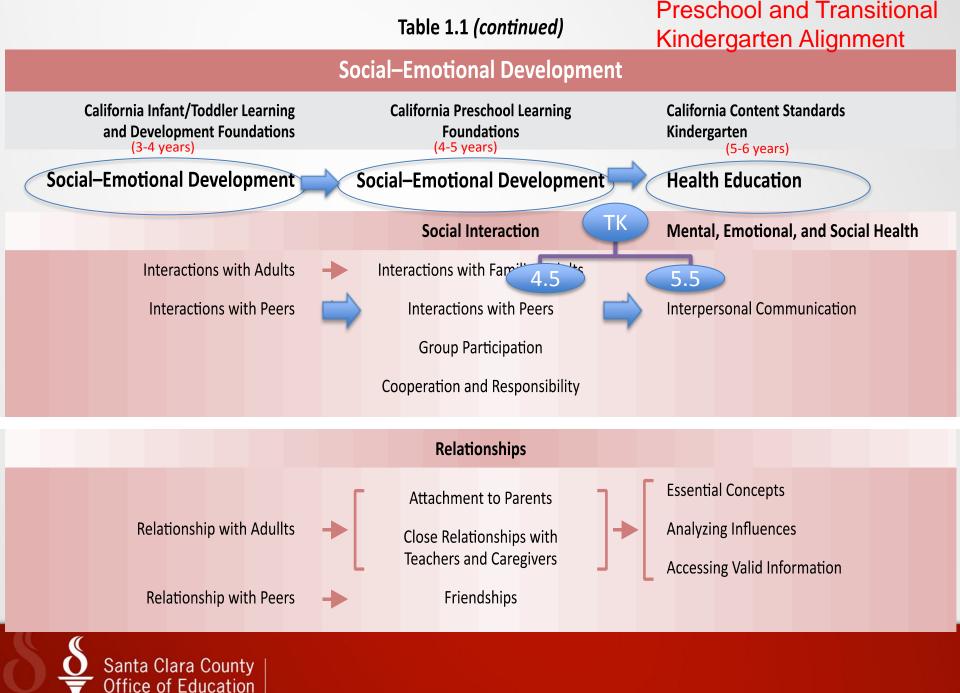


Preschool and Transitional Kindergarten Alignment

Overview of Social-Emotional

California Infant/Toddler Learning California Preschoo TK California Content Standards Kindergarten and Development Foundations Learning Foundations						
2.0 Self-Regulation		Standard 4 Interpersonal Communication Standard 7: Practicing Health-Enhancing Behaviors				
At around 48 months (4 years)	At around 60 months (5 years)	By the end of kindergarten (6 years)				
2.1 Need adult guidance in managing their attention, feelings, and impulses and show some effort at self-control.	2.1 Regulate their attention, thoughts, feelings, and impulses more consistently, although adult guidance is sometimes necessary.	Standard 4: Interpersonal Communication 4.1 Show how to express personal needs and wants appropriately. Standard 7: Practicing Health-Enhancing Behaviors 7.1 Express emotions appropriately.				
3.0 Social and Emotional Unders	standing 4.5	- 5.5 1: Essential Concepts				
At around 48 months At around 60 months		By the end of kindergarten				
3.1 Seek to understand people's feelings and behavior; notice diversity in human characteristics; and are interested in how people are similar and different.	3.1 Begin to comprehend the mental and psychological reasons people act as they do and how they contribute to differences between people.	1.1 Identify a variety of emotions.				
4.0 Empathy and Caring		Standard 6: Goal Setting Standard 7: Practicing Health-Enhancing Behaviors				
At around 48 months	At around 60 months	By the end of kindergarten				
4.1 Demonstrate concern for the needs of others and people in distress.	4.1 Respond to another's distress and needs with sympathetic caring and are more likely to assist.	Standard 6: Goal Setting 6.1 Make a plan to help family members at home. Standard 7: Practicing Health-Enhancing Behaviors 7.2 Describe positive ways to show care, consideration, and concern for others.				

Source: The Alignment of the California Preschool Learning Foundations with Key Early Education Resources, CDE, 2012.



