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DOCUMENT NO. AND TYPE	SUBJECT/TITLE	DATE	RESTRICTION
001. resume	re: William Haskell (partial) (1 page)	03/09/1999	P6/b(6)
002. resume	re: Fredi Kronenberg (partial) (1 page)	03/05/1999	P6/b(6)
003. resume	re: Marc Micozzi (partial) (1 page)	04/1998	P6/b(6)
004. letter	Michael Cohen to LaVerne Stringfield re: phone number and address (partial) (1 page)	03/25/1999	P6/b(6)

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Domestic Policy Council
Devorah Adler
OA/Box Number: 20472

FOLDER TITLE:

Alternative Medicine [Folder 3]

2012-0463-S

rc708

RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
- P4 Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]
- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

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- b(1) National security classified information [(b)(1) of the FOIA]
- b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
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- b(7) Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

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3/9/99

Bibliographical Information

[001]

RC

William Leas Haskell

P6/(b)(6)

Education

University of California at Santa Barbara 1956-1960 - B.S., Biology

University of Illinois, Champaign, Illinois 1961-1965 - M.S. 1963; 1965 - Ph.D.

Human Physiology

Post Graduate Education: State University of New York at Buffalo; Chronic Disease Epidemiology, June-September 1967

Professional Work Experience

- Research Assistant, Human Environmental Stress Laboratory, Department of Physiology and Biophysics, University of Illinois, Urbana, Illinois: 1963 - 1965
- Physical Activity Consultant and Assistant Chief, Applied Physiology Laboratory, Heart Disease and Stroke Control Program, Public Health Service, Washington D.C.: 1965 - 1968
- Assistant Professor (acting), George Washington Medical School, Washington, D.C.: 1966 - 1989
- Director of Program Development, President's Council on Physical Fitness and Sports, Washington, D.C.: 1968 - 1970
- Director Health Enhancement, Preventive Medicine Center, Palo Alto, California: 1970 - 1973
- Department of Medicine, Stanford University School of Medicine: 1973 - present
 - Clinical Assistant Professor of Medicine: 1973 - 1979
 - Clinical Associate Professor of Medicine: 1979 - 1985
 - Associate Professor of Medicine (Research): 1985 - 1990
 - Professor of Medicine in Cardiovascular Medicine (Research): 1990- present
 - Co-Director, Stanford Cardiac Rehabilitation Program: 1975 - 1987
 - Associate Director, Stanford Center for Research in Disease Prevention: 1984-1988
 - Deputy Director - Stanford Center for Research in Disease Prevention: 1988 - present

3/9/98

Director, Complementary and Alternative Medicine Program at Stanford: 1995-present

Military Service

1st Lieutenant US Army, Ft. Benning, GA. 1960-61; Captain (Res), USPHS, Washington, D.C. 1965-1968.

Major Research Funding (1988 - present) - Stanford University School of Medicine
1986-1992 Co PI Stanford Coronary Risk Intervention Project National Heart, Lung and Blood Institute

1990 - 1992 PI: Physical Activity Assessment Using Heart Rate and Body Motion: National Heart, Lung and Blood Institute

1991-1994 PI: Home Based Physical Activity in Older Men and Women. National Institute of Aging

1995 -1996 PI: Different Approaches to Exercise Training in Older Women and Women National Institute of Aging

1995 - 1999 Co-PI: Activity Counseling Trial National Heart, Lung and Blood Institute

1995 -2007 Co-PI Women's Health Initiative National Heart, Lung and Blood Institute

1995-1999 PI Prevention of Frailty in Older Women and Men Office of Alternative Medicine, National Institutes of Health

1992-2002 PI (Stanford Clinical Center) Fracture Intervention Trial (FIT) Merck Research Laboratories

1993 - 2000 PI (Stanford Clinical Center) Heart Estrogen-Progestin Replacement Study Wyeth-Ayerst Pharmaceutical Company

1994-1999 PI Evaluation of the Stanford HEAR²T Program in Various Clinical Settings Blue Shield of California, Kaiser Permanente Health Care, Aetna US Health Care, Merck Research Laboratories

1998 - 2001: PI A Case Managed Model of Cardiovascular Risk Reduction in Low Income Patients Living in Santa Clara County Health Trust of Santa Clara

Public and Professional Service

Committees - National

Member, National Planning Committee on Physical Activity and Ischemic Heart Disease, 1965 - 70

3/9/99

Consultant to President's Council on Physical Fitness and Sports, 1970 - 1993
 Member, American Heart Association Committee on Exercise, 1970 - 1978; 1982 - 83
 Member, American Heart Association Committee on Rehabilitation, 1971 - 1978
 Member, Exercise and Physical Fitness Committee, American Medical Association, 1978 - 82
 Consultant, Review Panel Member, National Heart, Lung and Blood Institute, 1980 - 1983
 Consultant, Physical Activity Panel, National Heart, Lung and Blood Institute, 1984
 Consultant and Director of Working Group on Exercise for Risk Factors in the Young
 Project, National Heart, Lung and Blood Institute, 1984 - 89
 Consultant, Physical Activity and Psychological Status Panel, National Institutes of Mental Health, 1984
 Consultant, NASA Space Station Project. Committee on Exercise as a Countermeasure to Weightlessness, 1986 - 88
 Member, Safety and Data Monitoring Committee, Children's Activity Trial of Cardiovascular Health (CATCH); NHLBI, 1987 - present
 Member, Safety and Data Monitoring Board, HERITAGE Project (NHLBI), 1993 - 1998
 Member (ad hoc) - Special study sections for review of grants for NHLBI and NIA, 1981 - 1998
 Member, Scientific Advisory Committee, Aerobics Institute, Dallas, Texas; 1988 - present
 Consultant, NHLBI Consensus Conference on Physical Activity and Cardiovascular Health - December 1995
 Member, Editorial Committee and author, Surgeon General's Report on Physical Activity and Health; 1995 - 1996
 National Advisory Council for Alternative Medicine - National Institutes of Health: 1998-2003

Committees - Local

Member, Task Force on Exercise and Health, California Governor's Council on Physical Fitness, 1980 - 1985
 California Heart Association, Board of Directors, 1974 - 1978
 Santa Clara County Heart Association, Vice President, 1973 - 1974; President, 1974 - 76

Committees - University

Medical School Application Review - 1990,-1998
 Research and Training Committee: Division of Cardiovascular Medicine: 1992-1998
 Management Committee: SCRDP: 1990-1998
 Ad-hoc Committee for Review of the Clinical Research Contracting Process - 1998

Memberships

American Heart Association Council on CVD Epidemiology and Prevention (Fellow), 1969 - present
 American College of Cardiology (Fellow), 1983 - present

3/9/99

American College of Sport. Medicine (Fellow); Board of Trustees 1978 -1981; Vice President 1981 - 82; President Elect 1982 - 83; President 1983 - 84
 American College of Sports Medicine Foundation, Founder and President, 1985 - 1988
 Society for Behavioral Medicine (Fellow), 1983 - present

Honors and Awards

Honorary Degree: Honorary Doctor of Medicine (H.M.D.) Linkoping University, Linkoping, Sweden, 1980
 Wolfe Honorary Lecture - American College of Sports Medicine -1994
 Citation Award - American College of Sports Medicine - 1995

Editorship and Journal Review

Member, Review Board, Journal Cardiac Rehabilitation, 1990 - Present
 Area Editor (Cardiology) Behavioral Medicine Abstracts Journal, 1980 - 1983
 Member, Editorial Board, Medicine and Science in Sports and Exercise, 1986 - 1994
 Member, Editorial Board, Exercise and Sports Science Reviews, 1990 - Present

Reviewer (1990 -1998)

Circulation, American Journal of Cardiology, Journal of American Medical Association, Journal American College of Cardiology, American Heart Journal, European Journal of Clinical Investigation, Metabolism, New England Journal of Medicine, Lancet, Chest, Research Quarterly, Journal of Applied Physiology, Medicine and Science in Sports and Exercise, Journal of Clinical Nutrition, Journal of Alternative and Complementary Medicine, American Journal of Public Health

Teaching

- Faculty appointment in Human Biology Teaching Program - Stanford University
 Currently faculty advisor for eight undergraduate students in Human Biology
- Faculty advisor for one postdoctoral fellow in SCRDP, John Astin, Ph.D., with a second fellow, Fred Luskin, Ph.D., joining the program in September, 1998.
- Faculty advisor for two medical students (1995-1998) for the Medical Scholars research program - Ronald Strauss and Ginger Rorhig - both graduated 1998.
 Currently advising early entry medical student, Raphael Vargas, in the development of a Medical Scholars research project.
- Lecture in several undergraduate and Medical School courses each year, including Sports Medicine (Medicine 260) and Cardiovascular Disease Epidemiology and Prevention.

3/9/99

Scientific Publications

Peer-reviewed

Fox SM and Haskell WL. Physical activity and health maintenance. J of Rehabil 32:89-94, 1966.

Haskell WL, Fox SM. The possible place of stress testing to discover and physical activity to prevent coronary heart disease. South Med J 59:642-646, 1966.

Haskell WL. The Effects of Three Endurance Training Programs on Energy Metabolism. Proceedings of XVI World Congress of Sports Medicine, Hanover, West Germany, Geldern, West Germany. LN Schaffrath Publisher, pp 517-523, 1966.

Fox SM, Haskell WL. "Population Studies," in An International Symposium on Physical Activity and Cardiovascular Health. Can Med Assoc J 96:806, March 25, 1967.

Haskell WL, Fox SM. The role of physical activity in heart disease. Postgrad Med 44:117, September, 1968.

Haskell WL, Fox SM. Some factors to consider when selecting an exercise stress testing procedure for the detection of myocardial ischemia. Malattie Cardiovascolari 10:189, 1969.

Wilmore J, Haskell WL. Use of heart rate - energy expenditure relationship in the individualized prescription of exercise. Am J Clin Nutr 24:1186, September 1971.

Haskell WL. Fire Fighting - A Hazardous Occupation: A survey of fire department physical fitness and medical examination programs in the United States. Fire Command 39:20, January 1972.

Haskell WL. Physical activity and coronary heart disease - what type of activity is needed? J Phys Ed March-April 1972.

Haskell WL. Physical fitness programs in industry. J Occup Med 14:307, April 1972.
Durbeck DC, Haskell WL, et al. The NASA-USPHS health evaluation and enhancement program. Am J Cardiol 30:784, 1972.

Fox SM, Haughton JP, Haskell WL. Physical activity and the prevention of coronary heart disease. Ann Clin Res 3:404, 1972.

Wilmore J, Haskell WL. Body composition and endurance capacity of professional football players. J Appl Physiol 33:564-7, 1972.

Lucas JP, Holzwarth GJ, Ocobock RW, Sozen T, Stern MP, Wood PD, Haskell WL, Farquhar JW. Distributed relationship of plasma renin to blood pressure in hypertension. Lancet 7893, December 7, 1974.

Lewis S, Haskell WL, Klein H, Halpern J, Wood PD. Prediction of body composition in habitually active middle-aged men. J Appl Phys 39:221-225, 1975.

3/9/99

Stern MP, Haskell WL, Wood PD, King A and Farquhar JW. Comparison of cardiovascular risk factors in Mexican-Americans and other whites residing in three northern California communities. J Chronic Dis 28:623-636, 1975.

Wood PD, Haskell WL, Klein H, Lewis S, Stern MP and Farquhar JW. Plasma lipids and lipoproteins in middle-aged male runners. Metabolism 25:1249-1256, 1976.

Stern MP, Brown BW, Haskell WL, Farquhar JW, Wehrle CL and Wood PD. Cardiovascular risk and use of estrogens or estrogen-progestogen combinations. JAMA 235:811-815, 1976.

Wilmore JH, Parr RP and Haskell WL. Football pros' strengths and CV weakness charted. The Physician and Sports Medicine 6:45-54, 1976.

McLaughlin PR, Martin RP, Doherty P, Daspit S, Goris M, Haskell WL, Lewis S, Kaiss JP and Harrison DC. Reproducibility of Thallium-201 myocardial imaging. Circulation 55:497-503, 1977.

Martin RP, Haskell WL and Wood PD. Blood chemistry and lipid profiles of elite distance runners. In: The Marathon: Physiological, Medical, Epidemiological and Psychological Studies. New York Academy of Science 301:346-360, 1977.

Wood PD, Haskell WL, Stern MP and Lewis S. Plasma lipoprotein distributions in male and female runners. In: The Marathon: Physiological, Medical, Epidemiological and Psychological Studies. New York Academy of Science 301:748-763, 1977.

Farquhar JW, Maccoby N, Wood PD, Alexander J, Breitrose B, Brown BW, Haskell WL, et al. Community education for cardiovascular health. Lancet 8024:1192-1195, 1977.

Haskell WL. Cardiovascular complications during exercise training of cardiac patients. Circulation 57:920-925, 1978.

Debusk R, Valdez R, Houston N and Haskell WL. Cardiovascular responses to dynamic and static effort soon after myocardial infarction: potential application to occupational work assessments. Circulation 58:368-375, 1978.

Wood PD, Haskell WL, Lewis S, Perry C, Stern M. Concentrations of Plasma Lipids and Lipoproteins in Male and Female Long-Distance Runners. 3rd. International Symposium on Biochemistry of Exercise. Symposium Specialists, Inc. Miami, Florida, pp 301-306, 1978.

Lewis S, Haskell WL, Areskog N-H, et al. Effects of Arm-Leg Training on Maximal Oxygen Uptake After Autonomic Blockage. Proceedings of the International Conference on Sports Cardiology. Rome Aulo-Gaggi, Editore, pp 178-194, 1978.

Areskog N-H, Haskell WL, Pope S, Schroeder J, Stinson E. The Physical Work Performance of Heart Transplant Patients (133-143). Proceedings of the International Conference on Sports Cardiology. Rome Aulo-Gaggi, Editore, pp 207-215, 1978.

DeBusk R, Pitts W, Haskell WL and Houston N. Comparison of cardiovascular responses to combined static-dynamic effort and dynamic effort alone in patients with chronic ischemic heart disease. Circulation 60:921-929, 1979.

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Valdes R, Motta J, London E, Martin R, Haskell WL, Farquhar JW, Popp R and Horlick L. Evaluation of the echocardiogram as an epidemiological tool in an asymptomatic population. Circulation 60:921-929, 1979.

Wood PW and Haskell WL. The effect of exercise on plasma high density lipoproteins. Lipids 14:417-427, 1979.

Thompson P, Stern M, Williams P, Duncan K, Haskell WL and Wood PD. Death during jogging or running: A study of 18 cases. JAMA 242:1265-1267, 1979.

Haskell WL and DeBusk R. Cardiac responses to repeated treadmill exercise testing soon after myocardial infarction. Circulation 60:1247-1251, 1979.

DeBusk R, Houston N, Haskell WL et al. Exercise training soon after myocardial infarction. Am J Cardiol 44:1223-1229, 1979.

Barbarowicz P, Nelson M, DeBusk R, Haskell WL. A comparison of in-hospital education approaches for coronary bypass patients. Heart Lung 9:127-133, 1980.

Haskell WL and Blair S. The physical activity component of health promotion in occupational settings. Public Health Reports 95:109-118, 1980.

Lewis S, Thompson P, Areskog N-H, Vodak P, DeBusk R and Haskell WL. Transfer effects of endurance training of exercise to untrained limbs. Eur Appl Physiol 44:25-34, 1980.

Lewis S, Thompson P, Areskog N-H, Vodak P, DeBusk R and Haskell WL. Endurance training and heart rate control studies by combined parasympathetic and beta-adrenergic blockade. Int J Sports Med 1:42-49, 1980.

Vodak P, Wood PD, Haskell WL and Williams P. HDL-cholesterol and other plasma lipids and lipoprotein concentrations in middle-aged male and female tennis players. Metabolism 8:745-752, 1980.

Savin W, Alderman E, Haskell W et al. Left ventricular response to isometric exercise in patients with denervated and innervated hearts. Circulation 61:987-901, 1980.

Savin W, Haskell WL, Schroeder J and Stinson E. Cardiorespiratory responses of cardiac transplant patients to graded, symptom-limited exercise. Circulation 62:55-60, 1980.

Vodak P, Savin W, Haskell WL and Wood PD. Physiological profile of middle-aged male and female tennis players. Med Sci Sports Exer 12:159-163, 1980.

DeBusk R and Haskell WL. Symptom-limited vs. heart rate-limited exercise testing soon after myocardial infarction. Circulation 61:739-743, 1980.

Haskell WL, Taylor H, Wood PD, Schrott H, Heiss G. Strenuous physical activity, treadmill exercise test performance and high density lipoprotein cholesterol. Circulation 62 (Supplement IV):108-115, 1980.

Heiss G, Haskell WL, Mowery R, Criqui M, Brockway M and Tyroler HA. Plasma high density lipoprotein cholesterol and socioeconomic status. Circulation 62(Supplement IV):108-115, 1980.

