

# Withdrawal/Redaction Sheet

## Clinton Library

| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                                                                         | DATE       | RESTRICTION |
|--------------------------|---------------------------------------------------------------------------------------|------------|-------------|
| 001a. bio                | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 001b. bio                | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 001c. resume             | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 001d. letter             | Gerry Haase to Sentaor James Jeffords re: address and phone number (partial) (1 page) | 06/16/1999 | P6/b(6)     |
| 001e. resume             | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 001f. letter             | Heather Marabeti to Ariana Vora re: address (partial) (1 page)                        | 08/12/1999 | P6/b(6)     |
| 001g. letter             | Ariana Vora to Heather Marabeti re: phone number and address (partial) (1 page)       | 08/09/1999 | P6/b(6)     |
| 001h. letter             | Eliot Tokar to Sam Spencer re: address and phone number (partial) (1 page)            | 08/12/1999 | P6/b(6)     |
| 001i. bio                | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 001j. resume             | re: Eliot Tokar (partial) (1 page)                                                    | n.d.       | P6/b(6)     |
| 002. resume              | re: George Devrics, III (partial) (1 page)                                            | 06/01/1999 | P6/b(6)     |

### COLLECTION:

Clinton Presidential Records  
Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

rc714

### RESTRICTION CODES

#### Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
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- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

RR. Document will be reviewed upon request.

#### Freedom of Information Act - [5 U.S.C. 552(b)]

- b(1) National security classified information [(b)(1) of the FOIA]
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THE SECRETARY OF HEALTH AND HUMAN SERVICES  
WASHINGTON, D.C. 20201

JUL 1 1999

The Honorable Charles E. Schumer  
United States Senate  
Washington, DC 20510

Dear Senator Schumer:

Thank you for your letter endorsing Mr. Eliot Tokar for appointment to the White House Commission on Complementary and Alternative Medicine.

A draft of the Executive Order to establish the Commission is currently under review. No selections have been made to the Commission at this time. I assure you that Mr. Tokar will be given every consideration for the appointment of members to the Commission.

I have referred Mr. Tokar's resume to Bob Nash, Director of Presidential Personnel. Please feel free to contact Ms. Heather Marabeti should you have any questions. Ms. Marabeti is Special Assistant to the President and Associate Director of Presidential Personnel, and is responsible for Presidential Advisory Committees at HHS. She can be reached at (202) 456-6676.

Thank you again for your referral.

Sincerely,

A handwritten signature in cursive script, reading "Donna E. Shalala".

Donna E. Shalala

# United States Senate

WASHINGTON, DC 20510

June 2, 1999

The Honorable Donna E. Shalala  
Department of Health and Human Services  
200 Independence Avenue SW  
Washington, D.C. 20201

RECEIVED  
99 JUN -7 AM 11:56  
SENATE  
OFFICE OF THE CLERK  
CONTROL CENTER

Dear Secretary Shalala:

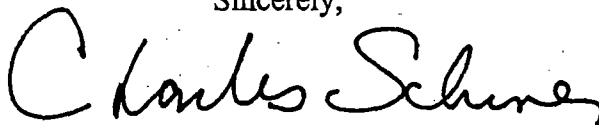
As you begin consideration of appointees to the White House Commission on Complementary and Alternative Medicine, I hope that you will give favorable consideration to Mr. Eliot Tokar.

Eliot Tokar is a recognized and experienced practitioner of traditional Asian medicine in New York City. He spent three years studying at the American Institute of Buddhist Studies and in addition has for years studied with esteemed practitioners of traditional medicine. Mr. Tokar is trained in Tibetan medicine, Chinese medicine, acupuncture, and traditional Japanese natural therapies.

Mr. Tokar's seventeen years of experience would be a great asset to the White House Commission on Complementary and Alternative Medicine. His practice, study, and lecturing on traditional medicine render him an effective representation of and advisor to the field. Enclosed is a copy of Mr. Tokar's resume for your review.

I strongly urge you to give all appropriate consideration to appointing Mr. Tokar to the White Commission on Complementary and Alternative Medicine. I thank you for consideration of his appointment.

Sincerely,



Charles E. Schumer  
United States Senator

CES/dis

06-07-99-0027

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PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

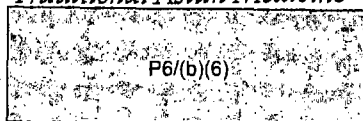
RR. Document will be reviewed upon request.

#### Freedom of Information Act - [5 U.S.C. 552(b)]

- b(1) National security classified information [(b)(1) of the FOIA]
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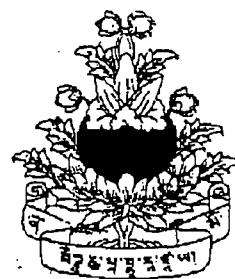


ELIOT TOKAR  
*Traditional Asian Medicine*



[0014]

e-mail: etokar@aol.com  
www.tibetanmedicine.com



## PROFESSIONAL BIOGRAPHY

Eliot Tokar is a NYC based practitioner of traditional Asian medicine. He has studied Tibetan medicine since 1983, and he is one of the only people in North America to have received such training; additionally, he is trained in Chinese medicine, acupuncture, and traditional Japanese natural therapies. During a period from 1983-1986 Mr. Tokar studied at the American Institute of Buddhist Studies and received private instruction from Dr. Yeshe Dhonden, former personal physician to H. H. the 14th Dalai Lama of Tibet. Since 1986 Mr. Tokar has been an apprentice of the incarnate lama/physician Dr. Trogawa Rinpoche, president of the Chagpori Tibetan Medical College in Darjeeling, India. Since 1990, Mr. Tokar has additionally received regular clinical and textual instruction from his senior colleague, Dr. Trogawa Rinpoche's senior Western student, Shakya Dorje. Mr. Tokar trained in Chinese medicine for two years in NYC in a private seminar conducted by the senior Chinese doctor and scholar Dr. Kuang Chung Ho. He trained in traditional Japanese medicine during a period of ten years with a variety of teachers stemming from the Macrobiotic tradition.

In addition to his practice and studies Mr. Tokar has lectured on Tibetan medicine, natural medicine and alternatives in healthcare at Princeton University, Brandeis University, Mount Sinai School of Medicine, Columbia Presbyterian Hospital, the Association of American Medical Colleges, the American Medical Association's Annual Convention, the New York Botanical Garden, New York's Asia Society, the Jewish Board of Family and Children's Services, The First International Congress On Alternative And Complementary Medicine, The First International Congress on Tibetan Medicine, and the 1999 Alternative Therapies Symposium. Mr. Tokar currently serves as an advisor to the American Medical Student Association's Interest Group on Humanistic medicine. He served on the Steering Committee of the Roundtable on Traditional Medicine at Columbia Presbyterian Hospital (1996-97). In addition, he has acted as a consultant on Tibetan medicine to the database project of Columbia University's Rosenthal Center for Alternative and Complementary Medicine and to the Science Attaché of the U.S. Embassy in New Delhi, India. Mr. Tokar organized the 1997 visit to New York City of H. H. the Dalai Lama's Men-Tsee-Khang (Tibetan Medical and Astrological Institute).

Mr. Tokar's publications include 'Between Heaven and Earth: An Introduction To Various Philosophies And Approaches To Medical Care' (Annual Publication of the American Medical Students Association's National Project on Alternative and Complementary Medicine, Washington D.C.:AMSA, 1998) 'Tibetan Medicine: Ancient Wisdom. Modern Healing. Future?' (NEWS TIBET, New York: Publication of H. H. the Dalai Lama's Office Of Tibet, Winter 1997), a book review of *Asceticism And Healing In Ancient India: Medicine in the Buddhist Monastery* (TRICYCLE: The Buddhist Review, New York: The Buddhist Ray Inc., Spring 1992). His publication 'Building A Means of Discourse For Integrative Medicine: A Tibetan Medical Perspective on Irritable Bowel Syndrome' appeared in the October 1998 issue of the journal *Alternative And Complementary Therapies* (Larchmont, NY: Mary Ann Liebert, Inc.) and his article "Seeing To The Distant Mountain: Illness In Tibetan Medicine" appeared in the March 1999 issue of *Alternative Therapies In Health And Medicine* (Aliso Viejo, CA; Innivision Communications). He has been featured in the *San Francisco Chronicle*, *The Village Voice*, *Yoga Journal*, and *The New Physician*. His new web page [www.tibetanmedicine.com](http://www.tibetanmedicine.com) is dedicated to bringing the voice of practitioners, students and scholars of Tibetan medicine to the internet.

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Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

rc714

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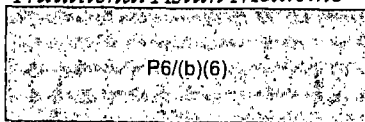
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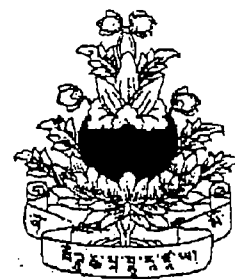


ELIOT TOKAR  
*Traditional Asian Medicine*



2001b

e-mail: etokar@aol.com  
www.tibetanmedicine.com



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THE WHITE HOUSE  
WASHINGTON

July 28, 1999

The Honorable Patrick Leahy  
United States Senate  
Washington, D.C. 20510

Dear Senator Leahy:

On behalf of President Clinton, let me thank you for your recent letter recommending Eliot Tokar to a position on the Commission on Complementary and Alternative Medicine Policy. Our administration appreciates your help in identifying quality candidates.

You speak highly of Mr. Tokar's qualifications and I have carefully noted your insights and support. I have shared your letter with Heather Marabeti, my Associate Director, and would like you to know that your comments will receive full consideration.

We welcome your suggestions in the future regarding appointments and look forward to working with you during the many months ahead.

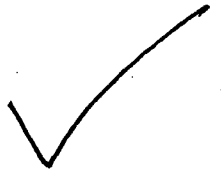
Sincerely,



Bob J. Nash  
Assistant to the President and  
Director of Presidential Personnel

BJN:Sys

cc: Heather Marabeti  
Mr. Eliot Tokar



United States Senate  
WASHINGTON, DC 20510-4502

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JUL 16 1999  
9000/HM

July 12, 1999

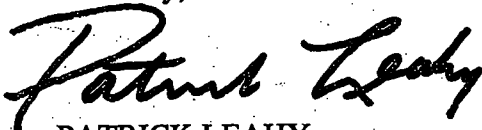
Mr. Bob Nash  
Director  
Office of Presidential Personnel  
OEOB Room 153  
Washington, DC 20502

Dear Bob:

I understand that the White House is establishing a Commission on Complementary and Alternative Medicine Policy. I am writing to be sure you are aware that Mr. Eliot Tokar, a practitioner of Tibetan medicine, has been recommended as a candidate for appointment to the Commission.

