

What's In a Nugget??

Frances M. Stokes, DNP, APRN, ACNP-BC, CNML

GERIATRIC RESOURCE NURSE PROCESS IMPROVEMENT PROJECT

Background Significance:

- Geriatric education and care tips is an essential ingredient of Renown Health's Nurses Improving Care of Health System Elders (NICHE) program.

Problem:

- Opportunities to present Geriatric information
 - Decreased staffing budgets and minimal staff meetings
- Delivery in NICHE education has been hampered due to overall budget shortfalls
- Sharing up-to-date, evidence based nursing practices for Renown Health's geriatric patient population severely stymied

Solution:

- NICHE Nurses brain-storm to create an innovative approach to share up-to-date information
- Combine current patient care issues with NICHE education and basics
- Use the tried and true static poster for education!



Result?

What is in a Nugget??

- Education Snip-its which convey care tips and basic geriatric information such as:

- Palliative and Hospice Care
- Nutrition tips
- Feeding patients with swallowing abnormalities; tips and tricks
- Differentiating between Delirium and Dementia
- Depression in the Elderly
- Abuse, Neglect and Self-Neglect
- Hearing Aid Do's and Don'ts
- Hearing Amplifiers: when they are needed?
- Medications which are potentially harmful to the Elderly

Use of Posters for Education:

- Posters are a proven medium to impart knowledge.
- Posters have been validated as a cost effective medium to deploy education and research.
- The process of creating a poster imparts valuable in-direct benefits such as enhancing precious research literacy skills, which in turn, enhance professional development.
- Posters are static in nature and allow the message to be continuous and constant.

Survey Monkey Results – NICHE Nugget Format and Topics

Q1 Did you find the NICHE Nugget topics Informative?

Very informative	Informative	Somewhat Informative	Not helpful for informative	N/A	Total
30.95% 13	42.86% 18	19.05% 8	2.38% 1	4.76% 2	42

Q2 Did the NICHE Nugget strengthen your knowledge and confidence in caring for elderly patients?

Very helpful	Helpful	Somewhat helpful	Not helpful	N/A	Total
23.81% 10	45.24% 19	23.81% 10	2.38% 1	4.76% 2	42

Q3 Do you think using the Nugget format is a useful way to share information about geriatric patients?

Format very useful in sharing geriatric care tips and issues	Useful in sharing geriatric care tips and issues	Somewhat useful in sharing geriatric care tips and issues	Not useful	N/A	Total
35.71% 15	42.86% 18	11.90% 5	4.76% 2	4.76% 2	42

Q4 Has the use of NICHE Nugget topics raised your awareness of geriatric medical and nursing issues?

Answer Choices	Responses
1. Yes	80.95% 34
2. No	7.14% 3
3. Unsure	11.90% 5
Total Respondents: 42	

Q5 Would you recommend using the NICHE Nugget format for other education short subjects?

Answer Choices	Responses
1. Yes	83.33% 35
2. No	9.52% 4
3. Unsure	9.52% 4
Total Respondents: 42	



Contact: Frances Stokes, DNP, APRN, ACNP-BC
Email: fstokes@renown.org
Phone: 775-982-4106

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