

~~Conti~~ Sec Walter Hicket

Copy of letter to Sen, Henry
Jackson

X

January 6, 1969

Senator Henry Jackson, Chairman
Committee on Interior and Insular
Affairs
United States Senate
Washington, D. C.

Dear Senator Jackson:

The recent comments of the Secretary Designate for the Department of the Interior concerning conservation-natural resource problems evidenced, in my opinion, a dismal lack of ecological perception.

The exploitation of public lands has fittingly become a public concern. We, therefore, trust that your committee now, as in the past, will conscientiously consider this serious problem, and will determine Mr. Hickel's position and carefully evaluate his potentialities as a "public spirited" Secretary of the Interior.

Respectfully yours,

Rita H. Manderfield
Rita H. Manderfield
8334 E. Devonshire
Scottsdale, Az. 85251

cc: ✓ President-Elect Richard M. Nixon
Senator-Elect Barry Goldwater

Enclosures

JAN 9 1969

Hickel Owes Explanation

1/3/69

The demand by two Democratic senators that Alaska's Gov. Walter J. Hickel, secretary-designate of the Department of the Interior, publicly outline his views on conservation and the use of natural resources constitutes more than a partisan outburst.

At the first news conference following his appointment the governor said, "Just to withdraw an area for conservation purposes — a vast area — and lock it up for no reason. . . and not make it available to the public is wrong." Gov. Hickel has also said he believes America "has had a policy of conservation for conservation's sake."

Whether these limited statements by the governor accurately represent his sweeping view of conservation isn't known, but he should be required to explain more

fully exactly what his feelings are, and whether he plans a radical departure from the policies of conservation so ably administered by Stewart Udall.

Wilderness areas are not valueless unless thrown wide open to all forms of exploitation and use. In fact, if they are to be preserved untarnished for the future, as we believe they should be, their virgin nature must be closely guarded. Arizona in particular has strongly supported such a policy in order to preserve its wilderness areas.

Conservation is for conservation's sake. That is the very meaning of the word: the planned management of a natural resource to prevent exploitation, destruction or neglect. Gov. Hickel should be given the chance to explain himself.

Hickel speaks out again

Scottsdale Daily Progress

1/2/69

The new secretary of the Interior, Walter Hickel, started on the wrong foot, in the eyes of conservationists, by challenging the wilderness concept. Then he turned around and put his other foot in his mouth.

The millionaire real estate man questioned the establishment of standards for clean water. He said that such standards should vary from area to area so that they won't hinder industrial development.

Apparently the secretary hasn't seen polluted rivers in the East, timber and mining country which has been left denuded, or the economic blight which has followed. And he doesn't seem to be aware of future water needs for the nation.

We hope that his staff will be able to teach Hickel something about the nation's conservation needs. He will have to make a mighty effort to overcome the initial impression that he has created.

JAN 9 1969

403 Mayfair Drive,
Knoxville, Tenn-37920
January 6, 1969

Senator Henry M. Jackson.
Chairman Interior and Insular Affairs.
Washington, D.C.

Dear Senator:

I am writing in the interest of Conservation with which every true American should be concerned.

For this reason we of the "Tennessee Citizens for Wilderness Planning" are much concerned over the possible appointment of Governor Walter J. Hickel to the office of Secretary of the Interior.

We greatly fear that this appointment will undo all the laborious attainments that all conservation groups have been able to accomplish.

Please give this letter consideration and be guided by those who want to conserve what little natural beauty there is left in America.

Our gratefulness.

Sincerely

Glady's Jayne
(Recently retired from
Tenn. School for the Deaf
Knoxville, Tenn.)

Copy to:

Senator Baker

Richard M. Nixon (Pres elect)

1100 Gough Street, Apt. 3E
San Francisco, California
January 6, 1969

Internal Revenue Service
450 Golden Gate Ave.
Box 36040
San Francisco, California 94102

Re: 1966 Income Tax matter -
Clarence R. and Helen J. Woodbury

Dear Sirs:

I am enclosing a check in the sum of \$336.00, along with Form 870, unsigned, as I do not consider the so-called "deficiency" correct.

I am convinced that it is best to have elderly parents claim welfare rather than have a member of the family provide them with support. For many years, as my income tax forms will show, I provided support for my parents and when called into the Internal Revenue Office during some of those years, have provided proof of the claim. In October 1966, my mother, Mrs. Josephine Woodbury, passed away and all of the records were not located (or perhaps not kept as well in her illness), she being the one to take care of these matters as my father suffered a stroke several years ago. As the record stands now, my parents, according to IRS, survived on \$75.00 a month (their Social Security), which of course is an impossibility. At that time they did not even have medicare* to help them, to say nothing of food, clothing etc. I have proved within several hundred dollars that considerable support was provided.

The article appearing in Readers Digest approximately a year ago regarding the unfairness of the IRS expresses my criticism of that agency very well. It does not seem worthwhile anymore to be a loyal, honest American. The rebels and parasites are the only ones who are being heard.

Yours truly,

Clarence R. Woodbury
Clarence R. Woodbury

cc: President-Elect Nixon
cc: Alan Cranston, U. S. Senate

*Medicare came into being July 1966.

gm
file (no name - address)
Dear Pres. Nixon, JAN 06 1969

I am a 13 year old typical American teenager. One who loves her country and those who are a part of it. One who wants her country to grow & prosper. One who wants to see all evil, riots, & poverty banished from America. One who wishes for a better education, freedom, & a chance to serve her country. But how can I, and millions of other Americans do this, unless we can all work together & put forth all our efforts, instead of fighting about the color of your skin?

Mr. Nixon, I just finished watching a year end special report, about all the things that have happened. It was then when I realized, that this country is in a mess! Little children who believe love makes the world go round, must be wondering why it hasn't stopped turning by now!! For there is so very little love compared to all the hate that exists in this world! That news report verified my point; the awful war in Viet Nam, the tragic killings of 2 very great men, Robert Kennedy & Martin Luther King Jr., the campus unrest, Russian invasions, I just to name a few...

and yet in the eyes of all this people have the hypocrisy to say what a wonderful world we live in. I'm sure other people know it's a mess, but they'd rather lie to themselves.

yet, I will not loose faith in
America. I believe, that with your
sincere & great efforts, that this country
can rise above all the hate, & shine
like a star, in a sky of blackness.

May I remind you, of some remarks
Robert Kennedy once made:

"What we need in the United States
is love and wisdom and compassion
toward one another, and a feeling of
justice toward those who still suffer
within our own country whether they
be white or they be black."

"Let us dedicate ourselves to what
the Greeks wrote so many years ago:
to tame the savageness of ~~the~~ man,
and make gentle the life of the world."

Those are great words. But talk
is cheap. What we need is action!!

I wish you the best of luck in
the next 4 years as our President.
Thank you so much for ~~the~~ taking
the time to read my note.

Thanks again
God Bless ya,
& Good Luck -
a concerned member
of the now Generation

JAN 9 1968

January 6, 1968

Mr. Harry Flemming
Office of the President-Elect
Hotel Pierre
New York, New York

Dear Mr. Flemming:

I have read in the local papers of your appointment of Dr. Cornelius W. Dross, 344 Lafayette Avenue, Hawthorne, New Jersey.

Unquestionably, individuals of this type should be qualified.

It might be embarrassing to receive a letter of this type, but in the best interest of the public, the qualifications of the appointee should be checked.

A direct contact should be made with the Hawthorne, N.J. Police Department, Chief Walter Vandenberg, 201-427-1818; Former Hawthorne, N.J. Police Chief, Charles F. Kenyon, 201-427-0469; Judge Alexander E. Fasoli, 201-427-5595; Dr. John Verduin, D.D.S., 201-742-3756.

I am sure, that in confidence, not one of the aforementioned men will be anything but truthful.