In addition to experience with traditional Chinese and Japanese medicine, I am told that Mr. Tokar has studied Tibetan medicine for sixteen years. As the enclosed resume indicates, he served as a consultant on alternative medicine at Columbia Presbyterian Hospital and on Tibetan medicine for the Science Attache at the U.S. Embassy in New Delhi. Mr. Tokar has numerous publications on these subjects.

Sincerely,



PATRICK LEAHY  
United States Senate

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Eliot Tokar

P6/(b)(6)

[LOGIC]

etokar@aol.com

www.tibetanmedicine.com

**PROFESSIONAL TRAINING/EDUCATION**

**Traditional Tibetan Medicine**

- 1998- Study of traditional Tibetan medical texts  
Dr. Thupten Puntsok, Asst. Prof.  
Central University of the Nationalities, Beijing, China  
Shang Shung Institute, Conway, MA
- 1990- Textual study & clinical apprenticeship  
Dr. Shakya Dorje  
Chakpori Institute, New York, NY
- 1986 - Textual study & clinical apprenticeship  
Dr. Trogawa Rinpoche,  
President, Chagpori Tibetan Medical College, Darjeeling, India  
Chakpori Foundation, Boulder, CO
- 1983-86 Textual study & clinical apprenticeship  
Dr. Yeshe Donden (former personal physician to H. H. the 14th Dalai Lama)  
American Institute of Buddhist Studies

**Traditional Chinese Medicine**

- 1989-90 Course in Chinese Herbal Medicine  
Ted Kaptchuck, OMD  
Tri-state Institute of Traditional Chinese Acupuncture, New York, NY
- 1988-91 Courses in Tai Chi Chuan and Qi Gong  
Society For Nanlaoshu, New York, NY
- 1987-89 Study of Chinese acupuncture and herbal medicine  
Dr. Kuang Chung Ho  
New York, NY

**Traditional Japanese Medicine**

- 1982 - Student, Apprentice, Self-study  
Various teachers including:  
Macrobiotics - William Spear, Denny Waxman  
Shiatsu acupressure massage - Rochelle Hood, David Sergel

**Other**

- Summer 1992 University of Virginia, Charlottesville  
Intensive in Literary and Spoken Tibetan
- 1978-1982 Hampshire College, Amherst, MA

## **BOARDS/ADMINISTRATIVE/CONSULTATIVE**

- 1998 - Advisor  
**American Medical Student Association's Interest Group on Humanistic Medicine**
- 1997 - Member, Board of Directors  
**Shang Shung Institute (USA), Conway, MA**
- 1990 - Administrative Director, Clinical Director  
**Chakpori Corporation, Boulder, CO**
- 1996 - 1997 Steering Committee Member of the Roundtable on Traditional Medicine  
**Columbia Presbyterian Hospital, New York, NY**
- Fall 1997 Consultant for Alternative Medicine Database Project  
**Columbia University's Rosenthal Center for Alternative and Complementary Medicine, New York, NY**
- Winter 1997 Principle Organizer (New York City)  
Medical exhibition, lectures and clinical demonstrations  
**1997 U.S.A tour of H. H. the Dalai Lama's Tibetan Medical Institute**
- Spring 1996 Consultant on Tibetan medicine to the U.S. Science Attaché  
**U.S. Embassy, New Delhi, India.**
- 1988-89 Member, Board of Directors  
**Hampshire College, Amherst, MA**

## **LECTURES AND COURSES CONDUCTED**

- 3-99 **Alternative Therapies Symposium, New York, NY**  
*Tibetan Medicine: A Discourse On Integrative Medicine*
- 3-99 **American Medical Students Association National Convention, Chicago, IL**  
*Evidence Based Medicine For The Soul: Defining Humanistic Medicine In The Age Of HMO's And Biotechnology*
- 2-99 **Mount Sinai School of Medicine, New York, NY**  
*Developing A Practice of Humanistic Medicine*
- 11-98 **First International Congress on Tibetan Medicine, Washington, D.C.**  
*Legal and Regulatory Issues Affecting the Practice Of Tibetan Medicine*  
*Integrating Tibetan Medicine Into A Western Alternative Practice*
- 7-98 **Jewish Board of Family and Children's Services, Kew Gardens, New York**  
*The Mind and Health, The Mind and Illness*
- 4-98 **Brandeis University, Waltham, MA**  
*Compassion is Our Business?: A Tibetan Buddhist Medical Perspective on Modern Healthcare*
- 2-98 **Columbia Presbyterian Hospital, Complementary Care Center, New York, NY**  
*A Tibetan Approach To Medicine: Practical Applications*

- 1-98 - 2-98 Salt Lake City, UT; Los Angeles CA; San Francisco, CA; Palm Springs, CA; New York, NY  
*The Knowledge Of Healing*; lecture tour in conjunction with the documentary on Tibetan medicine
- 11-97 **Association of American Medical Colleges Annual Meeting**, Washington, D.C.  
 Co-Director, Special Interest Group on *Alternative and Complementary Medicine*
- 8-97 **Shang Shung Institute (USA)**, Conway, MA  
*Seminar On Tibetan Medicine*
- 6-97 **Goddard College**, Health Arts Program, Plainfield, VT  
*Alternative And Traditional Medicine: Diversity as the Key*
- 5-97 **Mount Sinai School of Medicine**, New York, NY  
*Alternative and Complementary Medicine In Practice*
- 4-97 **Princeton University**, Department of Anthropology, Princeton, NJ  
*Tibetan Medicine: A Cross-Cultural Perspective On Health And Healing*
- 11-96 **New York Botanical Garden**, Bronx, NY  
*Course On Tibetan Medicine*
- 3-96 **Asia Society**, New York, NY  
*Compassion is Our Business?: A Tibetan Buddhist Medical Perspective on Modern Healthcare*
- 5-95 **The First International Congress On Alternative And Complementary Medicine**, Arlington, VA  
*Tibetan Medicine: Diagnosis And Practice*
- 3-95 **The New York Open Center**, New York, NY  
*Seminar On Tibetan Medicine*
- 5-94 **Institute for Asian Studies**, New York, NY  
*Traditional Tibetan Medicine*
- 4-94 **The New York Open Center**, New York, NY  
*A Symposium on Five Great Medical Traditions*
- 11-92 **Jacques Marchais Tibetan Museum**, Staten Island, NY  
*The Practice of Tibetan Traditional Medicine*

## **PUBLICATIONS**

- 3-99 "Seeing To The Distant Mountain: Diagnosis In Tibetan Medicine"  
**Alternative Therapies In Health And Medicine**  
 (Aliso Viejo, CA; Innovision Communications)
- 10-98 "Building A Means of Discourse For Integrative Medicine: A Tibetan Medical Perspective on Irritable Bowel Syndrome"  
**Alternative And Complementary Therapies**  
 (Larchmont, NY: Mary Ann Liebert, Inc.)

11-98 -

Web Site URL: [www.tibetanmedicine.com](http://www.tibetanmedicine.com)

Spring 1998

"Between Heaven and Earth: An Introduction To Various Philosophies And Approaches To Medical Care"

**American Medical Students Association's National Project on Alternative and Complementary Medicine**

(Washington D. C.:AMSA, )

Winter 1997

"Tibetan Medicine: Ancient Wisdom. Modern Healing. Future?"

**NEWS TIBET**

(New York, NY: H. H. the Dalai Lama's Office Of Tibet, )

Spring 1992

Review of "Asceticism And Healing In Ancient India: Medicine in the Buddhist Monastery"

**TRICYCLE: The Buddhist Review**

(New York, NY: The Buddhist Ray Inc. )

#### **FEATURED IN**

5-99

"Treating The Vital Life Force Within"

**Real Woman Magazine**

(San Diego, CA: Real Woman Publications)

2-98

"The Art Of Healing"

**San Francisco Chronicle**

(San Francisco, CA:Chronicle Publishing Co.)

10-98

"What's The Truth About Herbal Remedies?"

**The Riverdale Press**

(Bronx, NY:The Riverdale Press)

11-98

"Special Report on Complementary & Alternative Medicine: Ground Zero"

**The New Physician**

(Reston, VA: American Medical Students Association)

1997

"Tibetan Medical Resources"

**The Tibetan Art of Healing**

(San Francisco, CA:Chronicle Books)

10-96

"Healing From The Himalayas: Tibetan Medicine Resources In North America"

**Yoga Journal**

(Escondido, CA: California Yoga Teachers Assoc.)

THE WHITE HOUSE  
WASHINGTON

August 12, 1999

The Honorable James M. Jeffords  
United States Senate  
Washington, D.C. 20510

Dear Senator Jeffords:

On behalf of President Clinton, let me thank you for your recent letter recommending Eliot Tokar to a position on the White House Commission on Complementary and Alternative Medicine. Our administration appreciates your help in identifying quality candidates.

You speak highly of Mr. Tokar's qualifications and I have carefully noted your insights and support. I have shared your letter with Heather Marabeti, my Associate Director, and would like you to know that your comments will receive full consideration.

We welcome your suggestions in the future regarding appointments and look forward to working with you during the many months ahead.

