



CONTINENTAL SALAD

1 pkg. lemon or orange flavored gelatin
1½ cups canned grapefruit juice
1 can or jar (16 oz.) diced beets
½ cup sliced celery
salad greens

Dissolve gelatin in hot grapefruit juice and add ½ cup liquid drained from beets: chill until partially thickened—fold in drained beets and celery Pour into large salad mold—chill until firm. Unmold on salad greens and top with Sesame Seed Dressing.

SESAME SEED DRESSING

Gradually blend 1 tbsp. canned grapefruit juice into 1 pkg. (3 oz.) cream cheese, beating until fluffy

Fold in ¼ cup mayonnaise and 1 tbsp. toasted sesame seed.