Sincerely,

c.c. President-Elect, Richard E. Nixon

18/
B
President Elect Richard Nixon
Vice President Spiro Agnew
Gentlemen:

JAN 06 1969

This is my house, route
and two cars. I do pray to
Jesus Christ; upward to God if
need be. No you? I do for
better Federal Government too
and against heart transplant too
and especially too. My son
Hennis Lind (Croswhite) Anderson
had rheumatic fever as a child
How could Dr Gilkey say he would
outgrow it at 10? Karla Lorraine
Croswhite Anderson Oyler was
done to evilly by a rag with
turpentine in the rectum at the Trinity
Lutheran Hospital. Now do you see
why I fear and don't approve of
heart and kidney transplant for
me and mine as well as
everyone.

My so called "husband and
brother-in-law" are

Carl - Graham Anderson,
Joseph Howard Parker.
John Wesley Clark, Everett Hays
(Jack we call him) Angus (Red)
Thompson, Karla Lorraine husband
John Oyler now in Finland there
is a physician in Ishavoni Mission
named John Oyler & looks
like the one Karla was forced
to marry by John's father Jack
Oyler. Don't bother Herman
Karla. Recall he is in the Army,
and Karla has to work. When she
deliberately spilled ^{hot} coffee on
Johnny Carl's foot, and I fear for
they and James Andrew her other
son as well as Henry's daughter
Camela Ann Anderson her
grandfather (Ann's parents) or Thomas Bailey.

Now I am worried when
Eddie is forced by Jack to go
to a osteopath and he forced
her to quit work, Mildred &
Joe Parker are or were in Braun.

hospital; now. Elsie told me she was in one, Betty Irene Crowwhite was in one and a man 2 years ago hit her on the head too, Orlie was in the hospital, John Clark her husband says it is necessary to cut his foot off. I was at her house in September. Babe was threatened today by this so called Carl G Anderson. This Carl G Anderson threatens me constantly and I have reported him constantly to FBI and Crime Alert. I even filed for 4 divorces and had to withdraw the suit because of threats. I broke my arm in April and had a cast week in December 1967 after this Carl G Anderson threatened to have it done.

I am a citizen and so are my children. So we have to stand for this?

This Carl S Anderson wont
give me information about
the safe deposit box my
insurance policy, his
insurance, receipts for
income tax and other valuables.
I signed the lease on our KC
Star Route too and I need the
copy and such. He also
threatens me with the insane
asylum. These electronic
head machines to see how
the mind works and trying
transplant brain tissue has to
be looked into doesn't it? I've
seen one. I know!!! Now
I fear more than ever but I
had too.

If Carl S Anderson is my
husband he has to be forced to
give me \$40.00 a week. I did
work for the Fed Gov 10 years
Mo State 4 years, City 9 months.
What am I to do without your help?

Mary (Helen) Shelma
She you had me ^{Crosswhite} Anderson
in the 3rd grade!!! ^{young} Helen

My birth certificate had
no name on it and they
typed in Mary Skelma Crosswhite
why not Mary Helen Skelma?

~~This is~~
I heard two men mention
Jimmy Kaelas and Johnny Carl
& James Andrews name and
they probably mentioned Pamela's
name. The licence SX 7777
and I told them not to mention
my children's name and told
them my name. He told me
to be sure and remember the
licence number. It was a
red Cadillac. I turned it
in to Crime Alert !!!

Am I to be held
hostage in my own home?
I had \$50.00 in December
for all my Christmas presents
hair set cigarettes and spending
now. Is this the freedom
of a Christian nation. Please

JAN 9 1969

4625 Appleby Lane
Knoxville, Tennessee 37920
January 6, 1969

The Honorable Albert Gore
United States Senate
Washington, D.C.

Sir:

Biographical information & recent enlightenment to the public concerning his conservation philosophy has led me to have serious misgivings over the appointment of our new Secretary of Interior. Therefore, I would urge you to do whatever you can to block his appointment to the incoming cabinet. A rather strong request, I'll admit, but appointment of a person with such questionable qualifications could be disastrous to various phases of the conservation movement in this country at this critical time in our history.

The natural resources of the United States are too vital to our existence to be placed in the hands of a person who apparently cannot grasp the complexities, intricate balances, spiritual, sociological, & monetary values of both our renewable & nonrenewable resources. It is a disgrace that factors in our natural world that have developed over eons can be destroyed or unalterably scarred by one person's or a few persons' shortsighted, narrow, materialistic philosophies.

Your support of my plea would be appreciated.

Sincerely,

M. R. Pelton

Michael R. Pelton, Ph.D.
Wildlife Biology

cc: R.M. Nixon

CLASS OF SERVICE

This is a fast message unless its deferred character is indicated by the proper symbol.

WESTERN UNION

TELEGRAM

SYMBOLS

DL = Day Letter

NL = Night Letter

LT = International Letter Telegram

The filing time shown in the date line on domestic telegrams is LOCAL TIME at point of origin. Time of receipt is LOCAL TIME at point of destination

NK005 NNA051

(NY 006NN401051)PD WU MAIN A CGO 0720P EST 01/06/69

ZCZC 123 NL PDB 4 EXTRA CHICAGO ILL 6

HONORABLE PRESIDENT ELECT RICHARD M NIXON

PIERRE HOTEL 5 AVE NYK

BT

WOULD GREATLY APPRECIATE TELEGRAM FROM YOU CELEBRATING THE 111TH MEETING OF THE HARVARD CLUB OF CHICAGO, THE OLDEST HARVARD CLUB IN THE WORLD AND INCLUDING A CONGRATULATORY NOTE FOR DAGGETT HARVEY WHO WILL BE THE WINNER OF THE CLUB'S ANNUAL PUBLIC SERVICE AWARD WHICH WILL BE ANNOUNCED SAME EVENING TELEGRAM CAN BE SENT TO MARSHAL FIELD OR ME CARE OF THE BLACKSTONE HOTEL DELIVERY FOR FRIDAY JANUARY 10TH FORMER AMBASSADOR EDWIN O REISCHAUER WILL BE OUR SPEAKER AND GUEST OF HONOR BEST PERSONAL REGARDS

BACHE AND CO 140 SOUTH DEARBORN CHGO.

SF1201(R2-65)

CLASS OF SERVICE

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111TH 10TH 140.

NNNN(0722P EST)

SF1201(R2-65)

DD
File
Auburn, Calif
Jan. 6th, 1968

JAN 10 1968

ef 2
To The Honorable
Richard M. Nixon
President Elect
P.O. Box 1968
Times Square Station
New York, New York-10036

Dear Mr. President:

I received the Picture of You and Your Family in this Morning's Mail. I want You to know that I am grateful for Your Picture showing Five Members done in Colored Film. I have placed this Picture just above my typewriter where I can see it every time I type a Letter!

You may rest assured, Mr Nixon, I will cooperate with You in every way possible to assist You in a better Form of Government. Until You were elected, America was falling apart as far as ^s Morals Go! I will show ^{this Picture} My Local Council of the K of C/ because they are Proud of You!

May God Bless you and Your Lovely Family Forever, is My Prayer!

God Bless America!!!!

Mr. Dale Duckworth

Mr. Dale Duckworth
Poet Laureate
P.O. Box 1184
Auburn, California-95603

DD
cc filed.

(COPYRIGHTED)

"The Queen of Heaven"

Each day I pray to Mary
Who hears my ev'ry pray'r;
She rules as Queen of Heaven,
And reigns in glory there.
I know that She will hear me
Each time I kneel to pray;
And that my sins, though many,
My Lord will wash away.
When with remorse, confessing
The sinful things I've done,
'Tis then I pray forgiveness,
Repenting for each one.
I pray The Queen of Heaven
Will always hear my pray'r
And at the Throne of Mercy
Will find my pardon there.