Sincerely,

Bob J. Nash  
Assistant to the President and  
Director of Presidential Personnel

BJN:Sys

cc: Heather Marabeti  
Mr. Eliot Tokar

JAMES M. JEFFORDS, VERMONT, CHAIRMAN

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PATTY MURRAY, WASHINGTON  
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SUSAN K. HATTAN, DEPUTY STAFF DIRECTOR  
J. MICHAEL MYERS, MINORITY STAFF DIRECTOR AND CHIEF COUNSEL

<http://www.senate.gov/~labor>

## United States Senate

COMMITTEE ON HEALTH, EDUCATION,  
LABOR, AND PENSIONS

WASHINGTON, DC 20510-6300

PPO  
AUG 3 1999  
gov/HM

July 22, 1999

Mr. Bob J. Nash  
Assistant to the President and  
Director of Presidential Personnel  
153 Old Executive Office Building  
Washington, D.C. 20502

Dear Mr. Nash:

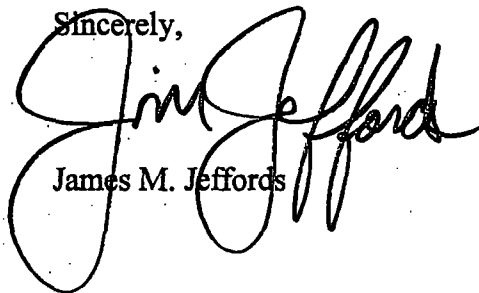
At the request of my constituent, Mr. Gerry Haase, I would like to recommend for your consideration Mr. Eliot Tokar for appointment to the White House Commission on Complementary and Alternative Medicine.

As you see by Mr. Tokar's resume, which is enclosed, he possesses training in Tibetan, Chinese, and Japanese medicine and has lectured, consulted, and published in these areas.

On the advice of Mr. Haase, who has worked together with my staff in Vermont on matters concerning Tibetan resettlement, I ask that you give Mr. Tokar your serious consideration. I trust that he would make a very worthwhile contribution to the commission. If there is any further information I can supply to assist in the process, I would be happy to provide it.

Your attention to this request is very much appreciated. All the best in your work selecting a panel.

Sincerely,



James M. Jeffords

PCH:mdc  
Enclosures

Honorable Senator James Jeffords  
30 Main Street  
Burlington, VT 05401

June 16, 1999

Dear Senator Jeffords:

I am a longtime constituent and fan of yours. You may know of my work with the Tibetan community in Vermont. I founded the Burlington Tibetan Resettlement Project in 1991.

My interest in Tibet and preserving authentic Tibetan culture in its' many forms dates back to 1969. During the intervening years I have met truly learned Tibetan teachers, among them doctors of traditional medicine. Names such as Dr. Trogawa, Rinpoche and Dr. Yeshe Donden are known to me as authentic practitioners of the ancient system of Tibetan medicine.

It is rare to encounter Westerners who have studied fully and deeply to the point where they are able to practice Tibetan medicine in the traditional way. The first such individual with whom I am personally acquainted is a Shakya Dorje, who practices traditional Tibetan medicine in Toronto, Canada.

Mr. Shakya Dorje personally asked me to help his colleague, Mr. Eliot Tokar of New York, to contact you in your capacity as Chairman of the Senate Health, Education, Labor and Pensions Committee. Mr. Tokar, who has studied Tibetan medicine for sixteen years, has been a student of both Dr. Trogawa and Dr. Donden. He also has extensive experience in the Chinese and Japanese systems of traditional medicine.

Mr. Tokar's name has been submitted to Senator Harkin's office as a candidate for appointment to the upcoming White House Commission on Complementary and Alternative Medicine Policy. It is my understanding that Senator Harkin is playing a key role in organizing the commission for the White House.

As a constituent, I am asking you to put in a good word to Senator Harkin on behalf of Mr. Tokar. At a time when many would turn traditional systems of natural medicine into a commodity exploitable by the existing medical

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## Clinton Library

| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                                                                            | DATE       | RESTRICTION |
|--------------------------|------------------------------------------------------------------------------------------|------------|-------------|
| 001d. letter             | Gerry Haase to Sentaor James Jeffords re: address and phone number<br>(partial) (1 page) | 06/16/1999 | P6/b(6)     |

### COLLECTION:

Clinton Presidential Records  
Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

rc714

### RESTRICTION CODES

#### Presidential Records Act - [44 U.S.C. 2204(a)]

P1 National Security Classified Information [(a)(1) of the PRA]  
P2 Relating to the appointment to Federal office [(a)(2) of the PRA]  
P3 Release would violate a Federal statute [(a)(3) of the PRA]  
P4 Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]  
P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]  
P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

RR. Document will be reviewed upon request.

#### Freedom of Information Act - [5 U.S.C. 552(b)]

b(1) National security classified information [(b)(1) of the FOIA]  
b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]  
b(3) Release would violate a Federal statute [(b)(3) of the FOIA]  
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b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]  
b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

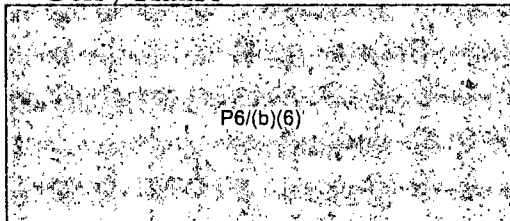
industry, I very much believe that we must do everything in our power to give a voice to those who practice authentic alternative sources of natural medicine.

Thank you for your help in this matter. I look forward to your reply.

Sincerely,

*Gerry Haase*

Gerry Haase



[001a]

Email: [gerryhaase@aol.com](mailto:gerryhaase@aol.com)

P.S. I have been asked by my friends at Karme Choling in Barnet, Vermont to personally invite you as their guest to a talk and reception at Lyndon State College on July 1, 1999. Hope you can come!

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## Clinton Library

| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                      | DATE | RESTRICTION |
|--------------------------|------------------------------------|------|-------------|
| 001e. resume             | re: Eliot Tokar (partial) (1 page) | n.d. | P6/b(6)     |

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Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

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b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

Eliot Tokar

P6/(b)(6)

[000e]

etokar@aol.com

www.tibetanmedicine.com

**PROFESSIONAL TRAINING/EDUCATION**

**Traditional Tibetan Medicine**

- 1998- Study of traditional Tibetan medical texts  
Dr. Thupten Puntsok, Asst. Prof.  
Central University of the Nationalities, Beijing, China  
Shang Shung Institute, Conway, MA
- 1990- Textual study & clinical apprenticeship  
Dr. Shakya Dorje  
Chakpori Institute, New York, NY
- 1986 - Textual study & clinical apprenticeship  
Dr. Trogawa Rinpoche,  
President, Chagpori Tibetan Medical College, Darjeeling, India  
Chakpori Foundation, Boulder, CO
- 1983-86 Textual study & clinical apprenticeship  
Dr. Yeshe Donden (former personal physician to H. H. the 14th Dalai Lama)  
American Institute of Buddhist Studies

**Traditional Chinese Medicine**

- 1989-90 Course in Chinese Herbal Medicine  
Ted Kaptchuck, OMD  
Tri-state Institute of Traditional Chinese Acupuncture, New York, NY
- 1988-91 Courses in Tai Chi Chuan and Qi Gong  
Society For Nanlaoshu, New York, NY
- 1987-89 Study of Chinese acupuncture and herbal medicine  
Dr. Kuang Chung Ho  
New York, NY

**Traditional Japanese Medicine**

- 1982 - Student, Apprentice, Self-study  
Various teachers including:  
Macrobiotics - William Spear, Denny Waxman  
Shiatsu acupressure massage - Rochelle Hood, David Sergel

**Other**

- Summer 1992 University of Virginia, Charlottesville  
Intensive in Literary and Spoken Tibetan
- 1978-1982 Hampshire College, Amherst, MA

## **BOARDS/ADMINISTRATIVE/CONSULTATIVE**

- 1998 - Advisor  
American Medical Student Association's Interest Group on Humanistic Medicine
- 1997 - Member, Board of Directors  
Shang Shung Institute (USA), Conway, MA
- 1990 - Administrative Director, Clinical Director  
Chakpori Corporation, Boulder, CO
- 1996 - 1997 Steering Committee Member of the Roundtable on Traditional Medicine  
Columbia Presbyterian Hospital, New York, NY
- Fall 1997 Consultant for Alternative Medicine Database Project  
Columbia University's Rosenthal Center for Alternative and  
Complementary Medicine, New York, NY
- Winter 1997 Principle Organizer (New York City)  
Medical exhibition, lectures and clinical demonstrations  
1997 U.S.A tour of H. H. the Dalai Lama's Tibetan Medical Institute
- Spring 1996 Consultant on Tibetan medicine to the U.S. Science Attaché  
U.S. Embassy, New Delhi, India.
- 1988-89 Member, Board of Directors  
Hampshire College, Amherst, MA

## **LECTURES AND COURSES CONDUCTED**

- 3-99 Alternative Therapies Symposium, New York, NY  
*Tibetan Medicine: A Discourse On Integrative Medicine*
- 3-99 American Medical Students Association National Convention, Chicago, IL  
*Evidence Based Medicine For The Soul: Defining Humanistic Medicine In The Age Of  
HMO's And Biotechnology*
- 2-99 Mount Sinai School of Medicine, New York, NY  
*Developing A Practice of Humanistic Medicine*
- 11-98 First International Congress on Tibetan Medicine, Washington, D.C.  
*Legal and Regulatory Issues Affecting the Practice Of Tibetan Medicine*  
*Integrating Tibetan Medicine Into A Western Alternative Practice*
- 7-98 Jewish Board of Family and Children's Services, Kew Gardens, New York  
*The Mind and Health, The Mind and Illness*
- 4-98 Brandeis University, Waltham, MA  
*Compassion is Our Business?: A Tibetan Buddhist Medical Perspective on Modern  
Healthcare*
- 2-98 Columbia Presbyterian Hospital, Complementary Care Center, New York, NY  
*A Tibetan Approach To Medicine: Practical Applications*

- 1-98 - 2-98 Salt Lake City, UT; Los Angeles CA; San Francisco, CA; Palm Springs, CA; New York, NY  
*The Knowledge Of Healing*; lecture tour in conjunction with the documentary on Tibetan medicine
- 11-97 **Association of American Medical Colleges Annual Meeting**, Washington, D.C.  
 Co-Director, Special Interest Group on *Alternative and Complementary Medicine*
- 8-97 **Shang Shung Institute (USA)**, Conway, MA  
*Seminar On Tibetan Medicine*
- 6-97 **Goddard College**, Health Arts Program, Plainfield, VT  
*Alternative And Traditional Medicine: Diversity as the Key*
- 5-97 **Mount Sinai School of Medicine**, New York, NY  
*Alternative and Complementary Medicine In Practice*
- 4-97 **Princeton University**, Department of Anthropology, Princeton, NJ  
*Tibetan Medicine: A Cross-Cultural Perspective On Health And Healing*
- 11-96 **New York Botanical Garden**, Bronx, NY  
*Course On Tibetan Medicine*
- 3-96 **Asia Society**, New York, NY  
*Compassion Is Our Business?: A Tibetan Buddhist Medical Perspective on Modern Healthcare*
- 5-95 **The First International Congress On Alternative And Complementary Medicine**, Arlington, VA  
*Tibetan Medicine: Diagnosis And Practice*
- 3-95 **The New York Open Center**, New York, NY  
*Seminar On Tibetan Medicine*
- 5-94 **Institute for Asian Studies**, New York, NY  
*Traditional Tibetan Medicine*
- 4-94 **The New York Open Center**, New York, NY  
*A Symposium on Five Great Medical Traditions*
- 11-92 **Jacques Marchais Tibetan Museum**, Staten Island, NY  
*The Practice of Tibetan Traditional Medicine*

## **PUBLICATIONS**

- 3-99 "Seeing To The Distant Mountain: Diagnosis In Tibetan Medicine"  
**Alternative Therapies In Health And Medicine**  
 (Aliso Viejo, CA; Innovision Communications)
- 10-98 "Building A Means of Discourse For Integrative Medicine: A Tibetan Medical Perspective on Irritable Bowel Syndrome"  
**Alternative And Complementary Therapies**  
 (Larchmont, NY: Mary Ann Liebert, Inc.)