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- Karlin S, Williams PT, Haskell WL and Wood PD. Genetic analysis of the Stanford LRC Family Study data. Am J Epidemiol 113:325-37, 1981.
- Oldridge NB, Haskell WL and Single P. Carotid palpation, coronary heart disease and exercise rehabilitation. Med Sci Sports Exer 13:6-8, 1981.
- Haskell WL, Savin MW, Schroeder J, Alderman E, Ingles N, Daughters G, and Stinson E. Cardiovascular response of cardiac transplantation patients to isometric exercise. Circ Res 48:(Supplement I) 1156-1161, 1981.
- Blair S, Ellsworth N, Haskell WL, Stern M, Farquhar J and Wood PD. Comparison of nutrient intake in middle-aged men and women runners and controls. Med Sci Sports Exer 13:310-315, 1981.
- Fortmann S, Haskell W, Bitter P, Farquhar J. A comparison of the Sphygmometrics SR-2 automatic blood pressure recorder to the Mercury Sphygmomanometer in population studies. Am J Epidemiol 114: 836-844, 1981.
- Fortmann S, Williams P, Hulley S, Haskell W, Farquhar J. Effect of health education on dietary behavior: The Stanford Three Community Study. American Journal of Clinical Nutrition 34:2030-2039, 1981.
- Savin WM, Schroeder JS, Haskell WL. Response of cardiac transplant recipients to static and dynamic exercise: A review. Heart Transplantation 1:72-79, 1981.
- Savin WM, Haskell WL, Miller N, DeBusk R. Improvement in aerobic capacity soon after myocardial infarction. J of Cardiac Rehabilitation 1(5):337-342, 1981.
- Thompson PD, Lewis S, Varady A, Areskog N, Popp R, DeBusk R, Haskell WL. Cardiac dimensions and performance after either arm or leg endurance training. Med Sci Sports Exer 13(5):303-309, 1981.
- Haskell WL. Sudden cardiac death during vigorous exercise. International Journal of Sports Medicine 3:45-48, 1982.
- Hung J, McKillip J, Savin W, Magder S, Krauss R, Houston N, Goris M, Haskell W, DeBusk R. Comparison of cardiovascular response to combined static-dynamic effort, postprandial dynamic effort and dynamic effort alone in patients with chronic ischemic heart disease. Circulation 65:1411-1416, 1982.
- William P, Wood PD, Haskell WL, Vranizan K. The effects of running mileage and duration on plasma lipoprotein levels. JAMA 247:2674-2679, 1982.
- Sheffield LT, Haskell W, Heiss G, et al. Safety of exercise testing volunteer subjects: the Lipid Research Clinics' Prevalence Study Experience. Journal of Cardiac Rehabilitation 2:395-400, 1982.
- Haskell WL, Savin W, Oldridge N, DeBusk R. Factors influencing estimated oxygen uptake during exercise testing soon after myocardial infarction. Am J Cardiol 50:299-304, 1982.
- Savin WM, Haskell WL, Davidson DM. Autonomic contribution to heart rate recovery from exercise in humans. Journal of Applied Physiology 53:1572-1575, 1982.

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Karlin S, Williams PT, Farquhar JW, Barrett-Conner E, Hoover J, Wohl P, Haskell WL. Association arrays for the study of familial height and weight, lipid and lipoprotein similarity in three West Coast populations. Am Journal Epidemiology 116:1001-1021, 1983.

Wood PD, Haskell WL, Blair SN, et al. Increased exercise level and plasma lipoprotein concentration: A one-year randomized controlled study on sedentary, middle-aged men. Metabolism 32:31-39, 1983.

Williams P, Wood PD, Krauss R, Haskell WL. Does weight loss cause the exercise-induced increase in plasma high density lipoproteins? Atherosclerosis 47:173-185, 1983.

Rosenthal M, Haskell WL, Solomon R, Widstrom A, Reaven GM. Demonstration of a relationship between level of physical training and insulin-stimulated glucose utilization in normal humans. Diabetes 32:408-411, 1983.

Baum D, Beck RQ, Haskell WL. Growth and tissue abnormalities in young people with cyanotic congenital heart disease receiving systemic to pulmonary artery shunts. Am J Cardiol 352:349-353, 1983.

Wood PD and Haskell WL. Interrelation of Physical Activity and Nutrition on Lipid Metabolism. In Diet and Exercise (Eds. P White and T Mondeike). American Medical Association, Chicago, pp 39-49, 1983.

Criqui MH, Haskell WL, Heiss G, et al. Prediction of systolic blood pressure response to treadmill exercise: Lipid Research Clinics' Prevalence Study. Circulation 68:225-233, 1983.

Fortmann SP, Haskell WL, Vranizan K, Brown BW, Farquhar JW. The association of blood pressure and dietary alcohol: difference by age, sex and estrogen use. Am J Epidemiology 118:497-507, 1983.

Fortmann SP, Rogers T, Vranizan K, Haskell WL, et al. Indirect measures of cigarette use: expired air carbon monoxide vs. plasma thiocyanate. Prev Med 13:127-135, 1984.

Haskell WL. Exercise-induced changes in plasma lipids and lipoproteins. Prev Med 13:23-36, 1984.

Haskell WL, Camargo C, Williams PT, Vranizan K, Krauss R, Lindgren F, and Wood PD. The effect of cessation and resumption of moderate alcohol intake on serum high-density lipoprotein subfractions: A controlled study. N Engl J Med 310:805-810, 1984.

Taylor CB, Coffey T, Berra K, Iaffaldano R, Casey K and Haskell WL. Seven-day activity and self-report compared to a direct measure of physical activity. Am J Epidemiol 120:818-824, 1984.

Hollenbeck CB, Haskell W, Rosenthal M and Reaven GM. Effect of habitual activity on regulation of insulin-stimulated glucose disposal in older males. J Am Geriatr Soc 33:273-277, 1984.

Hung J, Gordon EP, Houston N, Haskell WL, Goris M, DeBusk R. Changes in rest and exercise myocardial perfusion and LV function 3 to 26 weeks after clinically uncomplicated acute myocardial infarction: effects of exercise training. Am J Cardiol 54:943-950, 1984.

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Miller NH, Haskell WL, Berra K, DeBusk R. Home versus group exercise training for increasing functional capacity after myocardial infarction. Circulation 70:645-649, 1985.

Ellsworth N Hewitt B and Haskell WL. Nutrient intake of elite male and female Nordic Skiers. Accepted for publication in the Physician and Sports Medicine 12:46-51, 1985.

Sallis J, Haskell WL, Wood PD, Fortmann SP, Rogers T and Blair S. Physical activity assessment methodology in the five-city project. Am J Epidemiol 121:91-106, 1985.

Williams PT, Haskell WL, Vranizan KM, et al. Associations of resting heart rate with concentrations of lipoprotein subfractions in sedentary men. Circulation 71:441-449, 1985.

Marcus R, Cann C, Madvig P, Minkoff J, Goddard M, Boyer M, Martin M, Gaudiani L, Haskell WL, Genant H. Menstrual function and bone mass in elite women distance runners. Ann Intern Med 102:158-163, 1985.

Wood PD, Terry R, Haskell WL. Metabolism of substrates: diet, lipoprotein metabolism and exercise. Federation Proceedings of the Am Societies for Experimental Biology 44:358-363, 1985.

DeBusk RF, Haskell WL, Miller N, Berra K, Taylor CB. Medically directed at-home rehabilitation soon after clinically uncomplicated active myocardial infarction. A new model for patient care. Am J Cardiol 55:251-257, 1985.

Superko RH, Wood PD, Haskell WL. Coronary heart disease and risk factor modification. Is there a threshold? Am J Med 78:826-838, 1985.

Haskell WL. Physical activity and health: Need to define the required stimulus. Am J Cardiol 55:49-90, 1985.

Blair S, Haskell WL, Ho P, Paffenbarger R, Vranizan K, Farquhar, J, Wood P. Assessment of habitual physical activity by a seven-day recall in a community survey and controlled experiments. Am J Epidemiol 122:794-804, 1985.

Merians D, Haskell WL, Vranizan K, Phelps J, Wood PD, Superko R. Relation- ship of exercise, oral contraceptive use and body fat to concentrations of plasma lipids and lipoprotein cholesterol in young women. Am J Med 78: 913-919, 1985.

Superko HR, Haskell WL, Wood PD. Modification of plasma cholesterol through exercise. Rationale and recommendations. Hyperlipidemia 78:64-75, 1985.

Farquhar JW, Fortmann S, Maccoby N, Haskell WL, Williams PT, Flora JA, Taylor CB, Brown BW, Solomon DS, Hulley SB. The Stanford Five-City Project: Design and Methods. Amer J Epidemiology 122:323-334, 1985.

Sallis JF, Haskell WL, Wood PD, Fortmann SP, Vranizan KM. Vigorous physical activity and cardiovascular risk factors in young adults. J Chron Dis 39:115-120, 1986.

Gossard D, Haskell WL, Taylor CB, Mueller JK, Rogers F, Chandler M, Ahn DK, Miller NH, DeBusk RF. Effects of low- and high-intensity home-based exercise training on functional capacity in healthy middle-aged men. Am J Cardiol 57:446-449, 1986.

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Mueller JK, Gossard D, Adams F, Taylor CG, Haskell WL, Kraemer HC, Ahn DK, Burnett K, DeBusk RF. Assessment of prescribed increases in physical activity: Application of a new method for a microprocessor analysis of heart rate. Am J Cardiol 57:441-445, 1986.

Criqui MH, Cowan LD, Heiss G, Haskell WL, Laslarzewski PM, Chambless LE. Frequency and clustering of nonlipid coronary risk factors in dyslipoproteinemia. The Lipid Research Clinics Program Prevalence Study. Circulation 73 (suppl I):1-40, 1986.

Fortmann SP, Haskell WL, Williams PT, Varady AN, Hulley SB, Farquhar JW. Community surveillance of cardiovascular diseases in the Stanford Five-City Project: Methods and initial experience. Am J Epidemiol 123:656-659, 1986.

Sallis JF, Haskell WL, Fortmann SP, Vranizan KM, Taylor CB, Solomon DS. Predictors of adoption and maintenance of physical activity in a community sample. Prev Med 15:331-341, 1986.

Sallis JF, Haskell WL, Fortmann SP, Wood PD, Vranizan KM. Moderate intensity physical activity and cardiovascular risk factors: The Stanford Five-City Project, Prev Med 15:561-569, 1986.

Fortmann SP, Haskell WL, Williams PT. Changes in plasma high density lipoprotein cholesterol after changes in cigarette use. Am J Epidemiol 124:706-710, 1986.

Haskell WL. The influence of exercise training on plasma lipids and lipoproteins in health and disease. Acta Med Scand Suppl 711:25-37, 1986.

Taylor CB, Houston-Miller N, Ahn D, Haskell WL, DeBusk R. The effects of exercise training programs on psychosocial improvement in uncomplicated myocardial infarction patients. J Psychosomatic Research 30:581-587, 1986.

Crouch M, Sallis JF, Farquhar JW, Haskell WL, Ellsworth NM, King A, Rogers T. Personal and medicated health counseling for sustained dietary reduction of hypercholesterolemia. Preventive Medicine 15:282-291, 1986.

Juneau M, Rogers F, DeSantos V, Yee M, Evans A, Bohn A, Haskell WL, Taylor CB, DeBusk RF. Effectiveness of self-monitored, home-trained, moderate-intensity exercise training in middle-aged men and women. Am J Cardiol 60:66-70, 1987.

Rogers F, Juneau M, Taylor CB, Haskell WL, Kraemer HC, Ahn D, DeBusk RF. Assessment by microprocessor of adherence to home-based, moderate-intensity exercise training in healthy, sedentary middle-aged men and women. Am J Cardiol 60:71-75, 1987.

Rodnick KJ, Haskell WL, Swislock AL, Foley JE, Reaven GM. Improved insulin action in muscle, liver and adipose tissue in physically trained human subjects. Am J Physiol (Endocrinol Metab) 16: E489-E495, 1987.

King AC, Carl F, Birkel L, Haskell WL. Increasing exercise among blue-collar employees: The tailoring of worksite programs to meet specific needs. Preventive Medicine 17:357-365, 1988.

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Superko HR, Haskell WL, Kubicek LS, Farquhar JW. Effects of solid and liquid guar gum on plasma cholesterol and triglyceride concentrations in moderate hypercholesterolemia. Am J Cardiol 62:51-55, 1988.

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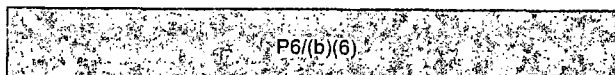
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- b(6) Release would constitute a clearly unwarranted invasion of personal privacy [(b)(6) of the FOIA]
- b(7) Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

CURRICULUM VITAE

RC

Fredi Kronenberg, Ph.D.

Columbia University
 College of Physicians & Surgeons
 The Richard & Hinda Rosenthal Center for Complementary & Alternative Medicine
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Home Address:

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Education

Stanford University	Dept. Biological Sciences (Physiology & Behavior)	Ph.D.	1973 - 1979
Cornell University	Div. Neurobiology & Behavior	B.S.	1968 - 1972

Postdoctoral Training

Columbia University, College of Physicians & Surgeons
 1981-1982 Postdoctoral Fellow Dept. Rehabilitation Medicine

1979-1981 Postdoctoral Fellow Depts. of Psychiatry & Rehabilitation Medicine
 (Neurobehavioral Sciences Research Training Program)

Academic Appointments

1994-present	Associate Professor of Clinical Physiology in Rehabilitation Medicine Columbia University, College of Physicians & Surgeons
1993-present	Director, The Richard & Hinda Rosenthal Center for Complementary & Alternative Medicine, Columbia University, College of Physicians & Surgeons
1993-1993	Associate Research Scientist, Dept. Rehabilitation Medicine Columbia University, College of Physicians & Surgeons
1990-1992	Assistant Professor of Rehabilitation Medicine Columbia University, College of Physicians & Surgeons
1987-1990	Florence Irving Assistant Professor of Rehabilitation Medicine Columbia University, College of Physicians & Surgeons
1982-1987	Associate Research Scientist, Dept. Rehabilitation Medicine Columbia University, College of Physicians & Surgeons
1985	Adjunct Assistant Professor, Dept. of Biology, Queens College

Grants / Awards (partial listing)

1998-2001	van Ameringen Foundation "Center for Complementary and Alternative Medicine"
1998	Helaine Lerner "Alternative Medicine Database and Traditional Medicine"
1998	Vanguard Public Foundation "Alternative Medicine Database"
1996-1999	Fetzer Institute "Alternative medicine and women's health"
1995	K.J. Lee Foundation Fellowship and Lecture Series: 'Effect of Religious Belief on Healing'
1995	Helaine Lerner "Information Resources: Alternative Medicine and Cancer"
1995	Ittleson Foundation "Center for Complementary and Alternative Medicine"
1995-1999	NIH/OAM (1 U24 HD33199-01 "Center for Complementary and Alternative Medicine Research in Women's Health"
1995-1996	Center for Environmental Research and Conservation (CERC), Columbia University, "Ethnobotanical Studies in the Urban Environment of Therapies for Women's Health Problems"
1995-1997	NIH/OAM (DHHS 263-MD-521615) "Woman to Woman Menopause Survey"
1994-1997	Nerken Foundation Center for Complementary and Alternative Medicine
1994-1995	NIH/OAM (1R21RR09314-01) "Chinese herbs: an alternative treatment for hot flashes"
1995-1998	Heinz Family Foundation "Chinese herbs: an alternative treatment for hot flashes"
1993-1996	NIH/NIA (1-R01-AG-49618) "Modulation of Menopausal Hot Flashes: Temperature & Sleep"
1993	Jean and Albert Nerken Foundation "Alternative Approaches for the Treatment of Menopausal Hot Flashes"
1989	NIH/NIA (1R13-AG08616) "Multidisciplinary Perspectives on Reproductive Aging"

Kronenberg 3

- 1989-1991 NCNR/NRSA (1-F33-NR0635), (Sponsor)
"Menopausal Hot Flashes: Rhythms & Temperature Regulation"
- 1987-1990 Florence Irving Assistant Professorship
- 1982-1985 NIH/NIA NIRA (1R23-AG03367)
"Menopausal hot flash-thermoregulatory & hormone changes"
- 1979-1981 NIMH Postdoctoral Fellow, Columbia University
(Neurobehavioral Sciences Research Training Program)
- 1973-1977 NIH Predoctoral Training Grant, Stanford University, Stanford, CA
- 1971 Mellon Foundation Grant, Johns Hopkins School of Medicine, Baltimore, MD, summer
- 1970 Grass Foundation Grant, Cornell University, Ithaca, N.Y., summer
- 1969 NSF Undergraduate Research Participation Program at Chesapeake Biological Laboratory, Solomon, MD, summer
- 1967 NSF Summer Research Program at Scripps Institution of Oceanography, La Jolla, CA

Honors

- 1997 *American Health for Women Award: 'Ten Heroes in Women's Health'*
"For bringing alternative medicine into the mainstream"
- 1996 A Friend Indeed Award / North American Menopause Society
"To the person who demonstrates innovation in studies about, or services to women in menopause"
- 1987 Florence Irving Assistant Professor of Rehabilitation Medicine

Professional Organizations and Societies

- The North American Menopause Society (NAMS)
- The American Physiological Society
- The International Menopause Society

Committee and Administrative Service

Institutional (Columbia U)

- General Clinical Research Center, Scientific Advisory Board (1997-present)
- Center for Environmental Research and Conservation, Advisory Board (1995-present)

Regional

- Group for Research on Older Women (G.R.O.W) (1988-1993)
Executive Committee and Medical Research Coordinator