With permission from the author:
Dale Duckworth

DUPLICATION FORBIDDEN!!!

MR. DALE DUCKWORTH

"Poet Laureate."

Ottawa Kansas, 1-6-1968

Dear President and Mrs Nixon,

I hope you wont serve
~~liquor~~ by the drink in the
White House.

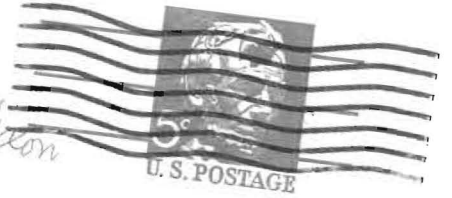
yours truly

Nellie Batdorf

11111

11111

11111



President Richard M. Nixon

White House

Washington, D.C.

69-12-1111



My wife and I want to wish you a very Happy Birthday on January 9th and many many more in the future.

Sincerely,

Ross D. Heath

Ross D. Heath
67 Grant Lane
Greenock, Pa. 15047

copy for photo

one full

JAN 10 1969

Greenock, Pa.
January 6, 1969

The Honorable Richard M. Nixon
New York, New York

My dear President-Elect Nixon,

I want to thank you for your answer to my letter congratulating you on your election to the Presidency and I certainly do appreciate the nice picture of you and your family. The colored picture with the message inside was really a surprise for me and I have shown it to a lot of my relatives and friends and will keep it as a memento of the Great Man who was elected President of the United States in 1968. May God bless you in everything you do.

18
encl
Tension
free

TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILlicent LINDEN
DIRECTOR

BUTterfield 8-9453

January 6, 1969

President-Elect Richard M. Nixon
Le Pierre Hotel, New York City

Dear Mr. Nixon:

Your messenger, Mr. Gunnar Ohlberg, is now carefully reading the book entitled "STRETCH FOR LIFE" with a view towards introducing it at the Pepsi Cola Company. A copy was also sent to you just before Christmas Special Delivery.

Since your recent comment on a news interview about your not doing any exercises, there is added impetus to acquaint you with ^{this} entirely new & entirely natural system of pleasantly easy movements. More than could be verbally portrayed, a personal experience with just a few seconds demonstration will tell you how much in good stead they will ^{be} come in handy, & just exactly how your comment is a most natural reaction to the unnatural act of exercising. Some of the untold value & rewards can be gleaned from the representative literature attached. (Most recent is the use of the program by Olympic track competitors at several college campuses.)

Could a mutually convenient appointment time be made for a very brief but very effective demonstration before you move to Washington, D.C.?

Sincerely,
Millicent Linden

FIRST PRINTING:

156,000 SOLD OUT
10 COPIES

Today The Journal-American presents the first in a series of articles from Millicent Linden's new book, "S-S-S-T-R-E-T-C-H F O R L I F E" "Tension in Repose." In it she offers her theory of converting the body's natural tension into energy. So . . .

By MILLICENT LINDEN

BEFORE WE TREAT tension like an unwelcome guest, we ought to understand some of its basic purposes first. Only through understanding the meaning and function of tension can we deal with it both appreciatively and effectively.

Tension is natural: the quiet tension of sleep; the tension of daily routine; and even the tension felt under great stress and strain. Excessive tension is the normal reaction to provocation and frustration added to the already constant stream of trivial irritants in life.

Think of the rhythm of the four seasons. It seems so natural to start with the Spring of the year when everything bursts into life, into movement which starts from beneath the surface of the earth. The plants push their way through the earth to supply life-giving food for the body and food for the soul from the fragrance and beauty of the blossoms and flowers.

In Summer, the plants of life continue to grow; movement is accelerated to ready the crops for Autumn. The plants to be picked and enjoyed will be used to sustain life for people and to be stored for the Winter.

Winter is a time of rest which permits the earth to replace the energy she used up in making the plants come to life. Then it can begin again, in the Spring, new and refreshed.

TO SEE the rhythmic pattern of another branch of life which literally surrounds us, we look at the twenty-four-hour cycle of our daily lives.

When you awaken, whether with a smooth, easy and delicious awakening or a groggy beginning, you are about to start a twenty-four-hour rhythm and pattern of movement and rest.

While you were sleeping, your body was putting back the energies you used up the day before. In the unconscious state of sleep, your heart kept beating, and your blood kept moving, circulating throughout your entire body. Although you are unaware of this in the unconscious state, the tension of life keeps everything within you moving.

But awake, you begin to move with a conscious tension. You begin your day's actions. Off you go to "battle the dragon," to work, that is, so you can buy food and provide clothing and shelter to withstand the elements.

Modern dangers confront us, and so we become tense from the daily threats to our safety, well-being, happiness and self-esteem. Threats like illness, accidents, violence, economic anxieties, job problems and domestic relations. Tension, an essential function of living, just as hunger and thirst are, keeps us constantly straining at the bit all day long. Until, finally, we know we MUST relax.

As a climax to the working day, you try to plan some kind of enjoyable activity and/or leisurely dinner. The shift of activity from one type to another, such as from work to play, provides a sense of relief, a discharge from the one movement into another.

To be able to rest as you move is to put back your energy as you use it. In such a system, tension and repose would then become "tension-in-repose."

With "tension-in-repose," we would have a true balance of movement and rest which would absorb your normal and excess tensions into a dynamic whole. Each cycle of movement and rest would be complete, and you would be more likely to return to the starting point of total rest instead of beginning each day with some of yesterday's fatigue still lingering.

THE CLUES for this new rhythmic cycle of movement and rest, of tension-in-repose, for the human body have been taken from the most basic fundamentals of the sciences of physics, geometry, engineering and physiology, all of which are nothing more than the discoveries of some of nature's consistent, universal principles.

If you happen to think that this will result in mere cold dogma, be patient and let this writer help you demonstrate for yourself the exciting romance which is the rationale of the universe and which is exemplified and latent within you—in your entire being.

Within you and within every living organism in the universe are individual resources and reserves of energy. There is no excitement to compare with the tapping of these reserves and sources of energy.

STRETCH for Life



LEARNING TO GO WITH THE TIDE is learning the secret of tension and repose. Walk along the beach and watch the perfect timing and rhythm of the sea and realize that much can be learned from nature. The Tom Brigrance orange bathing suit at Lord & Taylor.

which are now unused, unseen and unfelt. The moment you begin to apply some of the particular fundamental principles of the various sciences to your body, you will begin to use your untapped inner and deeper resources of life.

The dividends are many. When you find you are enjoying relaxed-motion, a trimmed waistline, a flat-tended abdomen, resilient and flexible muscles, deeper breathing, sounder sleep, an automatic, built-in regulator for your appetite, improved circulation, a higher tolerance of life's constant and excessive irritations, freedom from boredom, relief from overstrain, improved coordination in all physical movements, including sexual activity and more erect, posture with the sense of weightlessness; then you will be able to say "feeling is believing."

NATURE captures the imagination with her splendor and the reason with her simplicity. Everyone marvels at how exciting it is each time we discover a cherished secret. But the real wonder is not so much in knowing nature's simple, logical workings, but in the fact that over so many centuries intelligent people have continually advocated contrived movements which obviously cause serious injury, despite the always available form of natural movement which does not cause damage to the body at any time.

Could reasoning powers themselves be responsible for this oversight? All creatures who have not the gift of reason are simply obliged to react naturally to their physiological needs. An inherent quality in all animals is the daily need to fully stretch each part of the whole body after each resting period.

Notice how any animal—cat, dog, bird—will not move after awakening or resting until he has stretched every part of his body. Unhampered by conscious thought, he comes alive with pleasure and enjoyment as he instinctively s-t-r-e-t-c-h-e-s himself to the nth degree, moving to the full extent his body will permit comfortably. He does it slowly, gently, lovingly and smoothly, relishing every glorious, luxurious second of it.