Overview of Social-Emotional

California Infant/Toddler Learn and Development Foundations		California Content Standards Kindergarten				
At around 48 months At around 60 months						
5.1 Enjoy learning and are confident in their abilities to make new discoveries although may not persist at solving difficult problems.	5.1 Take greater initiative in making new discoveries, identifying new solutions, and persisting in trying to figure things out.					
Strand: Social Interaction		Content Area: Mental, Emotional, and Social Health				
1.0 Interactions with Familiar Adults						
At around 48 months At around 60 months						
1.1 Interact with familiar adults comfortably and competently, especially in familiar settings.	1.1 Participate in longer and more reciprocal interactions with familiar adults and take greater initiative in social interaction.	TK				
2.0 Interactions with Peers		Standard 4: Interpersonal Communication				
At around 48 months (4 years)	At around 60 months (5 years)	By the end of kindergarten (6 years)				
2.1 Interact easily with peers in shared activities that occasionally become cooperative efforts.		4.2 Cooperate and share with others. - 5.5 undations with Key Farly Education Resources. CDF, 2012				













DRDP-SR® (2012)



California Department of Education Child Development Division Sacramento, 2012



DRDP-SR® (2012) Rating Record Child: Teacher: School: If English IS NOT the only language spoken in the child me, complete measures 1-30 If English IS the only language spoken in the c nome, complete measures 5-30 Record the child's level of mastery by marking (x) for each measure Mark the Developmental Level the child has mastered Measure Domain Unable to Rate School Readiness Measure Number Discovering Exploring Developing Building Integrating Comprehension of English (receptive English) Self-expression in English (expressive English) FLD - 4 Measures Understanding and response to English literacy activities Symbol, letter, and print knowledge in English Mark the Developmental Level the child has mastered Unable to Rate Domain School Readiness Measure Exploring Developing Building Integrating Applying **"iber** Competencies 5 Identity of self SSD1: 6 SSD2: Recognition of ability SSD3: Relationships and social interactions with adults SSD4: Relationships and social interactions with peers SSD5: Social and emotional understanding Social Emotional - 11 Measures SSD6: Conflict negotiation 11 SSD7: Curiosity and initiative in learning REG1: Self-control of behavior and feelings 13 REG2: Engagement and persistence REG3: Responsible conduct 15 REG4: Shared use of space and materials LLD1: Understanding of language (receptive) 17 LLD2: Follows increasingly complex instructions 18 LLD3: Communication of needs, feelings, and interests (expressive) 19 LLD4: Reciprocal communication and conversation Language & Literacy - 8 Measures 20 LLD5: Comprehension and analysis of age-appropriate text, presented by adults 21 LLD6: Letter and word knowledge 22 LLD7: Phonological awareness 23 LLD8: Emergent writing 24 MATH 1: Number sense of quantity and counting 25 MATH 2: Number sense of mathematical operations 26 MATH 3: Measurement 27 MATH 4: Shapes Mathematics - 7 Measures 28 MATH 5: Patterning 29 MATH 6: Problem solving MATH 7: Classification

4 Content Areas

30 Measures



California Department of Education, Child Development Division with WestEd Center for Child & Family Studies, *Desired Results Developmental Profile (DRDP)*

DRDP - SR

Developmental Domain: REG - Self-regulation

Measure 12: Self-control of feelings and behavior

Definition: Child increasingly develops strategies for regulating feelings and behavior based on adult guidance

School Readiness



1. Mark the developmental level the child has mastered.

Demonstrates capacity to manage feelings and behavior in moderately stressful situations, especially with adult support

Examples

Uses words and other constructive forms of communication to express strong feelings on a regular basis; seeks adult assistance to manage feelings and behavior

Developing Competencies

Manages feelings and behavior using simple strategies on own (e.g. leaving a difficult situation, self-soothing, communicating needs)

Building Competencies

Tries to gain self-control by using complex strategies (e.g. focusing on something else, verbal reminders to self, and negotiation and compromise)

Integrating Competencies

Uses self-control strategies spontaneously and often; often restrains self from acting impulsively

Applying Competencies

- Waits impatiently for a turn with a toy, but does not grab it from the other child.
- Calms down when an adult puts words to a peer conflict and suggests a solution.
- Becomes upset, but does not cry or act out, when an adult says she cannot go outside to play now.
- Wants to join in snack time without washing hands, but washes hands when the teacher reminds her.

- Goes to the art table when the teacher says,"It's art time," but when a peer moves the marker container away from him, goes back to the teacher and communicates, "Teacher, Reina won't share the markers!"
- Approaches a favorite teacher and communicates, "I'm sad," after mother departs in the morning.
- Goes to play with an adult after attempting unsuccessfully to join peers in the block area.
- Communicates to another child while waiting to wash her hands at the sink, "Hurry! I'm starving. You're taking too long."
- Goes to adult for help when feeling frustrated about a child who will not give up the computer.

- Offers a different toy in exchange when another child has the toy she wants.
- Communicates, "OK, It's my turn after you are done," while standing by a child who is painting at the easel.
- Approaches teacher who is reading a book with another child on the rug; hands the teacher a book, communicates, "My turn next, teacher," and sits down to wait, listening to the end of the story.
- Rushes to be the first to play with the balls during outdoor play and runs away with one of the balls when other children try to join in.
- Communicates, "I'm mad. I don't like it when you do that!" after a peer takes all her blocks.