Kronenberg 4

NationalThe North American Menopause Society (**NAMS**) (Co-Founder)

Member, Board of Directors (1989 - 1996)

Secretary (1993-1995)

Scientific Program Committee (1989 chair, 1994, 1995, 1996, 1997, 1998 co-chair)

Chair, Research Committee (1991-1992)

National Commission on Sleep Disorders Research (1991-1992)

Member, Subcommittee on Women

Editorial ResponsibilitiesSenior Editor: *Journal of Alternative & Complementary Medicine* (1995-)Editorial Board: *Menopause*, Journal of the North American Menopause Society (1994-)Editorial Advisory Board and Reviewer: *Menopause Management*Editorial Advisory Board, *Alternative Therapies in Women's Health* (1998-)Editorial Board: *Chances Are...Handbook of Clinical Probabilities in Hormone Replacement Therapy and the Menopause*Reviewer for *Journal of Applied Physiology*, and *Maturitas***Other Professional Activities and Advisory Boards**1997 North American Menopause Society Consensus Conference:
Clinical Challenge of Perimenopause

1997- New York Cancer Care Program, Steering Committee

1997- International Spa and Fitness Association, Medical Advisory Board

1996- American Botanical Council, Advisory Board

1996 University of Arizona Health Sciences Center, Program in Integrative Medicine
Fellowship, Scientific and Academic Advisory Committee

1996-1997 "A Woman's Right to Know - Health & Hormones after 35" - Advisory Council

1995- Integration Panel of the U.S. Army Medical Research and Materiel Command
Breast Cancer Research Program

1995- Global Initiative for Traditional Systems (GIFTS) of Health, Advisory Board

1995- The Center for Environmental Therapeutics, Inc., Scientific Advisory Board

1995- Indic Traditions of Healthcare, Dharam Hinduja Indic Research Center, Columbia
University, Board of Consultants1994 Invited Participant: The Milbank Memorial Fund and the NIH Office of Alternative
Medicine, Washington, DC, Dec., 1994, "Complementary and Alternative Medicine
and Health Reform"

1994 Invited Participant: The Center for Integrative Medicine, Tucson, AZ, Dec., 1994.

Kronenberg 5

Symposium: "Development of a Program in Integrative Medicine"

- 1994 Expert Testimony: NY State Assembly Committees on Health and Higher Education; Dec., 1994: "The Use of Alternative Medical Treatments and Therapies in NY State"
- 1994 Invited Participant: The Dogwood Institute, Charlottesville, VA, Sept., 1994
"Challenges of Integrating Complementary and Conventional Health Care"
- 1992 National Institutes of Health, Office of Alternative Medicine (OAM)
Panel on Traditional and Ethnomedicine
- 1985-1993 Women's Association for Research In Menopause, Inc. (W.A.R.M.)
Co-Founder and Chair of the Board
- 1977 Researcher with Peter M. Dolinger Associates (Chemical Regulatory Consultants, Palo Alto, CA), State Environmental Impact Study on Pesticide Use in California

Educational Activities***Student Advising/Research Supervision***

- 1997-1999 Environmental Sciences Students, Barnard College
Senior Thesis: Urban Ethnobotany and Women's Health
- 1997 Columbia University First Year Medical Student, summer, 1997
Arnold P. Gold Foundation Summer Research Fellow
"Pilot Survey of Use of Complementary and Alternative Medicine by Hispanic Patients seeking Emergency Department care"
- 1982-1985 Master's degree Physical Therapy students
Columbia University, Dept. Rehabilitation Medicine

Sabbatical Sponsor

- 1996-2000 Daniel Eskinazi, on leave from the NIH Office of Alternative Medicine
Alternative Medicine
- 1988-1990 Dr. Ruth Barnard, on leave from the University of Michigan, School of Nursing
"Menopausal Hot Flashes: Rhythms & Temperature Regulation"
- 1997-1998 Dr. Jaime Kulak, visiting physician from Brazil
Alternative Medicine and Women's Health

Teaching Experience

- 1996-1998 Course Director and Faculty, Continuing Medical Education, Columbia Univ.,
College of Physicians & Surgeons, New York, NY
"Botanical Medicine in Modern Clinical Practice"
- 1997, 1998 Faculty, Harvard Medical School and Beth Israel Deaconess Medical Ctr.,
Boston, MA, 'Alternative Medicine: Implications for Clinical Practice;
State-of-the-Science Symposium'
"Complementary & Alternative Medicine at Columbia University"
- 1993 Faculty, Case Western Reserve University School of Medicine, Cleveland, OH

Kronenberg 5

- Dept. Reproductive Biology, Continuing Medical Education Course:
 'Menopause, The Background and Skills for Effective Therapy'
 "Menopausal Hot Flashes"
- 1985 Faculty, Columbia University, Center for Geriatrics & Gerontology
 Continuing Medical Education: 'Selected Topics in Geriatric Medicine'
 "Recent Advances in Hot Flash Research"
- 1988-1994 Lecturer, Teachers College, Columbia Univ., Dept. of Movement Science &
 Education, "Advanced Physiology Laboratory" (offered every other year)
- 1986 Lecturer, Columbia Univ., Dept. Rehabilitation Medicine, Physical Therapy
 Program, Lectures & labs on thermoregulation & cardiovascular physiology
- 1985 Adjunct Assistant Professor: Queens College, Department of Biology
 Graduate student course
 "The Biology of Reproduction (Biology, Ecology, Economics, & Politics)"
- 1980, 1981 Laboratory Assistant, Marine Biological Laboratory, Woods Hole, MA
 Assistant in the laboratory section of 'Neural Systems & Behavior' course on
 learning processes in honey bees (summers)
- 1978, 1979 Course director and Instructor, Stanford University, Dept. of Biological Sciences
 "Honey Bees: Biology, Ecology, Economics, Politics"
- 1973-1975 Teaching Assistant, Stanford University, Department of Biological Sciences
 Animal Behavior: Ecological & Evolutionary Aspects, Experimental Biology
 (A Lab Course), Principles of Biology, Vertebrate Biology (with lab), Animal
 Behavior: Developmental Aspects

Invited Lectures: Professional

Columbia University and Affiliated Institutions

- 1998 Columbia University College of Physicians & Surgeons, Dept. Family Medicine
 Residency Lecture Series
 "Research and Education in Complementary & Alternative Medicine at Columbia"
- 1997 Columbia University College of Physicians & Surgeons, Depts. of Medicine and Obstetrics
 & Gynecology, The Center for Women's Health and The Center for Menopause and
 Hormonal Disorders, (New York, NY)
 'Critical Issues and Controversies in Women's Health'
 "Complementary and Alternative Medicine in Women's Health"
- 1997 Columbia-Presbyterian Medical Center, Emergency Medicine Dept., Grand Rounds
 "Complementary and Alternative Medicine: Nationally and at the Rosenthal Center "
- 1997 Columbia University College of Physicians & Surgeons and the Society of the Alumni of the
 Sloane Hospital for Women, (New York, NY)
 'Advances & Controversies in Obstetrics & Gynecology'
 "Complementary and Alternative Therapies in the Management of Menopause"
- 1997 Harlem Hospital Center, Dept. Rehabilitation Medicine, (New York, NY)

Kronenberg 7

"Alternative Medicine at Columbia-Presbyterian Medical Center"

- 1997 St. Lukes-Roosevelt Hospital, Dept. Ob/Gyn, Grand Rounds, (New York, NY)
"Alternative Medicine and the Menopausal Woman"
- 1989 Sloane Hospital for Women, Dept. Obstetrics & Gynecology, Grand Rounds, (New York NY)
"Menopausal Hot Flashes: Basic and Clinical Research"
- 1989 Columbia College of Physicians & Surgeons, Division of Endocrinology, (New York, NY)
"Menopausal Hot Flashes: Epidemiology and Physiology"
- 1988 Barnard College, Center for Research on Women: Conversations with Women Scientists, (NY). "Reflections of a Biologist: Charting One's Own Course"
- 1984 Presbyterian Hospital, Dept. of Medicine, General Medicine Conference., (New York, NY)
"Hot Flash on Hot Flashes: Symptomatology of Menopause"
- 1982 Columbia College of P&S, Center for Reproductive Sciences, (New York, NY)
"Thermoregulatory and Reproductive Physiology of Menopausal Hot Flashes"
- 1982 Presbyterian Hospital, Dept. of Medicine, Endocrine Conference, (New York, NY)
"Menopausal Hot Flashes: Physiology and Endocrinology"
- 1980 Barnard College, Psychology Department, (New York, NY)
"Female Reproductive Rhythms"

Regional

- 1998 The New York Women's Agenda, (New York, NY)
'Agenda '98: A Dialogue on Women's Health'
"Alternative Medicine/Holistic Medicine"
- 1998 United Hospital Medical Center and Wainwright House, (Rye, NY)
'Guidelines for Integrating Alternative Therapies into Your Medical Practice: A Dialogue for Physicians and Alternative Practitioners'
"Women's Health and Alternative Therapies: Current Use and Knowledge Base for Conventional Practitioners"
- 1998 St. Vincent's Hospital, Grand Rounds, Dept. Obstetrics & Gynecology, (New York, NY)
"Alternative Medicine for Menopausal Women"
- 1997 Coopers & Lybrand L.L.P., (New York, NY)
'Alternative Medical Care Forum'
"Research on alternative medicine and women's health and activities at Columbia's alternative medicine center"
- 1997 Mt. Sinai Medical Center, Grand Rounds, Dept. of Medicine, (New York, NY)
"Alternative Medicine and Women's Health"
- 1997 Women's Medical Association of New York City, Annual Fall Meeting, (New York, NY)

"Current Issues Facing Women in China: Reflections on a Recent Visit"

- 1990 University of Michigan, Department of Physiology, (Ann Arbor, MI)
"Menopausal Hot Flashes: Thermoregulation and Endocrine Perspectives"
- 1988 Cornell University, Department of Physiology, (Ithaca, NY)
"The Physiology of Menopausal Hot Flashes"

International

- 1997 Conference on Women and Traditional Healthcare in India, (Bangalore, India)
Co-sponsored by the Dharam Hinduja Indic Studies Center and the Center for CAM Research in Women's Health, Columbia University,
- 1996 Symposium on Healing, Aperture Foundation, (Madras, India)
"Complementary and Alternative Medicine Program at Columbia University"

Invited Lectures: Public

- 1998 Arthritis Foundation, New York Chapter and Pediatric Rheumatology, Columbia-Presbyterian/Eastside (NYC)
'Kids Get Arthritis Too'
"Alternative and Complementary Medicine: What are we learning?"
- 1997 The Center for Women's Health, Columbia-Presbyterian/Eastside, (NYC)
"Women, Wellness and Alternative Medicine: Good Health for Tomorrow"
- 1996 Massachusetts General Hospital, Dept. of Obstetrics & Gynecology, (Boston, MA)
Symposium: 'Mid-Life Changes in Women'
"Alternative Medicines"
- 1995 Johns Hopkins School of Hygiene and Public Health, (Baltimore, MD)
'Women's Health HRT Forum'
"Alternative Medicines for Menopausal Women"
- 1995 Women in Health Management (New York, NY)
"Alternative Medicine: Radical Today.....Mainstream Tomorrow?"
(moderator, lecturer, panel discussant)
- 1994 Financial Women's Association of New York, (New York, NY)
"The Facts of Life: Exploding the Myths about Menopause"
- 1993 Presbyterian Hospital Breast Service, Dept. Surgery, (New York, NY)
'Women at Risk' Lecture Series, "Menopause and the Woman at Risk"
- 1993 American Medical Writers Association (New York, NY)
'Women's Health Issues: A Shared Voyage'
"Menopause: Current Issues, New Horizons"

"Alternative Medicine and Women's Health: the hope and the hype"

- 1996 Mt. Sinai Medical Center, Dept. Of Community Medicine (New York, NY)
"New Directions in Women's Health Research"
- 1996 12th Annual International Symposium on Acupuncture & Electro-therapeutics, (NY, NY)
"Formation of an Alternative Medicine Center at Columbia University: an Overview of the Rosenthal Center for Complementary & Alternative Medicine"
- 1991 Lehman College (Bronx, NY), Department of Biological Sciences
"Physiology of Menopausal Hot Flashes"
- 1988 NY Hospital-Cornell Medical Center, Department of Psychiatry, (Westchester, NY)
"The Chronobiology of Hot Flashes"
- 1983 American Museum of Natural History, NY Entomological Society (New York, NY)
"Thermoregulation in Honey Bees"

National

- 1998 First International Congress on Tibetan Medicine, Washington, DC
Grand Rounds: "Menopause and Women's Health Issues"
- 1997 10th Annual Executive Summit on Women's Health Issues, St. Louis, MO
'Alternative Therapies in Women's Health,' Plenary Speaker
"The Role of Alternative Medicine in Women's Health"
- 1997 Commonweal Conference on 'New Directions in Health & Healing,' Balinas, CA
"Dilemmas of Developing Cancer Information for the Public"
- 1996 Geraldine Brush Cancer Research Institute & California Pacific Medical Center Research Institute, (San Francisco, CA)
"An Overview of the Complementary Medicine Program at Columbia University"
- 1995 International Symposium on Perimenopause (Palm Beach Gardens, FL)
"Vasomotor Symptoms in the Perimenopause" (Sorono Symposia USA)
- 1994 International Spa and Fitness Association, Annual Meeting, Palm Springs, CA
Workshop on Alternative Medicine, Co-sponsored by the NIH Office of Alternative Medicine,
- 1992 University Hospitals of Cleveland, (Ohio) Dept. of Obstetrics & Gynecology, Grand Rounds
"Menopausal Hot Flashes: Epidemiology and Physiology"
- 1991 Bradley Hospital, Sleep Research Laboratory, (East Providence, RI)
"Thermoregulation and Hot Flashes During Sleep in Menopausal Women"
- 1991 Palo Alto V.A. Medical Center, GRECC/Endocrine Division, (Palo Alto, CA)
"Epidemiology and Physiology of Menopausal Hot Flashes"
- 1991 Stanford University, Institute for Research on Women & Gender, (Stanford, CA)

"Current Issues Facing Women in China: Reflections on a Recent Visit"

- 1990 University of Michigan, Department of Physiology, (Ann Arbor, MI)
"Menopausal Hot Flashes: Thermoregulation and Endocrine Perspectives"
- 1988 Cornell University, Department of Physiology, (Ithaca, NY)
"The Physiology of Menopausal Hot Flashes"

International

- 1997 Conference on Women and Traditional Healthcare in India, (Bangalore, India)
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Invited Lectures: Public

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'Kids Get Arthritis Too'
"Alternative and Complementary Medicine: What are we learning?"
- 1997 The Center for Women's Health, Columbia-Presbyterian/Eastside, (NYC)
"Women, Wellness and Alternative Medicine: Good Health for Tomorrow"
- 1996 Massachusetts General Hospital, Dept. of Obstetrics & Gynecology, (Boston, MA)
Symposium: 'Mid-Life Changes in Women'
"Alternative Medicines"
- 1995 Johns Hopkins School of Hygiene and Public Health, (Baltimore, MD)
'Women's Health HRT Forum'
"Alternative Medicines for Menopausal Women"
- 1995 Women in Health Management (New York, NY)
"Alternative Medicine: Radical Today.....Mainstream Tomorrow?"
(moderator, lecturer, panel discussant)
- 1994 Financial Women's Association of New York, (New York, NY)
"The Facts of Life: Exploding the Myths about Menopause"
- 1993 Presbyterian Hospital Breast Service, Dept. Surgery, (New York, NY)
'Women at Risk' Lecture Series. "Menopause and the Woman at Risk"
- 1993 American Medical Writers Association (New York, NY)
'Women's Health Issues: A Shared Voyage'
"Menopause: Current Issues, New Horizons"

Kronenberg 10

- 1993 General Electric, Corporate Medical Services, (New York, NY)
"Menopause: Preparing for the 2nd Half of Your Life"
- 1993 Brookhaven National Laboratory, 'Healthline' Lecture Series, (Upton, NY)
"Update on Menopause"
- 1992 Metropolitan Life Insurance (New York, NY),
'A Healthy Aging Campaign: Still Growing
"A New Beginning: Midlife and Menopausal Issues"
- 1992 Columbia-Presbyterian Eastside Lecture Series (New York, NY)
"Menopause in the 1990's"
- 1991 Columbia-Presbyterian Eastside Lecture Series (New York, NY)
"Menopause in the 1990's"
- 1991 Metropolitan Life Insurance (New York, NY), Corporate Wellness and Fitness Services
"Menopause in the 1990's"
- 1989 Stephen Wise Free Synagogue, Professional Women's Forum, (New York, NY)
"Menopause: Medical Issues, Social Concerns"
- 1986 N.O.W. NYC - (New York, NY), 'Health Week Forum: Midlife and Older Women's Issues
"Women & Menopause: Dispelling the Myths"

Conferences, Courses, Lecture Series and Workshops

(Programs for which I was initiator, organizer, and/or presenter)