Stretching must be made as simple for man as it is for the animal. From the animal we learn that the ACT of stretching is natural movement. It does not exhaust them; it refreshes and strengthens the muscles.

FROM MEDICINE and physiology, we learn that the inherent quality of the muscles is stretching. To stretch is to create a continuous line, length or distance; it is the drawing out of the muscles to full length or width; hence to draw tight or tighten the muscles. You have only to stretch a rubber band to see the physical changes in the rubber; to see it tighten in the middle and spring back into place when released. Stretching muscles in living creatures contract in the middle, tightening the fiber as the whole muscle moves far and wide all around its center.

The stretching animal extends his muscles to their full length and tightens them at the same time, keeping them firm and taut while at the same time eliminating any possible danger to his well-being.

People do have a natural tendency to stretch upon arising in the morning or after prolonged sitting or resting, but it must be remembered that man cannot mimic the animal's act of stretching nor get as much out of it. The anatomical construction of the quadruped and the biped, the animal and man, are different. Man must contend with his imperfect spine while the animal's rests comfortably across four pillars providing sound engineering principles.

When the human being stretches "naturally," he is bending backward at exactly that part of the spine in the lower back which is the weak link in the chain of vertebrae.

There is a paradox present here. Despite the fact that the human spine has an imperfection and that the animal's is based on sound engineering principles, the nearer the animal's bones approximate the proportions of human construction, the more flexibility of movement the animal is capable of. There is an invitation in this fact to encourage and enhance man's inherent and unguessed at potential of power of movement.

(From the book "Tension in Repose," published by Fawcett Publications, Inc. Copyright, 1966, by Millicent Linden.)

NEXT SUNDAY: Get Started

With the Exercises
STRETCHES

SECOND PRINTING:

MAIL ORDER: INFORMATION, INC. 119 FIFTH AVE. NEW YORK 10003

PHONE ORDER: SPRING 7-5400 . - OR - AT YOUR LOCAL BOOKSTORE

D. H. FOGEL, M. D., F.A.C.P.

60 PUTNAM PARK
GREENWICH, CONNECTICUT 06830

TEL. 869-5574

November 20, 1967

Mrs. Millicent Linden
c/o The Anti-Smoking Clinic
The Dr. Connie Guion Bldg.,
526 E. 70th Street
New York, N.Y. 10021

Dear Mrs. Linden:

I have wanted to drop by to thank you for the opportunity to reading your book, "Tension in Repose". Unfortunately I have missed the opportunity of seeing you.

Your book was greatly enjoyed and was the source of much information. You certainly ought to be commended for this fine work which must have been a product of many years of thought.

With warmest personal regards.

Yours sincerely,


D.H. Fogel, M.D.

DHF:cmc



GENERAL FOODS CORPORATION / 250 North Street, White Plains, N.Y. 10602

DR. WM. FORREST LEE, JR.
ASSOCIATE MEDICAL DIRECTOR

May 1, 1968

Miss Millicent Linden
500 East 74th Street
New York, New York 10021

Dear Miss Linden:

It was really good news to hear that you are going ahead with further publication of your body stretches. As you know, I was very sceptical when I first read this material and it wasn't until you had demonstrated these ~~ex-~~ *STRETCHES* ~~ercises~~ that I realized how beneficial they were. They are especially useful in cases where strenuous physical exertion is contraindicated.

I am very indebted to you for your help in showing me the value of this program.

Sincerely yours,

Wm. Forrest Lee, Jr., M.D.

WFL:df1

THE NEW YORK HOSPITAL - CORNELL UNIVERSITY MEDICAL CENTER

THE ANTI-SMOKING CLINIC

BORJE EJURUP, M. D.
DIRECTOR
TR. 9-9000
EXTENSION 8134

LOCATION:
DR. CONNIE GUION BUILDING
526 EAST 70TH STREET
NEW YORK, N. Y. 10021

February 28, 1968

From: Dr. Borje Ejrup
To: Millicent Linden

With the completion of The American Cancer Society research grant for The New York Hospital Anti-Smoking Clinic, I write to thank you for your help as my assistant in the clinic since you started in August of 1966. Besides your cheerful efficiency in the administrative work and in the care that you used in handling the patients, I also wish to express my appreciation for your spirited devotion to the cause of the program itself.

In the latter case, I may include your special body stretching program that seems simple and convenient and that has been helpful to some ex-smokers in order to switch their thinking from the cigarette to a more constructive physical activity.

With all best wishes,

Sincerely yours,


Borje Ejrup M.D.

BE/ml

DR. ETHAN ALLAN BROWN

M. D. C. S. England L. D. C. P. London

75 BAY STATE ROAD

BOSTON, MASSACHUSETTS 02215

TELEPHONE: 266-3626

December 5, 1967

Miss Millicent Linden,
Director
Tension-In-Repose
500 East 74th St.
New York, N.Y. 10021

Dear Miss Linden:

I was most interested in the two books you forwarded to me and the other literature.

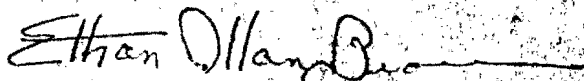
I publish the ASTHMATIC PATIENT which is available on subscription and without charge to my patients who suffer from asthma, some of whom smoke. For this and various other reasons, I would like permission to publish the exercises used in the New York Hospital, beginning with the Row Boat and ending with the Slow, Side Arc. Full credit would, of course, be given and attention drawn to your book, Tension-In-Repose.

The ASTHMATIC PATIENT operates at a deficit, but if a fee is necessary I am sure one can be found if it is within reasonable bounds.

I would also like to use some of the exercises, beginning with the Embryo and ending with Walk-In-Space which includes some of those in the previous ten, but I doubt that my Boston-based patients will accept titles as the Rest-Love Stretch although there is no doubt that it is the best title you could have given to this particular exercise. Once again, I agree with the exact terms you have used, but the ASTHMATIC PATIENT goes to youngsters some of whom are bound to misunderstand your exact vocabulary.

It seems to me that the exercises would be just as effective for them if several of the phrases characterizing the reflexes were to be omitted. I personally have done almost all the exercises and find them exactly as you have described them. Please list me as one of your supporters and admirers.

Sincerely yours,



Dr. Ethan Allan Brown

EAB/df
Enc.

UNITED STATES OLYMPIC COMMITTEE

OLYMPIC HOUSE 57 PARK AVENUE, NEW YORK, N. Y. 10016 • Tel. (212) 686-1455 • CABLE "AMOLYMPIC"



V PAN AMERICAN GAMES, Winnipeg, Canada, July 23-August 6, 1967
X OLYMPIC WINTER GAMES, Grenoble, France, February 5-18, 1968
GAMES OF THE XIX OLYMPIAD, Mexico City, Mexico, October 12-27, 1968

December 26, 1968

Mrs. Millicent Linden
Director
Tension in Repose
500 East 74th Street
New York, New York 10021

Dear Mrs. Linden:

Thank you for the information on "TENSION-IN-REPOSE". I am not exactly sure at this point how you intended this program to fit in with Olympic athletes, however, I will bring it to the attention of the Committee of Medical and Training Services. It will receive their full consideration.

I hope you will understand that the next Olympic Games will be held in 1972 and the Medical Section of the U. S. Olympic Committee has no jurisdiction over the programs of athletes until they have been chosen for the team. This means approximately in December-January, 1971 and 1972 for the Winter Games and June-July, 1972 for the Summer Games. By that time their training programs are will formulated and it is not practical to introduce new concepts just prior to competition. In order that your program could be reviewed at an earlier date, may I suggest that you write directly to some of the college coaches.

