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In this Newsletter I include recent research on the treatment of every type of medical condition imaginable. So, whatever your health concern might be, there is vital information here for you or for one of your loved ones.

ONE OF THE GREATEST ADVANCEMENTS IN TREATING SEVERE NEUROLOGICAL DISORDERS

Chinese Scalp Acupuncture, which integrates Western medicine with Traditional Chinese Medicine, is the most significant development that Chinese acupuncture has made in the past 60 years.

Dr. Jiao Shun-fa, a neurosurgeon in Shan Xi province, is the recognized founder of Chinese Scalp Acupuncture. He systematically undertook the scientific exploration and charting of scalp correspondences starting in 1971. Dr. Jiao combined a modern understanding of neuroanatomy and neurophysiology with traditional techniques of Chinese acupuncture to develop a...
radical new tool for affecting the functions of the central nervous system. Dr. Jiao’s discovery was investigated, acknowledged, and formally recognized by the acupuncture profession in a national acupuncture textbook, *Acupuncture and Moxibustion*, in 1977. Ten years later, at the First International Acupuncture and Moxibustion Conference held in Beijing, China, scalp acupuncture began to gain international recognition. At the time, scalp acupuncture was primarily used to treat paralysis and aphasia due to stroke. Since then, the techniques and applications of this science have been expanded and standardized through further research and experience. Many studies on scalp acupuncture have shown positive results in treating various disorders of the central nervous system.

**WHAT CONDITIONS CAN CHINESE SCALP ACUPUNCTURE (CSA) TREAT?**

The most outstanding results are with paralysis and pain management in very severe neurological and neuromuscular disorders including stroke, MS, Motor Neurone Diseases, Parkinson’s Disease, brain injury, Alzheimer’s, Post Traumatic Stress Disorder (PTSD), phantom pain, complex regional pain, spinal cord injury, fibromyalgia, paraplegia, aphasia, ataxia, dizziness and vertigo, concussion, progressive myopathy, neuritis, poliomyelitis, Charcot-Marie-Tooth disease (CMT), Bell’s palsy, Ménière’s Syndrome, plantar fasciitis, Erectile Dysfunction, urinary and faecal incontinence, iatrogenic damage from brain surgery, cerebral palsy and tinnitus.

**CHINESE SCALP ACUPUNCTURE FOR THE TREATMENT OF TINNITUS – A CASE HISTORY**

Scalp acupuncture has proved to be very effective for complicated and serious medical conditions. That includes Tinnitus. Tinnitus is a perception of sound in the absence of an acoustic stimulus. The sound heard in Tinnitus may be high-pitched like whistling, roaring, or hissing, or low pitched such as buzzing, ringing, and humming. Tinnitus may be intermittent, continuous, or pulsatile, and tinnitus can be in one or both ears. The cause of tinnitus is obscure. So far there is no specific medical or surgical therapy for tinnitus in Western medicine. However Tinnitus can be helped considerably using a combination on scalp acupuncture, ear acupuncture and body acupuncture.

Chinese Scalp Acupuncture specialist, Jason Hao reported “Mary came to our clinic at age 48 having suffered from tinnitus for two and a half years. She reported that the onset came from battling emotional stress for a long time. She said the constant ringing in her ears was very high-pitched like a hissing tea kettle. Sometimes it sounded like fingernails scratching on metal. She tried to relax through meditation, yoga, and other exercises, as well as changing her diet but the intrusive noises in her ears remained. There was an increase in intense anxiety, irritability, and depression, and Mary suffered from fatigue due to lack of sleep. Other symptoms included no appetite, diarrhea, and an inability to relax. An otolaryngologist and an audiologist offered medications to treat anxiety, depression, and insomnia, but there was no relief for tinnitus.