Professional Audience

- 1998 "Complementary and Alternative Approaches to Menopause"
North American Menopause Society, Toronto, Sept. 16-19
Plenary session organizer and chair
- 1998 "Comprehensive Cancer Care: Integrating Complementary & Alternative Therapies"
Washington, D.C., June 12-14, Session chair
'New Biological Therapies'
- 1998 Continuing Medical Education - Columbia University, College of Physicians & Surgeons
Course organizer, director and presenter, May 26-29
'Botanical Medicine in Modern Clinical Practice'
"Introduction to Botanical Medicine"
- 1997 Continuing Medical Education - Columbia University, College of Physicians & Surgeons
Course organizer, director and presenter, October 13-17
'Botanical Medicine in Modern Clinical Practice'
"Botanicals for Women's Health: Research"
- 1996 Continuing Medical Education - Columbia University, College of Physicians & Surgeons
Course organizer, director and presenter, May 12-17

Kronenberg 11

'Botanical Medicine in Modern Clinical Practice'
 "Natural Progestones and Estrogens"
 'Herbal Medicine and Your Health'

- 1996 "Contemporary Therapies or Media Hype? Melatonin and DHEA"
 North American Menopause Society, Chicago, IL
 Plenary Session Organizer and Chairperson
- 1995 "Alternative Treatments for Menopausal Symptoms" - Workshop
 North American Menopause Society, San Francisco, CA
 Workshop Organizer and Chairperson and Presenter
- 1994 "Dietary Estrogens"
 North American Menopause Society, Washington, D.C.
 Plenary Session Organizer and Chairperson
- 1994 "Health, Science, and the Spirit: Veda and Ayurveda in the Western World"
 "Ayurveda in the Clinical Setting: Specific Health Problems"
 The Dharam Hinduja Indic Research Center, Columbia University
 Session Organizer and Chairperson
- 1989 "Multidisciplinary Perspectives on Menopause"
 Conference organizer and presenter
 A conference co-sponsored by The New York Academy of Sciences & The North American Menopause Society
- 1987 "First Annual East Coast Thermoregulatory Meeting"
 Conference organizer and presenter
 Columbia University, Dept. Rehabilitation Medicine, New York, NY

Public Audience

- 1988 "Health Across the Life Span", Jing Lyman Lecture Series/Conference on Women's Health Issues; Co-sponsored by Women's Association for Research in Menopause (W.A.R.M.) and Stanford University's Center for Research on Women and Gender, Palo Alto, CA
 "Menopause: Insights and Information about Ourselves, and/or Our Mothers, Sisters, Grandmothers, Friends"
- 1987 First Annual W.A.R.M. Lecture Series on Menopause
 Co-sponsored by Hunter College, Women's Studies Program, New York, NY.
- 1987 "Women in Transition: Coping in the Second Half of Life"
 Co-sponsored by the Group for Research on Midlife and Older Women (G.R.O.W.), Westchester County Office for the Aging, Westchester County Office for Women, Older Women's League, Westchester Community College, Valhalla, NY

Menopause Support Groups

For 4 years we ran the only ongoing menopause support groups in New York City under the auspices of Women's Association for Research in Menopause (W.A.R.M.)
 Also ran menopause support groups at Columbia-Presbyterian Eastside

Kronenberg 12

- 1986 "Women in Transition: Critical Issues Facing Mid-Life and Older Women"
Co-sponsored by G.R.O.W., The YMCA of the City of New York, Northeastern Gerontological Society; New York, NY
- 1983 "Menopause and Hot Flashes"
Day of lectures and workshops that I organized; New York, NY

Presentations at Professional Meetings

- 1998 American College of Osteopathic Obstetricians and Gynecologists, Annual Meeting, Washington, D.C.
"Washington Update on Women's Health"
"Research on CAM and Women's Health"
- 1997 The World Foundation for Medical Studies in Female Health, 3rd Annual Conference Key Biscayne, FL
"What is Your Patient Taking?" "Alternative Medicine & OTCs: Life Outside the FDA"
- 1997 North American Menopause Society, 8th Annual Meeting, Boston, MA
"Alternate Therapies in Menopause"
"Women and Alternative Medicine: Patterns of Use Nationally and by African-American, Hispanic and Caucasian Women"
- 1997 Drug Information Association, Montreal, Canada
"Traditional Chinese Pharmaceuticals in a Biomedical Clinical Context"
"Researching the Clinical Applications of Chinese Medicine in Women's Health"
- 1997 New York State Academy of Family Physicians and The American College of Obstetricians & Gynecologists, District II, New York, NY
"Complementary and Alternative Medicine and Women's Health"
- 1996 American Public Health Association, New York, NY
"The Role of Traditional Chinese Medicine in US Public Health Practice"
"Current Research on Chinese Herbs for the Treatment of Menopausal Complaints"
"Integrating Teaching of Alternative and Complementary Health Practice and Conventional Medical Therapies"
"Teaching Botanical Medicine at a Conventional Medical School"
- 1996 NIH Conference on Medical & Nursing Education in Complementary Medicine, Bethesda, MD
"Postgraduate Education: CME Course in Botanical Medicine"
- 1996 The Second Annual International Congress on Alternative & Complementary Medicine, Alexandria, VA
"Women's Health: Alternative Therapies at Menopause"
- 1995 North American Menopause Society, San Francisco, CA
Session Chairperson and speaker
"Alternative Treatments for Menopausal Symptoms"

Kronenberg 13

- 1995 NIH Conference on Complementary & Alternative Medicine Research Methodology, Bethesda, MD
"Menopausal Hot Flashes: Effect of Chinese Herbal Preparations"
- 1994 Dynamical Disease Workshop, A NATO Advanced Research Workshop, Quebec, Canada
"Rhythmic Patterns in Menopausal Hot Flashes"
- 1993 North American Menopause Society, San Diego, CA
Session Chairperson and Plenary Speaker
"Hot Flash Research: Past, Present & Future"
- 1993 Association of Professional Sleep Societies, Los Angeles, CA
"Hot Flashes and Sleep in Menopausal Women"
- 1993 NIH Workshop on the Menopause: Current Knowledge and Recommendations for Research, Bethesda, MD; Invited Speaker
"Hot Flashes: Phenomenology, Quality of Life, and the Search for Treatment Options"
- 1992 Association of Professional Sleep Societies, Phoenix, AZ
Invited Keynote speaker for symposium on 'Sleep and Women's Health'
"Menopausal Hot Flashes: Temperature Regulation, Circadian Rhythms and Sleep"
- 1990 'The First Sino-American Conference on Women's Issues,' Beijing, China
The All-China Women's Federation and Global Interactions sponsored
"Menopause: Medical Issues, Social Concerns"
- 1990 Federation of American Societies of Experimental Biology, Washington, DC
"Effect of Fever on Menopausal Hot Flashes"
- 1989 The New York Academy of Sciences Conference, New York, NY
'Multidisciplinary Perspectives on Menopause'
Session Chairperson and Presentor
"Epidemiology & Physiology of Hot Flashes"
"Influence of Ambient Temperature on Menopausal Hot Flashes"
- 1988 Federation of American Societies of Experimental Biology, Las Vegas, NV
"Diurnal Variation of the Intensity of Menopausal Hot Flashes"
- 1987 Gerontological Society of America, Washington, D.C.
"Transitions in Midlife and Older Women: Menopause "
- 1987 New York State Association of Gerontological Educators, Ellenville, NY
"Transitions in Midlife and Older Women: stress, coping, social support and resources used."
- 1987 Northeastern Gerontological Society, Symposium, Hartford, CT
"Women in Transition: Midlife Women and the Corporate World"
- 1986 30th International Union of Physiological Sciences,
Thermal Physiology Symposium, Calgary, Alberta.

"Thermoregulatory Physiology of Menopausal Hot Flashes: A Review"

- 1986 Northeastern Gerontological Society and G.R.O.W, New York, NY
 "Women in Transition: Critical Issues Facing Mid-Life and Older Women"
 "Menopause: Facts and Fantasies"
- 1983 American Physiological Society, Honolulu, Hawaii
 "Diurnal Rhythm of Menopausal Hot Flashes: Subjective Report and
 Physiological Correlation"

Presentations at Conferences/Symposia for Public/Private Audiences

- 1997 National Basketball Association Family Network (Orlando, FL)
 'Women's Health: Conventional, Complementary and Alternative Therapies'
 "Research in Complementary and Alternative Medicine in Women's Health"
- 1997 Oxford Health Plans and Columbia-Presbyterian Center for Women's Health
 Seminar on "Women's Health & Alternative Medicine" (New York, NY)
 "Alternative Medicine and Women's Health: Current Issues and Research Activities
 at Columbia University's Center for CAM Research in Women's Health"
- 1997 International Spa and Fitness Association, Third I/SPA Media Luncheon (New York, NY)
 "Ethnobotany, Women's Health & the Healing Power of Laughter"
- 1996 Rosenthal Center for Alternative/Complementary Medicine, Columbia University,
 'Herbal Medicine and Your Health'
 "Introduction to Herbal Medicine & Alternative Medicine at Columbia University"
- 1995 Metropolitan Presidents' Organization (New York, NY)
 'Integration of Alternative/Complementary Healing with Western Medicine'
 "Integration of ACM at Columbia University College of Physicians & Surgeons, and,
 Alternative Medicine and Women's Health"
- 1995 Commercial Real Estate Women, New York (New York, NY)
 'Women's Healthcare: A Life and Death Matter'
 "Menopause: Alternatives in Health Care Choices"
- 1994 Alternative Medicine Workshop, Palm Desert, CA
 NIH Office of Alternative Medicine and International Spa & Fitness Association
 "The Rosenthal Center for Alternative/Complementary Medicine:
 Present Status and Future Directions"
- 1992 Women's Midlife Health Project Conference, New York, NY
 'Myths and Realities About the Menopause: An Educational Program for Women Ages 40-
 60'
 "What's Happening to My Body?"
- 1992 Women's Midlife Health Project Conference, Poughkeepsie, NY.
 'Myths and Realities About the Menopause'
 "The Transition Through Menopause"

- 1987 Westchester Community College Conference, Valhalla, NY
'Women in Transition: Coping in the Second Half of Life'
"Menopause: Current Issues"
- 1987 Lehman College Conference, New York, NY,
'Facing Our Future: Women Look at the Second Half of their Lives'
"Menopause: Facts and Fantasies"

Publications

Articles

- Kronenberg F, Hughes C. 1999. Endogenous and exogenous estrogens: an appreciation of biological complexity. Menopause, 6:
- Kronenberg F. 1995. Alternative therapies: new opportunities for menopause research. Menopause, 2: 1-2.
- Kronenberg F, Mallory B, Downey JA. 1994. Rehabilitation Medicine and alternative therapies: new words, old practices. Arch. Phys. Med. Rehabil., 75: 928-929.
- Kronenberg F. 1994. Hot Flashes: phenomenology, quality of life, and the search for treatment options. Experimental Gerontology, 29: 319-336.
- Kronenberg F, Mallory B, Downey JA. 1993. Women's health: new frontiers in Rehabilitation Medicine. Arch. Phys. Med. Rehabil., 74:1377-1378.
- Kronenberg F, Barnard RM. 1992. Modulation of menopausal hot flashes by ambient temperature. J. Therm. Biol. 17: 43-49.
- Barnard RM, Kronenberg F, Downey JA. 1992. Effect of fever on menopausal hot flashes. Maturitas 14: 181-188
- Kronenberg, F. 1991. Menopausal hot flashes: randomness or rhythmicity. Chaos, 1(3): 271-278.
- Kronenberg F. 1990. Hot flashes: epidemiology and physiology. Ann. N.Y. Acad. Sci. 592: 52-86.
- Kronenberg F, Barnard RM. 1990. Influence of ambient temperature on frequency and intensity of menopausal hot flashes. Ann. N.Y. Acad. Sci. 592: 481-485.
- Kronenberg F, Carraway RE. 1985. Changes in neurotensin-like immunoreactivity during menopausal hot flashes. J. Clin. Endocrinol. Metab. 60: 1081-1086.
- Kronenberg F, Cote LJ, Linkie DM, Dyrenfurth I, Downey JA. 1984. Menopausal hot flashes: thermoregulatory, cardiovascular, and circulating catecholamine and LH changes. Maturitas, 6: 31-43.
- Kronenberg F, Heller HC. 1982. Colonial thermoregulation in honey bees (*Apis mellifera*). J. Comp. Physiol. 148: 65-76.

Books, Chapters, Reviews, Monographs

- Murphy, P.A., Kronenberg, F., Wade, C. (In press). Complementary and alternative medicine in women's health: an agenda for research. Journal of Nurse-Midwifery
- Speroff L, Kronenberg F, Liu J, Taylor M. (In press). Alternatives to estrogen for postmenopausal women. Contemporary Ob/Gyn (Suppl.)
- Kronenberg, F., Wade, C, Murphy, P. (1998). Complementary and alternative medicine used in focused populations: women. In: Complementary Medicine: An Integrative Approach. (Spencer, J., ed.), Mosby Yearbook, Inc., St. Louis.
- Kronenberg, F. (1997). Vasomotor symptoms in the perimenopause. In: Perimenopause. Lobo, RA (ed). Sorono Symposia USA.
- Kronenberg, F. 1994. Hot flashes. In: Treatment of the Postmenopausal Woman. Lobo, RA (ed). New York: Raven Press, pp. 97-127.
- Kronenberg F, Downey JA. 1994. Aging of the reproductive system in women: menopause. In: The Physiological Basis of Rehabilitation Medicine. Downey JA, Myers SJ, Gonzalez EG, Lieberman JS. (eds.) Butterworth-Heinemann, Boston, MA, pp. 625-645.
- Kronenberg, F. 1993. Sleep and menopause. In: Encyclopedia of Sleep and Dreaming. Carskadon, M (ed). New York: Macmillan Publishing, pp. 362-365.
- Flint M, Kronenberg F, Utian WH. (eds). 1990. Multidisciplinary Perspectives on Menopause. New York: New York Academy of Sciences.
- Kronenberg F, Downey JA. 1987. Thermoregulatory physiology of menopausal hot flashes: a review. Can. J. Physiol. Pharmacol. 65: 1312-1324.
- Siegal DL, Costlow J, Lopez MC, Taub M, Kronenberg F. 1987. Menopause: entering our third age. In: Ourselves Growing Older. Doress PB, Siegal DL, Mid-life & Older Women's Book Project. (Eds.) New York: Simon & Schuster, pp. 116-126.
- Kronenberg F. 1986. Recent advances in hot flash research. In: Selected Topics in Geriatric Medicine. Proceedings of the CME Program in Geriatric Medicine and Long-Term Care. NJ: Sandoz, pp. XIV-1-17.
- Kronenberg F, Macklin W, Bakshani N, Dolinger P. 1979. Parathion. Environmental Health Evaluations of California Restricted Insecticides. Monograph #6. Environmental Impact of Registration of Pesticides by the California Department of Food and Agriculture, 150+ pps.
- Kronenberg F, Macklin W, Dolinger P. 1979. Methyl Parathion. Environmental Health Evaluations of California Restricted Insecticides. Monograph #7. Environmental Impact of Registration of Pesticides by the California Department of Food and Agriculture, 66 pps.

Other Publications

- Greenwood, S., Kronenberg, F., Liu, J., Chatterton, R. 1997. Focus on OTC "Naturals": A *Menopause Management* Roundtable Discussion. Menopause Management, 6:6-15.
- Kronenberg, F. and Wade, C. 1997. Hot flashes and HRT. The Soy Connection, 5:2-3
- Kronenberg, F. 1997. The science of hot flashes. Women's Health Digest, 3:9-19
- Kronenberg F. 1993. Giving hot flashes the cold shoulder - without drugs. Menopause Management 2(4):20-27.

Abstracts

- Workman S, Jacobson J, Kronenberg F. 1998. Complementary and alternative medical therapies for breast cancer. Am. Public Health Association, Annual Meeting, Washington, D.C.
- Wade C, Cushman L, Factor-Litvak P, Kronenberg F. 1998. Complementary and alternative medicine use by women in New York City: a multi-ethnic perspective. Am. Public Health Association, Annual Meeting, Washington, D.C.
- Kronenberg F, Kulak J, Kelly A, Wade C, Murphy PA. 1998. Phytoestrogens in Women's Health: Working Definitions. Menopause. 5:286-287.
- Kronenberg F., O'Leary Cobb J, McMahon D, Workman S, Cushman L, Wade C, Factor P. 1997. Women and alternative medicine: patterns of use nationally and by African-American, Hispanic and Caucasian women. Menopause, 4:239.
- Woods MN, Senie R, Kronenberg F. 1996. Effect of a dietary soy bar on menopausal symptoms. 2nd International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, Brussels, Belgium, p. 41.
- Reiff M, Lohr P, Roble M, Selya RE, Wiest FC, Braxton N, Fugh-Berman A, O'Connor BB, Kronenberg F, Balick MJ. 1996. Ethnomedicine in the urban environment: herbal therapies for women's health problems. Poster presented at the American Anthropological Association 95th Annual Meeting, San Francisco, CA, November.
- Kronenberg F, O'Leary Cobb J, McMahon D. 1994. Alternative medicine for menopausal problems: results of a survey. Menopause, 1:171-172.
- Kronenberg F, Wagner DR, Barnard R. 1993. Hot flashes and sleep in menopausal women. Sleep Research, 22: 307.
- Kronenberg F, Teitelbaum S. 1993. Patterns of hot flashes: Diurnal Variation in Intensity. 7th International Congress on the Menopause, June 1993, p. 77.
- Barnard RM, Kronenberg F. 1992. Modulation of menopausal hot flashes by ambient temperature changes. Voyage into the Future through Nursing Research. Conference Proceedings. Sigma Theta Tau International, p. 121.