Trusting this information will be helpful and with best wishes, I am

Sincerely yours,

D. F. Hanley
Daniel F. Hanley, M. D.
Team Physician

DFH/bg

Honorary President

Hon. Lyndon B. Johnson
The President of the United States

Honorary Vice Presidents

Hon. Dean Rusk
The Secretary of State

Hon. Robert S. McNamara
The Secretary of Defense

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TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILLCENT LINDEN
DIRECTOR

BUtterfield 8-9453

Stretching is like breathing. When you breathe fresh air you feel really beautiful, and when you stretch you feel even more beautiful than when you were breathing that wonderful air.

Stretching is fun: doing, teaching, and just talking about. When someone does something and gets nothing he loses interest, but I get so much from doing so little and having such a good time makes my day after each stretch.

I am 16 years of long living.

The stretches bring oxygen to your blood which goes to your head which give you a rush which everyone loves!

["STRETCH HILL" - CENTRAL PARK, NEW YORK, - JULY 1968]

TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILLICENT LINDEN
DIRECTOR

BUTTERFIELD 8-9453

The reason I like the stretches is because they are fun & they feel good. My other friends are constantly taking drugs and being with them is getting druggier. The people in our group are nicer - more alive, friendlier and want to help each other. On one rainy day we finished stretches and rolled down a ~~hill~~ hill covered with thick wet grass. The people in the group are nicer, they are freer and aren't bogged down with drugs. Drugs ~~put~~ put me in a melancholy mood whereas the stretches make me feel alive, more vibrant. I've been teaching the stretches to my mother but she only watches she ~~doesn't~~ ^{tries} them in private. In September I'll start teaching them to the gym classes in my school. I'm fifteen & in September I'll be a senior in high school. I'm not signing this because I'm afraid of any consequences because I freely spoke about drugs.

["STRETCH HILL" - CENTRAL PARK - JULY 1968]

TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILLICENT LINDEN
DIRECTOR

BUtterfield 8-9453

After doing the different stretches, I find
Myself completely relieved of tension.
I find myself very free, very open, feeling
Very lovely and close to nature. I also
find myself feeling much healthier and
happier.

① A.S.

Alan
Leventhal

AGG 16
BETHESDA FOUNTAIN, CENTRAL PARK, NEW YORK
JULY 8, 1968

I feel less desire to smoke.

① A.S.

TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILLICENT LINDEN
DIRECTOR

BUtterfield 8-9453

I really like doing the stretches because they give me a rush, (blood rushes to the head causing a very nice feeling). Besides this it makes my thinking clearer because it takes tension from my body. These stretches make it easier for me to walk, talk and breathe. Also I can participate in everyday activities with less effort.

In conclusion I would say that these stretches have changed my life for the better. I have stopped using drugs since I have been doing these stretches.

I am 16 years of age and am in the 12th year of High School.

[CENTRAL PARK, NEW YORK, "STRETCH HILL", JULY 1968]



TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

BUtterfield 8-9453

The stretches have made
me think and feel actually
lighter. When I feel light I
~~I~~ have no worries, tensions, or
inhibitions. It is a freedom
of mind and body. After I
do the stretches I can think
clearer. It is a feeling of complete
coordination of mind and body.
They help me breathe easier
when I play saxophone. They
also help me sleep.

We meet in the park
almost everyday and that's fun.
~~while relaxing~~ I am 15 and
I am a ~~sophomore~~ in High School.
junior

["STRETCH HILL" - CENTRAL PARK, NEW YORK, JULY 1968]

THE S-S-S-T-R-E-T-C-H CLASS

BY
STANLEY VEST

Recently, the girls here in the Women's Division were initiated into a class, appropriately named the "Stretch Class", conducted by Miss Millicent Linden, noted authoress, lecturer, dancer, and physical fitness authority.

The classes are designed not for exercising, but for stretching. Miss Linden explains the steps necessary to unleash youthfulness, to replenish and renew energies, resolve tension, and to learn to live an active life without unnatural exercise in her book "Why You Should Not Exercise."

The classes give to one a sense of inner freedom which is indeed needed here. For some, it means a change to a more pleasant disposition... for others, being better able to relax and sleep, and for still others, a feeling that it dims their need for excess food, thereby letting them keep a steady weight. Inner freedom is needed by all humans, especially those of us who are incarcerated. If tension is eased inside you, then you can better cope with outside problems.

The first sessions were attended with mixed feelings of curiosity, skepticism and tolerance, but as the weeks went by, the girls admitted to walking better, running better...just feeling better all around and sleeping well. As one of the class participants remarked, "Since I started doing stretches, I feel free inside and, as a result, have a much better disposition than I had before...They have also helped me sleep better by being able to relax and to eat less, thereby keeping my weight steady."

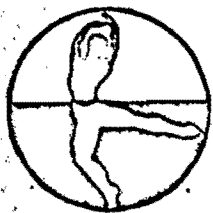
The class is voluntary and open to all in CB-4 who are interested, so come and watch...you may want to join.

Our thanks to Miss Linden for her time and efforts to give us this opportunity.

(ED: How about providing some details for the information of the men doing their 'stretches' here?)

AUGUST - 1962

Wash. D.C. Jail - Prisoner - Mr. Donald Wheeler, Dir. Dept. of Correction



VAINO NASSI
GEORGE CHAFFEE
— BALLET —
139 WEST 56TH STREET
NEW YORK 19, N. Y.
CIRCLE 6-7810
DECEMBER 5-7-79

October 31, 1963

Mr. Allen Hughes, Dance Editor
New York Times

Dear Mr. Hughes,

I have always done certain preliminary exercises before class (breathing, control and etc.). Since July 22nd, when I began doing Millicent's "stretches", I haven't felt the need to do these exercises anymore as I feel better results in a more gentle and refreshing way.

In general, my posture is changing to a feeling of lift, without any real work. Also, a redistribution of proportion through my whole body. The waist-line is trimmer (yet more "connected") though I have lost no weight.

All this is resulting in greater freedom in executing tours en l'air, battements and wonderful moments of sustained ballon.

Respectfully,

Vaino Nassi

Geo. C. Schmidt,
432 - 3 Avenue,
West Bend, Wis.

Feb. 22, 1962

Dear Millicent Linden:

First of all I want to thank you for your kind letter in response to some questions I asked you, I appreciate the extra details and coaching.

I have been faithfully doing the first four STRETCHES for about five weeks now and am beginning to feel they are of benefit and getting the body back in the groove. Since my work requires me to stand within a small area of space I feel as though there is not the usually heavy weight on my legs as there had been, seems part of my weight has disappeared even though I weigh only 142 lbs.

I have not had the nerve to do the Spread-Eagle as yet but some day after I become more proficient in the first four to try the Spread-Eagle.

How often do you recommend doing the STRETCH, at first I did it upon arising and retiring but now I do it only on arising. Before this when I did exercises I tried to keep the lower part of my spine curved in, also in walking and standing but find now that it was just the opposite of what I should have been doing.

Incidentally when you have your book on the six new STRETCHES finished please advise me as I do want a copy of it.

Assuring you of my appreciation of your interest in my requests and if there are any charges for them kindly advise me and I shall gladly remit.

Sincerely yours,

Geo. C. Schmidt

Nov 3rd 1961

Dear Miss Linden

I have a bad case of Arterio Sclerosing and I tried the stretch you mentioned in your article & it has done more for me than any pills I have taken. I do the stretch at night & I can feel the blood circulating in my legs - so you see just why I am so persistent in doing your work - I want to know more about your theme

Thanking you in advance
Very truly yours
Ruth Sterns
5112 Leader Ave
Sacramento
Calif 95821

April 15, 1962

Dear Millicent:

How much lighter I feel and walk already! Simply wonderful, there is really something great in these stretches, as simple and easy as they appear first. It is unfortunate how many people believe in punishing oneself by hard exercising. I have tried it, so I know. I don't get tired at all, and it is amazing how toned-up my muscles are now.