During the initial session, Mary felt relaxed and then fell asleep. When she awoke she reported that the pressure and sensation of fullness in her ears were greatly relieved, and the ringing sensation seemed a little diminished as well. At the beginning of the second treatment, she reported that she had slept much better for several nights, and the ringing in her ears had changed from a high pitch to a low pitch like a buzzing or humming sound, which she could tolerate much better. The mood swings including depression, anxiety and irritability were better. By the sixth treatment, the ringing in her ears had become intermittent, and noises in her ears seemed to be moving away from her head and fading into the background. Other symptoms had almost completely disappeared. By the tenth visit, the tinnitus was completely gone, allowing Mary to enjoy her life again. See more information on Tinnitus at the link below: http://thenaturalmedicalhealthwell.com/acupuncture-toowoomba/scalp-acupuncture-in-toowoomba-for-tinnitus/
certain that we could help this patient, it had taken several hours for the family member to give him a ride here and we did not want to turn him away.

As an additional source of concern, we had only a few hours earlier told the students that any patient with paralysis enduring for more than three years was unlikely to respond to scalp acupuncture therapy. Unsure how to proceed, we considered simply demonstrating the location and technique of scalp acupuncture on this patient. After demonstrating two needles in his scalp, we moved Tom to another room to rest, inserted more needles, and then continued with the lecture.” Dr Hao continued “Tom was instructed to do some passive exercise while the needles were in place, having his wife move his hand and raise his arm. While we were continuing our lecture, we heard screaming from the other room. The patient’s wife rushed back into the lecture room saying repeatedly, “He can move his arm and hand now” in a loud, excited voice. Tom was able to move his arm, hand, and even his fingers in any way or direction that he was asked by the audience.

This patient’s experience has caused us to change the information we give students about whether treatment could be successful after a specific number of years. It is now our opinion that a patient with paralysis should be treated no matter how long ago a stroke has occurred as long as the limb shows no muscular atrophy. One student at this class offered the conclusion, “It’s never too late to treat a paralyzed patient with scalp acupuncture.”


CHINESE SCALP ACUPUNCTURE FOR THE TREATMENT OF MOTOR NEURONE DISEASE - A CASE HISTORY

The motor neuron diseases (MNDs) refer to a group of progressive neurological disorders that affect motor neurons associated with controlling voluntary muscle activity including speaking, walking, breathing, swallowing, and general movement of the body.

They commonly have distinctive differences in their origin and causation but a similar result in their outcome for the patient, which is severe muscle weakness. Common MNDs include amyotrophic lateral sclerosis (ALS), primary lateral sclerosis, progressive muscular atrophy, and poliomyelitis.

In the article Dr Hao describes the case history of Sherry, a 38-year-old female, who came to their clinic in 2007. He states “It was difficult for her to walk even with her mother’s support and because of Sherry’s aphasia (difficulty speaking), her mother gave the medical history. Sherry fell frequently, lost her balance easily, and had difficulty walking since the age of 19. Her slurred speech sometimes even her mother could not understand. She could not control her urine, choked when eating, and always felt fatigued. Her left ovary hurt and the pain was worse during menses. She often had a migraine headache and premenstrual syndrome (PMS), and she had considerable mucous in her nose and throat much of the time. Sherry had been to several famous hospitals but there was no clear diagnosis. Several doctors thought she suffered from a motor neuron disorder or ALS. Her mental activity presented as normal and she was then in graduate school for a master’s degree. Examination showed she was unable to stand and walk straight by herself. Her gait was wide-based and unsteady and she had to hold on to someone to walk in order to maintain her balance. Her ataxia (lack of voluntary coordination of muscle movements) was even more apparent when she tried to turn and her whole body was stiff and rigid, but worse on the left side. She had lost her fine motor skills. Her legs had severe tremors when she put her toes on the ground and she could not stand on one leg. She counted the numbers from one to 20 with a slow, slurred, weak voice. She could hardly be understood when she said her home phone number”.