- Barnard RM, Kronenberg F, Downey JA. 1990. Effect of fever on menopausal hot flashes. FASEB J 4:A718.
- Kronenberg F, Downey JA. 1989. Ultradian rhythms of hot flashes in menopausal women. Proc. Internat. Union Physiol. Sci. 17: 208.
- Kronenberg F, Downey JA. 1988. Diurnal variation of the intensity of menopausal hot flashes. Fed. Proc. 2: A747.
- Porcino J, Bennett R, Ferguson KD, Johnson J, Benjamin R, Shilkoff M, Hughes P, Kronenberg F. 1987. Transitions in midlife and older women: stress, coping, social support and resources used. N.Y.S. Assoc. Gerontol. Educ. p. 40.
- Bennett R, Ferguson KD, Shilkoff M, Benjamin R, Hughes P, Kronenberg F, Porcino J. 1987. Transitions in midlife and older women. The Gerontologist. 27: 275A-276A.
- Kronenberg F, Ferin M, Teitelbaum S, Downey JA. 1984. Rhesus monkey as a model for menopausal hot flashes. Maturitas. 6: 137.
- Kronenberg F, Brickman E, Teitelbaum S, Downey JA. 1984. Epidemiology of menopausal hot flashes. Maturitas. 6: 136.
- Kronenberg F, Downey JA. 1983. Diurnal rhythm of menopausal hot flashes: subjective report and physiological correlation. The Physiologist. 26: A-118.
- Wineburg E, Khanukayev E, Kronenberg F, Inz J. 1983. Hot flashes: modification of temperature response through biofeedback and hypnotherapy. Biofeedback Society of America.
- Kremzner LT, Cote LJ, Messing JM, Kronenberg F, Mayeux R, Downey JA. 1982. GABA in CSF and plasma: importance of conjugated GABA. Society for Neuroscience. 8: 577.
- Kronenberg F, Carraway R, Cote LJ, Linkie DM, Crawshaw LI, Downey JA. 1981. Changes in thermoregulation, immunoreactive neurotensin, catecholamines and LH during menopausal hot flashes. Endocrinology. 108: 141.

Other Media

CD ROM

1998	"Hot Flashes" "Symptom Relief: Management of Hot Flashes"	NIA CME-accredited for Physicians on Silver Platter
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Videotapes (consultant)

1996	"Menopause"	Time/Life Medical
1993	"Sexuality and the Forty-something Woman"	Parke-Davis

Kronenberg 19

1989	"Inside the Sexes"	New Screen Concepts, for CBS
1989	"A Woman's Body"	Med Star Film Co.
1987	"Living With Menopause"	Hospital Satellite Network

Papers Submitted / In Preparation

Jacobson J, Workman S, Kronenberg F. (Submitted). Research on unconventional therapies used by patients with breast cancer: a review of the biomedical literature.

Eskinazi D, Kronenberg F, Molholt P, Zeng ML. (Submitted). A comprehensive information resource in complementary medicine: toward an international collaboration.

Factor P, Cushman L, Kronenberg F, Wade C. (Submitted). Women and alternative medicine: patterns of use by African-American, Hispanic and Caucasian women.

Cushman L, Factor P, Wade C, Kronenberg F, McMahon D, Firester L. (Submitted). Use of alternative medicine use among Hispanic and African-American women in New York City: a focus group analysis.

Reiff M, Kronenberg F, Balick M, Lohr P, Roble M, Cortez L, O'Connor B., Fugh-Berman A. (Submitted). Ethnomedicine in the urban environment: Latino healers in New York City

Allen R, Cushman L, Feldman J, Morris S, Wade C, McMahon D, Moses M, Kronenberg F. (Submitted). Pilot survey of CAM use by Hispanic patients seeking Emergency Department care.

Kronenberg F, O'Leary Cobb J, McMahon D, Workman S. (In preparation). Women-to-women: A survey of alternative medicine use by women over 40

RC

ROBERT S. McCaleb*Curriculum Vitae*

Robert McCaleb is President and founder of the Herb Research Foundation, an internationally recognized research and educational resource. Educated in Cellular Biology and Botany at the University of Texas and University of Colorado, he has studied beverage, aromatic and medicinal herbs since 1972 and is a PhD. candidate in Ethnobotany (Union Institute). From 1976-1989, he was Director of Research at Celestial Seasonings, headed the Research Committee of the American Herbal Products Association (and the Herb Trade Association) and served on their Board of Directors. Mr. McCaleb founded the Herb Research Foundation as a nonprofit 501(c)(3) tax-exempt organization in 1983.

Mr. McCaleb has written numerous articles on botanicals for healthcare, and serves on the editorial boards of some of the field's leading journals. He has lectured on botanical medicine at Harvard and Columbia Medical Schools and at numerous symposia throughout the world. Mr. McCaleb has followed international herb research for over 20 years, with a focus on aromatic and medicinal plants, and has advised the US Congress and Administration and government officials of numerous other countries. Most recently, he served as a member of the Presidential Commission on Dietary Supplement Labels.

LECTURES, SYMPOSIA, WORKSHOPS

- 1st Annual Herb Technical Symposium: UC Santa Cruz, September 17, 1977. "Quality Indicators for Botanical Products."
- 2nd Annual Herb Symposium: UC Santa Cruz, Sept. 13-15, 1978. "Herbal Overview: The History of Herbs as Medicines."
- 3rd Annual Herb Symposium: UCSC. Aug. 24-26, 1979. The Herb Trade Association's Research Committee report detailed efforts to fund a limited literature search to present to FDA documenting the history and study of herbal teas and herbal medicine. Two workshop presentations covered New careers in the Herbal movement and Herbal Quality Assurance.
- University of Colorado Medical School (Oct. 1979). "Herbal Overview: The History of Herbs as Medicines."
- Sigma Xi Annual Awards Banquet, Colorado School of Mines (May 1980). "Herbal Overview: The History of Herbs as Medicines."
- 4th Annual Herb Symposium: UCSC. June 27-July 1, 1980. Informal talks on various subjects relating to the budding herb industry.
- Herb Seminar, HTA. Trade Show, San Francisco, Oct. 31, 1980. "The Past, Present and Future of Herbal Medicine" including the legal dilemma which hinders all research and educational efforts on natural medicines.
- Herb Seminar, San Antonio, Texas, Jan. 1981. "Commercial Production of Herbal Products" followed the production of Chamomile herb tea from the fields of Egypt to the highly mechanized factory in Colorado where the product is processed and packaged.
- Herb Seminar, Anaheim, CA, May, 1981. "Commercial Production" slide show.
- 5th Annual Herb Symposium, San Diego, CA, Aug. 29-30 1981. "Herb Research in the 80s" concerned the lamentable lack of interest in the U.S. to fund or follow research in Pharmacognosy, and the dispute between the medical/scientific community and holistic healers and herbalists.
- National Nutritional Foods Association, New Orleans, LA, July 24, 1982. "Meeting the Growing Demand for Herbs." Also presented was a proposal for the Herb Research Foundation, to encourage and support herb research.

American Herbal Products Association, New Orleans, LA, July 23, 1982. HRF funding proposal accepted by AHPA, with the intent that HRF would be supported in part by the herb industry through AHPA.

Herb Research Foundation, Philadelphia College of Pharmacy and Science, Oct. 1-2, 1982. Organizational meeting of the HRF Professional Advisory Board.

Ginseng Research Institute, Philadelphia College of Pharmacy and Science, Oct. 1-2, 1982: Organizational meeting.

Herb Research Foundation Herb Seminar organizer, coordinator, speaker. July, 1983.

International Ginseng Symposium, State University of New York, Delhi, NY. June 1986: "Eleutherococcus senticosus, recent advances," "Ginseng research and ginseng press."

First National Herb Marketers and Growers Symposium, Purdue University Horticulture Dept., West Lafayette, IN. July 1986: Featured Speaker, "Celestial Seasonings: history and development."

Second National Herb Marketers and Growers Symposium, Indianapolis, IN. July, 1987, "The Role of research in the Herb Industry."

Third Annual Herb Marketers and Growers Symposium, Louisville, KY. July, 1988, "Information Retrieval in Botanical Science."

Herbs '89, San Jose, CA. July, 1989, "World Botanicals Production."

Herbs '89, San Jose, CA. July, 1989, "The Q Word -- Assessing Quality in Botanicals."

Herbs '89, San Jose, CA. July, 1989, Banquet Master of Ceremonies.

Southwestern Health Organization, Dallas, TX. February 1990, "Recent Trends in Herb Research."

Sixth Annual Gaia Spring Herb Symposium, Ashland, MA. May 1990, "Recent Advances in Herb Research," and "Savings the Plants, Saving Ourselves."

National Nutritional Foods Association, Boston, July 1990, "Issues and Trends in the Herb World."

Natural Products Expo East, Philadelphia, PA, November 1990, "Herbal All-Stars: Herbalists Pick their Top Five."

Natural Products Expo West, Anaheim, CA, March 1991, "Herbs & the FDA: New Frontiers" and "Herbs to Enhance Peak Athletic Performance."

National Nutritional Foods Association, Las Vegas, NV, July 1991, "Herbs and Homeopathy."

Natural Products Expo East, Baltimore, MD, September 1991, "Congress, the FDA and your Business."

Herbs for Health Symposium, Washington, DC, September 1991, "Into the Mainstream: Rational Use and Regulation of Herbs for Health."

The Food and Drug Law Institute Conference on Dietary Supplements, Crystal City, VA, June 1992, "Safety Substantiation Efforts for Unique Ingredients, Including Herbs and Botanicals."

Health Options Expo '92, Denver, CO, October 1992, "A New World Vision of Herbs for Health."

Natural Products Expo West, Anaheim, CA, February 1993, "The Two Faces of Western Herbal Medicine."

Symposium on the Utilization of Medicinal Plants (by the World Health Organization and the Morris Arboretum) Philadelphia, PA, April 1993, "Trade in Medicinal Plants."

Rocky Mountain Drug Consultation Center, Denver, CO, October 1993, "Potential of Phytomedicines in Modern Medical Care."

Second International Reunion of Biological Medicine, Barcelona, Spain, December 1993: "Phytomedicines Face Social Obstacles Despite Promising Research."

Dietary Supplement Labeling Conference, presented by Council for Responsible Nutrition and National Nutritional Foods Association, Washington, DC, March 1994: "Industry Regulatory Concerns/The Herbal Perspective." Special challenges for

- herbal products under proposed FDA rules, especially documentation of safety and health benefits.
- Restoring the American Community, presented by Social Venture Network, San Diego, CA, April 1994. Invited Participant: "Herbs for Health Care, Environmental Conservation and International Development."
- Consultant to National Institutes Office of Alternative Medicine. Invited participant:
- Alternative Medicine Database Workshop, Washington, DC, May 3-4, 1994.
 - The Role of Botanicals in American Health Care, Washington, DC, May 26-27, 1994.
- Rocky Mountain Poison Center, Denver, CO, July 14, 1994. "Phytomedicines and Phytotoxins: An update on crude and semipurified plant-derived health care products."
- National Natural Foods Association Convention, Las Vegas, NV, July, 1994. "Marketing Herbal Quality Professional Enrichment Program."
- Herbfest '94, Norway, IA; August, 1994. "Medicinal Plants in Modern Health Care."
- National Institutes of Health Office of Alternative Medicine, Washington, DC/ December, 1994. Speaker and panelist at the "Symposium on Botanicals: A Role in US Health Care?"
- National Natural Foods Association Northwest Trade Show, Seattle, WA, February, 1995. "Natural Healthcare for the Twenty-First Century."
- Natural Products Expo West, Anaheim, CA, March, 1995. Speaker and panelist.
- Alternative Medicine Workshop on Botanicals, Washington, DC, March, 1995. "Medicinal Herbs: US and Canadian Perspectives, Cultural Use and Experience." Sponsored by DIA, NIH Office of Alternative Medicine and FDA.
- Biodiversity and Human Health Conference, Washington DC, April, 1995. "Biodiversity and Traditional Health Systems." Sponsored by NIH Fogarty International Center, National Science Foundation, National Association of Physicians for the Environment, Smithsonian Institution, and Pan American Health Organization.
- An International Training Program in New Crops: Aromatic and Medicinal Plants, West Lafayette, IN, June 28, 1995. "Regional and International Marketing of Medicinal Plants." Sponsored by Purdue University.
- NutraCon '95, Las Vegas, NV, July 11-13, 1995. "New Research on the Health Protective Flavonoids in Fruits, Vegetables and Herbs for Use in Dietary Supplements." Sponsored by Global Business Research.
- National Natural Foods Association 58th Annual Convention and Trade Show, July 14-17, 1995, Las Vegas, NV. Invited Panelist, "Current Issues of Safety, Claims and Regulations on Herbs in the United States."
- Herbs '95, July 27-30, 1995, Chicago, IL. "Developing Quality Assurance Procedures for the Small to Medium Size Herbal Processor and Manufacturer." "Reflections on the Botanical Herb Industry: Problems and Future Promise." Sponsored by the International Herb Association (10th annual conference).
- Council for Responsible Nutrition Annual Conference, September 18-20, 1995, Squaw Valley, CA. Invited panelist, "Broadening the Mix of Products in the Changing Marketplace: Vitamins, Minerals, Herbs, and Phytochemicals."
- Harvard Medical School Department of Continuing Education, March 27-29, 1996. Boston, MA. "Clinical and Experimental Evidence for Botanicals in Health Care."
- Columbia University, College of Physicians & Surgeons Botanical Medicine in Modern Clinical Practice Conference, May 10-17, 1996, New York. "Herbal Product Sources, Resources and Assessment."
- Utah Natural Health Week, Salt Lake City, UT, June, 1996. "Using and Understanding Herbal Remedies: the latest research on medicinal plants." Sponsored by Utah Natural Products Alliance and the University of Utah Red Butte Garden & Arboretum.

- American Herbalists Guild, Boulder, CO, June, 1996. "Herb Research & Quality Control Issues."
- University of Colorado Museum, Boulder, CO, July, 1996. "Medicinal Plants in Modern Health Care." Presented at the opening of a year-long exhibit entitled "The Healing Power of Plants."
- Education Design, Boulder, CO, August, 1996. "Botanicals in the Pharmacy". Continuing Education for Pharmacists workshop.
- Wilderness Medical Society, Alberta, Canada, August, 1996. "Medicinal Plants: The Importance of Biodiversity to Alternative and Traditional Therapies," and "How to Use Medicinal Plants in Your Clinical Practice."
- Herbfest '96, Norway, IA; August, 1996. "Stop the Aging Process with Antioxidant Herbs" and "Scientific Evidence for Herbs in Prevention and Treatment."
- Indena Workshop: From Acts to Action when Dealing with Botanicals. Milan, Italy, September 9, 1996. Chairman and presenter.
- Creating the Natural Formulary, Washington, DC, October 9-11, 1996. "Maximizing the Effect of the Four Modalities of Medicinal Herb Use."
- Harvard Medical School Department of Continuing Education, Boston, MA, March 9-12, 1997. "Clinical and Experimental Evidence for Botanicals in Health Care."
- Herbs and Modern Health Care Symposium, Boulder, CO, March 15, 1997. Sponsored by the University of Colorado Museum. "Botanicals in the Pharmacy."
- International Symposium on Kava and Other Medicinal Plants of the South Pacific, May 14-17, 1997, Kona, HI. presenter: "The Safety of *Piper methysticum*," and panelist, "Kava, The Regulation."
- Medicines from the Earth: Exploring Nature's Pharmacy, Black Mountain, NC, May 31-June 2, 1997. Guest presenter and moderator: Childhood Immunity: Conventional Immunizations vs. Botanicals and Naturopathy; Herbal Regulatory Update; Medical Models for the Use of Vitex, St. John's wort, and Ginkgo.
- Quality Herbal Products: A Marketing and Regulatory Workshop, Boulder, CO, June 6, 1997. Guest presenter: "Commission on Dietary Supplement Labels: Regulatory Update on Dietary Supplements."
- An International Training Program in New Crops: Aromatic and Medicinal Plants, West Lafayette, IN, June 28, 1997. Guest presenter: "Marketing and Herbal Product Development." Sponsored by Purdue University.
- National Nutritional Foods Association (NNfA), MarketPlace '97, Las Vegas, NV. Panelist, "Labeling, Claims & the FDA," and "Answering Questions on Standardized Extracts."
- Wilderness Medical Society, Sun Valley, ID, August, 1997. Guest presenter: "How to Use Medicinal Plants in Your Clinical Practice."
- Denver Botanic Gardens, Denver, CO, September 13, 1997. "Medicinal Plants in Modern Health Care." Presented at the opening of "The Healing Power of Plants" exhibit.
- Cost Saving Strategies & Advances in Hormone Intervention Therapy: Long Term Treatment & Prevention, Boston, MA, September 22-23, 1997. Guest Presenter: "Phytotherapy for Menopause."
- Natural Products EXPO, Baltimore, MD, September 18-21, 1997. Guest presenter at *Natural Foods Merchandiser* luncheon: "Regulatory Update and Good Research Protocols for Botanicals."
- Columbia University, College of Physicians & Surgeons Botanical Medicine in Modern Clinical Practice Conference, New York, October 13-17, 1997. Guest presenter: "Botanical Products: Quality, Sources, Resources and Assessment;" and "Botanical Shop, Sampling Botanical Products."
- Kaiser Northern California, Vallejo, CA, October 25-26, 1997. Guest presenter: "Botanicals in Natural Healthcare: Clinical Evidence, Information Resources, and Product Sources and Assessment."

