

**FIRST LADY HILLARY RODHAM CLINTON
PUBLIC SERVICE ANNOUNCEMENT -- PHYSICAL FITNESS MONTH
MAY 1994**

Hi. I'm Hillary Rodham Clinton.

Every May, Americans celebrate National Physical and Sports Month. It's a time to remind ourselves that physical activity and sports go hand in hand with a healthy lifestyle.

Today, at a time when technology does much of our moving for us, we have to work harder to put physical activity back into our lives.

After all, our health and strength as a nation depends on our health and strength as individuals.

So in the pursuit of health, happiness, and productivity, let's get moving, America.