- Says to self, "Gentle petting," while petting the class bunny.
- Finds another activity of interest until computer is available when unable to use the computer.
- Offers a strategy such as,"Hey, we can each use one of the markers. I want this one," when other children want to use the same set of markers she wants.
- Indicates, "I told Aurelio he can use the scooter in five minutes!"
- Looks angry and then goes to a favorite alternative activity when the playhouse is full.
- Communicates, "Don't push!" when another child pushes, and then, "You can have a turn next."
- Says to self,"Daddy said he would be late to pick me up today."

- Waits to be acknowledged by the teacher before answering a question at circle time rather than blurting it out.
- Raises hands (as if to push), pauses and then communicates, "I don't like it when you push! I was here first," when pushed by peer.
- Rushes to be first to play with the balls at recess and then backs off when other children want to join in.
- Communicates to self,"It's just pretend," when reading a scary story on own.
- Begins to rush ahead of the group on a nature walk then spontaneously slows down to return to the group.
- Communicates to an adult, "Can you tell me when I can play in the playhouse?" when the playhouse is full, and then goes to the water table.



Teaching Tools ▶ Classroom & Instructional Planning
Social-Emotional Development ▶

English Language Arts Mathematics

English Language Development Family Engagement Social-Emotional Teaching Strategies Join Our Monthly Calls

Sign Up For Email

Social-Emotional Teaching Strategies

Role of the Teacher

You can promote social-emotional development in your classroom by embedding your teaching practices throughout the day. Remaining sensitive to children's needs help them feel secure and confident, and acts as a model for effective social behavior. For example, asking questions to help children find a solution to a social conflict helps them develop problem-solving skills. Reading a story and engaging children in a conversation about a socially challenging situation can also serve as a lesson in handling social problems as well as in literacy.

Sample Strategies

Social-Emotional



Be Attentive to Each Child's Needs - Be attentive to the social-emotional skills and needs of each unique child so you can respond with lessons and interventions tailored to help every child develop their skills. Your attention and presence as a teacher can be a pillar of confidence for children who are dealing with stressful life circumstances. Letting children know that you are there to help will build children's trust that you are a source of guidance. Keep in mind that children who are English language learners may need additional support to feel secure and self-assured in a learning environment that is responsive to their needs.

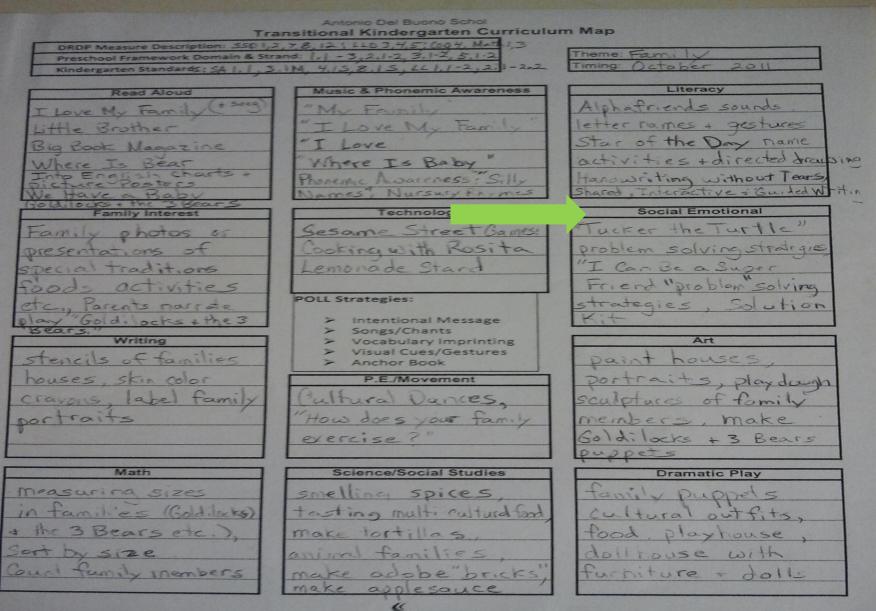
Early Emotional Experiences Matter - Recognize that the emotional domain is foundational to all other developmental domains. If children start school in an emotionally supportive environment, they will acquire the love of learning necessary for success in all areas of school. "As young children develop, their early emotional experiences literally become embedded in the architecture of their brains," therefore great care should be given to children's emotional needs, according to the National Scientific Council on the Developing Child. If you seek children's opinions, allow children to initiate activities and are flexible about responding to children's ideas, you'll build children's feelings that they are competent and respected, and at the same time motivate their desire to learn.