- 11-98 - Web Site URL: [www.tibetanmedicine.com](http://www.tibetanmedicine.com)
- Spring 1998 "Between Heaven and Earth: An Introduction To Various Philosophies And Approaches To Medical Care"  
**American Medical Students Association's National Project on Alternative and Complementary Medicine**  
 (Washington D. C.:AMSA, )
- Winter 1997 "Tibetan Medicine: Ancient Wisdom. Modern Healing. Future?"  
**NEWS TIBET**  
 (New York, NY: H. H. the Dalai Lama's Office Of Tibet, )
- Spring 1992 Review of "Asceticism And Healing In Ancient India: Medicine in the Buddhist Monastery"  
**TRICYCLE: The Buddhist Review**  
 (New York, NY: The Buddhist Ray Inc. )

#### **FEATURED IN**

- 5-99 "Treating The Vital Life Force Within"  
**Real Woman Magazine**  
 (San Diego, CA: Real Woman Publications)
- 2-98 "The Art Of Healing"  
**San Francisco Chronicle**  
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 (Bronx, NY:The Riverdale Press)
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**The New Physician**  
 (Reston, VA: American Medical Students Association)
- 1997 "Tibetan Medical Resources"  
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- 10-96 "Healing From The Himalayas: Tibetan Medicine Resources In North America"  
**Yoga Journal**  
 (Escondido, CA: California Yoga Teachers Assoc.)

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| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                                                  | DATE       | RESTRICTION |
|--------------------------|----------------------------------------------------------------|------------|-------------|
| 001f. letter             | Heather Marabeti to Ariana Vora re: address (partial) (1 page) | 08/12/1999 | P6/b(6)     |

### COLLECTION:

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Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

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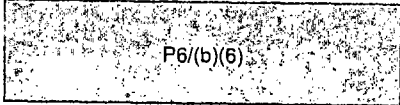
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THE WHITE HOUSE  
WASHINGTON

August 12, 1999

Ms. Ariana Vora  
Mount Sinai School of Medicine



[001f]

Dear Ms. Vora:

Thank you for recommending Eliot Tokar for the Commission on Complementary and Alternative Medicine. I greatly appreciate his willingness to serve.

You speak highly of Mr. Tokar and I have carefully noted your insights. He is an impressive individual and I want to assure you that he will be given every consideration.

On behalf of the President and Vice President, thank you for your letter and personal recommendation.

Sincerely,

A handwritten signature in black ink that reads "Heather M. Marabeti".

Heather M. Marabeti  
Special Assistant to the President and  
Associate Director of Presidential Personnel

Ms. Heather Marabeti  
Associate Director  
Office of Presidential Personnel  
Old Executive Office Building  
Washington D.C. 20502

August 9, 1999

Dear Ms. Marabeti:

I am delighted to write this letter of recommendation for Mr. Eliot Tokar to be considered as a member of the White House Commission on Complementary and Alternative Medicine. As the National Coordinator of the American Medical Student Association's Project on Complementary and Alternative Medicine, I have known Mr. Tokar for more than two years, throughout which he served as the Advisor to our National Project. Please note that the American Medical Student Association is the largest and oldest medical student organization in the country, with a membership of nearly 30,000 students and physicians. In addition, I have had the opportunity to attend several of Mr. Tokar's lectures at the Columbia-Presbyterian Complementary Care Center, the Mount Sinai-NYU Medical Center, and the national convention of the American Medical Student Association. Mr. Tokar and I have also collaborated on various joint research projects. Additionally, we served as co-founders of the Complementary and Alternative Medicine Special Interest Group of the American Association of Medical Colleges.

When I first heard Mr. Tokar speak at Mount Sinai Medical Center, I was struck not only by his impressive fund of knowledge on the subject of complementary medicine, but also by his outstanding ability to integrate political, economic, and cultural issues surrounding the field. He generously shared his insights and answered all of our questions thoroughly. He had the rare ability to make complex topics accessible to medical students who had little previous knowledge of the field and its global context.

The American Medical Student Association could not have had a better advisor. Mr. Tokar gave us a great deal of perspective on the history of the grassroots alternative medicine movement as well as the political and economic issues surrounding the current trends toward integration. Through such discussions, he led our organization toward a more sophisticated understanding of how to integrate the economic and political issues we face in today's health care delivery system. He also made us aware of the ecological implications of the modern integration of natural medicines. Despite his busy clinical, speaking, and publication schedules, Mr. Tokar made himself available to us, spoke at our regional and national meetings, and was a highly respected advisor to the organization. It was an honor to work closely with him on our National Project.

Mr. Tokar is also a much sought-after speaker. During his lectures at Columbia-Presbyterian Complementary Care Center, the Mount Sinai-NYU Medical Center, and the American Medical Student Association national convention, he not only imparted an inspiring message; he also facilitated lively discussions and encouraged his audience to think critically. He is an excellent listener, drawing people out and affirming their thoughts and questions. He has a natural ability to transform each question into an opportunity to clearly understand the cross-cultural dimensions of integrative medicine and the value of traditional natural medicine in a modern context.

American

Medical Student

Association/Foundation

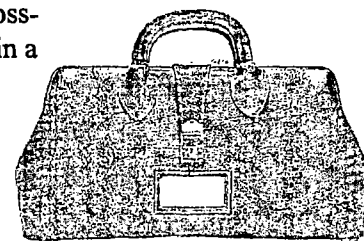
1902 Association Drive

Reston, VA 20191-1502

Tel 703.620.6600

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| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                                                                      | DATE       | RESTRICTION |
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| 001g. letter             | Ariana Vora to Heather Marabeti re: phone number and address<br>(partial) (1 page) | 08/09/1999 | P6/b(6)     |

### COLLECTION:

Clinton Presidential Records  
Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

rc714

### RESTRICTION CODES

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It was a sheer pleasure to be a co-researcher with Mr. Tokar. As a co-author of various articles which have appeared in journals such as *Alternative and Complementary Therapies*, and as an avid reader of his work in Dr. Larry Dossey's *Journal of Alternative and Complementary Medicine*, I am impressed with his refined understanding of the parameters required in investigating what constitutes quality research in integrative medicine. His depth of knowledge, his analytical mind, and his extensive international and national experience contribute to make him an outstanding researcher. He is a thorough writer with a critical appreciation of qualitative and quantitative research analyses. In addition, he is able to contextualize current research strategies within a well-informed historical framework. Most notable is his cultural sensitivity which respects the wisdom and traditions of each population under study.

Mr. Tokar and I also were involved in co-founding the Complementary and Alternative Medicine Special Interest Group of the American Association of Medical Colleges. His leadership and interpersonal communication skills were outstanding in these planning meetings. As in all other interactions I have shared with Mr. Tokar, he took the time to make everyone feel included and a part of the team. Since our committee consisted of individuals coming from a variety of backgrounds and perspectives on medicine and politics, our discussions had an inevitable degree of a "Tower of Babel" effect. In this environment, I was particularly impressed by his abilities to manage conflicting opinions, facilitate a cohesive theme, and redirect the group toward our goal. Due to his many years of clinical experience, as well as his understanding of the socio-political issues surrounding the complementary and alternative medicine movement, he was also particularly astute in fielding questions on policy issues.

Mr. Tokar's commitment to public education and discourse as the America Online expert on Tibetan medicine and facilitator of the upcoming Perspectives in Natural Medicine page speaks for itself. His website on Tibetan medicine is well-known and widely visited; his America Online discussions have become renowned and have established a significant following.

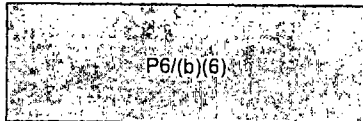
If a composite were drawn for Mr. Eliot Tokar, the following would be the most salient descriptors: Sophisticated socio-political analyst; effective public and interpersonal communicator; distinguished researcher; successful educator; internationally and nationally experienced clinician; outstanding leader; and insightful advisor. The above qualities would make him an invaluable member of the White House Commission on Complementary and Alternative Medicine. Mr. Eliot Tokar has my highest recommendation.

Sincerely,



Ariana Vora  
1997-1998 Coordinator,  
National Project on Complementary and Alternative Medicine,  
American Medical Student Association

Mount Sinai School of Medicine



[0019]

# Withdrawal/Redaction Marker

## Clinton Library

| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                                                              | DATE       | RESTRICTION |
|--------------------------|----------------------------------------------------------------------------|------------|-------------|
| 001h. letter             | Eliot Tokar to Sam Spencer re: address and phone number (partial) (1 page) | 08/12/1999 | P6/b(6)     |

### COLLECTION:

Clinton Presidential Records  
Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

Alternative Medicine Commission [2]

2012-0463-S

rc714

### RESTRICTION CODES

#### Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
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C. Closed in accordance with restrictions contained in donor's deed of gift.

PRM. Personal record misfile defined in accordance with 44 U.S.C. 2201(3).