Exploding Botanical Medicines Market, San Francisco, CA, October 27-29, 1997. Guest presenter: "Leading Botanicals for Clinical Use."

Harvard Medical School Department of Continuing Education, Boston, MA, March 1-4, 1998. "Clinical and Experimental Evidence for Botanicals in Health Care."

Barnett International: Dietary Supplements: Strategies to Comply with Emerging Regulations and Promote Product Sales, Washington, DC, March 5-6, 1998. Presenter: "The Role of Dietary Supplements in Healthcare: Four Modalities of Medicinal Herb Use."

Natural Products EXPO West, Anaheim, CA, March 13-15, 1998. Guest presenter at media luncheon: "Mood Enhancing Herbs."

American Herbal Products Association, Anaheim, CA, March 12, 1998. Update on the Report of the Commission on Dietary Supplement Labels.

American Herbal Products Association: St. John's Wort Symposium, Anaheim, CA, March 16-17, 1998. Invited panel moderator.

American Premium Tea Institute, Denver, CO, April 17, 1998. Guest presenter: "Herbal Tea."

Columbia University, College of Physicians & Surgeons Botanical Medicine in Modern Clinical Practice Conference, New York, May 26-29, 1998. Guest presenter: "Botanical Products: Quality, Sources, Resources and Assessment;" and "Botanical Shop: Sampling Botanical Products."

American Psychiatric Association Annual Meeting, Toronto, Canada, May 30-June 4, 1998. guest presenter: "Herbal Medicine: Ancient Roots to Modern Use."

Seventh National Kaiser Permanente Internal Medicine Conference, Kona, HI, July 18-25, 1998. guest presenter: "Botanical Medicines for Modern Healthcare," "Herbal Products: Information Resources and Assessment," and "Leading Botanicals for Clinical Use."

Natural Products EXPO East, September 11-13, 1998, Baltimore, MD. Guest presenter: "Regulatory Issues."

American College of Nutrition Annual Meeting, Albuquerque, NM, October 2-4, 1998. guest presenter: "Botanicals vs. Conventional Treatment for Menopause and BPH."

Harvard Medical School Department of Continuing Education, Boston, MA, February 28-March 3, 1999. "Clinical and Experimental Evidence for Botanicals in Health Care."

LEGAL and REGULATORY

Consultant, 1988-present, on herb safety and regulatory matters.

Celestial Seasonings, 1976-89, primary contact with food and drug law attorneys.

Herb Safety Review, 1989-present, developed an industry-wide program for food additives safety affirmation. TO date, HRF has completed over 35 Herb Safety Reviews for various sponsors.

Food and Drug Law Institute, July 1992 presentation "Food Ingredient Safety Evaluation."

FTC meeting, September, 1993, FTC policy on dietary supplement labeling issues.

Congressional meetings, 1993, with Rep. Skaggs, and Senators Brown and Mitchell, and Health Aides for Rep. Waxman and Senator Hatch, regarding dietary supplement legislation.

Congressional Hearings, oral and/or written testimony regarding FDA's Regulation of Dietary Supplements for:

- House Energy and Commerce Subcommittee on Health and the Environment (Waxman), July, 1993.
- Senate Labor and Human Resources Committee (Kennedy), October, 1993.

- House Subcommittee on Human Resources and Intergovernmental Relations (Towns), August, 1993.
- Congressional Office of Technology Assessment's Advisory Panel on Dietary Supplements, 1993-94. Invited Panelist.
- Texas Department of Health, April 1995, presenter at a Public Hearing on proposed rules which would restrict the sale, distribution or possession of certain foods and drugs which contain ephedrine.
- Office of Dietary Supplements, September 30, 1996. Strategic planning with ODS, Office of Disease Prevention, and National Institutes of Health to define realm of activities of the new ODS in relation to the scientific understanding of the role of dietary supplements in life span health.
- Commission on Dietary Supplement Labels, 1995-97. Presidential appointment. The Commission conducted hearings, took testimony, received evidence, and secured information to make its recommendations on the regulation and legislation related to label claims for dietary supplements.
- Food and Drug Administration Working Group on Consumer Research, Winter 1998. The Working Group will meet to gather information and discuss consumer issues regarding dietary supplements, and what research should be done to improve consumer information and knowledge.

NON-PRINT MEDIA PARTICIPATION

- Guest, *CNN's Sonia Live*. Alternative Medicine, March, 1993.
- Guest interview, *CBS Evening News*. Herbs, Vitamins & Amino Acids, May, 1993.
- Guest, *America's Talking, Alive and Wellness*, July, 1993.
- Guest interview, *Here's To Your Health Radio*, January, 1994.
- Media Interviews: Newsweek, New York Times, Science News, National Geographic Newswire, Prevention, Self, Asian Wall Street Journal, Consumer Reports, Esquire, Ladies' Home Journal, Outside, First for Women, Bicycling, LA Times Syndicate, New York Post, and numerous other magazines, newspapers, all major TV networks, and radio stations countrywide.
- Guest interview, *Here's To Your Health Radio*, June 1995, March 1996, May 1996.
- Guest interview, *Of Mind and Medicine Radio*, July 1995.
- Guest interview, *Pathway to Wholeness Radio*, January 1996.
- Guest participant, *The Diane Rhem Show*, WAMU National Public Radio, April, 1996.
- Guest interview, *Newsweek on Air Radio*, April 27, 1996.
- Guest interview, *Discovery Channel Online Live with Derek McGinty*, July, 1996.
- Guest interview, *Gary Null Radio Show*, December, 1996.
- Guest interview, *Crossroads Radio*, WCBR, December 1996.
- Guest interview, *Bull Session*, CNBC TV, March, 1997.
- Guest interview, *NBC Dateline*, April, 1997.
- Guest interview, *Here's To Your Health Radio*, June, July, August, 1997.
- Guest interview, *Herbs and Health Radio*, August, 1997.
- Press Briefing, Natural Products EXPO, Baltimore, MD, September 19, 1997
- Herbal Health Seminar, New York, September 30, 1997. Sponsor: Warner Lambert.
- Seventh on 6th, New York, November 6, 1997. Media seminar sponsor: Warner Lambert.
- Guest interview, *Here's To Your Health Radio*, January, 1998
- Guest interview, *A Word on Health*, Danielle Linn syndicated radio, March 14, 1998
- Guest interview, *Here's To Your Health Radio*, February, 1999

PUBLICATIONS

- "Food Ingredient Safety Evaluation" *Food and Drug Law Journal*, 1992, Vol. 47, No. 6.

- Senegal Fruit Concentrate Project.* Final Report for USDA/USAID funded project in Senegal. June 30, 1992.
- Alternative Medicine: Expanding Medical Horizons.* A Report to the National Institutes of Health on Alternative Medical Systems and Practices in the United States." Prepared under the auspices of the Workshop on Alternative Medicine, Chantilly, VA, 9/14-16, 1992. (Contributing Author, "Herbal Medicine," pp.183-206.)
- Herbs as Specialty Exports.* Final Report for Uganda project funded by USDA/USAID. July, 1994.
- Agroindustrial Markets Workshop Report..* Final report for USDA/USAID funded project in Lusaka, Zambia, September 5-15, 1994.
- "Food Ingredient Safety Evaluation" *Spices, Herbs and Edible Fungi*, edited by George Charalambous. (Developments in Food Science: 34) 1994 Elsevier Science B.V.
- Herbs and Medicinal Plants in Mali.* Final report for USDA/USAID funded project in Mali. In cooperation with Ronco Consulting Corp and OHVN. November 1997.
- Medicinal Plants: Their Role in Health and Biodiversity. Proceedings of the 1993 Symposium on the Utilization of Medicinal Plants* (sponsored by the World Health Organization and the Morris Arboretum). Tomlinson, R. and Akerele, O., eds. Contributing Author for chapter: "Trade in Medicinal Plants." Philadelphia: University of Pennsylvania Press, 1998.
- Biodiversity and Human Health: Proceedings of the 1995 Conference on Biodiversity and Human Health* (sponsored by NIH Fogarty International Center, National Science Foundation, National Association of Physicians for the Environment, Smithsonian Institution, and Pan American Health Organization). Grifo, F. and Rosenthal, J., eds. Contributing author for chapter: "Medicinal Plants for Healing the Planet: Biodiversity and Environmental Health Care." Washington: Island Press, March 1997.
- Intensification of Mint Production.* Final Report for USDA/USAID funded project in Assilah, Morocco, in cooperation with Fintrac and Moroccan Association for the Development of Aromatic and Medicinal Plants. April, 1998.

ARTICLES

- "Are Herbs Safe?" *Health Foods Retailing*, March 1980
- "Herbal Safety," *Herb News*, May 1981
- "Herb Blurbs," *Herb News*, May 1981
- "Hibiscus," *Herb News*, July 1981
- "Rob's Research Reviews," Regular column, *Herb News*, July 1981 to present
- "Media Watch," regular column, *Herb News*, July 1981 to present
- "Poison Pen Award," *Herb News*, July 1981
- "Herb Of The Month," Regular Column in *Whistle Stop*, June 1980 to 1984
- "Herbs As Medicine; Therapeutic Potential vs. Economic Reality," *Health Foods Business*, October 1984
- "Herbal Teas," presented to Ministry of Revenue, Canada, October 1984
- "World Botanicals Production," *Herbs '89 Proceedings*
- "The Q Word -- Assessing Quality in Botanicals," *Herbs '89 Proceedings*
- "Botanical Resources Threatened," *Herb Market Review*, Spring 1990
- "Natural Help for Memory Loss," *Longevity*, August 1990
- "Valerian: Nature's Potent Sleep Aid," *Better Nutrition*, August 1990
- "Astragalus: Immunity Enhancer," *Better Nutrition*, October 1990
- "Herbal Wellness," *Delicious!*, October 1990
- "Ginseng for Vigor," *Better Nutrition*, November 1990
- "Cayenne Pepper: One Hot Medicinal Plant," *Better Nutrition*, December 1990
- "Legal Issues Heat Up for Herbs," *The American Herb Association*, Vol. 8:1, 1991
- "Milk Thistle for Liver Protection," *Better Nutrition*, January 1991

- "Ginkgo: A Living Fossil and Modern Medicine," *Better Nutrition*, February 1991
- "Ginseng: An Age-Old Panacea," *Better Nutrition*, March 1991
- "The Herbally Aware Traveler," *Delicious!*, March 1991
- "Herb: Just Another 4-Letter Word For Drug," *Longevity*, April 1991
- "Astragalus: Keeping the Body Balanced," *Better Nutrition*, April 1991
- "Herbs and the Environment," *Delicious!*, April 1991
- "Labeling Law Challenges Herb Industry," *Herb Market Review*, Spring 1991
- "Chinese Herbalism Gains Credibility," *Natural Foods Merchandiser*, June 1991
- "The Soothing Effects of Chamomile," *Better Nutrition*, May 1991
- "Bilberry: Health from Head to Toe," *Better Nutrition*, June 1991
- "Goldenseal: Native American Treasure," *Better Nutrition*, July 1991
- "Ginseng: Energy Enhancer," *The Energy Times*, July/August 1991
- "Blessed Thistle: Nature's Antiseptic," *Better Nutrition*, August 1991
- "Echinacea for the Immune System," *Better Nutrition*, September 1991
- "Hawthorn for Heart Health," *Better Nutrition*, October 1991
- "Garlic for Sound Circulation," *Better Nutrition*, November 1991
- "Red Clover: Herbal Healer," *Better Nutrition*, December 1991
- "Ginseng: Energy Booster," *Better Nutrition*, January 1992
- "Garlic: Fantastic Health Aid," *Better Nutrition*, February 1992
- "Antibiotic Properties of Echinacea," *Better Nutrition*, March 1992
- "Ginkgo biloba: Ancient Healer," *Better Nutrition*, April 1992
- "Cayenne: Hot Healer," *Better Nutrition*, May 1992
- "Milk Thistle: Herbal Detoxifier," *Better Nutrition*, June 1992
- "Bilberry for Circulation," *Better Nutrition*, July 1992
- "Garlic: Herbal Antibiotic," *Better Nutrition*, August 1992
- "Platinum Performance from Goldenseal," *Better Nutrition*, September 1992
- "Chamomile: Calming Herb," *Better Nutrition*, October 1992
- "Bitters: Nature's Tonic," *Better Nutrition*, November 1992
- "Ayurveda: Ancient Healing Art," *Better Nutrition*, December 1992
- "Heart Herb: Garlic," *Better Nutrition*, January 1993
- "Circulation Herb: Ginkgo," *Better Nutrition*, February 1993
- "Milk Thistle: Herbal Detoxifier," *Better Nutrition*, March 1993
- "Echinacea: Immune Stimulant," *Better Nutrition*, April 1993
- "Astragalus for Immunity," *Better Nutrition*, May 1993
- "Bilberry for Circulatory Health," *Better Nutrition*, June 1993
- "Ginseng: Mental Booster," *Better Nutrition*, July 1993
- "Garlic: Infection Fighter," *Better Nutrition*, August 1993
- "Chamomile, the World's Most Soothing Herb," *Better Nutrition*, September 1993
- "Cayenne: A Spicy Remedy," *Better Nutrition*, October 1993
- "Goldenseal - Medicinal Herb," *Better Nutrition*, November 1993
- "Ayurvedic Medicine - A Balanced Approach," *Better Nutrition*, December 1993
- "Boosting Immunity," *The Energy Times*, Vol. 2, No. 4
- "What Form of Herbs Are for You?" *The Energy Times*, Vol. 3, No. 1
- "The Healthful Pleasures of an Herb Garden," *The Energy Times*, Vol. 3, No. 2
- "Traditional Chinese Medicine," *The Energy Times*, Vol. 3, No. 3
- "Echinacea: Popular, Potent Herbal Extract," *Better Nutrition*, January 1994
- "A Cup of Relief," *The Energy Times*, Vol. 4, No. 1
- "Herbs for Long-Term Mental and Physical Stimulation," *Better Nutrition*, Feb 1994
- "Time Tested Benefits of Garlic," *Better Nutrition*, March 1994
- "Herbal Lullabies to Gently Rock You to Sleep," *Better Nutrition*, April 1994
- "How Much Do You Know About Ginkgo Biloba?" *Better Nutrition*, May 1994
- "The Feminine Side of Herbal Therapies," *Better Nutrition*, June 1994
- "Herbs in Your Medicine Chest," *The Energy Times*, May/June 1994
- "Ayurvedic Medicine," *Better Nutrition*, July 1994

"Preserving Herbs at Home," *Energy Times*, July/August 1994
 "Herbs to Halt Hypertension," *Better Nutrition*, August 1994
 "Unearthing the Health Care of Goldenseal," *Better Nutrition*, September 1994
 "Herbal Medicine Cabinet," *Energy Times*, September/October 1994
 "When Hot is Healthy! The Pepper as a Medicinal Plant," *Energy Times*, Jan/Feb 1995
 "Pros & Cons of Herbal Weight Loss Products," *Delicious!*, January 1995
 "The World's Tastiest Medicine," *Delicious!*, February 1995
 "Natural Medicines and Modern Health Care," *Delicious!*, March 1995
 "Herbs Can Heal the Planet," *Delicious!*, April 1995
 "Ginkgo: Nature's Circulation Booster," *Delicious!*, May 1995
 "Upset Stomach? Try Ginger," *Delicious!*, June 1995
 "High-Performance Herbs," *Delicious!*, July 1995
 "Wild Remedies," *Energy Times*, July/August 1995
 "10 Best Herbs to Keep You Healthy," *Delicious!*, August 1995
 "Chasteberry: A Tonic for Menstrual Problems," *Delicious!*, September 1995
 "Calming Herbs," *Energy Times*, September/October 1995
 "Medicinal Mushrooms," *Delicious!*, October 1995
 "Feeling Anxious? Take Valerian," *Delicious!*, November 1995
 "Tea Time," *Energy Times*, November/December 1995
 "Two Immune-Enhancing Herbs," *Delicious!*, December 1995
 "The Fruits of Healing," *Delicious!*, February 1996
 "Alternative and Complementary Medicine, Preventive Medicine, and Natural Healthcare," *Alternative Therapies*, March 1996
 "Stay Mentally Alert with Ginkgo," *Delicious!*, May 1996
 "Pain Relievers from Nature," *Delicious!*, June 1996
 "Teas for Good Health," *Delicious!*, October 1996
 "Neem: Ancient Herb From India," *Delicious!*, December 1996
 "Herbs: With Caution," *Natural Health*, February 1997
 "Protecting Endangered Herbs," *Delicious!*, May 1997

PROFESSIONAL ASSOCIATIONS

American Herbal Products Assn., Trustee; Scientific Director, 1983-1989
 American Society for Pharmacognosy, member
 Columbia Univ. Rosenthal Ctr. for Alt/Comp Medicine, Advisory Group
 Complete Wellness Education, Inc., Educational Board
 Ethnopharmacology Society, member
 Ginseng Research Institute, Advisory Board, 1980-1986
 Herb Research Foundation, President and Founder
 Herb Trade Association, Trustee; Scientific Committee Chair, 1979-1982
 Natural Products EXPO, Planning Committee
 North American Ginseng Association, Advisory Board
 Society for Economic Botany, member
 United Plant Savers, Advisory Board

Co-Publisher, *HerbalGram*
 Technical Editor, *HerbalGram*, 1987-present
 Co-Editor, *HerbalGram*, 1983-1987
 Advisory Board, *Alternative Therapies in Health and Medicine Journal*
 Editorial Board, *Delicious! Magazine*
 Editorial Board, *Herbs for Health Magazine*
 Editorial Advisory Board, *Natural Foods Merchandiser*
 Editorial Advisory Board, *Natural Health Magazine*
 Editorial Advisory Board, *Tea Trade Magazine*

EDUCATION

INSTITUTION	FIELD OF STUDY	YEAR
University of Texas, Austin	Biology	1968/70
University of Colorado, Boulder	Molecular/Cellular Biology and Botany	1976/79
Union Graduate School	PhD Program, Ethnobotany	1987
Union Graduate School	PhD Candidate, Ethnobotany	1990-
Institute of Food Technologists	Micro Analytical Entomology	Oct. 1976
DIALOG Information Services	Computer Bibliographic Retrieval	June 1982
	Medline Database Searching	May 1983
	Excerpta Medica Database Searching	May 1983
	Biosciences Database Searching	May 1983
Alec Mackenzie Center for Management Development	Time Management	Jan. 1983
	Developing A Professional Team	April 1983
Front Range Community College	Project Management	May 1983
Mountain States Employers Council	Communications Tools for Maximizing Performance	June 1983
Kraft Inc.	Presentation Skills	1986
	Management Development Seminar	1987
Union Institute	East-West Intercultural Dimensions	1988
Technical Assistance Center	Grant Writing	1990
Union Institute	Philanthropy Seminar	1992

INDEPENDENT STUDY

Laboratory analysis of botanicals, Pharmacology, Pharmacognosy, Toxicology, Food Technology, Computer Programming, Physiological Chemistry, Biochemistry, Lab Management, Research & Development, Technical Writing, Folk Medicine.