Promoting Consistent Structure with Play - Providing your transitional kindergarteners with consistent structures and expectations about appropriate behavior through play activities helps them remember and follow classroom norms, and behave in ways that are conducive to learning. According to the American Academy of Pediatrics, "Play is integral to the academic environment. It ensures that the school setting attends to the social and emotional development of children as well as their cognitive development." Creating routines of fun and meaningful activities such as songs, chants and games can minimize problems or stress during challenging times, such as when children wait in line or during transitions.



Source: Early Edge California

T	Antonio Del Buono Schol ransitional Kindergarten Curriculun	n Map
DRDP Measure Description:		Theme: Timing:
Kindergarten Standard:		Literacy
Read Aloud	Music & Phonemic Awareness	Literacy
Family Interest	Technology	Social Emotional
Writing	POLL Strategies: > Intentional Message > Songs/Chants > Vocabulary Imprinting > Visual Cues/Gestures > Anchor Book	Art
	P.E./Movement	
Math	Science/Social Studies	Dramatic Play



Transitional Kindergarten Report Card Student School Year Teacher ATTENDANCE Identify the level (1-4)of the child in the different Days Present content areas Days Absent Days Tardy Exceeding Satisfactory 3 Progressing 2 Beginning (1) Early Intermediate (2) Beginning Language Proficiency Levels: Intermediate (3) Early Advanced (4) Advanced (5) / Indicates not ENGLISH LANGUAGE LEARNER introduced/applicable This Year's CELDT Proficiency Level Test Date ✓ Indicates focus area for arowth LANGUAGE ARTS (Three Reporting Periods) MATHEMATICS STANDARDS (Three Reporting Periods) Writes own name Names colors (circle all that apply): Red Yellow Green Recognizes friends names Blue Orange Purple Brown Black Pink White Gray Identifies and describes characteristics from common Alphabet Knowledge: Upper-Case Alphabet Recognition geometric shapes 0-5 Recognizes Numbers 0-10 0-12 0-30 Alphabet Knowledge: Lower-Case Alphabet Recognition Counts orally 1-20 Alphabet Knowledge: Letter Sounds Counts with one to one correspondence Beginning Sound Awareness Names the days of the week Rhyme Awareness Creates a simple pattern Is able to follow oral directions Identifies the larger of two groups without counting Uses descriptive language and vocabulary to describe Compares by matching or counting two small groups events Uses simple addition and subtraction concepts Is able to retell stories using sequencing (e.g., Compares objects by weight, length and capacity beginning, middle, end) Compares. matches, and sorts objects into groups Orally blends and segments words according to their attributes Engages with books Writes letters or letter-like shapes to represent words SCIENCE (Three Reporting Periods) Demonstrates knowledge of: MOTOR SKILLS (Three Reporting Periods) Physical science (Composition and physical properties



Transitional Kindergarten Report Card

ART (Three Reporting Periods)		
MUSIC (Three Reporting Periods)		
PHYSICAL EDUCATION (Three Reporting Periods)		

SOCIAL / EMOTIONAL (Three Reporting Periods)		
Seeks adult help when appropriate		
Engages in cooperative play activities with peers		
Exhibits impulse control and self-regulation		
Is enthus iastic and curious in approaching new activities		
Follows classroom rules and procedures		
Describes own feelings		
Works cooperatively with the teacher for a sustained period		
Reminds others of classroom rules and suggests new or modified rules		
Proposes solutions to conflicts regularly without adult assistance		
Uses the solution kitto resolve conflicts		
Manages feelings and behaviors using simple strategies		
Is persistent in understanding and mastering challenging activities		
Invites others to share materials or space he/she is using		
Takes responsibility for own actions		
Separates from parents/caregivers withoutstress		

DISTRICT ASSESSMENTS (Three Reporting			
Periods)			
DRDP-SR			



Resources on Websites and Trainings

- Early Edge California (Teaching Strategies)
 http://www.tkcalifornia.org/teaching-tools/social-emotional/teaching-strategies/#socialemotionalstrategies
- The Alignment of the California Learning Foundations
 http://www.cde.ca.gov/sp/cd/re/documents/psalignment.pdf#search=tk%20alignment&view=FitH&pagemode=none
- Desired Results Developmental Profile: School Readiness http://drdpsr.org/docs/DRDP-SR%207-2012v4.pdf
- Center on the Social and Emotional Foundations for Early Learning (CSEFEL) <u>http://csefel.vanderbilt.edu/resources/strategies.html</u>

Questions and Comments



Contact Information

Elia Garcia

Transitional Kindergarten Program Specialist

Early Learning Services Department

Phone: (408) 453-3608

E-mail: elia_garcia@sccoe.org