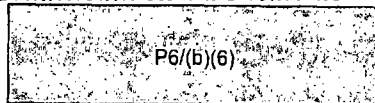
RR. Document will be reviewed upon request.

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ELIOT TOKAR  
*Traditional Asian Medicine*



e-mail: etokar@aol.com  
www.tibetanmedicine.com

[001h]



August 12, 1999

Mr. Sam Spencer  
Office of Presidential Personnel  
Old Executive Office Building, Room 143  
Washington, D.C. 20502

Dear Mr. Spencer,

It was a pleasure speaking to you on Tuesday. I hope our conversation gave you a sense of the historical, cultural, scientific, and economic issues involved in any meaningful discussion of complementary and alternative medicine.

As a student and practitioner of natural medicine for 17 years, I would like to lend my voice in Washington to represent those like myself: the rank and file practitioners and laypeople who created the 30+ years grassroots alternative medicine movement. It is important that the ecological and compassionate sensibilities of traditional natural medicine play a central role in discussions of how this field might be regulated. We must adopt a policy regarding education and training which improves the quality and availability of care. It is important that we design research methodologies which examine the actual approach of natural medicine, rather than simply imposing protocols that might otherwise only be valid for investigating allopathic medicine. We need to increase people's access to natural healthcare, and not allow alternative medicine to follow allopathic medicine into the morass of the current HMO system. We must make information available that enables the public to utilize these varying healthcare modalities safely.

I hope that we can work together to preserve the true philosophy and practice of natural medicine in the United States. I am certain that President Clinton, who has been a champion for healthcare reform, is interested in perpetuating the will of the American people as expressed in their decades long efforts to re-introduce alternatives into our healthcare system.

Enclosed you will find my updated curriculum vitae and a short professional biography to complete your file. For an additional perspective, copies of my recent articles on the above issues are available upon request. Thank you for your consideration. I hope that we will speak again soon.

Sincerely,

# Withdrawal/Redaction Marker

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| 001i. bio                | re: Eliot Tokar (partial) (1 page) | n.d. | P6/b(6)     |

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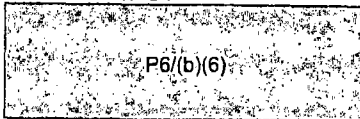
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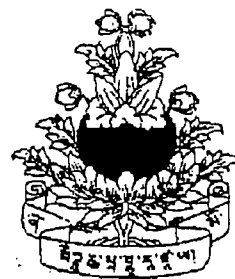


ELIOT TOKAR  
*Traditional Asian Medicine*



[0001]

e-mail: etokar@aol.com  
www.tibetanmedicine.com



## PROFESSIONAL BIOGRAPHY

Eliot Tokar is a NYC based practitioner of traditional Asian medicine. He has studied Tibetan medicine since 1983, and he is one of the only people in North America to have received such training; additionally, he is trained in Chinese medicine, acupuncture, and traditional Japanese natural therapies. During a period from 1983-1986 Mr. Tokar studied at the American Institute of Buddhist Studies and received private instruction from Dr. Yeshe Dhonden, former personal physician to H. H. the 14th Dalai Lama of Tibet. Since 1986 Mr. Tokar has been an apprentice of the incarnate lama/physician Dr. Trogawa Rinpoche, president of the Chagpori Tibetan Medical College in Darjeeling, India. Since 1990, Mr. Tokar has additionally received regular clinical and textual instruction from his senior colleague, Dr. Trogawa Rinpoche's senior Western student, Shakya Dorje. Mr. Tokar trained in Chinese medicine for two years in NYC in a private seminar conducted by the senior Chinese doctor and scholar Dr. Kuang Chung Ho. He trained in traditional Japanese medicine during a period of ten years with a variety of teachers stemming from the Macrobiotic tradition.

In addition to his practice and studies Mr. Tokar has lectured on Tibetan medicine, natural medicine and alternatives in healthcare at Princeton University, Brandeis University, Mount Sinai School of Medicine, Columbia Presbyterian Hospital, the Association of American Medical Colleges, the American Medical Association's Annual Convention, the New York Botanical Garden, New York's Asia Society, the Jewish Board of Family and Children's Services, The First International Congress On Alternative And Complementary Medicine, The First International Congress on Tibetan Medicine, and the 1999 Alternative Therapies Symposium. Mr. Tokar currently serves as an advisor to the American Medical Student Association's Interest Group on Humanistic medicine. He served on the Steering Committee of the Roundtable on Traditional Medicine at Columbia Presbyterian Hospital (1996-97). In addition, he has acted as a consultant on Tibetan medicine to the database project of Columbia University's Rosenthal Center for Alternative and Complementary Medicine and to the Science Attaché of the U.S. Embassy in New Delhi, India. Mr. Tokar organized the 1997 visit to New York City of H. H. the Dalai Lama's Men-Tsee-Khang (Tibetan Medical and Astrological Institute).

Mr. Tokar's publications include 'Between Heaven and Earth: An Introduction To Various Philosophies And Approaches To Medical Care' (Annual Publication of the American Medical Students Association's National Project on Alternative and Complementary Medicine, Washington D.C.:AMSA, 1998) 'Tibetan Medicine: Ancient Wisdom. Modern Healing. Future?' (NEWS TIBET, New York: Publication of H. H. the Dalai Lama's Office Of Tibet, Winter 1997), a book review of *Asceticism And Healing In Ancient India: Medicine in the Buddhist Monastery* (TRICYCLE: The Buddhist Review, New York: The Buddhist Ray Inc., Spring 1992). His publication 'Building A Means of Discourse For Integrative Medicine: A Tibetan Medical Perspective on Irritable Bowel Syndrome' appeared in the October 1998 issue of the journal *Alternative And Complementary Therapies* (Larchmont, NY: Mary Ann Liebert, Inc.) and his article "Seeing To The Distant Mountain: Iosis In Tibetan Medicine" appeared in the March 1999 issue of *Alternative Therapies In Health And Medicine* (Aliso Viejo, CA; Innivision Communications). He has been featured in the *San Francisco Chronicle*, *The Village Voice*, *Yoga Journal*, and *The New Physician*. His new web page [www.tibetanmedicine.com](http://www.tibetanmedicine.com) is dedicated to bringing the voice of practitioners, students and scholars of Tibetan medicine to the internet.

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Domestic Policy Council  
Devorah Adler  
OA/Box Number: 20148

### FOLDER TITLE:

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**Eliot Tokar**

P6/(b)(6)

etokar@aol.com

www.tibetanmedicine.com

[001j]

**PROFESSIONAL TRAINING/EDUCATION**

**Traditional Tibetan Medicine**

- 1998- Study of traditional Tibetan medical texts  
Dr. Thupten Puntsok, Asst. Prof.  
Central University of the Nationalities, Beijing, China  
Shang Shung Institute, Conway, MA
- 1990- Textual study & clinical apprenticeship  
Dr. Shakya Dorje  
Chakpori Institute, New York, NY
- 1986 - Textual study & clinical apprenticeship  
Dr. Trogawa Rinpoche,  
President, Chagpori Tibetan Medical College, Darjeeling, India  
Chakpori Foundation, Boulder, CO
- 1983-86 Textual study & clinical apprenticeship  
Dr. Yeshe Donden (former personal physician to H. H. the 14th Dalai Lama)  
American Institute of Buddhist Studies

**Traditional Chinese Medicine**

- 1989-90 Course in Chinese Herbal Medicine  
Ted Kaptchuck, OMD  
Tri-state Institute of Traditional Chinese Acupuncture, New York, NY
- 1988-91 Courses in Tai Chi Chuan and Qi Gong  
Society For Nanlaoshu, New York, NY
- 1987-89 Study of Chinese acupuncture and herbal medicine  
Dr. Kuang Chung Ho  
New York, NY

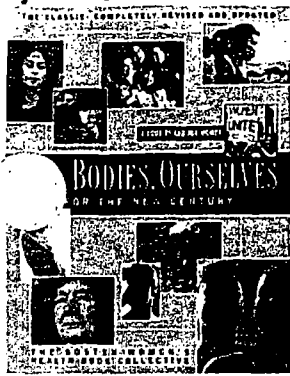
**Traditional Japanese Medicine**

- 1982 - Student, Apprentice, Self-study  
Various teachers including:  
Macrobiotics - William Spear, Denny Waxman  
Shiatsu acupressure massage - Rochelle Hood, David Sergel

**Other**

- Summer 1992 University of Virginia, Charlottesville  
Intensive in Literary and Spoken Tibetan
- 1978-1982 Hampshire College, Amherst, MA

# BOSTON WOMEN'S HEALTH BOOK COLLECTIVE



The 1998 edition:  
*Our Bodies, Ourselves*  
for the New Century

PO Box 192, 240A Elm Street, Somerville, MA 02144  
Telephone: 617.625.0277 Facsimile: 617.625.0294  
Email: office@bwhbc.org  
Website: www.ourbodiesourselves.org

*A Member Agency of Community Works*

August 6, 1999

## **Advisory Board:**

Marjorie Agosin

Hortensia Amaro

Byllye Avery

Joan Bavaria

Linda Ellerbee

Ghly Inglese

Linda Jones

Florence Ladd

Meizhu Lui

Ngina Lythcott

Cynthia Pearson

Vivian Pinn

Ellen Poss

Joan Rachlin

Helen Rodriguez-Trias

Gloria Steinem

Heather Maraveti  
Office of Presidential Personnel  
Old Executive Office Bldg Rm 143  
Washington, DC 20502

Dear Ms. Maraveti:

Enclosed is a copy of a letter of recommendation for Eliot Tokar from Judy Norsigian, Program Director at the BWHBC. Eliot had asked Judy to forward this copy to you as the person involved in the establishment of the White House Commission on Complementary and Alternative Medicine. If you have any questions, or need further information, do not hesitate to call me or Judy.

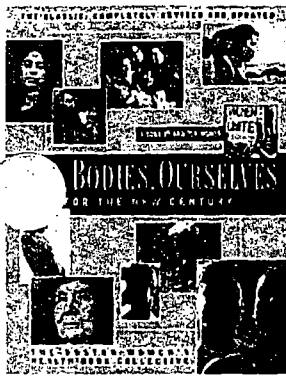
Sincerely,

Anna M. Pohl  
Assistant to the Program Director

Enc.