Yours,

Hilkka Rinne

Hilkka Rinne

1324 New Hampshire Avenue N.W.
Washington, D. C.

TENSION-IN-REPOSE

500 EAST 74th STREET
NEW YORK, N. Y. 10021

MILLCENT LINDEN
DIRECTOR

BUtterfield 8-9453

○ When you are still a foetus you stretch. Your body forms a circle. The first breaths of life are perhaps the first stretches you do in your new environment. the world. Our body is possible of becoming circles. Our hands can form circles, our arms, legs, ^{our} whole body can. When we crawl, with all fours on the ground, the ~~ground~~ ^{our} ground & our legs form a circle. Two people together can become a circle. Perhaps the best circle is the ^(and may I add, stretch) circle of an embrace. For then you are bringing someone into the center of your circle. Our body seems to be constantly curlying ~~up~~ up and straightening up - for example ~~Birth~~ ^{Before and after Birth} - Sleep and Waking, Sitting & Standing ~~standing~~

Perhaps we fight because our bodies feel anxious, or frustrated as well as our minds! If we do the stretches we relieve the anxiety in our bodies and may stop ~~at~~ the fighting nature of man.

[17 YEAR-OLD COLLEGE FRESHMAN]

JULY 23, 1968
STRETCH HQ
CENTRAL PARK
NEW YORK

Season's Greetings
fill
Dusuf. Address

95-2

JAN 11 6 1969

Sir: Belated Holiday Greetings from "The Countess" -
(these victims) -

We wish you and your family a successful &
beautiful New Year.

André Dubé

P.S. Danya is our 6-yr. old
"budding ballerina" -

the Brth ov JESUS crist



on crismis DAY JESUS
icrist wos Born.

three WISmen
Wer BringIng JESUS
GIFSS A StorLED
them to JESUScrist.



thas G-æV him win
-and bred.

DAY WEE SELUBIAT
the Brth ov JESUScrist.

"A Darya Original"
Christmas, 1968

National Peace and Security Plan

"Set an all time standard on everything." The way to get that standard is to take an average price cost or wage of the last ten or twenty necessary years from the smallest item to the largest and set it up as an all time standard. Penalize by a fine or necessary punishment anyone who sets the price cost or wage above or below the standard. By using this new plan of an all time standard when it is enforced it will prevent the price cost or wage to rise. Therefore, it will prevent inflation and stop strikes. So by penalizing anyone who goes below it will prevent deflation and another depression. Things will run more on an even keel and will increase production and employment, then quality and peace will follow.

Copyright May 15, 1948

By Aloise Szymanowicz

This "National Peace and Security Plan" is the "Key Blue Print to World Peace and Security." It points out the "How's", "When's", "What's", "Where's" and "Why's". It eliminates fear of the uncertain rising and falling of everything. It eliminates the black marketeers and swindlers. With those eliminations everything will be simplified and there will not be a complicated world to live in, therefore will Peace and Prosperity that will last a long time. "Set an all time Standard on everything". An American silver dollar is an all time standard. Yet if you were to take that silver dollar and melt it down back into silver it would be meaningless. It would lose its sense of value and all it stands for. The American flag is an all time standard yet it cannot stay that way when threatened by war and changing of standards.

Scrap and junk all unstablized standards. Keep the civilization from falling into the rut of another depression. So the quickest way to win and hold Peace, Security and Prosperity is to adopt into the Constitution the "National Peace and Security Plan" and then the rest will lead to perfection.

By Aloise Szymanowicz

*29 Louise Dr. Chagrin falls
Ohio*

en
File
C

JAN 06 1969

Dear Mr. Nixon,

I know that you are a good man and shall make a good president. But for now will you agree to help me. I come to you seeking help not because of the fact that it may bring me publicity but rather as a messenger from my father in Heaven. You may think that I am a crackpot but it's not true. My name is Dan Friedl and this urgent message is sent in the deepest hope that you + your cabinet members may be able to + will have the power to keep Daktari on the Wednesday night line up. It is my belief that if a guy gets up enough courage as I did then don't you think that he should have the right to see that his tv. program remains firm in its position. Mr. Nixon, I am not going to loose interest in you but this is very

important. For if you think that
Glen Campbell must replace Daktari
on the Wednesday night line up then
can't Daktari be rescheduled to Saturday
at 10:30 on C.B.S. All my faith
& hope is put into this letter of
pleading. If it weren't for people
like me who always try to do
the right thing to let others
benefit from them, well good
Presidents like you wouldn't be
in office today. If it is possible
could you either switch the
both programs or in some way
delay them until school is
out. After school dismissal
in June how about getting
a kind of hearing together and
talking this thing out. Maybe
we can all come to a good decision
between us all. If this is at all
possible, to delay Daktari's cancellation
then in June I would like to receive
a summons to appear at the hearing.
I know you are very busy, but
do you think you could call a meeting.

or hearing I would like to attend it
to ask for the rescheduling of Dokt-
ari from 7:30 Wednesday to Saturday
at 10:30 a.m. on CBS. Could you take
this up with the right people like
Ivan Fore and the other people on his staff.

A very good United States citizen and a Doktari fan
Dan. Robert Friedl.

P.S. I would like very much to get to meet
you and to get to know you very much.

19 1000 fall
Mr. Richard Nixon,
President elect,-
Dear Sir,-

18 Lewis St.,
New London, Conn.
Jan. 6, 1969.

JAN 10 1969

When the moneyed men finally milk the tax payers of additional money to add to their vast wealth, what do you suppose the ultimate results will be? In my estimation it is going to lead to the most massive resistance that this Country has ever known. Chicago, California & New York City will only be like a grain of sand in comparison with Cleopatra's need;e.

cl4 For once the result is known to the mass of people of this Nation that this money hungry gang, (Leeches, and worse.) that are piling up their wealth at the expense of sweat, blood & utter despair of their fellow men.

While I believe in law & order, it surely would not apply to this gang of money hungry men.

I actually believe it would be the sweetest music to my ears if every pane of glass in the homes of this gang. (Capone was a saint in comparison to them) was broken in protest. Why if I was on any jury trying any of these wreckers, if it was clearly shown that every place, even partially destroyed, was owned by one or more of the money hungry men, the universal verdict could be nothing less than accutal.

Even better possibly a medal to the leaders that at least believe in ordinary decency for no matter how low many of these men might be, not a one would steal a loaf of bread or bottle of milk from some starving family.

Talk about the result of yeast. Once things started, it would take every man of this city (Washington) with the aid of every available Government men to stop things that started as the result of HUNGRY Leeches.

Nothing said about the Communists. You know as well as I do how this will result in more power for this ever expanding power. Some poor sucker will probably be the leaders so to be displaced by others far more cunning.

Mr. Richard. Are you going to try and prick the balloon of this money hungry mob? If not able to do so, the Democratic gang, now in control will look like a Sunday School picnic in comparison to approaching change. Hastily,

C.W. Pavey. D.W. Pavey.

JAN 5 1969

*This is a copy of a letter to
designate Sec'y of Interior Hickel*

400 S. Grant St;
Bloomington
Indiana 47401
Jan. 6, 1969

Gov. Walter Hickel
Executive Mansion
Juneau, Alaska

Dear Sir:

Copy

As an American, a young person, and a conservationist, I am deeply concerned about some of your recent pronouncements. As an amateur ecologist, let me remind you that we all share one environment, with all its many aspects. Our environment on this planet is one entity; an interdependent web of different resources, such as air, water, soils, forests, and wildlife. The way in which one resource is utilized affects others, and ultimately affects all inhabitants of our planet. A polluted river is of concern not only to the industry which pollutes it; pollution affects an entire biological food chain which is headed by man. The silt which a river carries, aside from its detriment to the river itself, may ruin fisheries and harm shipping in the nearby ocean. (This is one of many reasons why we cannot play havoc with our terrestrial environment and calmly expect to get food from the ocean.)