EMPLOYMENT HISTORY

1983-Present	Herb Research Foundation	Founder, President
1976-1989	Celestial Seasonings	Research Director

INTERNATIONAL DEVELOPMENT PROJECTS

1976-1989: Served as Research Director for Celestial Seasonings, Inc. Established and managed their analytical lab for quality assurance. Initiated and implemented international research programs on quality improvement in the countries of origin. Projects included the following:

Switzerland, Germany / April, 1980: Met with major European herb brokers, dealers and manufacturers. This was an important introduction to the commodities market in herbs and spices, largely controlled by European companies.

Egypt / April, 1980: Research mission to study cultivation and production of chamomile, spearmint and peppermint, and to assess and solve quality problems.

Sudan / May, 1980: Studied post-harvest cleaning of crude hibiscus calyces, and socioeconomic limitations to Sudanese herb production. Predicted loss of international market share due to persistent quality problems.

China / November, 1985: Studied hibiscus production in Southern China (Fujian Province), began collecting herbarium specimens of different cultivars. Worked to improve quality of rosehips, *Eleutherococcus*, lemon grass and other herbs.

Thailand / December, 1985: Preliminary research on improving Thai hibiscus, then inferior in major flavor attributes and with potentially serious contaminants. Also investigated lemon grass, ginger, galanga, bergamot, lime leaf and other herbs and spices.

Mexico / April, 1986: Researched production problems with lemon grass, raising its quality to match that of their major competitors. Began research on improving hibiscus in Mexico. Investigated production of cinnamon, "star tilia" (*Ternstroemia* spp.), licorice mint (*Agastache*) and others.

Thailand / October, 1986: Initiated cooperative project between the Royal Agricultural Project, three universities and Celestial Seasonings to explore the possible role of hibiscus and other herbs to replace opium poppy production in northern Thailand.

Philippines / November, 1987: Investigated the potential for herb production in the Philippines. Political instability at this time prevented an otherwise promising development project.

Singapore / November, 1987: Researched Singapore as a centralized collection and shipping center for Asian herbs. Singapore has overtaken Hong Kong as Asia's major shipping port. Herb production in this tiny country is unlikely because of prices and the premium on arable land. However, proximity to Malaysia could provide opportunities in the future for both countries.

Thailand / November, 1987: Evaluated research in progress and completed work on seed trials of 94 cultivars of *Hibiscus sabdariffa* in Northern Thailand. Conducted economic analysis of the costs of each step of hibiscus production and shipping, collected data on different methods of processing, drying and their quality impacts. Initiated trials of alternative drying technology for use in wet years.

China / November, 1987: Explored intensive cultivation of *Hibiscus sabdariffa* in China, contrasting it with methods used elsewhere. Also researched the growth, production and export of lemon grass, rosehips and other herbs.

Dominican Republic / May, 1987: Initiated test production of *Hibiscus sabdariffa* in the Dominican Republic in an area which produces primarily cotton; also in the *Malvaceae*. Hibiscus has not been produced in the Dominican Republic, but should grow well there. Seeds from Asia and Africa were planted on land belonging to the world's largest aloe farm. The purpose was to determine if a country so close to the U.S. could produce quality herbs at a competitive price.

Thailand / December, 1988: Collected and evaluated samples from drying tests and cultivar trials; studied regional differences in production and quality management from field to shipping.

China / December, 1988: Market study of all aspects of herb production, processing, transport, warehousing, quality control, marketing and shipping. Explored several

botanicals with high market potential in the U.S. and Europe which are currently underutilized.

Senegal / May, 1992: Researched hibiscus and mangoes for a project sponsored by USAID and the OICD office of USDA. Evaluated the feasibility of establishing a fruit concentrate factory in Dakar, using dried hibiscus concentrate as a potential off-season product.

Uganda / November, 1993: Performed field research on high capital yield herb cash crops. Sponsored by USAID.

Zambia / September, 1994: Agroindustrial Markets Workshop: Co-Facilitator. Sponsored by USAID.

African-American Institute/USAID Africa Bureau, Washington, DC, December, 1994. "Trade and Investment Opportunities in Natural Products from Southern Africa."

India / March, 1995: International Conference on Horticultural Development. Presenter on "Product, Technology and Market Opportunities in Medicinal Herbs." Sponsored by USAID and ICICI (Industrial Credit and Investment Corporation of India Limited).

India / March, 1995: Horticultural Development Conference. Speaker on "The Botanicals Marketplace." Sponsored by Agricultural & Processed Food Products Export Development Authority (APEDA).

USAID Agricultural Marketing and Private Sector Collaborators Workshop, April, 1995: Forum participant for review and planning for AID/Washington private sector development activities in sub-Saharan Africa.

Mali / 1995-1996: Assessed opportunities for botanicals agribusinesses. In-depth exploration of marketing opportunities. Established test herb crop in May, 1995. Crop evaluation, training in harvest methods and production of value added products. Successful negotiations for purchase of 1996 crop by large tea manufacturer. Oversaw harvesting of 11 tons of herb crop (for export and local distribution), and completion of project which provided income and training for more than 1,000 people from 280 participating subsistence farmers in the Niger River Valley. Sponsored by USAID, with Ronco Consulting (USAID contractor).

South Africa / November 1996: Assessed opportunities for botanicals agribusinesses for USAID-sponsored projects. In cooperation with The Rural Foundation, HRF will work with disadvantaged farmers on projects which will provide income from herbal cash crops as well as better access to low cost botanical health care. The challenge is threefold: to help protect wild plant populations by cultivating over-collected species, to foster regional production of traditional herbal remedies, and to develop cash crops for low-income farmers. Sponsored by USDA/USAID Africa Bureau.

Manila, Philippines / June 1997: BIO-Search '97 Southeast Asian Regional Conference and Exhibition on Natural and Herbal Products. Produced by Center for International Trade Expositions and Missions. Guest presenter: "Botanicals in Healthcare," and facilitator of workshops on herbal product development and marketing.

Ontario, Canada / October 6, 1997: Nonprescription Drug Manufacturers of Canada Board of Directors meeting. Guest presenter: "Emerging Opportunities for Botanicals in Healthcare."

Mendoza, Argentina / November 10-15, 1997: II World Congress on Medicinal and Aromatic Plants for Human Welfare. Organized by the International Council for Medicinal and Aromatic Plants, International Society for Horticultural Sciences, and the Sociedad Argentina para la Investigación de Productos Aromáticos. Guest presenter: "Registration of herbal preparations as drugs," and "Technical and Legal Aspects of the Regulation of phytomedicines."

Mali, Africa / November 25, 1997: Botanical Agribusiness in Mali: Focus on Hibiscus. Key presenter at day-long workshop for businesses. Sponsored by USAID.

Sao Paulo, Brazil / March 23-24, 1998: III Herbal Medicinal Products Conference. Sponsored by the Association of Pharmaceutical Industry in the State of Sao Paulo. Guest presenter: "Scientific Evidence for the Safety and Efficacy of Medicinal Botanicals."

Assilah, Morocco / April 21-14, 1998: Moroccan Association for the Development of Aromatic and Medicinal Plants. Sponsored by USAID's Moroccan Agribusiness and Promotion Project and Agribusiness Marketing Investment (AMI). Guest Presenter: "Intensification of Mint Production."

Accra, Ghana / April 27-30, 1998. Consultant on conversion of the former Ghanaian pharmaceutical manufacturing plant into a herbal and natural products development and production and center.

South Africa / May 3-8, 1998. Assessed opportunities for botanicals agribusinesses and for improving local agricultural research and business development networks. The USAID-sponsored pilot projects in several areas of South Africa are in cooperation with the Agriculture Research Council of the Republic of South Africa. The botanical pilot projects partner traditionally disadvantaged rural economies with resources necessary to contribute to the economic growth of their communities. If successful, the projects will be implemented in other sub-Saharan countries.

Baltimore, MD / September 8-14, 1998. International Agribusiness Symposium co-sponsored by Herb Research Foundation and USDA/USAID. Guest presenter: "Herbs 101," and "International Botanical Marketplace."

Delhi, India / October 27-November 8, 1998. Consultant with large organic tea grower and natural products manufacturer on product line development.

Cairo, Egypt / November 11-17, 1998. Consultant with USAID contractor RONCO on development of botanical businesses in Egypt for entrance into the international marketplace.

Bio Background on Dr. Kabat-Zinn

Jon Kabat-Zinn, Ph.D. is Executive Director of the Center for Mindfulness in Medicine, Health Care, and Society at the University of Massachusetts Medical School and UMass-Memorial Health Care (UMMHC). He is the founder and former director of the UMMHC Stress Reduction Clinic. He is also Associate Professor of Medicine in the Division of Preventive and Behavioral Medicine. He is the author of two bestselling books: Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain and Illness (Delta, 1991), and Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life (Hyperion, 1994). He is also co-author, with his wife Myla, of Everyday Blessings: The Inner Work of Mindful Parenting (Hyperion, 1997). Everyday Blessings was a finalist in the 1997 annual Books for a Better Life awards competition in New York City.

Dr. Kabat-Zinn's major research interests are in mind/body interactions for healing and in the clinical applications of mindfulness meditation training for people with chronic pain and stress-related disorders, as well as imaginative personal and organizational solutions to social stress and work stress (the Tao of Work). His current research is studying the effects of the mind on healing and the effects of mindfulness-based stress reduction (MBSR) on women with breast cancer, on prison inmates and staff, in multicultural settings, and on stress in corporate settings. His work in the stress reduction clinic was featured in Bill Moyer's PBS Special, Healing and the Mind and in the book of the same title.

During his career, he has trained groups of judges, Catholic priests, and Olympic athletes (the 1984 Olympic Men's Rowing Team) in mindfulness. Under his direction, the Center for Mindfulness conducts MBSR programs in the inner city in Spanish as well as in English. From 1992 to 1996, the CFM delivered programs to inmates and corrections staff and officials in the Massachusetts Department of Corrections with support from the Massachusetts Committee on Criminal Justice. The CFM also offers a number of professional training programs in MBSR. Over 200 medical centers and clinics nationwide and abroad now use the MBSR model, including 16 in the Kaiser system in Northern California.

In 1994, he received the Interface Foundation Career Achievement Award, and the New York Open Center's Tenth Year Anniversary Achievement in Medicine and Health Award. In 1998, he received the Art, Science, and Soul of Healing Award from the Institute for Health and Healing, California Pacific Medical Center in San Francisco. He is a Founding Fellow of the Fetzer Institute and a Fellow of the Society of Behavioral Medicine.

Bio-Brief Of

Marc S. Micozzi, M.D., Ph.D.

Dr. Micozzi is the Executive Director of the College of Physicians of Philadelphia. Prior to joining the College, Dr. Micozzi was the founding Director of the National Museum of Health and Medicine and a Distinguished Scientist with the American Registry of Pathology in Washington, D.C. He is the author of **Fundamentals of Complementary and Alternative Medicine**, the first textbook on this subject for physicians and medical students. He was the founding editor of **The Journal of Alternative and Complementary Medicine**. Dr. Micozzi has worked to foster communication and cooperation between mainstream and alternative medicine on issues of policy research and education.

Dr. Micozzi earned an M.D. (1979) and a Ph.D. in biomedical anthropology and epidemiology (1984) from the University of Pennsylvania. He also did his medical residency at Pennsylvania Hospital. During 1984-1986, he was a Senior Investigator at the National Cancer Institute. From 1986 to 1995, Dr. Micozzi also served as Adjunct Professor at the Uniformed Services University of the Health Sciences in Bethesda, Maryland.

Dr. Micozzi has presented more than 120 scholarly papers at professional conferences and is the author of over 130 scientific publications. His work has appeared in a number of distinguished publications, including the **New England Journal of Medicine**; the **American Journal of Public Health**; the **Journal of the National Cancer Institute**; and the **Journal of the American Medical Association**. He has published several books and edited volumes on diet and nutrition, cancer prevention research, medical anthropology and complementary therapies in medicine. Dr. Micozzi serves as an Adjunct Professor in the Department of Medicine at the University of Pennsylvania. He is also a member of the Penn Medical Alumni Council.

Withdrawal/Redaction Marker

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003. resume	re: Marc Micozzi (partial) (1 page)	04/1998	P6/b(6)

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Domestic Policy Council
Devorah Adler
OA/Box Number: 20472

FOLDER TITLE:

Alternative Medicine [Folder 3]

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RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
- P4 Release would disclose trade secrets or confidential commercial or financial information [(a)(4) of the PRA]
- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

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- b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
- b(3) Release would violate a Federal statute [(b)(3) of the FOIA]
- b(4) Release would disclose trade secrets or confidential or financial information [(b)(4) of the FOIA]
- b(6) Release would constitute a clearly unwarranted invasion of personal privacy [(b)(6) of the FOIA]
- b(7) Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

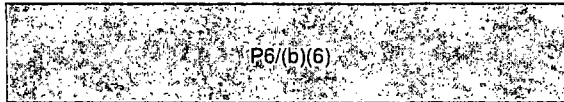
UNIVERSITY OF PENNSYLVANIA - SCHOOL OF MEDICINE

April 1998

Curriculum Vitae

Marc S. Micozzi, M.D., Ph.D.