*inspiring a movement of  
women's health  
around the world*



The 1998 edition:  
*Our Bodies, Ourselves  
for the New Century*

## BOSTON WOMEN'S HEALTH BOOK COLLECTIV



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Telephone: 617.625.0277 Facsimile: 617.625.0294

Email: [office@bwhbc.org](mailto:office@bwhbc.org)

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Sincerely,

Anna M. Pohl  
Assistant to the Program Director

Enc.



*inspiring a movement of  
women's health*

JUN 29 1999

Ms. Judy Norsigian  
Program Director  
Boston Women's Health Book Collective  
PO Box 192  
240A Elm Street  
Somerville, MA 02144

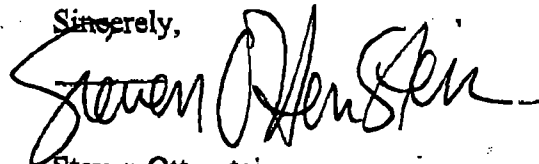
Dear Ms. Norsigian:

Thank you for your letter of recommendation which you wrote to Secretary Sha ala on behalf of Eliot Tokar regarding membership to the National Advisory Council for Complementary and Alternative Medicine.

You speak highly of Mr. Tokar's qualifications and your insights and support have been carefully noted.

Your views are important to us as we continue to assemble the best possible team for the National Advisory Council for Complementary and Alternative Medicine.

Sincerely,



Steven Ottenstein  
White House Liaison

# BOSTON WOMEN'S HEALTH BOOK COLLECTIVE

PO Box 192, 240A Elm Street, Somerville, MA 02 44

Telephone: 617.625.0277 Facsimile: 617.625.0214

Email: office@bwhbc.org

Website: www.ourbodiesourselves.org

A Member Agency of Community Works



The 1998 edition:  
*Our Bodies, Ourselves*  
for the New Century

25 June 1999

Donna Shalala  
Secretary, DHHS  
200 Independence Ave SW Rm 605H  
Wash, DC 20201

## Advisory Board:

Marjorie Agosin

Hortensia Amaro

Byllye Avery

Joan Bavaria

Linda Ellerbee

Cathy Ingles

Jones  
Yor  
Florence Ladd

Meizhu Lui

Ngina Lythcott

Cynthia Pearson

Vivian Pinn

Ellen Poss

Joan Rachlin

Helen Rodriguez-Trias

Gloria Steinem

Dear Donna:

I know that you are involved in the establishment of the White House Commission on Complementary and Alternative Medicine and wanted to recommend an excellent candidate for you to consider - Eliot Tolar (see enclosed resume and articles). His extensive background and his thoughtful work on establishing meaningful tools for evaluating the efficacy of alternative therapies make him an ideal nominee.

Sincerely,

Judy Norsigian  
Program Director, BWHBC

cc: Senator Edward M. Kennedy  
Senator Tom Harkin

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JUN 29 AM 9:31  
COMMUNICATIONS  
CENTRAL CENTER



...ing a movement of  
women's health  
around the world

cc/29/99 0005

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| DOCUMENT NO.<br>AND TYPE | SUBJECT/TITLE                              | DATE       | RESTRICTION |
|--------------------------|--------------------------------------------|------------|-------------|
| 002. resume              | re: George Devrics, III (partial) (1 page) | 06/01/1999 | P6/b(6)     |

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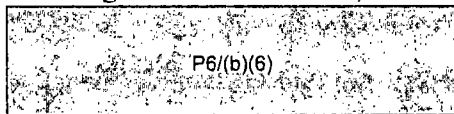
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George Thomas DeVries, III



[002]

(Office) (619) 297-8100

### ***CURRICULUM VITAE***

#### ***Education:***

University of California  
San Diego, California  
Bachelors of Arts degree, 1984  
Dean's List  
Rowing Team  
Freshman Rowing Team Captain

Culver Military Academy  
Culver, Indiana, H.S. 1977  
Blue Key Honor Society  
Dean's List  
Rowing Team  
Non-Commissioned Officer

#### ***Honors:***

Named by the San Diego Business Journal editorial department in its "Who's Who of 1998"  
in San Diego Business

Named 1997 San Diego Entrepreneur of the Year in Health Sciences

#### ***Relevant Experience:***

1999 - present

*Chairman, President and CEO of American Specialty Health and its subsidiaries, American Specialty Health Plans, American Specialty Health Networks and American Specialty Health & Wellness  
(Subject to Regulatory Approval)*

Manage complementary and alternative health care benefits, networks and services for 21 health plans, including eight of the 10 largest health plans in California, covering over 13 million members under various programs. ASHP, ASHN and ASHW will post approximately \$75 million in revenue in 1999.

1993 – 1999

*President and CEO of American Specialty Health Plans, Inc., and American Chiropractic Networks Southwest, Inc.*

Provided chiropractic and acupuncture managed care services and benefit plans for more than 9 million members in California. Position will evolve into new role with American Specialty Health, Inc. as companies consolidate under new parent company.

1987 – 1994

*Founder, Owner of Health Management Strategies (HMS), Inc.*

Provided sales and management services for specialty managed health plans, including the American Chiropractic Network (ACN) and LifeLink. Position evolved into new role with American Specialty Health Plans (ASHP) (formally known as American Chiropractic Network Health Plans) since HMS and ACN together formed ASHP.

1986 – 1987

*Los Angeles and Orange County Regional Manager for Onsite Health Care, Inc.*

Performed various tasks, including sales and managing staff for specialty medical group. OHC provided mobile dental and ophthalmic services at approximately 120 convalescent hospitals and retirement centers in Southern California and Phoenix, Arizona.

***Other Accomplishments:***

**Key milestones:**

- Created managed care systems for chiropractic, acupuncture, naturopathy, massage therapy and herbal therapies;
- Created the nation's first licensed specialty health plan for chiropractic in 1994 and for acupuncture and traditional Chinese herbal supplements in 1997 (ASHP in California);
- Received the nation's first specialty health plan accreditation for chiropractic and acupuncture from the American Accreditation HealthCare Commission /URAC in 1998 (ASHP in California);
- Received the nation's first network and utilization management national accreditation for chiropractic and acupuncture from the American Accreditation HealthCare Commission/URAC in 1998 (ASHN, formally known as ASN);
- Created the nation's largest specialty health plan for chiropractic, covering over 3.4 million members (ASHP in California);
- Created the nation's first centralized distribution system for traditional Chinese herbal supplements to provide herbal supplements under acupuncture benefit plans;
- Created buyhealthy.com and 1-888-buyhealthy, an e-commerce and mail order catalog, for health products such as vitamins, herbal supplements, books, tapes and other products.

- Created CAM Conference Resource Center to organize, coordinate and/or sponsor educational conferences on complementary health care with universities such as Stanford University and University of Southern California.

***Professional Associations:***

Member of the editorial advisory board of *Alternative Medicine Business News*

Member of Children's Hospital Foundation (San Diego) Corporate and Community Development Committee

Member of Children's Hospital Foundation Executive Committee for the 1999 Miracle Maker Gala

Member of the Adaptive Business Leaders Organization

Member of University of California at San Diego Chancellor's Associates

Member of the Advisory Board of the California Association of Naturopathic Physicians

Member of the American Management Association International

Associate Member of the California Association of Health Plans

Member of HealthLink Steering Committee. HealthLink is the San Diego Public School System Superintendents' Committee on improving health care of students.

***Published Articles:***

"Complementary Health Care-Today's Fad or Trend for Tomorrow?" *California Broker*, May 1999

"Alternative Medicine One of the Fastest Growing Segments, But Must Overcome Operational Hurdles to Integrate into Managed Care," *Managed Care Week*, July 1998

"Integrating Alternative Health Care: What are the Obstacles?" *California Broker*, June 1998

"Alternative Health Care Paradox," *California Broker*, May 1997

"Chiropractic Benefits," *California Broker*, May 1996

"Structuring HMO-Style Chiropractic," *California Broker*, June 1995

***Lectures and Presentations:***

**"The State of Complementary Alternative Medicine Coverage" Where are We Headed?"**  
National Managed Health Care Congress, Los Angeles, California, October 1999  
(scheduled)

**"Integration of Complementary and Alternative Medicine in Managed Care,"** First Annual  
Conference on Complementary and Alternative Medicine: Practical Applications, Stanford  
University School of Medicine and the Harvard Medical School, Palo Alto, California,  
October 1999 (scheduled)

**"Complementary and Alternative Therapies—Trends:"** Understanding Why There is  
Increased Consumer Interest in Complementary and Alternative Therapies, Steps Involved  
in Developing a Strategy for the Inclusion of Alternative Medicine into Your Health Plan,  
How New Therapies Can Complement the Delivery of Traditional Medicine, and Types of  
Providers to Include in Your Network Ensuring Exceptional Quality of Care Member  
Satisfaction," 1999 American Association of Health Plans Managed Care Forum, San  
Francisco, California, June 1999 (scheduled)

**"Critical Success Factors in Managing Alternative Health Care,"** National Managed Health  
Care Congress, Atlanta, Georgia, March 1999

**"Critical Success Factors in Managing Alternative Health Care,"** California Association of  
Health Plans, Palm Springs, California, March 1999

**"Creating an Environment for Committed Employees,"** Participated on a panel of CEOs;  
The Foundation for Enterprise Development and Ernst & Young, La Jolla, California,  
October 1998

**"Integrating Complementary Health into Managed Care,"** Complementary and Alternative  
Medicine: Scientific Evidence and Steps Toward Integration Conference, Stanford  
University, Palo Alto, California, September 1998

**"Complementary Health Care Services and Therapies: A Clinical and Risk Management  
Perspective,"** Golden Gate Association of Health Underwriters, Emeryville, California, June  
1998

**"Understanding the Demand and Answering the Call: The Past, Present and Future of  
Alternative Medicine in Managed Care,"** Alternative & Complementary Therapies in a  
Managed Care Environment Conference, Strategic Research Institute, Newport Beach,  
California, May 1998

**"Integrating Alternative Health Care with Employee Benefits,"** Benefits Management  
Forum West, San Francisco, California, April 1998

"Integrating Complementary Care Within Managed Care," World Whole Health Forum, Los Angeles, California, March 1998