To see the entire story about Sherry’s rehabilitation using Chinese Scalp Acupuncture please click the following link:


CHINESE SCALP ACUPUNCTURE (CSA) FOR THE TREATMENT OF QUADRIplegia - A CASE HISTORY

Quadriplegia means paralysis of all four limbs or of the entire body below the neck. When the arms, legs, and torso are paralyzed, this is commonly caused by damage to the brain, injury of the cervical spinal cord, or other severe medical conditions. The severity of quadriplegia depends on both the level at which the spinal cord is injured and the extent of the injury. Although the most obvious symptom is impairment to the limbs, impairment of bowel and bladder control,
sexual functions, digestion, breathing, and other autonomic functions also often occur.

In his book Hao proceeded with a Case History of a patient, Barbara, who volunteered as a subject, and arrived in a wheelchair. He stated “she was brought to our 2006 scalp acupuncture seminar in Phoenix, Arizona. She had little hope that our treatment would help her condition. Infected by West Nile virus, she had immediately developed quadriplegia. She lost control of her body below the neck and had paralysis of all four limbs. As a result, she had incontinence of bowel and urine”. Hao continued “after trying many kinds of therapies that brought no improvement, she became depressed. Examination showed that all four extremities were very tight and had occasional spasms.

In the article, Hao stated that “Barbara had very positive responses to scalp acupuncture treatment. As soon as we inserted two needles in her scalp at the Chorea and Tremor Area, the tightness in all four limbs loosened up and the spasms were gone. Soon after that, both of her arms began to move and lift. When we told Barbara that some similar patients were able to walk again, her eyes filled with tears. After inserting four more needles in her scalp, we encouraged Barbara to stand up. She was very surprised to find that she had regained the ability to control her legs again. Although she felt nervous and was assisted by two people, she stood up. She couldn’t believe it when we encouraged her to start walking. With much excitement and audience applause, she followed our instruction and started to move: one step, then two, three, and four steps. She walked as much as she could, turning about every 30 steps, walking with confidence and a smile on her face.

Results of Treatment 3 for Barbara’s Quadriplegia
Hao related “at another scalp acupuncture seminar in Phoenix, Arizona, later the same year, the audience was waiting to see Barbara, whom we had treated several months before. We were astonished and barely able to recognize her when she walked into the conference room by herself. Barbara reported that she had not received further acupuncture treatment after the last two treatments because neither her insurance nor her own money could cover further sessions. Instead, she did intensive exercise as we had instructed seven months before and had recovered completely. For the benefit of the seminar audience, Barbara demonstrated many different kinds of movement of her four extremities such as jumping, running, and easily raising her arms, which brought audience applause. She had gotten married and returned to work. The only remaining problem was urgent, frequent urination and some incontinence of urine. That was one of the reasons that she returned to this second seminar half a year later. We put two needles in the Foot Motor and Sensory Area and two needles in the Reproductive Area at her forehead. Barbara had constantly felt pressure and a “strange feeling” there, but she left the seminar very happy. She no longer had that urgent feeling in her bladder and was able to hold her urine for two hours”.

Hao cautioned “we need to emphasize that this patient received only three scalp acupuncture treatments and had recovered completely. That is highly unusual and by no means the norm. Treating quadriplegia by acupuncture is very challenging. Normally it takes several months or even as much as one to two years for this treatment to be effective. Even then, only 50% of patients have a chance of improving.

I’VE BEEN TRAINED BY THE MASTER
I am pleased to announce that I attended Dr Jason Hao’s 2-day training workshop on Chinese Scalp Acupuncture in Sydney in July 2013. Dr Hao personally worked with the founder of Chinese Scalp Acupuncture Dr Jiao Shun-fa for many years and has even discovered a new Acupuncture Area. While I have used Chinese Scalp Acupuncture for 15 years with many spectacular results, Jason demonstrated the specific needle technique required, and advised that the technique can be used daily to speed up the healing process for many common conditions along with very severe neurological disorders.

For more information on CSA or to make an appointment give us a call on 4636 6100.