Home Address:

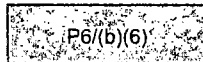


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Office Address:

The College of Physicians of Philadelphia
19 South 22nd Street
Philadelphia, PA 19103
215-563-3737 ext. 212

Social Security Number:



EDUCATION:

1971/72	U.S. Air Force Academy, Colorado Springs
1974	B.A., Chemistry and Zoology, Pomona College, Claremont, CA
1979	M.D., University of Pennsylvania M.Sc., Epidemiology, University of Pennsylvania,
1984	Ph.D., Anthropology, University of Pennsylvania,

Post Graduate Training and Fellowship Appointments:

1980-1981	Categoric Internship, Pennsylvania Hospital
1981-1983	Anatomic Pathology Residency, Pennsylvania Hospital
1983-1984	Forensic Pathology Fellowship, University of Miami

Military Service:

1971-1972	U.S. Air Force Academy
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Faculty Appointments:

1980-1983	Instructor, University of Pennsylvania
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1983-1984	Assistant Professor, University of Miami, School of Medicine
1986-1995	Adjunct Professor, Uniformed Services University of Health Science, Bethesda, MD
1996-present	Adjunct Professor, University of Pennsylvania

Hospital and Administrative Appointments:

1986-1995	Associate Director, Armed Forces Institute of Pathology, Walter Reed Medical Center, Washington, DC
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Specialty Certification:

1980	Diplomate, National Board of Medical Examiners
1988	Board Qualified, Anatomic and Forensic Pathology, American Board of Pathology

Licensure:

California, Florida, Maryland, Pennsylvania

Awards, Honors and Memberships in Honorary Societies:

1993	Commencement Address, St. Louis University, School of Medicine
1993	Distinguished Speaker, American Medical Writers Assoc.
1991	Fifth Annual Robinson Lecturer, Walter Reed Army Medical Center
1991	John Hill Brinton Award for Excellence in Research
1988-1992	Performance Management Recognition System Awards
1974-1979	Honors in Neurobiology, Community Medicine, Pediatrics Research, Pharmacology Research, Surgery Research, Advanced Parasitology, Internal Medicine, Obstetrics and Gynecology, and History and Philosophy of Science and Medicine- University of Pennsylvania
1979	Medical Student Research Colloquium, University of Pennsylvania
1977	Clark Prize in Obstetrics and Gynecology, University of Pennsylvania

- | | |
|------|--|
| 1976 | Undergraduate Research Prize, American Heart Association |
| 1975 | History of Medicine Prize, Honorable Mention, University of Pennsylvania |

Memberships in Professional and Scientific Societies:

International Societies:

Asia Society (1976)

National Societies:

American Medical Writers Association (1989; Trustee, 1990)

American Public Health Association (1973 - International Health Section)

American Chemical Society (1974)

American Association for Clinical Chemistry (1978)

American Association for the Advancement of Science (1978)

American Society of Preventive Oncology (Program Chair 1991/92)

American Association of Physical Anthropologists (1978)

American Anthropological Association (1978; Fellow, 1990)

American Academy of Forensic Sciences (1983; Fellow, 1993 - Physical

Anthropology Section)

Local Societies:

New York Academy of Sciences (1980)

New York Society for Tropical Medicine (1979)

Washington Association for Practicing Anthropologists (Program Chair, 1986)

Editorial Positions:

- | | |
|-------------|--|
| 1982 - 1988 | Associate (and Founding) Editor for Health Care Section, <u>Human Organization</u> , Journal of the Society for Applied Anthropology |
| 1994 - 1995 | Editor-in-Chief (Founding), Journal of Alternative and Complementary Medicine: Research on Paradigm, Practice and Policy |
| 1994 - | Book Series Editor, Medical Guides to Complementary Medicine: Churchill Livingstone |
| 1996- | Editorial Board, Alternative Therapies in Health and Medicine |

Reviewer:

American Journal of Clinical Nutrition

American Journal of Human Biology
American Journal of Physical Anthropology
American Ethnologist
Annals of Internal Medicine
Forensic Science International
Journal of the American Medical Association
Journal of the National Cancer Institute
Journal of NIH Research
New England Journal of Medicine
Paeopathology Newsletter
Quarterly Review of Biology

Academic Committees at the University of Pennsylvania:

1978-1979	Student Member, Curriculum Committee, University of Pennsylvania, School of Medicine
1996-	Ad hoc Committee on Complementary Medicine
1998-	Dean's Task Force on Complementary Medicine

Major Teaching and Clinical Responsibilities at the University of Pennsylvania

Introductory Postgraduate course on Complementary Therapies in Medicine, Spring 1997
Alternative Modalities for Health Care, Professionalism and Humanism.
First year class, core curriculum, November 6, 1997.

National Lectures by Invitation:

March 1995	"Foods, Micronutrients and Reduction of Human
May 1995	Alternative and Complementary Medical Systems First International Congress of Alternative Medicine, Alexandria, VA
June 14, 1996	University of Michigan, Ann Arbor, MI
Oct. 10, 1996	National Institutes of Health, Bethesda,

October 26, 1996 "When the Patient is the President" Presidential Leadership National Conference, Center for the Study of the Presidency, Philadelphia, PA.

April 1996 "Reproductive Biology and Breast Cancer", Raymond Pearl Memorial Symposium, Human Biology Council, St. Louis, MO, (read by James McKenna, Ph.D.)

April 27, 1996 "Mind Body Medicine" Workshop, Fetzer Institute, Kalamazoo, MI.

May 24, 1996 "Conference Introduction" World Medicine, Washington, DC.

October 5, 1996 "Alternative Therapies in Breast Cancer", National Cancer Institute of Canada, Vancouver, British Columbia, October 5, 1996.

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March 27, 1997 Richard Stockton College, Pomona, NJ
Education (NPACE), Orlando, FL

April 4, 1997 Nurse Practitioner's Association for Continuing

April 14, 1997 National Consumers League, National Conference, Philadelphia, PA.

May 16-17, 1997 Keynote Speaker, Emerging Medicine: Strategies for Integrating Orthodox & Complementary Health Care, Sydney Australia

June 7 1997 Keynote Speaker, Western States Chiropractic College.

June 16, 1997 National Managed Health Care Conference, New York, NY

June 26-27, 1997 US Food and Drug Administration/ Federal Trade Commission Conference on Preventing Health Care Fraud; Building Partnerships, Dallas, Texas.

August 1, 1997 Medical Grand Rounds, Mercy Hospital , Scranton, PA

October 1997 Medical Grand Rounds, Susquehanna Valley Medical Center, Williamsport PA

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Co-Director and Lecturer

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Annual Paleopathology Course in Continuing Medical Education, February 1992, March 1994.

Facilitator

"Ethical, Legal and Social Aspects of Medical Care", Uniformed Services University of the Health Sciences, Bethesda, MD 1991/93.

Co-Director

"Fundamentals of Complementary & Alternative Medicine" CME Course
National Institutes of Health, Bethesda, MD, September 1996 - January 1997

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Education:

1975-1979	University of Washington School of Medicine	Seattle, WA
1970-1971	University of California Certificate in Physical Therapy	San Francisco, CA
1966-1970	Duke University BA Zoology	Durham, NC

Postgraduate Training:

1979-1982	University of Washington Residency in Family Practice	Seattle, WA
	Board Certification 7/82 Re-certification 7/89, 7/95	

Practice Experience:

	Group Health Cooperative of Puget Sound	
1991-Present	University Medical Center	Seattle, WA
1988-1991	Lynnwood Medical Center	Lynnwood, WA
1982-1988	Everett Medical Center	Everett, WA

Administrative Experience:

7/96-Present	Clinical Director, Alternative Services Responsible for directing program offering chiropractic, acupuncture, massage therapy and naturopathy to approximately 500,000 consumers. Oversees provider education, utilization management, credentialing and quality assurance.	
1990-7/96	Medical Director, Options Health Care Responsible for medical coverage policies and decisions for 47,000 enrollees in a point of service plan.	

Withdrawal/Redaction Marker

Clinton Library

DOCUMENT NO. AND TYPE	SUBJECT/TITLE	DATE	RESTRICTION
004. letter	Michael Cohen to LaVerne Stringfield re: phone number and address (partial) (1 page)	03/25/1999	P6/b(6)

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Clinton Presidential Records
Domestic Policy Council
Devorah Adler
OA/Box Number: 20472

FOLDER TITLE:

Alternative Medicine [Folder 3]

2012-0463-S

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RESTRICTION CODES

Presidential Records Act - [44 U.S.C. 2204(a)]

- P1 National Security Classified Information [(a)(1) of the PRA]
- P2 Relating to the appointment to Federal office [(a)(2) of the PRA]
- P3 Release would violate a Federal statute [(a)(3) of the PRA]
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- P5 Release would disclose confidential advice between the President and his advisors, or between such advisors [(a)(5) of the PRA]
- P6 Release would constitute a clearly unwarranted invasion of personal privacy [(a)(6) of the PRA]

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- b(1) National security classified information [(b)(1) of the FOIA]
- b(2) Release would disclose internal personnel rules and practices of an agency [(b)(2) of the FOIA]
- b(3) Release would violate a Federal statute [(b)(3) of the FOIA]
- b(4) Release would disclose trade secrets or confidential or financial information [(b)(4) of the FOIA]
- b(6) Release would constitute a clearly unwarranted invasion of personal privacy [(b)(6) of the FOIA]
- b(7) Release would disclose information compiled for law enforcement purposes [(b)(7) of the FOIA]
- b(8) Release would disclose information concerning the regulation of financial institutions [(b)(8) of the FOIA]
- b(9) Release would disclose geological or geophysical information concerning wells [(b)(9) of the FOIA]

Michael H. Cohen, Esq.

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[004]

Attn.: LaVerne Stringfield
Director of the Office of the Federal Advisory Committee Policy
31 Center Drive
Bethesda, MD 20892
(301) 496-2123

March 25, 1999

Re: National Complementary and Alternative Medicine Policy

Dear Ms. Stringfield,

Per our conversation this morning, I am writing to reaffirm my interest in serving on the National Complementary and Alternative Medicine Council. My expertise is in legal and regulatory affairs governing complementary and alternative medicine. My book, Complementary and Alternative Medicine: Legal Boundaries and Regulatory Perspectives, was published last year by Johns Hopkins University Press. The book was favorably reviewed in the *Journal of the American Medical Association* and has received attention elsewhere. I am enclosing three complimentary copies of my book, as well as ancillary publications.

My interest in the council grew out of informal discussions with Wayne Jonas, M.D., former director of the National Center for Complementary and Alternative Medicine, prior to the enabling legislation. I have continued these discussions, regarding the need for a systematic study of national complementary and alternative medicine policy, with Brian Berman, M.D., David Eisenberg, M.D., Mehmet Oz, M.D., and other influential members of the complementary and alternative medicine community.

In addition to my interest in the Council, I am writing to offer my expertise in any way that serves further development of national complementary and alternative medicine policy.

Truly yours,



Michael H. Cohen

The INTEGRATIVE MEDICINE Consult

THE ESSENTIAL GUIDE TO INTEGRATING CONVENTIONAL AND COMPLEMENTARY MEDICINE

■ JANUARY 1, 1999

VOLUME 1 NUMBER 2 ■

Book Review

■ ***Complementary & Alternative Medicine: Legal Boundaries and Regulatory Perspectives*** by Michael H. Cohen (Johns Hopkins University Press, 1998) hardcover, \$45.00; paperback, \$16.95

In this compact and lively analysis, Michael Cohen sums up the history and current status of the legal underpinnings of complementary and alternative medicine vis-à-vis conventional medicine. His language is moderate, falling into neither the caricature of the strident establishment nor the dreaded flowerchild-like New Age interlopers. Cohen covers the areas of regulation, scope of practice, informed consent and malpractice, and describes some of the more widespread alternative providers and treatment. A comprehensive notes section gives the inquisitive reader an in-depth resource of case studies and related literature.

Cohen argues that the challenge to the court system is to regulate providers of medicine and healing treatments, protecting patients from unscrupulous practitioners, and yet giving enough leeway to preserve an individual's freedom of choice. Laws and regulatory bodies governing medicine in the United States are geared to the reigning biomedical model, which views the human body as an elaborate machine that operates with many distinct functioning parts. Alternative medicine adopts a broader definition of disease, one that is more holistic. Rules now in place tend to favor conventional medicine and punish other healing practices. Cohen describes what he understands as the inevitable bias of the law toward biomedicine: these laws and this view of medicine evolved together. Slowly the laws are changing in response to the integration of a new medical paradigm. But it will be some time, Cohen points out, before the legal structure can fully adjust, expand the definitions to encompass other forms of healing, and still safeguard the patient population.

Law

Complementary and Alternative Medicine: Legal Boundaries and Regulatory Perspectives, by Michael H. Cohen, 180 pp. \$45. ISBN 0-8018-5687-6, paper. \$16.95, ISBN 0-8018-5689-2, Baltimore, Md. The Johns Hopkins University Press, 1998.

"Alternative medicine" is a euphemism for medicine based largely on anecdotal evidence. The possible safety and efficacy of many practices and procedures of alternative medicine have been neither proved nor disproved on the basis of peer-reviewed data. Medicine that has not been forged in the fire of peer review is not really medicine at all.

To denigrate alternative medicine as being tantamount to cultism, mysticism, chicanery, or quackery, however, is perpetuation of a caricature. Moreover, the salient reality is that many Americans have an active interest in alternative medicine. This interest has kindled controversy; indeed, controversies abound. And, perhaps almost invariably, many of the resultant issues and concerns have been funneled into the labyrinthine American legal system.

In *Complementary and Alternative Medicine*, Michael Cohen, a law professor, traverses the current legal terrain of alternative medicine in the United States. Multitudinous laws and cases are examined briefly in the larger context of such topics as licensing, scope of practice, malpractice, standard of care, informed consent, "unprofessional conduct," "experimental" treatment, and fraud. Cohen shows the panoply of the law at work as alternative practitioners have entered, or attempted to enter, territory dominated traditionally by allopathic medicine. Snippets of the body of alternative medicine are skillfully dissected and probed by Cohen's legal scalpel in a manner that is informative and intellectually stimulating. Some of the dissected appendages include acupuncture, chiropractic, chelation therapy, massage therapy, naturopathy, homeopathy, and nutritional therapies. A lengthy "Notes" section contains copious information pertaining to research-related materials. Readers should be mindful that the book reveals a picture of the US legal system, which changes continually, at a given point in time. Physicians engaged in clinical practice may find themselves trapped between the Scylla of losing patients who demand alternative therapies that the physician is unable or unwilling to provide and the Charybdis of acceding to patient wishes but possibly, and unwittingly, running afoul of ever-changing laws affecting alternative medicine.

An overarching theme is the desirability of integrating allopathic medicine (which he describes as the "biomedical" paradigm) with alternative medicine (which Cohen describes as "complementary and alternative medicine"). Is this merely the theoretical musing of a well-meaning scholar? Or does this trenchant sentiment have some semblance of legal reality? In the view of Cohen, steps have been taken already by the legal system that are consonant with the theme of close integration of biomedicine and alternative medicine.

Although Cohen believes that integrating science-based, allopathic medicine with alternative medicine will enhance patient autonomy and well-being, I have reservations. If allopathic medicine is commingled with alternative medicine, a logical result is that the safety and efficacy of medical treatment would be diluted. The safety and efficacy of the allopathic part of the admixture would be validated on the basis of objective scientific evaluation, but the possible safety and efficacy of the remaining, alternative medicine-based part, would not be. Critics may carp that a science-based approval process for medical procedures and practices is costly and cumbersome. But concerns involving cost and time must be balanced against the need to protect patients from unproven, and potentially unsafe, treatments. With respect to establishing the possible safety and efficacy of medical practices and procedures, there simply is no fully adequate substitute for rigorous, science-based evaluation.

For persons wishing to acquire rudimentary knowledge and understanding of the present legal environment for alternative medicine in the United States, this book is an excellent choice.

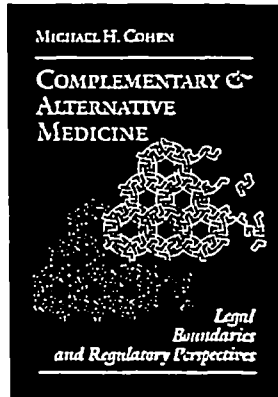
Leo Urych, JD, MPH
Willingford, Pa

280:18 JAMA 1633-4 (Nov. 11, 1998)

LEGAL ESSENTIALS

Complementary & Alternative Medicine, Legal Boundaries and Regulatory Perspectives

Michael H. Cohen: The Johns Hopkins University Press, Baltimore, MD



This academic resource tool is a necessary addition to any health practitioner's library. Michael H. Cohen, an Associate Professor of Law at Chapman University, has written a very detailed legal guide for alternative healthcare practitioners.

Cohen specifically writes about the major areas in alternative healthcare: chiropractic, massage therapy, naturopathy, homeopathy and acupuncture. He covers a wide range of legal dynamics relating to healthcare, ranging from licensing, to malpractice and vicarious liability. He provides thorough legal information on topics that affect every holistic practitioner, such as "Attaching a Title to One's Name," "Maintaining an Office," and "Using, Administering, or Prescribing Drugs."

The book is a substantial reference source. The table of contents is detailed and easy to follow, and Cohen quotes specific examples of legal precedents. For instance, while discussing colonic irrigation, he cites the case of *Ohio State Board of Chiropractic Examiners v. Fulk*: "...the court held that the colonic irrigation was within the scope of chiropractic practice." Cohen goes on to explain the significance of the case that rests on the fact that the court found the colonic irrigation within the realm of chiropractic medicine because the existing statute listed treatments that chiropractors were not allowed to administer, but colonic irrigation was not one of them.

All holistic practitioners should be well-versed in the federal and state laws that affect them. This book does an admirable job of addressing those legal issues pertinent to alternative healthcare providers.

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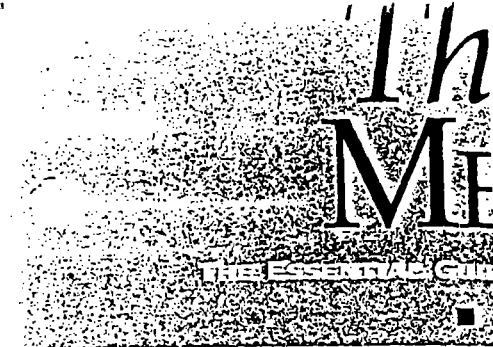
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Leo Urych, JD, MPH
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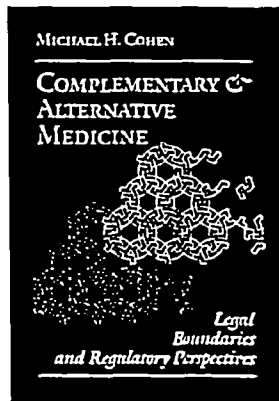
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LEGAL ESSENTIALS

Complementary & Alternative Medicine, Legal Boundaries and Regulatory Prospectives

Michael H. Cohen: The Johns Hopkins University Press, Baltimore, MD



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