"Complementary Health Care Services and Therapies: A Clinical & Cost Management Perspective," California Association of Health Underwriters, San Diego, California, February 1998

"Integrating Complementary Health Care in Managed Care," ABL Complementary Healthcare Roundtable, San Francisco, California, November 1997

"Roundtable: Chiropractic Benefits"; Roundtable Leader; International Foundation of Employee Benefit Plans Annual Conference, Vancouver, British Columbia, Canada, October 1997

"Roundtable: Chiropractic Benefits"; Roundtable Leader; International Foundation of Employee Benefit Plans Annual Benefit Conference, San Diego, California, November 1996

"Offering Managed Chiropractic Benefits: Why Include Managed Chiropractic Benefits? How Managed Chiropractic Benefits Fit In?" National Managed Health Care Congress, Coronado, California, July 1996

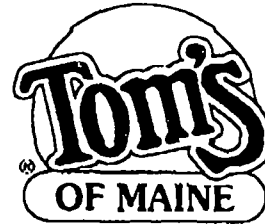
"Risk Management in Chiropractic Managed Care," Inland Empire Association of Health Underwriters, Ontario, California, June 1996

"Roundtable: Chiropractic Benefits"; Roundtable Leader; International Foundation of Employee Benefit Plans Annual Benefit Conference, Honolulu, Hawaii, November 1995

***References:***

Provided upon request

THOMAS M. CHAPPELL  
CEO and Founder of Tom's of Maine



Tom Chappell left the corporate world for Kennebunk, Maine, in 1968 to "move back to the land" with his wife Kate where they have raised their five children. Since co-founding Tom's of Maine with her in 1970, he has dedicated himself to creating a company that produces innovative, natural personal care products in a caring and creative work environment.

Under Chappell's leadership, the company has expanded its vision to include natural wellness products. Over 60 new cough, cold & wellness products will be introduced in the fall of 1999, including echinacea tonics, natural nasal decongestants, chest rubs & balms, liquid herbal extracts, and wellness teas. With the goal of ensuring product integrity from farm to home, Tom's of Maine recently purchased Green Mountain Herbs to produce the extracts used in the wellness products, and will contract with organic farms to supply those herbs they do not harvest themselves.

In developing this new product line, Chappell forged a unique relationship with the University of Illinois at Chicago (UIC) and Dr. Norman Farnsworth, Professor of Pharmacognosy and a forefather of the field of natural medicine. Farnsworth and the interdisciplinary research team at Tom's have combined scientific, instrumental analysis with experiential knowledge of plants to produce Tom's high-quality herbal products. Recognizing the consumer need for information and education, Chappell has arranged for UIC to provide third-party information on herbal supplements to consumers through a toll-free telephone number.

This fall will also see the culmination of two important projects for Chappell: the publication of his second book, *Managing Upside Down: The Seven Intentions for Values-Centered Leadership* (William Morrow & Co.), and the launching of courses at The Saltwater Institute. Chappell's new book is an insightful step-by-step guide outlining Chappell's management philosophy of leading with one's values by integrating the organizational, financial and social components of a business. Chappell founded the not-for-profit Saltwater Institute with the mission of researching, developing, and marketing experience-based learning models for use in values-centered leadership and organizations. The book and Institute reinforce Chappell's long-standing belief that one can operate a profitable, successful business while acting in a socially and environmentally responsible manner.

Chappell hopes to set an example of ethical business standards for others. He was a recipient of the 1990 *New Englander Award* sponsored by the Small Business Association of New England; the 1991 *Entrepreneur of the Year* from CNBC; and was awarded the 1995 *Socially Responsible New England Entrepreneur of the Year* by the Entrepreneur of the Year Institute. Tom's of Maine has been named among the top companies in the U.S. for working mothers by *Working Mother* magazine; and as one of 30 *Great Companies for Dads* in *Child* magazine. In 1992 Tom's of Maine received the prestigious *Corporate Conscience Award for Charitable Contributions* from the Council on Economic Priorities and is listed on the Honor Roll in the CEP's *Shopping for A Better World*. In 1993 the Chappells were presented with the *New England Environmental Leadership Award* and the *Governor's Award for Business Excellence*. In 1997 Chappell was a recipient of the Caring Institute's Award for "One of the Most Caring People in America." Chappell's first book, *The Soul of a Business: Managing for Profit and the Common Good*, set a practical yet powerful new agenda for ethical and profitable business leadership in the 1990s.

A 1966 graduate of Trinity College in Hartford, Conn., with a BA in English, Chappell graduated from Harvard Divinity School in 1991 with a Masters in Theology. He is active in the Episcopal Church of Maine, was a deputy to the 1991, the 1994, and the 1997 Triennial General Conference of the Episcopal Church, and was a member of the Environmental Stewardship Team of the national Episcopal Church.

is active in many cultural and philanthropic organizations, among them the Dean's Council for Harvard Divinity School, the Advisory Council for the Center for the Study of Values in Public Life at Harvard Divinity School, the President's Advisory Council for The General Theological Seminary of the Episcopal Church.

Lafayette Center P.O. Box 710 Kennebunk, Maine 04043-0710 USA Tel. (207) 985-2944 Fax (207) 985-2196

ATTN: JACOBSON SENATOR HARKIN 202-224-9369

When he was 15 years old, Berkley Bedell took \$50 earned from his newspaper route and started a business of making and selling fishing flies. This business has grown to where it is now claimed to be the largest fishing tackle manufacturing company in the nation, with plants in the United States, Taiwan, Canada, and Sweden, and offices around the world. The Company, Outdoor Technologies Group, now includes three major brands, Berkley, Fenwick, and Abu-Garcia, producing all types of sport fishing tackle. There has never been any outside investment in the Company, with the growth completely financed by profits and that \$50 original investment. It has continued to be a family owned business, now owned and operated by Mr. Bedell's son, Tom Bedell.

Berkley and Company was awarded the National Sporting Goods Wholesalers Fishing Tackle Manufacturer of the Year award 10 times during a recent 11 year period.

Mr. Bedell served in the Air Force as a flying instructor during World War II.

In 1964 he was named the first National Small Business Person of the Year in a ceremony at the Rose Garden of the White House.

He has been named Spirit Lake, Iowa, Citizen of the Years, and Iowa Inventor of the Year. He serves on the President's Council to the National Academy of Sciences.

He was elected to the United States Congress in 1975, and served 6 terms. He was elected from the sixth district of Iowa, which consists of roughly the northwest 1/4 of Iowa, which is the most Republican district in Iowa. He was the first Democrat ever re-elected from that district, and after his first election always won by margins of over 60%. He served on the Agriculture and Small Business Committees, where he served as chairman of various sub-committees. He was also active in peace and environmental issues, and was responsible for significant changes in military purchasing procedures.

He retired from Congress in 1988 because of contracting Lyme Disease from a tick bite while fishing. Because he believes that his illness was solved by alternative types of medical treatment, he is actively involved in the investigation of such treatments, and serves on the advisory board of the Office of Unconventional Medical Treatments at the National Institutes of Health. Working with Senator Tom Harkin of Iowa, he was largely responsible for the establishment of this office.

He is founder and President of The National Foundation for Alternative Medicine, formed to investigate alternative treatments for disease being administered around the World, and make that information available to the public.

## WAYNE B. JONAS

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### EDUCATION

- 1990 - 91      Medical Research Fellowship,  
Walter Reed Army Institute of Research, Washington, D.C.
- 1984-86      Family Medicine Residency,  
DeWitt Army Hospital, Ft. Belvoir, Virginia  
Chief Resident, 1985-86
- 1981-82      Family Medicine Internship,  
DeWitt Army Hospital, Ft. Belvoir, Virginia
- 1977-81      Doctor of Medicine  
Bowman Gray School of Medicine, Winston-Salem, North Carolina
- 1982-84      Bachelor of Arts, Davidson College  
Davidson, North Carolina. Major: Humanities

### SPECIAL TRAINING

- 1993-96      Instructor Training in Somatic Psychotherapy  
Wellspring Center, Gaithersburg, Maryland
- 1990      Air Assault Course, Ft. Rucker, Alabama
- 1987-      Advanced Cardiac Life Support Provider
- 1988-1997      Advanced Cardiac Life Support Instructor
- 1986 (July)      Diplomat Certification in Homeopathy  
American Institute of Homeopathy, Allentown, PA
- 1984 (June)      Wright-Gaby Nutritional Therapy Course, Tacoma, Washington
- 1982-1984      Specialized Training in Classical Homeopathy,  
Dr. med. Jost Künzli, St. Gallen, Switzerland (three days per month)
- 1981 (June)      Special Orthopedics Training Intensive, Ft. Belvoir, Virginia

1981 (April) Combat Casualty Course (Includes Advanced Trauma Life Support)

1979 (February) Electro-Acupuncture of Voll Diagnostics Course, San Francisco, CA

1977 (July) Professional Course in Homeopathy  
American Institute of Homeopathy, Millersville, PA

1976 (Oct.-Dec.) Clinical Pastoral Education Training Semester,  
Union Theological Seminary, Richmond, Virginia

1976 (Mar.-May) Survey Course of the World's Healing Traditions  
Esalen Institute, Monterrey, CA

1974 (July) Instructor Certification in Rational Emotive Therapy  
Newport, CA

## **EMPLOYMENT**

1995-1998 Director, Office of Alternative Medicine/National Center for Complementary and Alternative Medicine, National Institutes of Health, Bethesda, Maryland. Overall management responsibility for a \$50 million annual research budget in complementary and alternative medicine (CAM). Produced 13 major research centers around the country, supported over 50 other research projects including 4 multi-center clinical trials. Developed an international, publicly accessible citation database and evaluation program; conducted research training sessions and developed an intramural research training program at NIH; established a public clearinghouse for information on CAM; developed research initiative with 14 Institutes and Centers at the NIH and collaborative activities with 4 other Federal agencies.

1996-1998 Director, WHO Collaborating Center for Traditional Medicine, Bethesda, Maryland. Responsible for implementing the terms of agreement for a World Health Organization (WHO) Collaborating Center which include: management of communication network of all Collaborating Centers; support for the development of research guidelines and teaching manuals in traditional medicine; conduct of surveys on traditional medicine use worldwide and production of a research agenda in traditional medicine for WHO in cooperation with multiple international organizations.