The DDT which we spray on our land not only devastates our own wildlife, for its residues have been found in deep sea fish and Antarctic penguins.

A tree which is cut down can no longer prevent silt from being washed into the river, and no longer produces oxygen to maintain the gas balance in our atmosphere (now threatened by large-scale deforestation and air pollution.)

One purpose of the national parks is to provide a "vignette of primitive America". A "vignette of primitive America" wherein is heard the sound of saws and seen the scars of mining is a cruel contradiction in terms.

To open a wilderness to exploitation is to destroy what for many of us is a source of spiritual inspiration and renewal, where we see in all their raw beauty the processes of creation, evolution and decay. (Surely a sensitive person could think no more of spoiling our wilderness than of bombing St. Peter's or the Wailing Wall). For scientific study,

a wilderness area offers a completely natural environment which can be found nowhere else. Many forms of wildlife can exist only in such wild areas, and "unlocking" them, as you suggest, might mean their extinction. Is the industrialization you laud, which threatens to poison our environment, really more important than the existence of entire species?

In June of this year, I will be 21. After you have passed on, I will probably still be around, living in an environment which you have helped shape. For myself, my descendants, and all that live on this planet, I demand an esthetically and physically livable earth.

Yours truly,

Richard Tannen

Richard Tannen

enclosure

The Meaning of "Progress"

PROGRESS means moving forward toward an objective, and it is the nature of the objective that is the determining factor. If it is undesirable, what we think of as moving forward might actually be moving backward into ugliness and devastation. Genuine progress should seek to enrich human life, so that future generations can have a more attractive world than our own. In terms of land, this should result in a more beautiful country and not merely one that serves our practical needs or fills our pocketbooks. In developing our land we should keep in mind man's spiritual needs, his feeling for beauty, and his growing dependence on outdoor life as a release from the tensions of urban civilization.

The effort to save the remnants of our American wilderness is progressive in the finest sense, for it is based on a long view of human needs and values. There are gifts the wilderness can bestow that are not duplicated elsewhere.

The wilderness can sharpen one's sense of beauty. A view of mountain peaks at sunrise, the sight of a sun-flecked river over the bow of a canoe, or a glimpse of a warbler at the pinnacle of a spruce increase one's appreciation of life itself and makes one thankful for the gift of so much loveliness. No man whose heart has responded to these things can remain bored, callous, or self-centered.

Bishop Robert Hatch

19

file

Miss Mary E. Gindelhart
2114 E. Somerset St,
Philad., Pa.
JAN 06 1969

Dear Mr. President Nixon:
I want to send my
most kind faithful thank you
and also my seven year
old little girl, whose name
is Merry Miss, - is very
proud of your card wishing
us a merry Christmas &
a happy new year.
The picture of your family we
will always keep thru-out
our years to come, & shall
always remember. That you &
your family took the time
to send us good wishes.
To some one like us who
did not mean much.
yet when we recived your
picture with the card.
you made us feel so
wanted & remembered. ever

2.
I did not expect such a
wonderful ans. May I
repeat, again.
Thank you, Thank you
again.

May God be with
you, & peace follows
you forever, & I
know it will. —

from — Miss Mary E. Grindley
& daughter Merry Miss

P.S.

Give my regard to Mr Johnson
who did a kind thing
for me in the past.

& to Mrs. Nixon who I will
always think as a great
woman of our land.

Thank you Mrs. Nixon

May the gladness
of Christmas
which is Hope,

The spirit
of Christmas
which is Peace,

The heart
of Christmas
which is Love,

Be yours today
and always.

HAPPY-NEW-YEAR
TO COME 1969 - MORE
↑



'IT-ISNT MUCH'
· WE WANT IT TO BE. →

FROM MY LITTLE GIRL - MERRY MISS
AND, I. TO ALL OF PRESIDENT NIXON FAMILY
MAY ALL OF WHAT OUR CHRISTMAS & NEW YEAR
CARD SAYS 'WILL' ALWAYS BE TRUE FOR
YOU.

FOR A LITTLE GIRL'S
SAKE



Blessings

Christmas

JAN 10 1969

OWNERS OF:

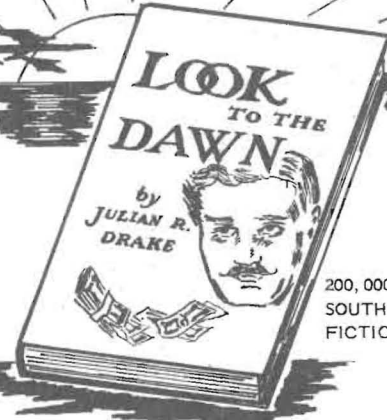
Judambok Successes

631 Pine Avenue
Albany, Georgia 31701

U. S. A.

DIAL (AC 912) 436-8888
January 6, 1969

Messrs. Dick Russell, Edward Kennedy,
Mike Mansfield, Gerald R. Ford,
Edmund S. Muskie,
United States Senate,
Washington, D. C.



200,000 WORDS OF
SOUTHERN HISTORICAL
FICTION © PUBLISHED 1952

Dear Sirs:

The newspapers carry the news that the 91st Congress will vote themselves another big increase in salaries. Before doing this don't you think it would be far more fitting to first eliminate as income all retirement and Social Security benefits so other World War I veterans can enjoy a pension too? For years and years the retiree paid big money into the retirement fund. It is therefore all out of reason and I am surprised the Congress passed such a lop-sided, unfair and all out of reason Bill. It just don't make sense.

Why can't the Senate originate and pass their own Bill correcting such a hideous mistake? As long as Olin Teague heads the House Vet Affairs Committee, I can't find one World War I veteran of the above subject who feels Mr. Teague is the vet's friend. That is why the Senate should act.

I am laying it on the line by asking you if you favor this correction and if so, will you introduce such a Bill? If not, tell me who to contact.

It is truly disgusting to allow such a thing to continue like it is now and do not see how the Congress could vote themselves such big increases before first settling this issue. It is like baking yourselves a big pie without giving even a crumb to these deserving vets who need this money more than Congress does.

The World War I vet won the war, and they are now over seventy-two. Isn't it time these vets in question had a new pair of overalls instead of Congress getting new suits of clothes.

Sincerely,

Julian R. Drake
Julian R. Drake



JRD/w

Blind copy: Richard Nixon

COMMISSION MERCHANTS

Over, over--

Dick:

These are the facts. Why don't you get it increased when you go in office. Our past correspondence over the many years certainly leads me to the belief that you correct this the first thing.

copy
7

BOROUGH OF HILLSDALE
BOROUGH HALL
HILLSDALE, N. J. 07642

JAN 9 1969

6 January 1969

President-Elect Richard M. Nixon
450 Park Avenue
New York, N.Y.

Dear Sir:

I am in receipt of a communication from the Municipal Treasurers' Association, San Francisco, California, advising that you are considering the appointment of Director Thomas C. Rupert, Treasurer of Torrance, California, for appointment as Treasurer of the United States of America.

I would like to add my whole-hearted support to the Municipal Treasurers' Association's endorsement of Mr. Rupert to this all-important position in national government.

Very truly yours,

Edna S. Halloran

Edna S. Halloran
Borough Clerk
Collector-Treasurer

ESH:ca

cc: Lieutenant Governor R.H. Finch
Sacramento, California

Congressman William Widnall, N.J.
Municipal Treasurers' Association

W. P. Brassart
CONSULTING GEOLOGIST
POST OFFICE BOX 593
CASPER, WYOMING 82602
237-9050

JAN 6 1969
January 6, 1969

Irving Senzel,
Ass't Director, Bureau of Land Management
Department of the Interior
Washington, D.C.

