Critics are fond of saying that there is no scientific evidence behind many alternative therapies that use ‘information and energy’ as a health intervention. For some people, no amount of evidence will suffice as they are committed to the orthodox scientific belief system due to years of conditioning at school and by the media. However, some are open-minded and genuinely curious, but unsure where to begin to find reliable evidence.

The NES response to the “where’s the evidence” challenge has been to publish a series of books – ‘the Unturned Stone,’ ‘Decoding the Human Body-field,’ ‘Healing Yourself and Others’ and ‘Energy and Information In Nature’ – that outline a new way of thinking about healthcare and the scientific approach that is based on the new findings of Quantum physics rather than the old Newtonian, reductionist worldview. There are also a number of other titles that outline the new and fascinating era of science we are now entering (see bibliography).

Once the reader delves into this fascinating topic, they quickly become aware of the completely different paradigm in which companies like NES Health are working. This is a scientific paradigm that is inclusive of aspects of reality such as consciousness and the role of the observer, and as such, the methods used in current formal scientific trials that ignore these aspects – such as the classic double-blind clinical trial – are really not a valid way of assessing efficacy of these types of therapies. Also, the reader quickly becomes aware of the politics involved in scientific research including the limitations on funding and resources for scientific research that falls outside of pharmaceutical industry interests.

Often the best proof on any therapy is to use your own personal experience or to hear first-hand from a person you trust. With this in mind, NES Health is in the process of cataloguing the vast quantities of anecdotal case studies and testimonials we receive from our practitioners almost daily.

We have also created this reference page with many articles on subjects relevant to the NES Health approach and products, all published in peer-reviewed journals. Most of these papers were published after the year 2000. Many report experimental studies or meta-analyses of classes of experiments. We continue to add to this page including links to recent or to especially useful ebooks.

If you have articles that you would like included, please send the reference to Sarah at research@neshealth.com, and she will gladly add your suggested paper to the relevant section. By collaborating and providing the evidence that people want to see, we build bridges to understanding and together we can change the way people think about health, wellness and the future of research.

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**Bioelectrical Stimulation: technology in NES miHealth**

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<td>Cadossi, R. Setti, S.</td>
<td>Low-frequency pulsed electromagnetic fields in orthopedic practice: Bone and cartilage repair</td>
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<td>Ahmed, I, Vojisavljevic, V and Pirogova, E</td>
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<td>Davenas, E; Beauvais, F; Amara, J; et al</td>
<td>Human Basophil degranulation triggered by very dilute anti-serum against IgE</td>
<td>Nature Volume: 333 Issue: 617 Pages: 816-818 DOI: 10.1038/333816a0 Published: JUN 30 1988</td>
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**Luc Montagnier:**

In 2009, Montagnier published two controversial research studies which, if true, “would be the most significant experiments performed in the past 90 years, demanding re-evaluation of the whole conceptual framework of modern chemistry.”

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<td>Luc Montagnier, Jamal Aïssa, Stéphane Ferris, Jean-Luc Montagnier, Claude Lavallée</td>
<td>Electromagnetic signals are produced by aqueous nanostructures derived from bacterial DNA sequences</td>
<td>Interdisciplinary Sciences: Computational Life Sciences June 2009, Volume 1, Issue 2, pp 81-90</td>
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**Random Event Generators / Frontier Science: technology in NES ProVision**

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Other interesting papers


Radin et al (2004). Possible effects of healing intention on cell cultures and truly random events.


Physiological correlations at a distance


General Overviews & Critiques


Radin (2007). Finding Or Imagining Flawed Research?


Radin & Borges (2009). Intuition through time: What does the seer see?


Bem et al (2011). Must Psychologists Change the Way They Analyze Their Data?


Radin (2011). Predicting the Unpredictable: 75 Years of Experimental Evidence.


**Theory**


**Mind-Matter Interaction**


Books


Irwin & Watt (2007). An Introduction to Parapsychology


Carpenter (2012). First Sight: ESP and Parapsychology in Everyday Life


Targ (2012). The Reality of ESP: A Physicist’s Proof of Psychic Abilities


Websites with access to articles

Journal of Scientific Exploration

Daryl Bem, Cornell University

Edwin May, Laboratories for Fundamental Research

Rupert Sheldrake

James Spottiswoode

Charles Tart

Russell Targ

Patrizio Tressoldi

Jessica Utts, UC Irvine

Brian Josephson

Richard Wiseman

Princeton Engineering Anomalies Research (PEAR) Laboratory

Division of Perceptual Studies, University of Virginia