1991-1995 Director, Medical Research Fellowship Program, Division of Medicine, Walter Reed Army Institute of Research, Washington, D. C. Responsible for overall

operations and teaching for post-doctoral research training of 5-8 fellows per year. Developed, evaluated and modified annually the Fellowship curriculum and syllabus, taught classes on use of computer statistical packages (JMP, Statview), scientific writing, oral presentation, and application of skills in clinical epidemiology to research design and development. Interviewed and selected fellows annually with GME committee. Mentored 22 fellows in a variety of research projects.

- 1990-1993 Research Staff, Cellular Immunology Department, Division of C, D. & I, Walter Reed Army Institute of Research, Washington, D. C. Conducted research on cellular immunology with an emphasis on the role of macrophage function in defense from tularemia infection. Developed an aerosol model for delivery of tularemia and demonstrated protective effects could be induced by low-level exposures to immunomodulators. The lab was closed by the Army in 1993 due to programmatic changes.
- 1988-1990 Staff Officer and Consultant, Health Promotion Program, Personal Readiness Division, Office of the Surgeon General (Army), Falls Church, Virginia. Responsible for developing health care delivery models designed to support the integration of the Army Health Risk Appraisal Program with clinical services. Conducted survey research on soldier health goals, health promotion training activities of medical officers. Lectured and taught about health promotion to installation commanders and medical officers. Developed the Community Health Education and Personal Readiness (CHEAPR) Program, an integrated health care delivery model for prevention and treatment of chronic disease grounded in health promotion principles.
- 1986-1988 Officer-In-Charge, South Post Family Practice Clinic and Teaching Faculty, DeWitt Army Hospital Family Practice Residency Program, Fort Belvoir, Virginia. Had overall responsibility for the operation of a two-physician, eight-staff, residency affiliated clinic responsible for 8,000 soldier and family members. Taught weekly at the residency program including lectures, medical procedures, in-patient and out-patient resident supervision. Also served as Clinical Investigation Coordinator for the hospital and research director for residency research activities, which oversaw mandatory research projects of 18 residents each year.
- 1982-1984 Commander, 130th General Hospital, Dexheim, West Germany. Responsible for the overall operation of the post's health services for over 5,000 soldiers and families. Responsible for supervision of the medical unit with seven staff.

USUHS  
4301 Jones Bridge Road  
Bethesda, MD 20814-4799

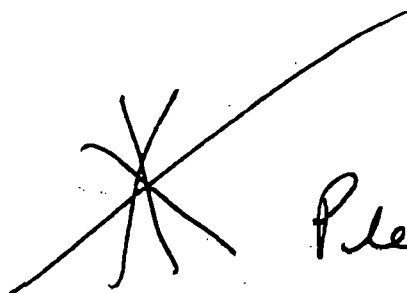
Department of Family Medicine

## Fax Cover Sheet

To: Walker Bass From: Wayne Jonas  
Fax: 202-456-6615 Pages: 28  
Phone: \_\_\_\_\_ Date: 9-9-99  
Re: \_\_\_\_\_ CC: \_\_\_\_\_  
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*Please call me if you  
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Cee Cee  
301-2959463*

|         |                                                                            |
|---------|----------------------------------------------------------------------------|
| 1994-   | International Society for the Study of Subtle Energies and Energy Medicine |
| 1992-94 | The Scientific and Medical Network                                         |
| 1991-   | International Research Group on Very Low Dose Effects                      |
| 1991-93 | American Society for Microbiology                                          |
| 1990-94 | American Association for the Advancement of Science                        |
| 1990-92 | North American Primary Care Research Group                                 |
| 1990-92 | American Public Health Association                                         |
| 1987-93 | Liga Medicorum Homeopathica Internationalis                                |
| 1987-   | Society of Teachers of Family Medicine                                     |
| 1986-93 | Southern Homeopathic Association                                           |
| 1984-   | Diplomat, American Institute of Homeopathy                                 |
| 1984-   | Fellow, American Academy of Family Physicians                              |
| 1984-   | Uniformed Services Academy of Family Physicians                            |

#### **PUBLICATONS (Refereed)**

1. Sparber, A., Johnson, E., Derenzo, E., Bergerson, S., Jonas, W., White, J. Biomedical research and patient utilization of natural herbal products: A case study. *Cancer Investigation*. 2000; 18 (8): (in press)
2. Linde, K., Scholz, M., Ramirez, G., Clausius, N., Melchart, D., Jonas, W. B. Impact of study quality on outcome in placebo-controlled trials of homeopathy. *Journal of Clinical Epidemiology*. 1999 (in press)
3. Jonas, W.B., Fortier, A.H. Do homeopathic nosodes protect against infection? An experimental test. *Alternative Therapies in Health and Medicine*. 1999 (in press)
4. Jonas, W.B. The National Center for Complementary and Alternative Medicine. *Journal of American Medical Women's Association*. 1999 (in press)
5. Jonas, W.B. Alternative Medicine: Learning from the Past, Exploring the Present, Advancing the Future. *Journal of the American Medical Association*. 1998; 280:1616-1618.
6. Jonas, W.B. Alternative Medicine and the Family Physician. *Journal of the American Board of Family Practice*. May/June 1998. 11(3):244-246.
7. Jonas, W.B. What is the Office of Alternative Medicine and what does it do? *North Carolina Medical Journal*. May/June 1998; 59(3):148-150.
8. Jonas, W.B. Alternative Medicine and the Conventional Practitioner. *Journal of the American Medical Association*. 1998; 279(9): 708-709.
9. Jonas, W.B., Hudgings, C. Advising patients who seek alternative medicine [letter]. *Annals of Internal Medicine*. 1998; 128(4):329.
10. Jonas, W.B. Researching Alternative Medicine. *Nature Medicine*. 1997; 3(8): 824-827.

|      |                                                                                                               |                           |
|------|---------------------------------------------------------------------------------------------------------------|---------------------------|
| 1985 | Principal Investigator. "A Pilot Study of<br>Early Warning Risk Assessment"<br>DeWitt Army Community Hospital | \$ 44,000<br>(not funded) |
|------|---------------------------------------------------------------------------------------------------------------|---------------------------|

### **PATENTS**

Jonas, W.B., Tortella, F.C. "Low Level Exposure to Extracts of Neurotoxins for Protection from Brain Injury". Filed March 17, 1999. Ref. No. 4239-51518/WDN.

### **BOARD CERTIFICATION**

|            |                                     |
|------------|-------------------------------------|
| 1993, 1986 | American Board of Family Practice   |
| 1986       | American Board of Homeotherapeutics |
| 1982       | National Board of Medical Examiners |

### **LICENSURE**

|       |                               |
|-------|-------------------------------|
| 1985- | State of Virginia, No. 038155 |
|-------|-------------------------------|

### **HONORS AND AWARDS**

|      |                                                |
|------|------------------------------------------------|
| 1997 | Honorary Gold Medal of Milan University, Italy |
| 1992 | Henry Clay Reister Memorial Award for Research |
| 1990 | Fellow, American Academy of Family Physicians  |
| 1990 | Meritorious Service Medal                      |
| 1988 | Army Commendation Medal                        |
| 1978 | Alpha Omega Alpha                              |
| 1975 | Alpha Sigma Delta (pre-med. honor society)     |
| 1975 | Honors Center, Davidson College                |

### **PROFESSIONAL ORGANIZATIONS**

|       |                                                         |
|-------|---------------------------------------------------------|
| 1997  | Association of Applied Psychophysiology and Biofeedback |
| 1997  | Fairfax County Medical Society                          |
| 1995- | Society for Scientific Exploration                      |

|         |                                                  |                                                                              |
|---------|--------------------------------------------------|------------------------------------------------------------------------------|
| 1986-88 | Mentor to<br>seven resident<br>research projects | Family Practice Residency<br>DeWitt Army Community Hospital                  |
| 1986-88 | MS-IV Student Family<br>Medicine Rotations       | Department of Family Medicine<br>Uniformed University of the Health Sciences |
| 1986-88 | Core Curriculum<br>Lectures and<br>Mentoring     | Family Practice Residency<br>DeWitt Army Community Hospital                  |

## FELLOW PROJECTS SUPERVISED

### 1997-1999

Marotte, Dianne, PhD. Neuroprotective effects of low level exposures to glutamate, PLA2 and arnica montana. (Department of Family Medicine, USUHS – Henry M. Jackson Foundation)

Crawford, Cindy. Electro-acupuncture dermal responses during infection. (Department of Family Medicine, USUHS – Henry M. Jackson Foundation)

### 1994 - 1995

Clapp, Lawrence, MAJ, MC: Phospholipase A2 Induced Neurotoxicity *In Vitro* and *In Vivo* In Rats, Walter Reed Army Institute of Research (WRAIR)

Henley, Mozettia H., LTC, ANC: Evaluation of HIV Education and Training Activities Developed and Implemented Following Participation in the U.S. Air Force Train-the-Trainer Program, WRAIR

LaChance, Rebecca K., MAJ, ANC: Hospital Employees' Perceptions of An Advanced Directive Policy, WRAIR

Kaiser, William, J., MAJ, MC: Enhancement of Platelet Deposition By Polymerized Hemoglobin In A Rat Carotid Endarterectomy Model, WRAIR

Ruble, David L., MAJ, VC: A Refined Bioassay For Determining The Activity of *Clostridium botulinum* Toxin, WRAIR

Walsh, Douglas S., MAJ, MC: Polymorphic CAG Repeats In The Androgen Receptor Gene Determine The Clonality Of Basal Cell Carcinoma, WRAIR

### 1993 - 1994

Colleton, Curtis, MAJ, VC: Monophosphoryl Lipid A Protection of Mice Against Lethal Staphylococcal Enterotoxin B Intoxication Correlates with Induction of Serum Interleukin-6, Increases in MHC-II+ T and B Cells and Inhibition of SEB Mitogenesis, WRAIR

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## **INTERVIEWS AND MEDIA ACTIVITIES**

Has done over 80 major interviews and other media activities for magazines, newspapers, the internet, radio and TV.

## **CURRENT RESEARCH**

Current research includes projects in environmental toxicology, neurotoxicology, stroke, the biological effects of low level exposures (BELLE), biofield healing, health promotion training and the relationship between reported effect-size and research quality.