Re: Proposed Amendment
Section 3125.1 of
Title 43

Dear Sir:

C
O
P
Y
The above captioned proposed amendment to remove the fifty-cents per acre ceiling on annual rental fees on non-competitive leases on tracts outside known oil fields is allegedly aimed mainly at professional lease brokers. The Department purports that these brokers represent a "middleman" group which controls a large proportion of the leases.

It is true that some "few" large acreage broker firms have been repeatedly successful in beating longshot odds in the lottery system; however, removing the fifty-cents per acre ceiling on rental fees would have very little effect on said operators. One of the real "weaknesses" of the present lottery system lies not in the amount per acre charged for rental fees; but, rather in the failure of the Interior Department to properly "police" the system, which allows the filing of "clandestine" applications for the same applicant. Severe "penalties" should be levied against applicants violating the "ground rules" of the lottery system.

Referring to the so-called "middleman group" as designated by Mr. Senzel, it should be noted that the success of the oil industry, particularly in the past decade, can be attributed to this "group". And, in using this term, the writer is referring to parties other than the large acreage broker firms -- and more specifically, to independent consulting geologists, geophysicists and lease brokers (individuals). Referring to Petroleum Information, an independent oil and gas publication dealing in news information for the industry and headquartered in Denver, Colorado, records for the past decade reveal that the majority of "new" oil and gas discoveries in the western states were made by independent operators, and not "major" oil companies. These independent operators, for the most part, obtained their drilling prospects from consulting geologists, geophysicists and independent lease brokers (individuals). An increase in the fifty-cents per acre rental fee would not appreciably affect the large brokerage groups, which operate

c.p. Brassart
CONSULTING GEOLOGIST
POST OFFICE BOX 593
CASPER, WYOMING 82602
237-9050

with apparent "limitless" funds, but would discriminate against the independent consulting geologist or geophysicist, who conducts his business on very "limited" capital. It would, in fact, literally force many consultants out of business, due to the large amount of federal acreage in the western states.

The leasing of acreage represents, in most cases, the last step in the preparation of a geologic prospect. Preparatory to any leasing of lands, the consulting geologist must properly research the area, and this involves considerable expense. It may include cash outlays for surface mapping and/or reconnaissance, aerial photographs, electrical and sample well logs and map reproduction and drafting. If lands critical to the prospect (federal) have survived the competitive lottery system without any applicants, they can be acquired by the minimum rental fee. Even if successful in acquiring said lands, the consultant must often pay several years' rentals on these lands before finding a buyer for the prospect. He may even have to release the lands, resulting in net loss on the prospect.

If the concern of the Department of the Interior is for more revenue from federal lands, this purpose could best be served by establishing "new" oil and gas reserves on said lands, on which the federal government retains a one-eighth royalty. And the writer believes that this goal could be realized by reducing the effective period of the oil and gas lease -- say for example, from ten years to seven years. As a former District Geologist for Sinclair Oil Company, and in charge of exploration activities for the Montana District, I speak knowledgeably when I claim that too many major oil companies acquire and "sit-on" federal acreage for the full term of the lease, without conducting any exploratory operations on same. This practice not only precludes establishing new production, but also discourages and prevents the smaller, independent operator from exploring these lands for a period of ten years, or until such time that said acreage expires. Whereby, in contrast, the independent operator cannot "afford" to lease lands without having a specific exploration program in mind.

Economic recessions experienced by the oil and gas industry in the late 50's and early 60's, resulted in mass firings of technical personell (geologists, geophysicists, production en-

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C.P. Abrassart
CONSULTING GEOLOGIST
POST OFFICE BOX 593
CASPER, WYOMING 82602
237-9050

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gineers), which subsequently have created serious shortages in these fields of endeavor. The mineral industry no longer has the fascination of prospective majors in these fields that it previously held. College majors in the fields of geology and geophysics, following these mass firings, declined alarmingly to such an extent, that major and large independent oil companies could not fill the vacancies created by retirements and company transfers. In fact, these same companies have had to seek the services of personell previously fired, and who are now serving in a consulting capacity. And many of these individuals are now included within the so-called "middleman" group, that the Interior Department seeks to eliminate by increasing the minimum rental fee.

In conclusion, the establishment of an increased filing fee upward from fifty-cents an acre on federal leases would not only fail to discourage the operations of the "professional brokerage firms", because of almost seemingly "limitless" capital, but would discriminate against the many consulting geologists and geophysicists engaged in oil finding activities -- the very same group responsible for the majority of the new oil and gas finds on federal acreage, within the past decade.

Reduction of the present ten year term on federal leases to a seven year term would not only discourage the "professional lease brokerage firm" from "blanket" lease filings because of the increased "risk" factor, but would also encourage exploratory activities on these lands by companies acquiring same, because of the more rapid "turn-over" of said lands.

It is the recommendation of the writer that the proposed amendment, Section 3125.1 of Title 43, not be passed.

Very truly yours,

C.P. Abrassart
C.P. Abrassart

cc (2)
✓ President Elect,
Richard M. Nixon

January 6, 1969

JAN 9 1969

7 The Honorable Henry M. Jackson, Chairman
Senate Committee on Interior and Insular Affairs
Senate Office Building
Washington, D. C. 20515

Dear Senator Jackson,

We are deeply disturbed by the appointment of Governor Walter J. Hickel to the post of Secretary of the Interior. All those who know how difficult it is -- even with constant and determined effort -- to counteract the trends that are threatening the few remaining natural areas of our country must react with horror when the person chosen as chief steward of the nation's resources shows, instead, all evidence of being aligned with the forces that threaten these resources. A man who can see "no reason" for setting aside areas for conservation purposes and who speaks in a derogatory manner of "conservation for conservation's sake" obviously does not have any understanding of the basic problems facing a Secretary of the Interior.

Tennessee conservationists are particularly concerned that Governor Hickel, in his desire to "open up" natural areas, would again revive the concept of another road through the Great Smoky Mountains National Park. Such a road would carve up an already small wilderness area, one of the few remaining in the East. Thousands from all over the country protested the building of this transmountain road, and Secretary Udall wisely decided against it. During the coming hearings, conservationists in Tennessee and elsewhere would be interested in learning Governor Hickel's stand on this specific issue.

Governor Hickel's recent general statements are quite in keeping with his background, which shows him allied with real-estate, oil, and gas interests. They are also in keeping with his previous stands on natural-resource issues, such as his championship of the Rampart dam boondoggle (which would be an ecological catastrophe) and of the violation of the Arctic Wildlife Range by oil drilling. Thus, even if he were now to modify his recent statements, we should doubt very much that his basic philosophy would be altered in any way.

A Secretary of the Interior in 1969 must have a deep reverence for the land and an understanding of the high and lasting value of undisturbed wilderness. Governor Hickel obviously does not fit the bill, and his appointment could do irreparable damage to the vulnerable resources of our country.

Sincerely yours,

L. B. Russell
L. B. Russell, Ph. D.

130 Tabor Road
Oak Ridge, Tennessee 37830

Insuff name
Monday

Sir:

X Vietnam: A couple of weeks ago I saw American soldiers leaving a base and they left behind a whole pile of empty shells and God knows what else. DON'T LEAVE ANYTHING BEHIND. Those shells can be melted down to make new ones. As another example take cigarette butts. The tobacco can be collected to make new cigarettes and the filters can be collected ~~enough~~ to make a small pillow or some kind of garment for warmth.

We should also install sonar devices on some of the gunboats. If I was going to hide something, that would be the place I'd do it. Also when we attack make sure that there is plenty of noise (but let the orders be heard). Look what it did for the American Indians ~~See~~ people to death.

Have somebody tell (NOT you) Mowrer of The Indianapolis Star the freedom has never been humiliating.

Those Mao backers who wiped their feet on our flag better sent an apology to the U.S. or they won't even have a flag (the U.S. won't be involved in any way at all).

Well, I have to finish up my degree.
Good Luck on Jan. 20.

L.B.